



# Prince William 4-H

*Our Clubs, Our Community*



June 30, 2021

## Upcoming Events

- Jun 30 - Camp Counselor Training Part I (option 1)
- Jul 1 - Camp Counselor Training Part II (option 1)
- Jul 1 - Center Based Teen Leadership Council applications due
- Jul 9 - Horse Show Orientation
- Jul 12 - Camp Counselor Training Part I (option 2)
- Jul 14 - Camp Counselor Training Part II (option 2)
- Jul 18-22 - 4-H Junior Camp
- Jul 27 - All Star Meeting
- Aug 6-8 - i-Congress
- Aug 16-20 - 4-H Day Camp
- Sep 9-12 - 60th VA State Championship Horse & Pony Show

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Click to Visit



## 2021 Virginia 4-H Congress: "Miles Apart, Together at Heart"



The 2021 Virginia 4-H Congress across the Commonwealth was held last weekend at three 4-H centers across Virginia. Our PWC 4-H'ers along with the Northern District delegation attended Congress at the Northern Virginia 4-H Educational Center. From a scavenger hunt, tie dye, painting, nanoscience and diversity and inclusion workshops on site to virtual assemblies and interactive activities with two additional hosting 4-H Centers (W.E. Skelton 4-H Educational Conference Center and Southwest Virginia 4-H Educational Center) we were able to share 4-H Congress with Virginia 4-H again this year. And added fun, the VT College Access Collaborative sponsored the Etiquette Lunch where teens learned proper table setting, networking tips, writing elevator speeches and business luncheon do's and don'ts. Participants were also treated to 4-H entertainment with the Virginia 4-H Share the Fun competition presentations.

Congratulations to PWC 4-H's **Samantha Whysong** who was elected as your Northern District Ambassador! This fall, she will be serving with teens from across Virginia to plan and conduct the business of the Virginia State 4-H Congress, and serve as an ambassador to promote 4-H across the state. The 4-H Cabinet works to enhance the image of 4-H through effective communication about programs and activities offered throughout the year. Ambassadors are called upon to mentor 4-H teen programs in their districts and serve in advocacy roles with elected officials, as well as to make appearances at major 4-H events.

And Congratulations to our PWC 4-H'ers who won state contests:

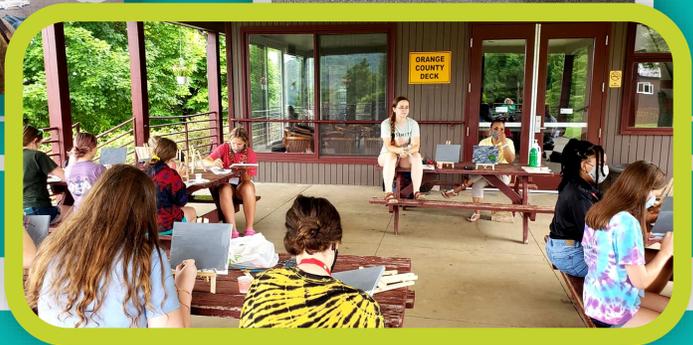


Click here to see more of the fun had at [#VA4HCongress21](#)



If you weren't here this year, make plans to join us at VT in 2022 !

# 2021 Virginia 4-H Congress



# s Across the Commonwealth



Miles Apart, Together at



HEAD



HEART



HANDS



HEALTH

# Hello!

## is it me you're looking for?

We sure have missed you! While we're prepping to end our *unusual* year with **EXCITING** 4-H summer camps, we thought we'd take a moment to get reacquainted. We've grown so much and learned how to be more creative and innovative. So for the next month, we'll be reminding you of the **IMPROVED** back-to-normal fun that's coming this year and we encourage you to share the newsletter with your friends and invite them to join in the fun!



4-H is a community of young people across America who are learning leadership, citizenship and life skills, while pledging their heads, hearts, hands, and health to better living for their club, community, country and world.

### WE LEARN BY DOING!

Using research-based curriculum resources, we participate in community service projects, contests, skills-based projects, and so much more.

STEM • Citizenship • Leadership • Environmental Education • Animal Science • Economic Education • Career Education • Communications • Expressive Arts • Family Sciences • Nutrition and Health • Plants, Soil and Entomology *...is there anything 4-H'ers don't do?*

What activities did I do? What did I learn from these activities? What did I learn that was unexpected? Did I participate in any local/state/national events (in-person or virtual)? What are your plans for the future? How did you demonstrate leadership and communication skills? Did you have to make difficult decision? How have you grown since last year?

We know the year was full of challenges. We also know that you continued to learn, grow and change the world around you. Think about it...

### What's YOUR 4-H Story?

Tell your friends your 4-H Story and invite them to join your 4-H Club! Let's continue to change the world together!



Visit us online at <https://www.pwcva.gov/department/virginia-cooperative-extension/4-h-youth-education-program>.

## PWC 4-H Day Camp



### 4-H SUMMER DAY CAMP: AUGUST 16-20, 2021

PWC Fairgrounds, Manassas

**Registration is Closed. Contact PWC 4-H for Availability.**

4-H Day Camp is a day camp for youth ages 5-12 held during the week of the annual County Fair at the Prince William County Fairground. Youth learn and grow in a safe and exciting environment through creating arts projects, exploring fair exhibits, and enjoying team games and activities.

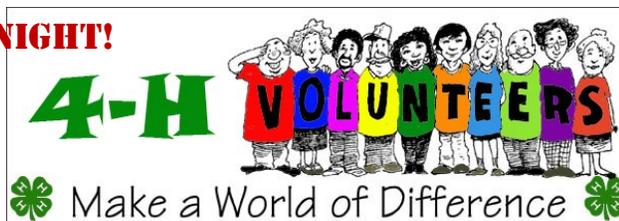
[Click here for more information about 4-H Camps.](#)

### Camp Counselor Training

Camp Counselors are PWC 4-H youth volunteers who create and implement that safe and exciting camp environment. All counselors participate in training sessions so they are prepared leaders, and earn invaluable service hours. Our counselors have already begun planning the activities through a few virtual sessions. We're ready to start meeting in person for leadership training and to prepare the crafts and activities. We need more volunteers! It's not too late to join in the fun. Day Camp Counselor Trainings will all be held at the 4-H Office, in the McCoy conference room (upstairs), from 6:30- 8:30pm. Participants must attend a Part I and Part II of their choosing. [Click here to register for Camp Counselor Training.](#) If you need to attend virtually, please contact Mrs. Cloe at [ecloe@pwcgov.org](mailto:ecloe@pwcgov.org). The dates are as follows:

**Part I:** June 30 or July 12  
**Part II:** July 1 or July 14

**STARTS TONIGHT!**



### Workday Wednesdays

**Dates:** Every Wednesday from July 7th - August 4th

**Time:** 10 am - 2 pm; *Bring your lunch!*

**Location:** PWC 4-H Office

[Click here to sign up for PWC 4-H Workday Wednesday!](#)

Calling all 4-H middle schoolers and high schoolers! On Wednesdays, we'll be planning the activities, cutting, pasting, organizing, bagging, and more. All talents are needed! Whether you're crafty, strong for lifting, good at organizing, innovative, or a worker bee, **WE NEED YOU** to help us prepare for PWC 4-H Summer Day Camp.

### Camp Adult Volunteers

Camp Adult Volunteers are necessary to ensure our youth have a fun, safe camp experience. Adults are primarily chaperones, group facilitators, or help to distribute snacks. Volunteers are needed from 8:30 am - 1:00 pm. Volunteers can work multiple days, single days, or a handful of hours. Any time that you can offer is welcome! [Adult volunteers can register here.](#) For more information becoming Camp Adult Volunteer, please contact Emily Cloe at [ecloe@pwcgov.org](mailto:ecloe@pwcgov.org).

**[Be sure to register as an Adult Volunteer in 4-H Online!](#)**



### Children's Barn Volunteers

The Prince William County Fair is BACK! The Fair is August 13th-21st and we need volunteers to help create and volunteer during the fair at the 4-H Exhibits at the Children's Barn. *Registration for 4-H Children's Barn Volunteers COMING SOON!* To volunteer for the Children's Barn, please contact Kristin Saul at [ksaul@pwcgov.org](mailto:ksaul@pwcgov.org).

[Click here for details about the 2021 PWC Fair.](#)



**PWC 4-H Junior Camp Participants:** Be on the lookout for the Junior Camp Newsletter that should be arriving in your email inbox on Thursday. This camp-specific newsletter is for Junior Camp attendees and will have details regarding what to expect and safety protocols that will require action on your part. Please read through the entire packet!



# VIRGINIA 4-H ALL STARS

*Celebrating 99 Years*



## What is an All Star?

Virginia 4-H All Stars is an honor/service organization for teen and adult leaders who are actively involved in expanding and enhancing the 4-H programs in their communities and statewide. Membership with All Stars is the highest recognition that a 4-H'er in Virginia can achieve.

4-H All Stars contribute to positive youth development through service locally and statewide. 4-H members begin their story by gaining knowledge through trainings, experiences and information, and then utilize their knowledge to provide leadership and life skills to other 4-H participants. Members that have transitioned into applying their 4-H knowledge and skills into leadership roles and promote "Making the Best Better," can apply to become an All Star. Applicants should have at least 3 years experience with 4-H and be between 15 and 19 years-old.

## Together We Serve

Members inducted into the Virginia Chapter of All Stars are dedicated to serving their local 4-H community. Working together as Virginia All Stars, youth make an impact in developing self-motivated youth and implementing interactive youth development education programs for all of Virginia. All Stars strive for better understanding, patience, dedication and unselfish service to fellow 4-H members and 4-H programs. Virginia All Stars may attend additional events and apply for additional scholarships specific to Virginia All Stars.

## You can be a Virginia All Star!

Join PWC 4-H Extension Agent MaryBeth Lerch for an information session on the application process for Virginia All Stars. You should attend if you are ready to apply, or if you are interested in learning the steps that you can be taking now to develop into leadership roles that lead to membership as a Virginia All Star.

## Congratulations to PWC's 2021 Virginia All Stars

**Andy Nguyen, Nokesville 4-H Club**  
**Samantha Seagle, Trigger Time 4-H Club**



### **PWC 4-H: Virginia All Star Interest Meeting**

**Date:** Wednesday, July 28th

**Time:** 5 pm

**Location:** Zoom Link <https://virginiatech.zoom.us/j/89277453810>



**CLICK HERE TO WATCH THE 2021 VIRGINIA 4-H ALL STAR WELCOME**

## PWC 4-H Fun Shoot

Over 80 youth and adults attended this past weekend's PWC 4-H Fun Shoot. This volunteer led and coordinated shooting sports activity at a local outdoor range featured hatchet throwing, archery, and muzzleloaders with fun targets including Oreo cookies, golf balls, soda cans and more. The PWC 4-H Fun Shoot is an annual end-of-4-H-year celebration for participating youth. If you are interested in learning more about the PWC 4-H shooting sports programs, please contact [MaryBeth Lerch](#) at PWC 4-H.



## Mandatory State Horse Show Orientation: *July 9th*

**Date:** Friday, July 9th

**Time:** 7 pm

**Location:** Nokesville Fire Department

Emily Cloe has reached out to Club leaders and will be hosting an orientation for 4-H'ers participating in the VA State 4-H Championship Horse and Pony Show. Emily will be reviewing the code of conduct, rules, safety, regulations, and much more. Please respond to her emails to assist in the planning and be ready to gallop to the meeting!



## 60th Virginia State 4-H Championship Horse and Pony Show

**Date:** September 9th-12th, 2021

**Location:** Virginia Horse Center, Lexington, VA

[Click here for details on the VA Horse Show](#)

## Virginia 4-H Leadership Counsel - Applications Due July 1st

Virginia 4-H is very excited to announce the launch of a renewed statewide program for teens. The Center Based Teen Leadership Councils is opening this fall for youth ages 13-18 (as of 09/30/2022). Each center will be hosting a group for the year with a joint kickoff event on September 17-19 at the Skelton 4-H Center. One teen representative from each unit and one alternate teen from each unit will be selected. Should spaces not fill by unit, considerations will be made if multiple apply from the same unit.



This opportunity for teens will help strengthen their leadership skills and introduce them to likeminded teens across the states. We hope you will take advantage of this opportunity.

**Applications are due July 1, 2021** and can be found at the link below. Applicants will complete an interview following the application deadline and selections will be finalized by the end of August.

[Click here for more information and to apply.](#)

## SAVE THE DATE! Virginia 4-H i-Congress, August 6th-8th

**Location:** Airfield Conference Center/Southeast 4-H Educational Center, Wakefield, VA

**4-H i-Congress** is designed for youth who are interested in becoming leaders in 4-H. Through fun, innovative, engaging and interactive sessions, youth will enhance their ability to serve in local, district, state and national 4-H leadership roles. The mission of **4-H i-Congress** is to provide non-competitive educational experiences to youth ages 11-13 and the adults who work with them, helping them to develop life skills, and leadership abilities to become contributing citizens in their communities. **The 3-day i-Congress program information will be available soon!**



## National 4-H: Pollinator Week

Did you know that ants can lift 20 to 100 times their own bodyweight? Or that butterflies can see the color red but bees cannot? This National Pollinators Week, we're joining Corteva to share more about why these insects and animals are essential links in nature with fun and educational activities for kids of all ages on 4-H at Home.



**Ants** - Start off 4-H Pollinators by learning about ants and the role they play in pollination and how they work as a community. They are hard workers! Get to work making your own craft ant as you get to know these small but mighty insects. Grades: Pre-K-3



**Bats** - You probably don't think about bats as pollinators. It's true! Design a bat mask as you learn about the different types of bats and how these flying mammals take part in pollination and keep their ecosystem healthy. Grades: Pre-K-5



**Bees** - You've probably seen bees buzzing around flowers and know they make honey, but there is so much more to these fuzzy bugs! Get busy making your own craft honey bee while learning about how bees help pollinate. Grades: K-7



**Butterflies** - Butterflies are more than just a pretty bug. Just like bees, they're hard at work as they travel from flower to flower. Learn about the butterfly life cycle and how these winged beauties take part in pollination. Grades: Pre-K-4



**Humming Birds** - See if you can attract a glimmer of hummingbirds! Using recycled materials and simple craft supplies, make your own hummingbird feeder while learning about how these tiny birds pollinate flowers. Grades: 3-10

[Click here to access the activities at 4-H at Home.](#)

## VCE: Saturdays in the Garden



Prince William master gardeners stand ready to teach novice and experienced gardeners alike how to make the most of their gardens. The Master Gardener Volunteers of the Virginia Cooperative Extension-Prince William Unit (VCE) know about growing everything from food to ornamentals.

During the monthly Saturdays in the Garden at the St. Benedictine Monastery, located at 9535 Linton Hall Road in Bristow, experts give talks and demonstrations on gardening techniques to match growing conditions in the area.

### Upcoming Classes:

- July 10: How to Grow and Identify Mushrooms
- Aug 7: Cut Flowers
- Sep 4: Cover crops, Hugelkultur garden and a fall plant sale
- Oct 2: Permaculture and Yoga in the Garden

[Click here to learn more and to register for Saturdays in the Garden](#)



**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



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4-H PROUD

**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)

[Complete Phase III Social Distancing Guidelines](#)

[Resources for 4-H Enrollment](#)

[4-H Risk Management Forms](#)

[4-H Online Information](#)

[The 4-H Foundation](#)

[Promotional Materials](#)

[4-H Awards and Recognition Forms](#)

[4-H All Stars](#)

[Resources for 4-H Animal Sciences](#)

[Resources for 4-H Citizenship](#)

[Resources for 4-H Club Management](#)

[Resources for 4-H Communication & Expressive Arts](#)

[Resources for 4-H Competition & Scoring Aids](#)

[Resources for 4-H Curriculum & Delivery](#)

[Resources for 4-H Family Sciences](#)

[Resources for Food, Nutrition and Health](#)

[Resources for 4-H Leadership & Personal Development](#)

[Resources for 4-H Natural Resources & Environmental Education](#)

[Resources for 4-H Plants, Soils & Entomology](#)

[Resources for STEM](#)

**Prince William 4-H Association**

[PWC 4-H Homepage](#)

[PWC 4-H Programs](#)

[PWC 4-H Camps](#)

[PWC 4-H Events & Calendar](#)

[Funding Request Form](#)

**Portfolio Records (coming soon)**

Member Record

Member Record - editable

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

**2020-2021 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President

Kayla Dixon, Vice President

Alexis Cox, Treasurer

Secretary- Vacant

**Adult Officers**

Matt Valentino, President

Alan Lerch, Vice President

Sydney Nguyen, Treasurer

Tom Harrigan, Secretary

**Committee Chairs**

Fundraising Committee - Samantha Whysong

Recognition Committee - Alan Lerch

Membership Committee - 4-H Staff

