



# Prince William 4-H

*Our Clubs, Our Community*



July 14, 2021

## Upcoming Events

- Jul 14 - Camp Counselor Training Part II
- Jul 18-22 - 4-H Junior Camp
- Jul 28 - All Star Meeting
- Jul 31 - Applications due for VA Horse Ambassador
- Aug 16-20 - 4-H Day Camp
- Sep 9-12 - 60th VA State Championship Horse & Pony Show

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## Support our Heroes at Secret Brook Stables



Secret Brook Stables is hosting **Horses for Heroes** on Saturday, July 17th. Many PWC 4-H'ers from the Nokesville Equestrian 4-H Club will be on-hand to assist with the event and we're asking our members to support this great cause. The counselors will be creating care packages for about 10 participants and are in need of snack donations and Visa gift certificates for the packs. Donations are needed by THIS FRIDAY. Please contact [Kristin Saul](#) to coordinate donation drop-off.

**Horses for Heroes** is an new event for military men and women currently in a local rehabilitation retreat for physical and mental injuries. Participants are invited to Secret Brook Stables to participate in this free day of equine-assisted therapy. This type of therapy has been proven to improve neurological function and sensory processing

Please consider supporting this worthy cause.

Interested in attending Horse Camp and participating in daily riding lessons, craft projects and activities? **2 SPOTS REMAINING** at Secret Brook Stables Horse Camp. [Click here for more information.](#)

## i-Congress to be Replaced with Youth Voices for Change

After significant discussion and planning, Virginia 4-H is replacing this year's i-Congress with a new conference for middle school age youth: **Youth Voices for Change: 4-H Leadership and STEM Training.**

A youth's voice and view can lead to promising and impactful change! The leadership portion of the program will include teambuilding, leadership, diversity, equity and inclusion activities. The STEM activities aims to empower youth to respond to building up their community using their imagination, leadership and critical thinking skills in hands-on activities that feature Mind Mapping, Mars Base Camp Activities, Coding a Public Service Announcement to Build Community, and Hydroponics/Food Access.

**COMING OCTOBER 2021!**

*More details coming soon as this innovative and time critical event is developed.*



## Become an Ambassador for the Virginia 4-H Horse Program



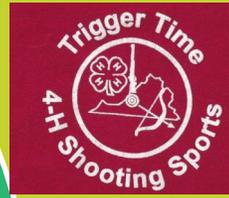
**Applications Due July 31st!**

The application to become a Virginia 4-H Horse Program Ambassador is now available. This program is for 4-H'ers who love horses and the 4-H Horse Program and want to be a part of spreading the news about our youth horse program and all we have to offer! If you are an enrolled 4-Her, at least 15 (as of Sept. 30, 2021), have been in the horse program for at least one year, and have a passion for the horse program and want to make a difference, you are eligible to apply! [Click here for more information and the application.](#)

## PWC 4-H Club Spotlight: Kettle Run 4-H Club

*by Hudson Lee, Club Reporter*

Kettle Run 4-H Club is a fun club where we do community service. We usually meet at T Clay Wood Elementary school once a month, but over Covid, we've been meeting at the fairgrounds. Our leaders are Adam Dove, Mallory Dove, and Michelle Lee. Some things I like to do with our club are: greeting Honor Flights at Dulles, Food Challenge, and planting the fair garden. If you enjoy helping the community and meeting new friends, come join Kettle Run 4-H club today!



## 4-H Shooting Sports Clubs

### Bulls Eye 4-H Club Trigger Time 4-H Club

Trigger Time was started in 1993 and is PWC's longest running club! Both Trigger Time and Bulls Eye 4-H Clubs develop youth teamwork, responsibility, self-confidence and decision making skills through shooting education. The clubs conduct safety and education programs for air rifle, small bore rifle, archery, skeet and trap, black powder, hunter education and wildlife conservation for youth ages 9-19.

# Club Clips

## Learn about our 4-H Clubs

4-H is a community of young people across America who are learning leadership, citizenship, and life skills. By participating in a PWC 4-H Club, youth gain friendships and a wealth of life skills as they plan, implement and reflect on their projects. 4-H'ers elect officers, learn parliamentary procedure, participate in community service activities, and attend local, district and state events to grow in skills to become our future community leaders. Contact PWC 4-H to be connected with a Club Leader and join one of our many fantastic clubs!



## School based 4-H Clubs

### Linton Hall 4-H Club

Linton Hall 4-H Club is a one of Linton Hall School's Signature Programs.

[Click here to check out one of their fishing trips!](#)

### Kettle Run 4-H Club

Kettle Run 4-H Club is a group of amazing Cloverbud, Junior 4-Hers, and their parents who strive "to make the best better" through many exciting activities and community service!

[Click here to Follow them on Facebook.](#)

### PWC 4-H Community Club

#### Phantom Riders 4-H Club

Phantom Riders is a community club focusing on various projects each year.

#### Nokesville 4-H Club

One of our larger clubs, Nokesville 4-H Club focuses on 4-H Projects and has opportunities for community service, club-level activities, and county and state activities.

- [Click here to Learn More](#)

- [Click here to Follow them on Facebook](#)



## Home School 4-H Clubs

### Compass 4-H Club



### S.A.L.T. 4-H Club

S.A.L.T. 4-H Club members enjoy serving and learning together!



## Come Grow with Us!

*and invite your friends!*



## PWC 4-H Horse Clubs

### Nokesville Equestrian 4-H Club

### Old Dominion Equestrian 4-H Club

4-H Clubs in Prince William County open to members aged 8 to 18, with primary emphasis on all things horse.

[Click here to Follow Old Dominion Equestrian 4-H Club on Facebook.](#)

## PWC 4-H Club Spotlight: Compass 4-H Club

Compass 4-H is a Homeschool oriented club located on the eastern end of Prince William County. We meet every other Wednesday afternoon at the Eagles Pointe Recreation Center in Woodbridge. We will be enjoying multiple projects areas this year and always welcome

## Volunteers Needed for Children's Barn and Ag Barn



The **PWC Fair 4-H Children's Barn & AG Barn 2021** Volunteer Sign Up has been released!

We're so happy to be back in-person at the Prince William County Fair! We need both adult and youth helping hands to ensure the success of our activities for youth at both the Children's Barn and Ag Barn.

**Dates:** August 13-21, 2021

**Times:** 2-5 pm or 5-8 pm shifts (see specific slots)

**Location:** PWC Fairgrounds

### VOLUNTEER DESCRIPTIONS

**Barn Managers:** adults who are organized, flexible, comfortable with facilitating others, and can communicate. We need 2 adult barn managers per shift.

**Barn Volunteers:** adults and youth that are willing to communicate with the public, lead other youth in STEAM, health, community service and agriculture enrichment activities. We need 10 volunteers per shift.

### EVENT DETAILS

Visitors to the Children's Barn will be greeted by the Barn Manager and invited to walk through and choose one or all three 'Grab and Go Kits.' Additional volunteers will be on hand to answer any questions about the kits as well as direct visitors to the Ag Barn where they may put their kits together if they would like. Unlike previous years, this year we will not be leading activities in the Children's Barn.

Over in the Ag Barn volunteers are needed to assist youth and families with their Grab and Go Kits as well as help direct the community service activities; assist with the baby chicks and, possibly, rabbits; sell head wreaths; share their 4-H stories.

**Be sure to register as an Adult Volunteer in 4-H Online!**

### **CLICK HERE TO SIGN UP TO VOLUNTEER!**

You may sign up for multiple shifts, on multiple dates, too. If a parent is signing up multiple family members, please add each individual name to each signup so we know who will be working each station. Questions? Contact Kristin Saul at [KSaul@pwcgov.org](mailto:KSaul@pwcgov.org) or MaryBeth at [Mlerch@pwcgov.org](mailto:Mlerch@pwcgov.org)

## PWC 4-H Day Camp Volunteers Needed



Camp Adult Volunteers are necessary to ensure our youth have a fun, safe camp experience. Adults are primarily chaperones, group facilitators, or help to distribute snacks. Volunteers are needed from 8:30 am - 1:00 pm. Volunteers can work multiple days, single days, or a handful of hours. Any time that you can offer is welcome! **Adult volunteers can register here.** For more information becoming Camp Adult Volunteer, please contact Emily Cloe at [ecloe@pwcgov.org](mailto:ecloe@pwcgov.org).

## Workday Wednesdays for 4-H Youth Volunteers



**Dates:** Every Wednesday from July 7th - August 4th

**Time:** 10 am - 2 pm; *Bring your lunch!*

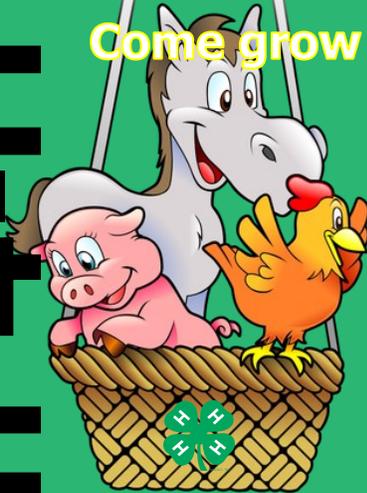
**Location:** PWC 4-H Office

**Click here to sign up for PWC 4-H Workday Wednesday!**

Calling all 4-H middle schoolers and high schoolers! On Wednesdays, we'll be planning the activities, cutting, pasting, organizing, bagging, and more. All talents are needed! Whether you're crafty, strong for lifting, good at organizing, innovative, or a worker bee, **WE NEED YOU** to help us prepare for PWC 4-H Summer Day Camp.

# EXPLORING WITH 4-H

## Come grow with us at PWC 4-H Summer Day Camp!



PWC 4-H Summer Day Camp is back and more exciting than ever! We will be exploring many things in our world using 4-H's research-proven **DO, REFLECT, APPLY** model!

PWC 4-H Summer Day Camp is for youth ages 5-12 and is held during the week of the annual Prince William County Fair. Youth learn and grow in a safe and exciting environment through creating art projects exploring fair exhibits and enjoying team games and activities. Themes and snacks each day, a show or two, and lots of trained, enthusiastic teen counselors make this experience one of a kind!

### PWC 4-H Day Camp Activities

Marshmallow Catapults \* Bee Bot Pollinators \* Trebuchet \* Build-a-Thon \* Seed Bombs and Living Necklaces \* Special Presentations on Locally Derived Nutrition and Native Plants & Habitats \* Visits to the Animal Barns and the Heritage Barn \* Focus on Character Traits while building Life Skills \* and so much more!



### PWC 4-H Children's Barn Exhibit

All youth fair-go'ers will not want to miss this! The PWC 4-H Children's Barn exhibit is full of exciting enrichment activities geared towards exploring the many aspects of 4-H. Stop by from 2-8 pm and pick up your 4-H Grab & Go Activity Exploration Kit. They're free and fun! Here's what's happening at the PWC 4-H Children's Barn:



- \* **Book in a Bag:** make your own journal about Virginia Native Skinks with this imaginative activity
- \* **Living Necklaces:** discover how seeds sprout with this seed necklace charm
- \* **Marshmallow Catapults:** explore the physics of catapults by creating your own popsicle marshmallow catapult
- \* **Community Partner Demonstrations:** stop by to learn how to be a buddy, not a bully with Samantha and her horse Rubin! We'll have additional presentations and activities on recycling, yarn pulling and more!

### Clover Bud Activities

For our younger participants, stop by the Clover Bud Tables and participate in two Community Service and Citizenship activities:

- \* Make Dog Toys for the PWC Animal Shelter
- \* Color Post Cards for our Soldiers Overseas



### PWC 4-H Ag Barn Exhibit

Stop by relax at a table, work on your 4-H Grab & Go Activity Exploration Kit with our teen 4-H volunteers, or better yet, meet our favorite bunnies and chicks!



### PWC 4-H Summer Day Camp 2021

August 16-20th

Prince William County Fairgrounds

[Click here for more information about PWC 4-H Camps](#)



**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

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4-H PROUD

**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)

[Complete Phase III Social Distancing Guidelines](#)

[Resources for 4-H Enrollment](#)

[4-H Risk Management Forms](#)

[4-H Online Information](#)

[The 4-H Foundation](#)

[Promotional Materials](#)

[4-H Awards and Recognition Forms](#)

[4-H All Stars](#)

[Resources for 4-H Animal Sciences](#)

[Resources for 4-H Citizenship](#)

[Resources for 4-H Club Management](#)

[Resources for 4-H Communication & Expressive Arts](#)

[Resources for 4-H Competition & Scoring Aids](#)

[Resources for 4-H Curriculum & Delivery](#)

[Resources for 4-H Family Sciences](#)

[Resources for Food, Nutrition and Health](#)

[Resources for 4-H Leadership & Personal Development](#)

[Resources for 4-H Natural Resources & Environmental Education](#)

[Resources for 4-H Plants, Soils & Entomology](#)

[Resources for STEM](#)

**Prince William 4-H Association**

[PWC 4-H Homepage](#)

[PWC 4-H Programs](#)

[PWC 4-H Camps](#)

[PWC 4-H Events & Calendar](#)

[Funding Request Form](#)

**Portfolio Records (coming soon)**

Member Record

Member Record - editable

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

**2020-2021 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President

Kayla Dixon, Vice President

Alexis Cox, Treasurer

Secretary- Vacant

**Adult Officers**

Matt Valentino, President

Alan Lerch, Vice President

Sydney Nguyen, Treasurer

Tom Harrigan, Secretary

**Committee Chairs**

Fundraising Committee - Samantha Whysong

Recognition Committee - Alan Lerch

Membership Committee - 4-H Staff

