



# Prince William 4-H

*Our Clubs, Our Community*



September 15, 2021

## Upcoming Events

- Sep 19 - 4-H Club Leader Kickoff
- Sep 25 - 2021 R.L. HARRIS Jr. Memorial Shotgun Championship
- Sep 30 - Project Records, Portfolios and Outstanding Member Forms Due
- Oct 1 - All Star Applications Due
- Oct 4 - Move it Monday!
- Oct 5 - BOC Proclamation
- Oct 6-17 - TSC Paper Clover Campaign
- Oct 16-17 - Instructor Certification for 4-H Shooting Sports
- Oct 17-23 - National Character Counts Week
- Oct 23 - Clover Club

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## It's Time to Kickoff the New 4-H Year!



**PWC 4-H Leader Kickoff Meeting**  
**Sunday, September 19th, 12:30 pm, Buckhall VFD**

On behalf of the Prince William 4-H staff, we invite you to join us as we "Kick Off" the new 4-H year!

### Learn By Doing

Please plan to spend time with the 4-H staff and some of our long-time volunteer leaders as we reconnect with our core concept of "Learning by Doing" through an interactive experiential workshop! This opportunity and experience will allow you to gain an understanding of how 4-H frames learning through project work and how our adult volunteers can facilitate and promote this concept in our clubs.

Whether new to 4-H or having had some experience or exposure, this workshop will leave you energized and ready to either get started with leading a new club or join an existing club's leadership team. Even if club leadership was not what you had in mind, this workshop will serve as an introduction to 4-H and what to expect through your family's participation in the program. Networking with current club leaders is always a bonus of this yearly event. Should you choose to pursue a new club venture, this workshop will serve as part of the required leader training needed to get started.

Our PWC 4-H Club Leader Kickoff meeting is for all adult volunteers, leaders and anyone interested in starting or joining a club. Make connections, share ideas, review the calendar, and get ready to have fun with 4-H. This is an annual meeting that is one not to miss!

[Please click here to register.](#)

**THIS SUNDAY!**

## Getting Ready for National 4-H Week - October 3rd-9th!



[Click here to check out this video from National 4-H](#) and get ready to Find Your SPARK with 4-H!

### October 5th: Board of County Supervisors Meeting, 7 pm

The Board of County Supervisors will proclaim October 3rd - 9th as National 4-H Week in PWC and will urge our community to join in celebrating and recognizing 4-H as a unique organization that prepares young people to step up to the challenges of a complex and rapidly changing world by pledging their "Head, Heart, Hands and Health" to "Make the Best Better."



### October 6th - 17th: TSC Paper Clover Campaign

It's time to launch a new 4-H year with our TSC Paper Clover Campaign! Start gathering materials and creating your poster to be displayed at our local TSC store.

## ISO Adult Volunteer to Lead *Move it Monday!*



Back by popular demand! Our 4-H'ers had so much fun moving, socializing, learning about nutrition, and ultimately training for a race, that they want to do it all over again. We need your help to make it happen!

Put your creative spin on this healthy activity and lead a fun, weekly event that helps keep us together and gets us moving. We're in search of an adult volunteer leader that will help plan and organize the meetings. The PWC 4-H Staff are here to help and have already reserved the dates/times/locations. We need your creative input to help engage, educate and energize our 4-H'ers towards overall health and healthy choices. If you are interested in leading our *Move it Monday!* program, please email [Kristin Saul](mailto:kristin@pwc4h.org).

**Move it Monday!** is every Monday beginning October 4th, at 4:30 pm, at the PWC Fairgrounds.

## Congratulations to PWC 4-H'ers selected as 2021-2022 VA Northern District Horse Program Ambassadors!



**Carolyn Hicks  
Brayden Jones  
Libby Pumphrey**



**DUE OCT. 1ST!**

## Virginia All Star Application Due

We know Prince William has many outstanding youth that have served in leadership roles and truly promote "Making the Best Better." Membership in this honorand service organization is the highest recognition that a 4-H'er in Virginia can achieve. **You can be a Virginia 4-H All Star!** [Click here for the application.](#)



## Portfolio and Presentation Training

Portfolio and Presentation Training will be held virtually at the end of October. New this year - the training will be **YOUTH created and led!** Participants will learn how to create, organize and present all that they've accomplished into an impressive portfolio and learn how to prepare a top notch presentation. *More info coming soon.*



## 2021 PWC 4-H Food Challenge

### **Please complete the interest survey!**

Start pulling together your team for one of our favorite annual events! The 2021 PWC 4-H Food Challenge will be held IN PERSON and back to the original format that we love. [Please click here to complete the interest survey.](#)



**DUE SEPT. 30TH!**

## Project Records, Portfolios, and Outstanding Member Forms

We know that many of your 4-H'ers are working hard to wrap these up. We're looking forward to seeing how your 4-H Story is evolving and how you've creatively pursued your interests through a challenging year!

[Member Record](#) | [Cloverbud Sheet](#) | [Project Record Ages 9-10](#) | [Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#) | [Project Record Ages 16-19](#) | [Outstanding Member Form](#)

## PWC 4-H Scholarship Applications Released Soon!

Applications for PWC 4-H Scholarships will be released next week. Start thinking about your application, reference, or who you would like to nominate!

### Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four year college, community college or vocational school. Amount of scholarship may vary from year to year. Two letters of reference are required to be submitted with the application, and more are acceptable. The scholarship review committee may consist of Trigger Time 4-H adult volunteers, other 4-H adult volunteers and/or 4-H staff. Those applying from Trigger Time Shooting Sports 4-H Club will be given first consideration for this scholarship. The review panel for this scholarship will meet and decide before the end of the high school year.

### Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who died in a tragic automobile accident in 1984. Her parents honor her memory by awarding a college scholarship to a 4Her. Applicants must be enrolled the Prince William County 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

### All Around 4-H Member and All Around 4-H Volunteer Awards

The All Around 4-H Member and All Around 4-H Volunteer awards were created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

**AWARD RECOGNITION IS DECEMBER 5TH**

Good Luck to PWC 4-H'ers at the  
State Shotgun Championship!

Noble Richter  
Ben Stewart  
William Kennedy



## Upcoming Instructor Certification for 4-H Shooting Education



**Date:** October 16th - 17th

**Location:** Holiday Lake 4-H Educational Center

**Registration Deadline: September 30th**

Registration for Instructor Certification is now open. Instructor candidates taking their first training course are required to complete an online training course before October 13th. All 4-H attendees must be registered with their county/unit in the 4-H Online system and have their background check initiated. Please click to access the following:

- [2021 VA 4-H Shooting Instructor Training - Registration for Instructor Certification](#)
- [2021 VA 4-H Shooting Instructor Training - Guide to Online Modules](#)
- [2021 VA 4-H Shooting Instructor Training - Online General Session for Adult Leaders](#)
- [2021 VA 4-H Shooting Instructor Training - Adult Health Form](#)
- [2021 VA 4-H Shooting Instructor Training - Youth Health Form](#)
- [2021 VA 4-H Shooting Instructor Training - Fact Sheet](#)



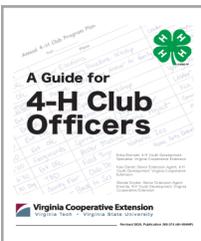
**Dates:** September 24th - October 3rd  
**Location:** 13048 Meadow Farm, Doswell, VA

Here's your opportunity to volunteer at the State Fair and help with the Virginia 4-H Showcase! The Virginia 4-H Showcase will be in the tent with Virginia State University. There are two shifts during each day, 10 am-2:30 pm and 2:00 pm-6:30 pm. Groups of 6-10 are needed for each time slot. All volunteers receive a free ticket to the State Fair. This is an excellent opportunity for state-level participation for your All Star application!

[Click here for more information about the Virginia State Fair.](#)  
[Click here to sign up to volunteer at the Virginia 4-H Showcase.](#)



Please **DO NOT** re-enroll in 4-H Online until after **October 14th**. The 4-H Online membership system will be closed for its annual backup and updates from September 24th through October 14th. We will let you know when it's time to re-enroll and the steps to re-enroll at that time.



## Virginia 4-H: Guide for 4-H Club Officers

New downloadable youth Guide for 4-H Club Officers is now available! Being elected an officer of your 4-H Club is indeed an honor. Serving as an officer gives you valuable experience which you will use all your life. Much of the responsibility for the success of your club depends on you as an officer. The purpose of this booklet is to help you to know what your duties are and how to perform them well. [Click here for the NEW PDF downloadable document!](#)

## Virginia 4-H: YCLI Application

The **Youth Conservation Leadership Institute** is a great opportunity for youth held annually by the Virginia Soil and Water Conservation District.

YCLI is a recognition program for High School (9th-12th) students that focuses on volunteer service and environmental stewardship. YCLI began as an expansion of Youth Conservation Camp in an effort to keep students engaged in the environmental topics introduced at camp. YCLI offers high school students interested in environmental conservation and stewardship an opportunity to build leadership skills and connect with local mentors involved with environmental issues.

**Students choose projects that they are interested in to carryout in their community!** As a participant in YCLI, students will be required to complete a minimum of 20 hours of community service with a focus in the natural resources conservation field. Students are encouraged to focus work with the local Soil & Water Conservation District but any work that contributes to pollution prevention, natural resources conservation, and promotion of environmental literacy will be accepted. All projects must have a confirmed mentor which may be a local SWCD, government agency, community leader, or similar local organization.

YCLI is open to any Virginia high school (9th-12th grade) homeschool, private and public school student committed to the entirety of the program including:

- Completion of at least 20 community service hours to be approved by the YCLI Program Coordinator.
- Submission of one interim and final report/presentation on the community work completed.
- Attendance at the final recognition program to be held in Spring of 2022
- Read an assigned book on environmental leadership for a group discussion

[Please click here for more information and to apply.](#) **Applications are due Friday, October 1st.**



**DUE OCT. 1ST!**

## Virginia 4-H: Youth Opportunity with 4-H in Action Newspaper



**4-H in Action** is an annual newspaper written by 4-H members from Delaware, Maryland and Virginia, showcasing the diversity of the program. 4-H members can write stories, columns, and take and submit photos for the supplement. In support of 4-H Youth Development, a portion of the advertising revenue will be donated to the 4-H Programs in each of the states

The Delmarva Farmer is again issuing a special supplement highlighting Virginia 4-H activity and achievement through stories written by 4-H members themselves. The **4-H in Action** supplement will appear during **National 4-H Week** (October 5).

### Story Formats:

- **News Story** - This is an article about an event/happening/experience/person written in the 3rd person point of view. Length is about 500 words. Example: A reporter interviewing 4-Hers about the impact of their County Fair having to cancel.
- **Opinion/Editorial** - The author's opinion on a topic or issue supported with facts. Example: A 4-Her's opinion on the power of 4-H on youth.
- **Column** - A story told from the first person point of view, with opinion, reflection. Example: What Virtual 4-H Camp meant to me this summer.
- **News Brief** - Short article announcing small news. Covers the basics — who, what, where, when and why. 100-200 words. Example: A new 4-H club forms in your county.
- **Feature Photo** - A picture with a longer caption. Caption has 2 or more sentences explaining the photo and giving context. Example: Photo of projects you completed during the year.

[Click here to read last year's supplement.](#)

To submit a story, please email the complete article as a Word document to Sean Clougherty, [sean@americanfarm.com](mailto:sean@americanfarm.com). Please attach high-resolution photos separately in the e-mail. Include your County, 4-H Club name and age in the message. You can also reach Sean with questions at 410-822-3965. **All submissions must be received by September 20th.**

*\*\*Be sure to attach high-resolution photos separately in the e-mail, not include them in the body of the message.*



- Later
- Tomorrow
- Today
- NOW**

**Submissions Due  
September 20th!**

## National 4-H: 4-H Auditions for American Idol



4-H is going to Hollywood! On Friday, September 24, American Idol will host a virtual audition day dedicated to 4-H'ers—current members and alumni ages 15-28. Individual 4-H singers nationwide will audition over Zoom for a chance to become the next American Idol. We realize this is short notice, but it came together quickly and is a once-in-a-lifetime opportunity for your 4-H'ers!

[Click here to register!](#)

PASSION CREATIVITY INTELLECT CONFIDENCE

# SPARK

## FIND YOUR

## WITH A PWC 4-H PROJECT

Project Ideas with Curriculum Available through Virginia 4-H:



**Agriculture:** All Agriculture project activities including but not limited to: Acres of Adventure, Ag in the Classroom, Agriculture Education Field Days, etc.

**Aquatic and Marine Science:** All Aquatic and Marine Science project activities to include but not limited to: Fishing, Project WET, etc.

**Beef:** All Beef project activities, to include but not limited to: Market Beef, Beef Heifer, Non-ownership Beef, Beef Challenge, Cattle Working, Beef Educational Activities, Youth Beef Shows, etc.

**Career Exploration and Awareness:** All Career Explorations and Awareness project activities.

**Citizenship:** All Citizenship project activities to include, but not limited to: Citizenship Washington Focus, National 4-H Conference, International Exchange, Civic Engagement, etc.

**Companion Animal:** All Companion Animal project activities to include, but not limited to: Dogs, Cats, Birds, Mice, Guinea Pigs and Other Exotic Species kept by humans, State Dog Show, Virtual Dog Show, etc.

**Cloverbud:** All Cloverbud project activities. This project area is limited to Cloverbud members only.

**Communications:** All Communications project activities to include, but not limited to: Discussion Meet, Extemporaneous Speaking, Presentation, Public Speaking, Radio Spot, Science Fair, etc.



**Consumer Science:** All Consumer Science Education project activities including but not limited to: Fashion Revue, LifeSmarts, etc.

**Creative Arts:** All Creative Arts project activities to include, but not limited to: Adobe Youth Voices, Filmmaking, Video, Photography, Visual Arts, etc.

**Culture:** All Culture project activities.

**Dairy:** All Dairy project activities, to include, but not limited to: Dairy Heifers, Dairy Cows, Non-ownership Dairy, Judging Contests, Quiz Bowl, June is Dairy Month Posters, Dairy Educational Activity, Dairy Shows, etc.

**Earth Science:** All Earth Science project activities to include but not limited to: Geology, Meteorology, Astronomy, etc.

**Energy:** All Energy project activities to include, but not limited to: Electric Energy, Wind Energy, etc.

**Engineering:** All Engineering project activities to include, but not limited to: Engineering Design Challenge, etc.



**Entomology:** All Entomology projects activities, including but not limited to: Beekeeping, Hokie BugFest, Butterflies, etc.

**Environmental Science:** All Environmental Science project activities, including but not limited to: Environmental Education, Natural Resource Weekend, etc.

**Expressive Arts:** All Expressive Arts project activities to include, but not limited to: Table Setting, Storytelling, Theatre Arts, Global Dance, etc.

**Family Science:** All Family Science project activities including but not limited to: Child Care, Babysitting, etc.

**Financial Education:** All Financial Education project activities including but not limited to: Kids Marketplace, Reality Store, Entrepreneurship, etc.

**Forestry:** All Forestry project activities, including but not limited to: Tree Identification, Forestry Educational Contests and Activities, etc.

**Food and Nutrition:** All Food and Nutrition project activities, including but not limited to: Choose Health, Food Challenge, Teen Cuisine, Healthy Weights for Healthy Kids, etc.

UNDERSTANDING

FUN

LOGIC

COMMUNITY

LEARNING

CAREERS

PERSEVERANCE

WORK ETHIC

LIFE SKILLS

COMPASSION

GIVING BACK

HEALTHY HABITS



**Goat:** All Goat project activities, to include, but not limited to: Breeding Goat, Dairy Goat, Fiber Goat, Market Goat, Non-ownership Goat, Market Goat Shows, Dairy Goat Shows, Goat Skillathon, etc.

**Healthy Living:** All Health Living project activities, including but not limited to: Health Rocks, Yoga for Kids, etc.

**Horse and Pony:** All Horse & Pony project activities, to include, but not limited to: Horse, Pony, Horseless Horse, Non-ownership, 4-H Horse & Pony Shows, Hippology, Horse Judging, Horse Quiz Bowl, Horse Communications Contest, VA Horse Ambassador, etc.

**Leadership:** All Leadership project activities to include, but not limited to: 4-H Day at the Capitol, 4-H Congress, iCongress, National 4-H Congress, Teen Excellence in Leadership Institute (TELI), Teen Leader, etc.

**Livestock Education:** All Livestock Educational project activities, to include but not limited to: B&B Contests, Stockmen's Contests, Skillathons, Meat Judging, Judging Camps & Clinics, Beef Challenge, Pork Challenge, etc.

**Outdoor Adventure:** All Outdoor Adventure project activities

**Other Animal:** All Other Animal project activities not specifically listed. This could include, but not limited to: Alpacas, Llamas, Other Animal Non-ownership, etc.

**Plant and Soil Science:** All Plant and Soil Science project activities including, but not limited to: Jr. Master Gardener, Horticulture, Garden, School & Community Gardens, etc.

**Personal Development:** All Personal Development project activities to include, but not limited to: Character Counts!, Overnight Camping programs, Service Learning, etc.

**Poultry:** All Poultry project activities, to include but not limited to: Market Poultry, Breeding Poultry, Poultry Judging, Embryology, Poultry Educational Activities, Non-ownership Poultry, etc.

**Rabbit:** All Rabbit project activities, to include but not limited to: Breeding Rabbit, Meat Rabbit, Show Rabbit, Non-ownership Rabbit, etc.

**Robotics:** All Robotics project activities to include, but not limited to: Junk Drawer Robotics, LEGO Robotics, etc.

**Science Inquiry:** All Science Inquiry project activities to include but not limited to: Mission to Mars, etc.

**Sheep:** All Sheep project activities, to include but not limited to: Breeding sheep, Market lambs, Sheep Educational Activities, Non-ownership Sheep, Sheep & Goat Symposium, Sheep Shows, etc.

**Shooting Education:** All Shooting Education project activities, including but not limited to: Air Rifle, Shotgun, BB, Archery, Skeet, Spring Air Match, State Shoot, State Archery Match, Shotgun Championships, VA Shooting Sports Ambassador, Shooting Camp, etc.

**Swine:** All Swine project activities, to include but not limited to: Breeding Hog, Market Hog, Non-ownership Swine, Swine Shows, Pork Challenge, VT Swine Day, Swine educational activities, etc.

**Technology:** All Technology project activities to include, but not limited to: Aerospace, Computers, Drones, Makey-Makey, etc.



**Vet Science:** All Vet Science project activities including but not limited to: The Normal Animal, Animal Diseases, Animal Health and Our World, Airedales to Zebras, etc.

**Wildlife:** All Wildlife project activities to include, but not limited to: Wildlife Habitat Education Program (WHEP) program, etc.



**PWC 4-H Resources for Curriculum Materials**

[Click here to search curriculum materials available through Virginia 4-H](#)

[Click here to access Virginia 4-H Resources for School Enrichment](#) (short survey to access materials)

[Click here for a list of Special Curriculum Presentations available to PWC 4-H Clubs through the VA 4-H Speakers Bureau](#)

[Click here for Curriculum Available from National 4-H](#)

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

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[Virginia State 4-H](#)

[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

**MaryBeth Lerch**  
4-H Extension Agent  
[m1erch@pwcgov.org](mailto:m1erch@pwcgov.org)  
703-792-4536

**Kristin Saul**  
4-H Youth Educator  
[ksaul@pwcgov.org](mailto:ksaul@pwcgov.org)  
703-792-4762

**Candi Helmlinger**  
4-H Program Specialist - Newsletter  
[chelmlinger@pwcgov.org](mailto:chelmlinger@pwcgov.org)

I AM



4-H PROUD

**PWC 4-H Resources**

**National 4-H**

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**2020-2021 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President

Kayla Dixon, Vice President

Alexis Cox, Treasurer

Secretary- Vacant

**Adult Officers**

Matt Valentino, President

Alan Lerch, Vice President

Sydney Nguyen, Treasurer

Tom Harrigan, Secretary

**Committee Chairs**

Fundraising Committee - Samantha Whysong

Recognition Committee - Alan Lerch

Membership Committee - 4-H Staff



HEAD



HEART



HANDS



HEALTH