



Prince William 4-H

Our Clubs, Our Community



October 20, 2021

Upcoming Events

- Oct 17-23** - National Character Counts Week
- Oct 21** - Citizenship Community Night (Junior 9-13)
- Oct 23** - Clover Club
- Oct 29** - VA Youth in Action Nominations Due
- Nov 1** - Presentation Training
- Nov 2** - Food Challenge Orientation
- Nov 10** - District All Star Form Review
- Nov. 20** - Clover Club
- Dec 4** - Clover Club
- Dec 5** - 4-H Recognition Night

All American Quarter Horse Congress

Virginia 4-H had a strong showing at the **2021 All American Quarter Horse Congress** in Columbus, Ohio, last week. We are so proud of you!



Prince William 4-H'er **Samantha Whysong** placed 1st overall in the Youth Communications contest for her individual presentation titled, "What Killed Karma," scoring an impressive 199 out of 200!

Prince William 4-H'er **Carolyn Hicks** (far right in group photo) did an amazing job qualifying and competing at the national level on the Virginia State 4-H Hippology Team.

[Click here for the All American Quarter Horse Congress Event Page.](#)

Virginia 4-H Results at the 2021 All American Quarter Horse Congress

- ◆ **Individual Presentation** - Samantha W., 1st place
- ◆ **Hippology** - Mattie D. 7th place individual horse judging (team of Carrie, Mary, Carolyn, & Mattie)
- ◆ **Horse Judging** - Team of Quinna, Kimberly, and Mary B. won 10th place team reasons and 10th place team performance

- [Click here for the Hippology Results](#)
- [Click here for the Communications Results](#)
- [Click here for the Youth and Collegiate Horse Judging Contest Results](#)



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Help support the next generation of 4-H equine leaders by contributing to the **4-H Educational Contest Endowment Fund** in Memory of Melissa Madagan. [Click here to learn more about her legacy and the endowment.](#)

Record Breaking Donations with TSC Paper Clover Campaign



Thank **YOU** and a thank you to all of our 4-H family and friends who came out to support the Tractor Supply Company Paper Clover Campaign! Virginia had a record breaking campaign and ranked 11th nation-wide. The addition of "rounding up" at the register, credit card donations, and a new donation matching program when using the TSC credit card, all helped tremendously.

Compass 4-H Club held a bake sale at TSC on Wednesday, October 13th, and did an outstanding job promoting Prince William 4-H, sharing their 4-H stories and raising money for Compass 4-H Club to support the club's projects and activities.



Click to Visit





Trigger Time 4-H Shooting Education Club defeats Pueblo West AJROTC

October 10, 2021- hooting their highest score of the season Trigger Time 4-H Shooting Education Club defeated Pueblo West AJROTC 1019.0 to 914.1 last week in the National Air Rifle League. Their second win in a row. With the win, Trigger Time 4-H Shooting Education Club is in seventh place overall and second place within their 'Junior Rifle Club' conference. They currently have a 2 - 0 record. Trigger Time 4-H Shooting Education Club was led by, Samantha Seagle who shot a 264.1. The remaining contributing members were Noah Richter, Samantha Erick, and Lexi Strand. Trigger Time 4-H Shooting Education Club is from Nokesville, VA, and is coached by Alan Lerch.

Pueblo West AJROTC currently has a 0 - 1 record. Shooting their highest team score of the season Pueblo West AJROTC was led by, Keziah Estabrook who shot a 258.8. The remaining contributing members were Tyana Sanchez, Barracuda Falls, and Alexandra Passey. Pueblo West AJROTC is from Pueblo West, CO, and is coached by Matthew Dilcher.

Next up Trigger Time 4-H Shooting Education Club will compete against Skyline AJROTC from Dallas. Skyline AJROTC currently has a 2 - 0 record. While Pueblo West AJROTC will compete against El Camino Real NJROTC from Woodland Hills, CA. El Camino Real NJROTC currently has a 1 - 0 record.

These two teams are competing in the Distinguished Division of the Orion National Air Rifle League. Sponsored by the Orion Scoring System, the league is a national team league for high school teams and junior rifle clubs. The league has two parts. An 8 week regular season going on now, followed by a single game Conference Title Game for the top two teams in each conference.

In each game the teams compete in what is known as a Three-Position Air Rifle match. The match is modeled after Olympic Rifle competitions but adapted to high school age athletes. Each athlete will shoots 10 shots in three different shooting positions, prone, standing, and kneeling. Each shot is worth a maximum of 10.9 points. The sum of points scored in the 30 shots is the athlete's total. The team score is comprised of the best four athletes from each team.



**Trigger Time
Youth Officers
2021-2022**

Congratulations!

Noah Richter, President

Samantha Seagle, Vice President

Grace Richter, Secretary

Timmy Hirshey, Treasurer

Equipment Officers: Ben Stewart, Lexi Strand, Kira Lorentz and Samantha Erick

Colin White, Safety Officer

Association Liaisons: Lexi Strand and Samantha Erick



Trigger Time 4-H Shooting Education Club defeats Skyline AJROTC

October 17, 2021- Trigger Time 4-H Shooting Education Club defeated Skyline AJROTC 1011.1 to 891.2 last week in the National Air Rifle League. Their third win in a row. With the win, Trigger Time 4-H Shooting Education Club is in seventh place overall and second place within their 'Junior Rifle Club' conference. They currently have a 3 - 0 record. Trigger Time 4-H Shooting Education Club was led by, Samantha Seagle who shot a 268.1. The remaining contributing members were Samantha Erick, Lexi Strand, and Noah Richter. Trigger Time 4-H Shooting Education Club is from Nokesville, VA, and is coached by Alan Lerch.

Snapping a two game win streak Skyline AJROTC currently has a 2 - 1 record. Skyline AJROTC was led by, Rebeca Cervantes who shot a 240.7. The remaining contributing members were Omar Uriel, Jonathan Santiago, and Jose Carreon. Skyline AJROTC is from Dallas, and is coached by Michael Oliver.

Next up Trigger Time 4-H Shooting Education Club will compete against Timber Beasts from Cornelius, OR. Timber Beasts currently has a 3 - 0 record. While Skyline AJROTC will compete against Bellevue West AFJROTC from Bellevue, NE. Bellevue West AFJROTC currently has a 2 - 1 record.

These two teams are competing in the Distinguished Division of the Orion National Air Rifle League. Sponsored by the Orion Scoring System, the league is a national team league for high school teams and junior rifle clubs. The league has two parts. An 8 week regular season going on now, followed by a single game Conference Title Game for the top two teams in each conference.

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Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, including complete standings, visit <https://www.national-leagues.com/>

[Click here for Box Score](#) • [Click here for Trigger Time 4-H Shooting Education Club Team Page](#)



Mark Your Calendars for these Must-Do Events!



Clover Club
Saturday, October 23rd, 10 am - 12 pm
4-H Children's Barn, PWC Fairgrounds
[Click here to sign up](#)

Come join us for 2 hours of pure 4-H fun for youth age 5 to age 8. Youth will be involved in noncompetitive group activities learning life skills, which include getting along with others and feeling good about themselves. Typically, 4-H Cloverbud children explore these subject areas: healthy lifestyle, environmental and earth science, citizenship and civic education, plants and animals, consumerism and family science, science and technology, personal development, and community and expressive arts. Each monthly meeting will explore a new subject area! **Come meet new friends and learn about the possibilities in 4-H!**



Prince William 4-H Virtual Presentation Training
Monday, November 1st, 4 pm
[Click here to sign up](#) - Zoom link will be sent after registration



QR Code for
 Presentation
 Training
 Registration

Zoom in for an interactive session on 4-H Presentations! A 4-H Presentation can be a demonstration, which shows how to do something, or an illustrated talk, which provides information through speech and visual aids. In this important training session, youth will learn how to create a presentation, the research process, how to organize information, and tips on how to present to an audience and capture their attention. Rules for competing at the local, district and state levels will also be reviewed along with scoring sheets. And the best part - **it's being led by PWC 4-H'ers Ryan and Aiden!**



Food Challenge Training
Tuesday, November 2nd
 Signup Coming Soon - Zoom link will be sent after registration

It's time to pull together your teams! Join us on Zoom for an orientation to the county, district, and state 4-H Food Challenge Contests. The meeting will have a quick overview of the opportunities available this year, updates on changes to the rules, and helpful hints and tips on what to expect. Anyone interested in participating in the challenges should attend!



Youth Officer Training
Monday, November 15th, 7 pm
 McCoart Building, I County Complex Ct, Woodbridge
 Signup Coming Soon

This in-person meeting is an interactive meeting for current youth officers, newly elected youth officers, anyone interested in becoming an officer, or anyone interested in learning about the roles of 4-H youth officers in clubs, county, district and state levels.

Toiletry Items Needed for Crocheting for a Cause



It's not too late to donate! Crocheting for a Cause group led by PWC 4-H'er Kayla Dixon is collecting items for toiletry gift bags in partnership with **Volunteer Prince William** and **Meals on Wheels**. In addition to our 4-H-made wash cloths, the youth are collecting 18 individual items for the giftbags. Individually wrapped items needed include: Chapstick, hard candies, travel size hand lotion, nail files, and bar soap. Donations are needed ASAP. [Please click here to sign up to donate.](#)

PLEASE SUPPORT KAYLA'S SERVICE LEARNING PROJECT!
Donate one item or multiple - all donations are greatly appreciated!

Move it Monday!



Using our head, heart, hands and health for physical, social and mental fitness.

Date: Every Monday!
Time: 5 pm
Location: PWC Fairgrounds



Back by popular demand! Lace up your running shoes and get ready to MOVE! *Move it Monday!* Is open to all PWC 4-H'ers interested in learning about healthy living, increasing activity, and having fun with friends.

New for next week - it's time to Monster Mash!



Turn your miles into a donation to PWC food banks!

- ♥ Download the [Charity Miles App](#)
- ♥ Choose Feeding America
- ♥ Join Team **#Pwc4h**



Join in for a **THRILLING** good time!

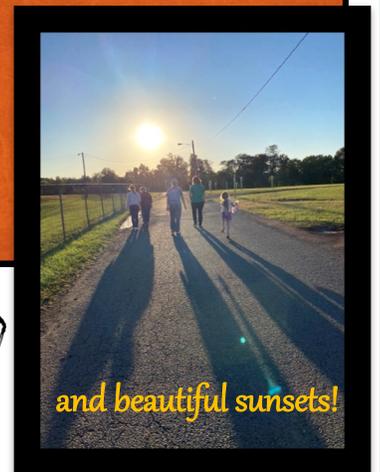
This past Monday:

- We learned a fun and fast exercise routine to Michael Jackson's *Thriller*.
- We did a quick service to our community fairgrounds by collecting trash on our cool down walk.



Coming up on Move it Monday!,

October 25th:
We're learning a quick paced dance to Bobby Pickett's **Monster Mash!**



and beautiful sunsets!



Try these 4-H resources on healthy living!

- [4-H Healthy Living Activity Guide](#)
- [Steps to a Health Teen 4-H Curriculum](#)
- [4-H Healthy Living Program](#)



VT Kids' Tech University - Registration is Open!

Mark your calendars! This event fills quickly. There is a \$65 registration fee.
[Click here for details and to register on or after October 18th.](#)



The 2022 program features four Virginia Tech professors presenting interactive sessions. Participants will receive home packets with hands-on activities that kids and parents will do with VT undergraduates virtually. Kids' Tech University accepts 350 enthusiastic learners ages 9 - 12 (as of September 30, 2021) on a first-come, first-served basis.

2022 Program of Events

January 29 - 2022 KTU Session 1: In this interactive session will learn about various chemical reactions and why they are important in today's world. After the session we will use a battery and salt water to do oxidation/reduction chemistry.

February 26 - 2022 KTU Session 2: Dr. Rau will talk about how the nervous system responds to injury. After the talk we will make a robotic arm using straws, twine and tape.

March 19 - 2022 KTU Session 3: In this talk we will be ecology and disease. During the hands-on portion we will investigate how animals/insects use color to hide from predators and make our own animal/insect.

April 2 - 2022 KTU Session 4: During this talk we will talk the various engineering design teams at Virginia Tech. After the talk we will build your own motorized boat.

Virginia 4-H: Youth In Action Nominations Open



PWC 4-H Teens - apply today for the Virginia 4-H Youth in Action Awards!

Virginia 4-H has opened up their request for nominations for their annual Virginia 4-H Youth in Action Awards. This year's process is different, in that the youth themselves may apply directly for the award. However, they are now required to obtain a letter of reference from their Extension Agent (or the VCE professional responsible for 4-H in their Unit). Youth are asked to apply in the pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. One pillar winner will be chosen from each area, as well as an overall state winner from the four pillar winners. Any 4-H member in Virginia ages 15-18 is eligible to be nominated.

Each of the four winners will receive:

- A \$500 mini-grant to develop a significant community project.
- Recognition at a formal award ceremony.
- A full scholarship to attend Virginia 4-H State Congress the week of June 20, 2022, in Blacksburg, VA.
- An opportunity to be featured as the Virginia 4-H Youth Spokesperson for their pillar area.
- An opportunity to represent Virginia 4-H at the national summit for their pillar area.
- Support and mentorship to apply for the 2023 National 4-H Youth in Action Awards.
- An official reference letter from the Virginia State 4-H Program Leader, Jeremy C. Johnson

Previous winners are not eligible, but a nominee that was not selected last year may apply again.

Applications are due Friday, October 29th.

[Click here for details on how to apply/nominate.](#)

[Click here for the online nomination form.](#)



CONGRATULATIONS TO THE 2022 NATIONAL 4-H YOUTH IN ACTION WINNERS!

National 4-H Council is proud to announce the 2022 Youth in Action Pillar winners: Tashina Red Hawk (Agriculture, sponsored by Bayer), Brianna Attey Mouanjo (Civic Engagement), Kristin Osika (Healthy Living), and Dhruv Rebba (STEM, sponsored by HughesNet)! Learn more about these incredible 4-H'ers and the impact they're making on their communities! [Click here to learn more about the Youth in Action Winners and Finalists, including PWC 4-H'er Samantha Whyson!](#)

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)

[Virginia State 4-H](#)

[National 4-H](#)



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4-H PROUD

PWC 4-H Resources

National 4-H

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Virginia 4-H

[VCE 4-H](#)

[VCE COVID-19 Updates](#)

[4-H Online Information](#)

[The 4-H Foundation](#)

[Educational Resources](#)

[4-H All Stars](#)

[STEM in Virginia 4-H](#)

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Prince William 4-H

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Portfolio Records

[Member Record](#)

[Cloverbud Sheet](#)

[Project Record Ages 9-10](#)

[Project Record Ages 11-12](#)

[Project Record Ages 13-15](#)

[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President

Kayla Dixon, Vice President

Alexis Cox, Treasurer

Secretary - Vacant

Adult Officers

Vacant - President

Alan Lerch, Vice President

Sydney Nguyen, Treasurer

Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong

Recognition Committee - Alan Lerch

Membership Committee - 4-H Staff



HEAD



HEART



HANDS



HEALTH