



# Special Edition

# Prince William 4-H

Our Clubs, Our Community



December 8, 2021

## Upcoming Events

- Dec 8** - Health Living Community Night (ages 9 & up - combined)
- Dec 18** - Wreaths Across America
- Jan 1** - Horse Project Enrollment Deadline
- Jan 15** - Clover Club
- Jan 17** - Camp Counselor Applications Due
- Jan 19** - 4-H Day at the State Capitol

## Prince William 4-H Recognition Day Celebrates YOU!



Prince William 4-H Recognition Day was held on Sunday, December 5th, to celebrate the accomplishments of the last 4-H year and bring us together as one 4-H Family. We honored the fine youth and adults who make the 4-H program in Prince William County thrive! Together, we are growing confident, capable, and caring kids with the life skills needed to be successful in today's world.



Check out the next few pages of the newsletter and see for yourself as we recognize the hard work and determination of our county youth through the completion of portfolios and project records as well as the many county, district, state and national level events and competitions they have attended.

Thank you to the Windy Knoll Farm for providing space for our event. And THANK YOU to our 4-H youth and volunteers. We can't wait to see what this 4-H year brings!

## Apply to be a 4-H Camp Counselor!



[Click here to apply to be a Prince William 4-H Camp Counselor](#)  
Applications are due January 1st.



4-H Teens ages 14 and up should consider applying for a Counselor in Training or Camp Counselor position. Those who have attended camp in previous years are preferred, but it is not a requirement. Applications will be accepted through January 1st with interviews being conducted through the early part of January. Final selection of camp leadership will be completed by the end of January. Teens selected as counselors are expected to attend monthly leadership sessions in addition to camp training in July. All dates will be announced upon final staff selections.

## Embryology Registration is Open!



We have great **eggs-pectations** for this year! Registration for 2022 is now open. Last year filled up quickly, so be sure to register early. Training options can be selected at registration, as well as egg pick-up days.

[Click here to register if we've beaked your interest.](#)

**Training Dates TBD** (in-person and virtual)

**Egg Pick-Up:** March 7th or 8th • Please send in your Group Enrollment Forms

Contact [Ashley Isaacson](#) with questions or for more information.

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Click to Visit



# Celebrating YOU!

## PWC 4-H RECOGNITION NIGHT

### Project Records and Portfolios

#### Clover buds

John Sharpe- Kettle Run  
Maria Konstanty - S.A.L.T.

#### Juniors and Seniors

##### Nokesville Equestrian Club

Samantha Whysong – Horse  
Elizabeth Pumphrey – Horse  
Trae Kohn – Horse  
Lauren Byrd – Horse  
Carolyn Hicks – Horse  
Sierra-Nicole Wimer – Horse  
Keshia Hamlett – Horse  
Kayla Cierra Ray – Horse

##### Compass 4-H Club

Nina Miller - Forestry, Drama &  
Performing Arts  
Anna Miller - Forestry

##### Kettle Run 4-H Club

Bailey Dove - Leadership

##### Nokesville 4-H Club and Trigger Time

Ryan Nguyen- Embryology,  
Charity Miles, Shooting Sports

##### Trigger Time 4-H Club

Ayden Strand – Embryology, 4-H  
5K, Shooting Sports  
Alexis Strand – Embryology, 4-H  
5K, Shooting Sports

### Outstanding Member

#### Kettle Run 4-H Club

Bailey Dove  
Grayson Dove  
Hudson Lee  
Julia Lee  
Owen Lee  
John Sharpe

#### Compass 4-H Club

Anna Miller  
Nina Miller

#### Nokesville Equestrian

Samantha Whysong

### Trigger Time & Old Dominion

Trae Kohn

### Northern District Horse Project Scholarship Award

Kayla Roy  
Lauren Byrd

### 2021 All Star Recipients

Samantha Seagle  
Andy Nguyen

### Countywide Event or Competition

#### Presentations

Lauren Byrd  
Bailey Dove  
Grayson Dove  
Keshia Hamlett  
Carolyn Hicks  
Timmy Hirshey  
Ben Hirshey  
Trae Kohn  
Hudson Lee  
Julia Lee  
Emma Locklear  
Aiden McDonald  
Maya Mitchell  
Ryan Nguyen  
Libby Pumphrey  
Kayla Roy  
Jordan Ruth  
Gregory Ruwe  
Katie Saul  
Alexis Strand  
Ayden Strand  
Samantha Whysong  
Sierra-Nicloe Wimer

#### Share the Fun

Maria Konstanty  
Bailey Dove  
Owen Dove  
Lexi Strand  
Ulric Summerlin

### Districtwide Event or Competition

#### Presentations

Bailey Dove - Public Speaking  
Ryan Nguyen - Presentation  
Samantha Whysong -  
Presentation  
Maya Mitchell - Presentation

#### Share the Fun

Bailey Dove - Drama  
Ulric Summerlin - Vocal

#### Food Challenge- Individual Contest

Aiden McDonald  
Grace Richter  
Noble Richter  
Alexis Strand  
Ayden Strand

#### Food Challenge- Family Contest

Auldridge Family  
Hirshey Family  
Lee Family  
Saul Family

#### District Match

Kassidy Bingel  
Samantha Erick  
Jonathan Farr  
Eleanor Floyd  
Rowan Floyd  
Timmy Hirshey  
Evan Jerle  
James Kelly  
Matthew Kelly  
Thomas Kelly  
William Kennedy  
Sean Kerner  
Caroline McPherson  
William McPherson  
Christopher Nevarr  
Samuel Nevarr  
Mason Norris  
Luke Piazza  
Grace Richter  
Jubilee Richter  
Noah Richter  
Noble Richter  
Ashton Schrock  
Kaden Schrock  
Samantha Seagle

Andrew Shuma  
Ben Stewart  
Ayden Strand  
Lexi Strand  
Ulric Summerlin

### EquiSmartz- Educational Contest

**Hippology**  
Samantha Whysong  
Carolyn Hicks  
Lauren Byrd  
Maddie Van Droof

**Communications**  
Maya Mitchell  
Samantha Whysong

**Horse Judging**  
Carolyn Hicks

### Statewide Competitions or Events

**State Congress Attendees**  
Chloe Jones  
Aiden McDonald  
Samantha Whysong

**Presentations**  
Ryan Nguyen  
Samantha Whysong

**Shotgun Champs**  
Noble Richter  
Ben Stewart  
William Kennedy  
Mason Norris

**State Match**  
Samantha Seagle  
Samantha Erick  
Lexi Strand  
Noah Richter  
Grace Richter  
Noble Richter  
Jubilee Richter  
William Kennedy  
Mason Norris  
Ben Stewart  
Ayden Strand  
Jonathan Farr

**Spring Air**  
Samantha Seagle  
Samantha Erick

Lexi Strand  
Noah Richter  
Grace Richter  
Noble Richter  
Karis Piazza  
Jubilee Richter  
Gabe Haley  
Caroline McPherson  
Timmy Hirshey

**State Show**  
Lauren Byrd  
Libby Pumphrey  
Keshia Hamlett  
Sierra-Nicole Wimer  
Carolyn Hicks  
Samantha Whysong  
Trae Kohn  
Kayla Roy

### Regional and National Event or Competition

**Southern Regional Horse  
Show**  
Lauren Byrd  
Carolyn Hicks  
Maya Mitchell  
Libby Pumphrey  
Jordan Ruth  
Samantha Whysong  
Sierra-Nicole Wimer

**Quarter Horse Congress**  
Carolyn Hicks  
Samantha Whysong

**Eastern National Horse  
Show**  
Carolyn Hicks  
Samantha Whysong

### 4-H Club Leader Years of Service

**3 Years**  
Jamie McNealy, *Linton Hall*  
John Floyd, *Nokesville*  
Melinda Vaikasiene, *Nokesville*  
Alison Dixon, *Nokesville Equestrian*

**4 Years**  
Emily Cloe, *Phantom Riders*  
Elizabeth Lewis, *Phantom Riders*  
Larissa Miller, *Compass*  
Mark Willey, *Bulls Eye*

**5 Years**  
Tracey Whysong, *Nokesville  
Equestrian Mane & Tail*  
Susan Wolf, *Old Dominion  
Equestrian*  
Adam Dove, *Kettle Run*  
Mallory Dove, *Kettle Run*  
Michelle Lee, *Kettle Run*

**7 Years**  
Tom Harrigan, *4-H Association*

**8 Years**  
Alan Lerch, *Trigger Time and 4-H  
Association*  
Sydney Nguyen, *Nokesville 4-H  
and 4-H Association*  
Kristin Saul, *Buckhall Community  
Club & Nokesville Community  
Club*  
Sarah Turner, *Phantom Riders*  
Matt Valentino, *4-H Association*

**13 Years**  
Donna Gibson, *Teen Service Club*  
Catherine Konstanty, *Clever  
Clovers*

### 4-H Club Leader Outstanding Years of Service

**15 Years**  
Ron Smith, *Trigger Time*

**19 Years**  
Donna Weisheit, *Pins &  
Patterns & 4-H Association*

**40 Years**  
Mary Lou Malo, *Country Flyers,  
Trigger Time, Fair Camp*



# PWCG 4-H RECOGNITION NIGHT



**Ashley Isaacson**, Prince William 4-H's new Education and Outreach Specialist, shared her 4-H Story! Ashley was a youth 4-H member and then 4-H volunteer in Stafford County. She's currently working on releasing this year's embryology program and has found memories of participating as a 4-H'er. We're so excited that Ashley joined our team!

## Joanne Guhl Scholarship



Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a 4-Her. Applicants must be enrolled the Prince William County 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

**The 2021 Joanne Guhl Scholarship is awarded to Trae Kohn.**

**The 2022 Joanne Guhl Scholarship is awarded to Andy Nguyen and Samantha Whysong.**

## Bernard Malo Scholarship



Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. Amount of scholarship may vary from year to year.

**The 2020 Bernard Malo Scholarship is awarded to Trae Kohn and Grace Richter. There were no applicants in 2021.**



## Connie Collier Scholarship



This scholarship is made possible through contributions given in memory of Constance "Connie" Collier (1946-2010). Connie spent countless hours over her lifetime to improve and promote the equine industry in Virginia, but her biggest passion was supporting youth involved in the 4-H Horse Program. Among her good works, Connie served as a 4-H Horse Club leader in Henrico County, Treasurer of the Virginia State 4-H Championship Horse and Pony Show and also played a key role in the drill team division's growth and improvement. Connie was also a Virginia 4-H alumna and was an exhibitor in the early years of the Virginia State 4-H Championship Horse and Pony Show. Through this scholarship, we hope that Connie's lifetime commitment to the 4-H Horse Program will live on and inspire current and past exhibitors to give back to the Virginia 4-H Horse Program.

**The 2021 Connie Collier Scholarship is awarded to Samantha Whysong and Trae Kohn.**



*Seniors Sharing their 4-H Story*

# Free Healthy Living COMMUNITY NIGHTS



December begins our focus on Healthy Living at Prince William 4-H!

Join us for our fun-fill, hands-on Community Nights as we explore mental well-being, physical health, and how you can put healthy habits into action starting today!

## Healthy Living Community Nights

Wednesday, Dec 8th, 7-8:30 pm

**Senior, Ages 14 and Up**

AND

**Junior, Ages 9-13**

at the 4-H Office, Manassas

[Click here to register.](#)

## Why attend a 4-H Healthy Living Community Night?

- Explore the 4-H Pillar area of Healthy Living
- Participate in mental and physical exercises
- Discuss how you can develop healthy habits
- Learn how to take your experiences and knowledge into the community
- Find your SPARK for a new 4-H project and find resources to launch your idea

**TONIGHT ONLY!**



**Virginia 4-H** offers the Teen Cuisine curriculum in partnership with Virginia Cooperative Extension's Family Nutrition Program. By teaching teens the knowledge and skills required to make informed food and lifestyle choices, educators will be helping them to increase their confidence to apply these skills at home, which can lead to positive eating patterns and better health.

**National 4-H** has nearly two dozen curriculum kits ranging from cooking, fitness, mental health, to being a healthy teen. Backed by a research approach to positive youth development, the 4-H curriculum will help guide youth through experiential learning with fun, creative hands-on activities to develop healthy habits.



Talk to a Virginia 4-H Healthy Living Ambassador! Invite our 4-H youth leaders to speak at your school or your club meeting. Learn what it takes to truly pledge your health to better living for your club, your community, your country, our world.

Get involved! Prince William 4-H has a number of healthy initiatives throughout the year. Participate in the Food Challenge competition at both the county and district level. Attend the annual Healthy Living Summit. Find your SPARK by creating a program like Prince William 4-H'er Samantha Whysong and be recognized as a Virginia 4-H Youth in Action Winner and national runner-up!



## Clover(bud) Club Games



Our Clover(bud) Club met on Saturday, December 4th and enjoyed the beautiful day playing games and discovering more about ourselves and 4-H. Our next interactive meeting is on **January 15th** when our youngest 4-H'ers will create their own animal paper bag puppets! All PWC youth ages 5-8 are welcome to attend from 10 am - 12 pm at the 4-H Children's Barn at the PWC Fairgrounds.

[Click here to register \(free\).](#)



## The Dove Family's Christmas Lights Fundraiser



Help make their dreams of supporting their community come true! Prince William 4-H'ers Grayson and Bailey are collecting donations for the Salvation Army to help share the joy of Christmas. [Click here to watch the video](#) or stop by on Saturday, December 11th after dark to make a donation while they ring the Salvation Army bell. Cash donations and toy donations will be accepted. Be sure to create a card for children in the hospital while you're there! Free cookies and candy canes will be available, too!

[Click here for more information and to donate.](#)



## Trigger Time 4-H Shooting Education Club

### Kamehameha Schools Hawai'i defeats Trigger Time 4-H Shooting Education Club

**December 5, 2021** - Kamehameha Schools Hawai'i defeated Trigger Time 4-H Shooting Education Club 2253.2 to 2148.6 last week in the National Air Rifle League. Kamehameha Schools Hawai'i finishes the season in first place overall and first place within their 'Junior Rifle Club' conference. They finished the season with a 1 - 0 record. Kamehameha Schools Hawai'i was led by, Colby Terlep who shot a 576.1. The remaining contributing members were Briani Iyo, Kylie Iwamoto, Calleigh-Rose Lee, and Ciara Ortega. Kamehameha Schools Hawai'i is from Keaau, HI, and is coached by Kelly Galdones.

Trigger Time 4-H Shooting Education Club finished the season with a 0 - 1 record. They finishes the season in seventh place overall and second place within their 'Junior Rifle Club' conference. Trigger Time 4-H Shooting Education Club was led by, Grace Richter who shot a 551.1. The remaining contributing members were Samantha Erick, Samantha Seagle, Lexi Strand, and Noah Richter. Trigger Time 4-H Shooting Education Club is from Nokesville, VA, and is coached by Alan Lerch.

[Click here for Box Score.](#)

### Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, including complete standings, visit <https://www.national-leagues.com/>

[Click here for Trigger Time 4-H Shooting Education Club Team Page](#)



## Community Service Opportunity: Buckhall VFD Breakfast with Santa



**\*\*Prior to Event:** Contact [Kristin Saul](#) if your 4-H Club or family can cut fabric for the craft so we are prepared for the Breakfast with Santa ornament activity.

**Date:** Sunday, December 12th

**Time:** 9 am - 12 pm

**Location:** Buckhall Volunteer Fire Department

Calling all Prince William 4-H'ers! Buckhall VFD has been a tremendous supporter of 4-H. It's our turn to help! We'll be organizing and volunteering to help teach an ornament making activity at their annual pancake breakfast with Santa. Please email Kristin Saul by Monday, December 6th to volunteer.

**Be sure to tell Santa your Christmas wish!**

## Community Service Opportunity: Sponsor a Child



### 50 Children Still in Need of a Sponsor!

**Georgetown South Community Kids** have over 222 families with 700 children registered and in need of clothing, shoes, toys and more to make their Christmas extra special. Gift ideas and sizes are included on the signup. Community groups may sponsor multiple children from the same family.

Please mark all gifts with the number, child's name, and age on the tag as well as your name for tracking purposes. Unwrapped gifts can be mailed to the GTS Community Center, 9444 Taney Rd. Manassas, VA 20110. Gifts can also be dropped off weekdays between 8:30 am and 5 pm and weekends by calling Meg to arrange a time. If you have any questions, please contact Meg at 571-264-3386 or [mcarroll@georgetownssouth.org](mailto:mcarroll@georgetownssouth.org).

**The final date to receive gifts is Sunday, Dec. 19th.**

**[Click here for Signup.](#)**

## Community Service Opportunity: Santa Cops Community Event



**We Serve**

**Date:** Saturday, December 11th

**Time:** 8 am

**Location:** The Park West Lions Club, 8620 Sunnygate Dr., Manassas

The Park West Lions Club is in need of volunteers to help serve food for their Santa Cops community event. Please contact them at (703)392-0077 or email [pwlions@aol.com](mailto:pwlions@aol.com) if your 4-H Club or family is able to volunteer.

## Important Reminders for the VA 4-H Horse Program

**Dec. 13** – Registration Deadline for the SE District Intro to EquiSmartz

[Click here for more information and to register.](#)

**Dec. 15** – End of Year Application / Nominations due

[Click here for more information.](#)

**Jan. 1** – Member enrollment deadline for the State 4-H Horse Show! 4-H members need to be re-enrolled and your new members enrolled this month – please don't wait! Sign up at [v2.4honline.com](http://v2.4honline.com) - please inquire with your Extension agent for further instructions.

**Join the Virginia Horse Council!** VHC is a not-for-profit organization and is your voice for the expanding equine industry in the Commonwealth of Virginia, supporting all equine activities and interests in Virginia. [Click here for more information and to join VHC.](#)



## Virginia 4-H All Star Scholarship Applications - Due Jan 1

The Virginia 4-H All Stars recognize selected 4-H All Stars with several awards and a college scholarship annually. All Prince William 4-H'ers that have received All Star Recognition are encouraged to apply for one of the awards or the Wayne Keffer college scholarship.

If you are a 4-H All Star, you may be nominated or complete the application for the awards and scholarship. Applications/nominations are due by January 1, 2022 to Michael McBride, Academic Counselor, Student Development Program Lead, Virginia Highlands Community College, P. O. Box 828, Abingdon, VA 24212 or email to [mmcbride@vhcc.edu](mailto:mmcbride@vhcc.edu). Please see the Virginia 4-H All Star Awards and Nominations Cover Sheet for information about where to send completed applications. 4-H All Star Awards include:

- ★ [Virginia 4-H All Star Awards and Nominations Cover Sheet](#)
- ★ [Virginia 4-H All Star Hall of Fame Award](#)
- ★ [Bradshaw Service Award](#)
- ★ [Wayne M. Keffer Memorial Scholarship Application](#)
- ★ [C. Dean Allen Award for Excellence](#)
- ★ [Dottie Nelson Award for Excellence in International Programs](#)
- ★ [Virginia 4-H All Star Chapter Charter](#)



All information is located at the 4-H All Star website in the Awards section at <https://ext.vt.edu/4h-youth/all-stars.html>.

## Virginia 4-H Day at the Capitol



### 2022 Virginia 4-H Day at the Capitol

**Date:** Wednesday, January 19th, 2022

**Location:** [Dominion Energy Center](#), 600 E. Grace St., Richmond, Virginia

Virginia 4-H Members, Volunteers, 4-H Staff and Agents are

invited to participate in the **2022 4-H Day at the Capitol** programs and activities being organized by the 4-H Civic

Engagement Group. Save the date and start making plans to bring 4-H members to the Virginia State Capitol and participate in other civic engagement opportunities. This is a great opportunity for 4-H members to visit the capitol, meet with legislators and learn about the legislative process and our history.

**Virginia 4-H will make the legislative process REAL in 2022!** A Southwest Virginia 4-H teen is working with legislators to draft a bill to excuse 4-H members from school to attend 4-H educational programs. The bill is in the draft process (*more information coming soon*). This will provide a great opportunity for 4-H members to have hands-on experiences in advocacy and the legislative process!

2022 4-H Day at the Capitol will provide opportunities for 4-H Town Hall Meetings (*virtual and face to face*) with legislators, sending letters supporting the 4-H bill and telling 4-H stories, and a 4-H Rally. We hope you will take advantage of these opportunities to involve 4-H youth in the legislative process.



**2022 4-H Day at the Capitol**  
Dominion Energy Center



**9:00 am** – 4-H Cabinet Meet and Greet with Legislators  
**9:30 am** – 4-H Town Hall meetings with legislators  
**10:00 am** – 4-H Rally in the auditorium  
**10:45 am** – Photo on Capitol steps

## Virginia 4-H Homemade for the Holidays Camp

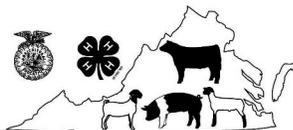
**Dates:** Dec 20th, 21st and 22nd via Zoom, 9 am Central Time

[Click here for more information and to register.](#)

Are you looking for something fun to do during the winter break? If so, join in daily to interact with 4-H professionals from across the country, as they provide hands-on instruction on a variety of holiday treats and crafts. The resource pages will be emailed to all campers on December 12th. All sessions will be conducted LIVE. If you miss a session the recordings will be available the first week of January.



## VA Extension Youth Animal Science Programs



[Click here for the Virginia Youth Livestock Website and Events Calendar.](#)

**Dec. 20** - Registration deadline for the Shenandoah Meats Evaluation Contest, Lexington, VA, January 22nd. [Click here for registration for 4-H members.](#) Contact John Benner at [benner89@vt.edu](mailto:benner89@vt.edu) if you have questions or need additional information.

**Feb. 11-12** - Block and Bridle Hippology and Horse Judging Contests, Virginia Tech. Contest details available soon.

**Feb. 25-26** - Block and Bridle Junior Stockman's and Livestock Judging Contests, Virginia Tech. Contest details available soon.

**Mar. 5** - State 4-H and FFA Meats Evaluation Contest, Virginia Tech. Contest Details available soon

**Mar. 29** - State 4-H/FFA Skillathon Contest, Location TBD. Contest Details available soon.

## VFGS Presents The Green Side of Beef



**Multiple Presentation Dates and Location Opportunities:**

**Jan. 18** - Wytheville Meeting Center, Wytheville, VA

**Jan. 19** - Olde Dominion Ag Complex, Chatham, VA

**Jan. 20** - The Carver Center, Rapidan, VA

**Jan. 21** - Blue Ridge Community College, Plecker Center, Weyers Cave, VA *(virtual option available)*

The Virginia Forage and Grassland Council is hosting a winter forage conference, The Green Side of Beef: In Defense of Grassland Agriculture. The conference will explore the challenges faced by the livestock industry as it seeks to be—and be understood as—part of the solution to our global environmental problems.

The keynote speaker will be Nicolette Hahn Niman, a former vegetarian turned rancher. Once an environmental attorney who fought against the livestock industry, Nicolette now writes and travels widely, making the case that beef can not only be sustainable, but that our grazing lands can play an important role in preserving water quality, enhancing biodiversity, and supporting wildlife. Also speaking will be Dr. Alan Franzluebbers, a USDA Professor of Soil Ecology with NC State University. Alan will present surprising new research with implications for managing nutrients on pasture, as well as discussing the role of healthy grasslands in sequestering carbon. The day-long meetings will run from 9:00 am to 3:00 pm and offer the same core program in each location.

The VFGC winter conferences will also include presentations from local livestock producers who will share their real-world experiences raising livestock on grass in a practical and sustainable way on pasture.

[Click here for the VFGC website and to register.](#) The early-bird registration rate of \$35 is available if received by January 4, 2022. After that date, the fee will increase to \$50.

## Celebrate the Season with 4-H: Free Activity Guide

Explore new 4-H hands-on activities to spark curiosity for kids all season long! Don't forget to share in your networks so kids and parents can find the perfect winter break activities.

[Click here for more information and to download your activity guide.](#)



**SERVE**  
**GROW**  
**THRIVE**  
**MAKE**

## National 4-H: Registration Open for Summits

The National Youth Summit Series are immersive, three-day experiences where you dive into the issues, expand your career horizons and grow as a leader while working with and learning from other teens and experts with shared passions. The 2022 Healthy Living and Agri-Science Youth Summits are now open for registration and will take place in-person in the Washington, D.C. area.

### 2022 Healthy Living Summit: In Person, February 10-13, 2022

At the National Youth Summit on Healthy Living, high school students develop the knowledge and skills to address issues surrounding nutrition, physical fitness, wellness, and emotional well-being. Working alongside professionals in family consumer science and healthy living, students will create action plans they can implement in their communities to teach other youth about what they have learned. *Register by January 10th.*

### 2022 Agri-Science Summit: In Person, March 10-13, 2022

At the National 4-H Youth Summit on Agri-Science, high school students develop the skills and knowledge needed for the challenges facing agriculture, food security, and sustainability. Students will work with each other and experts in the agricultural community in this collaborative, hands-on educational setting. *Register by February 1st.*

[Click here for more information, event agenda, and to register.](#)



**USDA** Animal and Plant Health Inspection Service  
U.S. DEPARTMENT OF AGRICULTURE

Find Your  
Future  
With Us

### Want to explore exciting careers in agriculture? Apply for AgDiscovery 2022!

The U.S. Department of Agriculture (USDA) offers this summer outreach program for middle and high school students. It's a unique chance to live and study on a college campus and get a first-hand look at the many career paths open in the agricultural sciences.

#### 2022 Locations and Dates

- Alcorn State University, June 12-25
- Coppin State University, June 19-July 1
- Delaware State University, July 5-17
- Florida A&M University, June 12-25
- Fort Valley State University, June 13-24
- Fresno State University, June 5-15
- Iowa State University, July 10-23
- Kentucky State University, June 5-18
- Lincoln University, July 10-23
- North Carolina State University, June 20-July 1
- Prairie View A&M University, June 6-17
- Purdue University, July 10-23
- Tuskegee University, June 4-18
- University of Arizona, June 13-24
- University of Arkansas at Pine Bluff, June 11-24
- University of Hawaii, July 10-23
- University of Illinois, July 10-23
- University of Maryland at College Park, July 10-29
- University of Maryland Eastern Shore, June 12-25
- University of the Virgin Islands, July 18-31
- Virginia State University, June 19-July 2

Learn more about AgDiscovery



USDA is an equal opportunity provider, employer, and lender. | APHIS 10-05-022 | Issued October 2021

[www.aphis.usda.gov/careers](http://www.aphis.usda.gov/careers)

## Holiday Break Fun - Learn to Code!

Learn to code with this fun activity from our partners at Microsoft. Kids will play the "Collect the Clovers" online game, collecting as many 4-leaf clovers as they can while avoiding the bees! Using a Microsoft Arcade tutorial, they'll learn how to code their own version of the game!

[Click here for the free 4-H Activity.](#)



Registration opens December 2021.

[Click here for more information on AgDiscovery 2022.](#)

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

**MaryBeth Lerch**  
4-H Extension Agent  
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**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[VCE COVID-19 Updates](#)

[4-H Online Information](#)  
[The 4-H Foundation](#)  
[Educational Resources](#)  
[4-H All Stars](#)

[STEM in Virginia 4-H](#)  
[VCE Speakers Bureau](#)

**Prince William 4-H**

[PWC 4-H Homepage](#)  
[PWC 4-H Programs](#)  
[PWC 4-H Camps](#)  
[PWC 4-H Events & Calendar](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H  
Association Officers**

**Youth Officers**

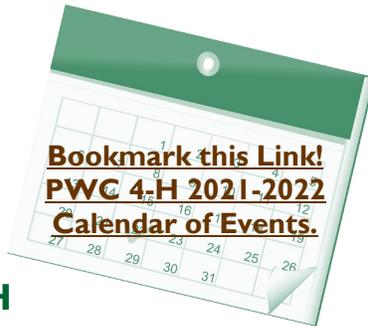
Samantha Whysong, President  
Kayla Dixon, Vice President  
Alexis Cox, Treasurer  
Secretary - Vacant

**Adult Officers**

Vacant - President  
Alan Lerch, Vice President  
Sydney Nguyen, Treasurer  
Tom Harrigan, Secretary

**Committee Chairs**

Fundraising Committee - Samantha Whysong  
Recognition Committee - Alan Lerch  
Membership Committee - 4-H Staff



**Support the Prince William County 4-H  
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
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5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



HEAD



HEART



HANDS



HEALTH