



Prince William 4-H

Our Clubs, Our Community



February 23, 2022

Upcoming Events

- Feb 26-27** - TALT
Weekend
- Mar 5** - Clover(bud)
Club
- Mar 7-8** - Egg Pickup
- Mar 12** - Northern
District Food
Challenge Contest
- Mar 15** - 4-H Leaders
Mid-Year Dinner
Meeting
- Mar 22** - Suburban Ag
Community Night
- Apr 1** - Camp
Registration Opens
- Apr 2** - 4-H Northern
District Contest Day
- Apr 5** - PW 4-H STEM
Community Night

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Recourses

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Prince William 4-H Food Challenge - **SATURDAY!**



Date: Saturday, February 26th
Time: Audience arrives no later than 8:45 am for 9 am start
Location: Buckhall VFD, 7190 Yates Ford Rd., Manassas

Come out this Saturday for an exciting contest of culinary skills! Prince William 4-H has three teams competing to beat their personal bests with hopes of moving on to the 4-H Northern District Food Contest.

Cheer on your fellow 4-H'ers as they demonstrate how to prepare nutritious and safe meals and snacks. This contest challenges teams of 3-4 4-H members to create a dish using only a predetermined set of ingredients within 40 minutes. From these ingredients, team members must identify and prepare the dish, then present it to a team of judges.

Can you guess the ingredients?

Watch and get inspired for next year! Our teams will exhibit knowledge and skill when preparing and presenting a dish, utilize teamwork and leadership skills, and demonstrate their public speaking skills.

As with most 4-H contests, teams are judged on preparation and presentation to encourage learning and improvement based on a National 4-H rubric. All participants have participated in a meeting to review the updated rules and expectations and have been practicing!

Want to learn more and see what a 4-H Food Challenge is all about? Check out videos, curriculum materials, tip sheets, and more, compiled by our friends at [Texas 4-H!](#)

An entrepreneurship opportunity just for Prince William 4-H'ers!

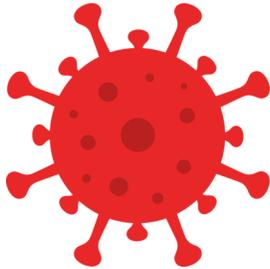


HB 246 Passes in the VA Senate!



On February 1st, HB 246 passed the House and was sent to the Senate on February 21st, the Senate also voted unanimously in favor of HB 246. Now that the "4-H Bill" has passed both the House and Senate, HB 246 will be sent to the Governor for review. Will Governor Youngkin sign, amend, veto or ignore?

[Click here to follow HB 246.](#)



Virginia 4-H COVID Protocol Updates *(as of 2/21/2022)*

- Vaccine verification and mandatory testing is no longer required for state employees, including university faculty/staff, and for volunteers and youth program participants. Effectively immediately, no one will be required to submit vaccine verification or COVID test results prior to overnight programs and residential events held at 4-H Centers.
- At this time the indoor mask requirement remains in place for all university programs, including Virginia Cooperative Extension and Virginia 4-H. Should there be an update to the university requirements, we will update the COVID guidelines for in-person 4-H programming.

What we anticipate:

As referenced in President Sands' email dated 2/14/2022, mask requirements may be lifted in the near future. Timely communication will be provided as COVID guidelines for 4-H programming are updated.

Clover(bud) Club



Date: Saturday, March 5th, 10 am-12 pm

Location: 4-H Children's Barn at the PWC Fairgrounds

Who Should Attend: PWC youth ages 5-8

[Click here to register \(free\).](#)

Our next Clover(bud) Club will meet on Saturday March 5th. Cloverbuds will be creating “stained glass” windows, exploring creative arts and learning to express ourselves through art. Think about ways to use creative arts to tell your 4-H Story!

[Click here to check out this curriculum from 4-H At Home](#) that explores activities in journal making, painting, and more.



Embryology Project Updates

Incubator Pick-Up *(if rented from PWC 4-H):*

Feb 28th or March 1st, 1 - 4 pm

Egg Pick-Up: March 7th & 8th

Contact [Ashley Isaacson](#) with questions or for more information.

Follow along on Facebook: [Prince William County 4-H Embryology Project.](#)

VT Giving Day - TODAY!

For 24 hours, alumni and friends all around the world will come together to celebrate 150 years of Virginia Tech, show their Hokie pride, and support the colleges and programs they feel passionately about. On Giving Day, your enthusiasm and support can go even further than usual and do even more good for your fellow Hokies. A wide variety of special challenges means that you can help earn bonus funding for your favorite areas of the university. This is our chance to make a big difference for our fellow Hokies. Thank you for being a part of making this the best Giving Day in Virginia Tech history.

[Click here to view the Special Events, including 4-H Events!](#)



Prince William 4-H

SUBURBAN AGRICULTURE



Community Night, Tuesday, March 22nd, 7 pm

Ag ReInvented!

Who Should Attend?
All PWC Youth ages 9-18 that are interested in 4-H and career exploration

Aspects of the agriculture industry can be found in almost every moment of our day - from soap, to toothpaste, eggs, bacon, bread, clothing, paper, pencils...ag **IS** the world around us.

Join us for a night of exploring this ever-present and ever-changing 4-H Pillar of Agriculture and the limitless opportunities in the industry!



Skill-A-Thon

Test your understanding of the Agriculture Industry including crop production, animal production, industrial equipment, business, marketing, and more. Discover new career opportunities with this hands-on group contest that will introduce you to a world of urban and suburban agriculture that grows into nearly every aspect of our lives.



4-H Entrepreneurs' Project

Put your skills and talents to work! Consider joining our new initiative that leads youth through a series of workshops aimed at growing entrepreneurs. Work as a team to create a business plan, learn how to budget, design and manufacture a product, and sell your creations at a local farmer's market. From accounting, to marketing, to urban farming - all skills are needed to ensure success!



Urban/Suburban Sustainable Farming

Hear first hand experiences from Prince William 4-H'er Katie Saul as she shares the ins and outs of her personal involvement in sustainable urban/suburban farming.



CLICK HERE TO REGISTER.
REGISTRATION IS FREE, BUT REQUIRED.

Prince William 4-H Suburban Agriculture Community Night
Tuesday, March 22nd, 7 - 8:30 pm
McCoy Conference Room
7987 Ashton Ave., Manassas, VA
www.pwcva.gov/4-H





Trigger Time 4-H Shooting Education Club defeats Skyline AJROTC

February 20, 2022 - Shooting their highest score of the season Trigger Time 4-H Shooting Education Club defeated Skyline AJROTC 822.5 to 801.0 in the 2022 National Air Rifle New Shooter League. They currently have a 1 - 2 record. Trigger Time 4-H Shooting Education Club was led by, Ayden Strand who shot a 214.9. The remaining contributing members were Nora Wallschlaeger, Colin White, and Koa Mintz. Trigger Time 4-H Shooting Education Club is from Bristow, VA, and is coached by Alan Lerch.

Skyline AJROTC currently has a 0 - 4 record. Skyline AJROTC was led by, Henry Ramirez who shot a 216.6. The remaining contributing members were Melanie Cedillo, Miriam Almaraz, and Melanie Soto. Skyline AJROTC is from Dallas, TX, and is coached by Michael Oliver.

This coming week Trigger Time 4-H Shooting Education Club has a bye week. While Skyline AJROTC will compete against Lejeune MCJROTC from Camp Lejeune, NC. Lejeune MCJROTC currently has a 1 - 2 record.

These two teams are competing in the National Air Rifle "New Shooter" League. Sponsored by the Orion Scoring System, the league is a national team league exclusive to athletes in their first year of competition. Teams are from high schools and junior rifle clubs throughout the United States. Over 10 weeks each team competes in 8 games. Each week, each team is paired with another team with a near equal skill level.

In each game the teams compete in what is known as a Three-Position Air Rifle match. The match is modeled after Olympic Rifle competitions but adapted to high school age athletes. Each athlete will shoot 10 shots in three different shooting positions, prone, standing, and kneeling. Each shot is worth a maximum of 10.9 points. The sum of points scored in the 30 shots is the athlete's total. The team score is comprised of the best four athletes from each team.



Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, visit <https://www.national-leagues.com/new-shooter>
[Click here for Box Score](#) • [Click here for Trigger Time 4-H Shooting Education Club Team Page](#)



Spring Air 2022

Dates: March 18-20, 2022

Location: W.E. Skelton 4-H Educational Center

Registration Deadline: extended to Friday, February 25th at 6 pm.

**See your club leader for updated registration form.

Lodging is now available !

Competitive events in Air Pistol, Air Rifle, Archery, BB Gun, Presentations and Public Speaking.

Click for Spring Air 2022 Project Portfolios: [Archery Portfolio](#) • [Pistol Portfolio](#) • [Rifle Portfolio](#)

Event Updates:

- Lodging will be available at the Skelton 4-H Center. More details will be available soon but expect a separate registrations sheet for lodging and meals. Expect the room price to be \$45 per room. You will need to provide your own bedding as none will be provided.
- Meals will be available in the dining facility for Saturday and Sunday breakfast, and Saturday dinner. Bag lunches (sandwiches) will be provided as previously arranged.
- Fees for lodging, breakfasts, and dinner meals will be an additional charge, separate from the registration fees.
- The match remains unchanged. It is too late to change. The maximum number of events remains the same, and the Saturday or Sunday only rule remains.
- Vaccine verification and mandatory testing is no longer required for state employees, including university faculty/staff, and for volunteers and youth program participants. Effectively immediately, no one will be required to submit vaccine verification or COVID test results prior to overnight programs and residential events held at 4-H Centers.
- At this time the indoor mask requirement remains in place for all university programs, including Virginia Cooperative Extension and Virginia 4-H. Should there be an update to the university requirements, we will update the COVID guidelines for in-person 4-H programming.

More information coming soon!



Virginia 4-H Updates



Virginia 4-H State Congress

The 100th Virginia 4-H State Congress will be held at Virginia Tech in Blacksburg, Virginia, from June 21 - 24.

[Click here for more information.](#)

Virginia 4-H State Congress is the premier, statewide annual 4-H event for outstanding 4-H teens and adult volunteer leaders. Its mission is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them, helping them to develop life skills and leadership abilities to become contributing citizens in their communities. Information released March 29th. Registration begins April 26th. Registration closes May 17th.



Equismartz: Virginia 4-H Horse State Competition Weekend

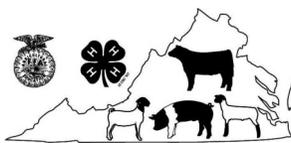
Date: April 8-10

Location: Lexington, VA

Entry Deadline: March 23rd

[Click here for more information.](#)

This weekend is for Junior and Senior Competitors. Event categories include Horse Bowl, Hippology, Horse Judging and Communications. Hotel room blocks are available.



2022 Skyline Stockmen's Contest

Dates: February 28th - March 13th

Location: Virtual

Deadline: February 23rd

[Click here to register.](#)

REGISTRATION DUE TODAY!

Junior and Senior age divisions available. The 2022 Contest will be offered through the FlexiQuiz Virtual Platform .



Southwest Livestock Camp

Dates: March 18-19

Location: Southwest Virginia 4-H Education Center

[Click here form more information and to register.](#)

Registration is now open for Livestock Camp! This program is for any interested youth ages 9-18. Adult supervision is provided by Virginia Cooperative Extension staff and vetted 4-H Youth Development adult volunteers.

Scholarship Opportunity from VA SWCD



The VASWCD Educational Foundation scholarship program promotes the education of Virginia citizens in technical fields with a natural resource conservation and environmental protection emphasis. The program provides financial support to students majoring in or showing a strong desire to major in a course curriculum related to natural resource conservation and/or environmental studies. Annually the Foundation provides four \$1000

statewide scholarships in addition to the many local SWCD scholarship opportunities.

[Click here to learn more and to download the 2022 application.](#)

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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Candi Helmlinger
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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)
[VCE Speakers Bureau](#)

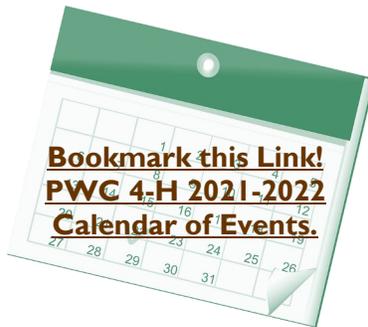
Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President
Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Support the Prince William County 4-H
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



Virginia Cooperative Extension
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