



Prince William 4-H

Our Clubs, Our Community



March 9, 2022

Upcoming Events

- Mar 12** - Northern District Food Challenge Contest
- Mar 22** - [Suburban Ag Community Night](#)
- Apr 1** - Camp Registration Opens
- Apr 2** - 4-H Northern District Contest Day
- Apr 5** - PW 4-H STEM Community Night
- Apr 9** - Clover Club
- Apr 9** - Northern District Contest Day
- Apr 25** - Horse Project Declarations Due
- Apr 27-May 8** - TSC Paper Clover

Virginia State 4-H Cabinet Elections



Who: Prince William 4-H Teens
[Click here for the 2022-2023 State 4-H Cabinet Elections Packet.](#)
Applications are Due May 6th at 5 pm.

The State 4-H Cabinet is a youth/adult partnership in which youth and adults work together to promote and carry-out specific programmatic functions of the Virginia 4-H program. Serving as a State 4-H Cabinet member is designed to be a competitive and engaging leadership development experience within the Virginia 4-H program. The youth members of the Cabinet (Officers, Ambassadors, Mentors, Liaisons and the Past-President), serve as the 'voice' for 4-H youth across the Commonwealth.

During Virginia 4-H Congress, members will elect four Ambassadors from each district. Qualified candidates will represent the needs and interests of Virginia 4-H youth. They will positively represent and promote 4-H at local, district, and state levels, demonstrating the best that 4-H has to offer. **All candidates must attend the 2022 Virginia 4-H Congress held at Virginia Tech June 21-24.**

Virginia 4-H Cabinet Elections Workshop and Q&A

Date: March 22nd, 6:30 PM

[Click here to register.](#)

Interested in Participating in the 4-H Cabinet? Attend the interest workshop and learn what it means to be a Virginia 4-H Cabinet Member, and ask questions about being an officer or the application process.

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4-H Northern District Contests



All Junior and Senior 4-H'ers are eligible to take your presentation or act to the next level by competing in either one of the two Northern District Contests. Prince William 4-H staff will be supporting the Front Royal contest. Registration is open for both contests and can be completed by the participants. Parents and older teens familiar with the contest are asked to volunteer to help make the event successful.

Piedmont Area Northern District Contest

Register by Monday, March 21st

April 2nd, Location: Carver Center, Culpeper

[Click here to register.](#) • [Click here to volunteer.](#)

Front Royal Area Northern District Contest (preferred for Prince William 4-H'ers)

Register by Wednesday, March 23rd

April 9th. Location: Warren County High School, 155 Westminster Dr., Front Royal

[Click here to register.](#) • [Click here to volunteer.](#)

Prince William 4-H'ers must participate in either Prince William Contest Day or a Northern District Contest Day to move on to States. Please email MaryBeth.Lerch after you register to verify receipt of registration.

Click to Visit



Prince William 4-H Healthy Living Pillar Explored



Join your fellow 4-H'ers in a 12 week conditioning program to get healthy this spring! Youth are meeting each Wednesday to stretch, move, and cool down with a healthy living discussion. All levels and experience are welcome!

Dates: Every Wednesday beginning March 2nd

Time: 5 - 6 pm

Location: Prince William County Fairgrounds

Who Should Attend: All PWC youth interested in 4-H and being healthy!

What to Bring: Water bottle and dress in layers

We had a tremendous first night - 22 participants joined in the fun, and we're expecting even more!



Back by popular demand...MR. T!

Travis Dieffenderfer of PWC SNAP-Ed is adding to the fun with a new Eat Smart, Move More 4-week challenge with a positive nutrition message that **starts on March 23rd**. Earn prizes provided by USDA as you work towards your personal goals!



Update your Charity Miles Account! Turn your steps into dollars for Prince William County food banks!

- ♥ Download the [Charity Miles App](#)
- ♥ Choose Feeding America
- ♥ Join Team **#Pwc4h**



Make Wellness Wednesday a 4-H Project! Track your work and progress. Take pictures. Be an active participant in your health and see what you learn! See the back of the newsletter for links to project record forms.



The 4-H 5K and 1 Mile Fun Run Event cannot move forward without a volunteer.

[Click here to email 4-H](#) and volunteer to ensure our ability to offer this family-friendly event!



2022 Build a Better Burger Contest - Team Prince William 4-H



Date: Saturday, April 16th

Time: 12 Noon

Location: Junior Beef Round-Up, Rockingham County Fairgrounds

Please respond to [MaryBeth Lerch](#) by **March 18th**.

The new Build a Better Burger Contest will replace the Virginia Beef Challenge and will be held in conjunction with the Junior Beef Round-up in Rockingham.

Any Prince William County 4-H'er interested in participating in the contest should contact MaryBeth Lerch at 4HPWC@pwcgov.org. Please do not complete the online registration form - we must submit entries as a Unit.

[Click here for more information](#) (please don't use the registration link!)

Virginia 4-H Health Living Summit

HEALTHY LIVING SUMMIT

HEALTHY SNACKS SOCIAL TIME

COMMUNITY OUTREACH TEAM BUILDING

NUTRITION EDUCATION, PHYSICAL FITNESS,
WELLNESS, AND EMOTIONAL WELL-BEING



APRIL 30, 2022

GEORGE WASHINGTON CARVER
AGRICULTURAL RESEARCH CENTER

9432 N. JAMES MADISON HWY, RAPIDAN, VA 22735

\$10 | 4-H ENROLLED YOUTH 14-18

[HTTPS://BIT.LY/4-HHEALTHYLIVINGSUMMIT](https://bit.ly/4-hhealthylivingsummit)



Virginia Cooperative Extension
Virginia Tech • Virginia State University

www.ext.vt.edu



REGISTRATION
DEADLINE APRIL 10

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

If you are a person with a disability and desire assistance or accommodation, please notify Tonya Price, Ph.D., Northern District Extension Office, three days prior to the start of the event at 540-432-6029/TDD*, Ext. 116 during business hours of 8:00 a.m. and 5:00 p.m. *TDD number is (800) 828-1120.

Date: April 30th

Location: George Washington
Carver Agricultural Research
Center

Registration Deadline: April 10th

Who Should Attend: All 4-H

enrolled youth ages 14-18

Cost: \$10, includes lunch, snacks and
supplies

[Click here to register.](#)

Registration is open for the Virginia 4-H Healthy Living Summit!

The Virginia Healthy Living summit brings together teens from across the state to focus on learning opportunities centered around topics on nutrition education, physical fitness, wellness and emotional well-being. Participate in fun, hands-on workshops and hear from the 2020 Virginia 4-H Healthy Living Youth in Action Award Winner, Samantha Whysong.

Buzz, Body, & Bites for Teens features PW 4-H'ers!

Working in partnership with the Virginia 4-H Healthy Living Ambassadors, Virginia 4-H is excited to release the inaugural issue of *Buzz, Body & Bites for Teens*, a monthly newsletter designed to provide practical information that educates and empowers teens to live a healthy lifestyle.

Featured within the attached newsletter, is a "buzz" section that includes information on topics relevant to teen audiences. The "body" section features an exercise to encourage physical activity among teens, and the "bites" section features a healthy recipe to promote a healthy diet. Also included is an activity section to stimulate the mind and a resource section to gather more information.

The newsletter will be distributed each month to enrolled 4-Hers and more! Please share this new resource with family and friends. [Click here to read the inaugural March 2022 edition.](#)

Congratulations to Prince William 4-H'er Maya Mitchell who helped with this issue and to Samantha Whysong and Emily Baxter, our Healthy Living Ambassadors that are working on future editions!



HEALTH

Clover(bud) Club



SAVE THE DATE: Saturday, April 9th

Time: 10 am-12 pm

Location: PWC Fairgrounds

Who Should Attend: PWC youth ages 5-8

[Click here to register \(free\).](#)

More information coming soon.

Last weekend we explored creative arts and learned to express ourselves through art. We had lots of fun creating our own “stained glass” windows.

Prince William 4-H Entrepreneurship Project



Our new Prince William 4-H Entrepreneurs’ Project will launch at the Suburban Agriculture Community Night on Tuesday, March 22nd. The project will consist of 4 workshops, a field trip to a local farmers’ market, and many opportunities to sell at local farmers’ markets. The goal of the project is for youth to create a business plan during the workshops and then test their skills by attending at least 3 markets. **Participation is limited!**

- [Click here and complete the Entrepreneurs’ Project Interest Survey](#) and receive updates.
- [Click here to register for Prince William 4-H Suburban Ag Community Night.](#) (see page 4 for details)

Workshop #1 - May 4th at 6:30pm

Workshop #2 – May 18th at 6:30pm

Workshop #3 – June 1st at 6:30pm

Field Trip to the market – June 11th

Workshop #4 – June 15th at 6:30pm

Farmers’ Markets: July 2nd, Aug 6th, Sept 3rd, Oct 1st, Nov 5th



PW4-H Embryology Project



The eggs have been distributed, the incubators are up and running, and temperatures are being monitored. Prince William 4-H distributed 1,860 eggs and we’re looking forward to a tremendous hatch! [Click here to follow the progress on Facebook.](#)

Save the Dates for 4-H Camps!

Junior Camp: July 24th - 28th

Fair Camp: August 15th - 19th

Online registration opens April 2nd.

More information coming soon!



TSC Paper Clover

Spring TSC Paper Clover is April 27th - May 8th!

[Click here to email Prince William 4-H to reserve outdoor booth space.](#)

It's time to start planning our Spring Campaign! All donations at TSC benefit the many programs, activities, and camps available through Prince William 4-H. Be sure to shop at TSC during this time. Customers that use their TSC credit card will have their donations matched by Citibank.

What can your club do?

- Have a table that display's your club's activities and practice your public speaking by telling your 4-H Story to customers.
- Host a bake sale or craft sale with 100% of those proceeds directly benefitting your club.
- Shop at TSC for your spring gardening needs...including getting ready to adopt a garden at the Fairgrounds!



Virginia 4-H Congress - Save the Date!

Virginia 4-H State Congress

The 100th Virginia 4-H State Congress will be held at Virginia Tech in Blacksburg, Virginia, from June 21 - 24.

[Click here for more information.](#)



Virginia 4-H State Congress is the premier, statewide annual 4-H event for outstanding 4-H teens and adult volunteer leaders. Its mission is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them, helping them to develop life skills and leadership abilities to become contributing citizens in their communities. Information released March 29th. Registration begins April 26th. Registration closes May 17th.



Trigger Time 4-H Shooting Education Club



Trigger Time 4-H Shooting Education Club defeats East Surry AJROTC

March 6, 2022- Trigger Time 4-H Shooting Education Club defeated East Surry AJROTC 813.7 to 784.7 in the 2022 National Air Rifle New Shooter League. They currently have a 2 - 2 record. Trigger Time 4-H Shooting Education Club was led by, Ayden Strand who shot a 210.8. The remaining contributing members were Kaiden Titcomb, Nora Wallschlaeger, and Colin White. Trigger Time 4-H Shooting Education Club is from Bristow, VA, and is coached by Alan Lerch.

Snapping a two game win streak East Surry AJROTC currently has a 2 - 4 record. East Surry AJROTC was led by, Colby Stowers who shot a 212.2. The remaining contributing members were Dylan Myers, Isacc McCormick, and Michael Needham. East Surry AJROTC is from Pilot Mountain, NC, and is coached by Robert Sentell.

Next up Trigger Time 4-H Shooting Education Club will compete against Bob Jones AFJROTC from Madison, AL. Bob Jones AFJROTC currently has a 3 - 2 record. While East Surry AJROTC has a bye week.

These two teams are competing in the National Air Rifle "New Shooter" League. Sponsored by the Orion Scoring System, the league is a national team league exclusive to athletes in their first year of competition. Teams are from high schools and junior rifle clubs throughout the United States. Over 10 weeks each team competes in 8 games. Each week, each team is paired with another team with a near equal skill level.

In each game the teams compete in what is known as a Three-Position Air Rifle match. The match is modeled after Olympic Rifle competitions but adapted to high school age athletes. Each athlete will shoot 10 shots in three different shooting positions, prone, standing, and kneeling. Each shot is worth a maximum of 10.9 points. The sum of points scored in the 30 shots is the athlete's total. The team score is comprised of the best four athletes from each team.



Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, including complete standings, visit <https://www.national-leagues.com/new-shooter>
[Click here for the Box Score](#) • [Click here for Trigger Time 4-H Shooting Education Club Team Page](#)

Prince William 4-H

SUBURBAN AGRICULTURE



Community Night, Tuesday, March 22nd, 7 pm

Ag ReInvented!

Who Should Attend?
All PWC Youth ages 9-18 that are interested in 4-H and career exploration

Aspects of the agriculture industry can be found in almost every moment of our day - from soap, to toothpaste, eggs, bacon, bread, clothing, paper, pencils...ag **IS** the world around us.

Join us for a night of exploring this ever-present and ever-changing 4-H Pillar of Agriculture and the limitless opportunities in the industry!



Skill-A-Thon

Test your understanding of the Agriculture Industry including crop production, animal production, industrial equipment, business, marketing, and more. Discover new career opportunities with this hands-on group contest that will introduce you to a world of urban and suburban agriculture that grows into nearly every aspect of our lives.



4-H Entrepreneurs' Project

Put your skills and talents to work! Consider joining our new initiative that leads youth through a series of workshops aimed at growing entrepreneurs. Work as a team to create a business plan, learn how to budget, design and manufacture a product, and sell your creations at a local farmer's market. From accounting, to marketing, to urban farming - all skills are needed to ensure success!



Urban/Suburban Sustainable Farming

Hear first hand experiences from Prince William 4-H'er Katie Saul as she shares the ins and outs of her personal involvement in sustainable urban/suburban farming.



CLICK HERE TO REGISTER.
REGISTRATION IS FREE, BUT REQUIRED.

Prince William 4-H Suburban Agriculture Community Night
Tuesday, March 22nd, 7 - 8:30 pm
McCoy Conference Room
7987 Ashton Ave., Manassas, VA
www.pwcva.gov/4-H



PRINCE WILLIAM 4-H
PRESENTS

WHO SHOULD ATTEND?

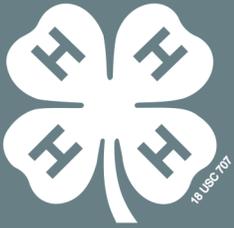
All Prince William County youth ages 9-18 that are interested in STEM and 4-H are welcome!

No computer experience necessary.

ENGINEERING & TECHNOLOGY

ENTREPRENEURSHIP & FINANCIAL LITERACY

PLANT & ANIMAL SCIENCE



NATIONAL 4-H CURRICULUM & ACTIVITIES

ENVIRONMENTAL SCIENCE & ALTERNATIVE ENERGY

FOCUS ON DATA SCIENCE

- A hands-on **data science and machine learning activity** understanding data, discovering patterns, and making decisions.
- Interactive data and statistic interpretation games
- Career exploration in data science, coding, artificial intelligence and much more!

STEM

Community Night

STARTS AT
7PM

APRIL
5

Prince William 4-H | McCoy Conference Room, 7987 Ashton Ave | Manassas, VA

Registration is required, but participation is FREE! [Click here to register.](#)

Prince William 4-H STEM Community Night will inspire youth to be problem solvers, creative and critical thinkers, and explorers! Our youth must navigate the challenges of the real world through first-hand experience and knowing how to create, not just consume, technology. 4-H's interdisciplinary, curriculum-based approach engages and excites young people to learn by doing!

VA 4-H Horse Updates



Northern District 4-H Horse Judging and Hippology Contest

Dates: March 19-20

Location: Rockingham Fairgrounds, Harrisonburg, VA

Registration Deadline: March 9th

[Click here for more information and to register.](#)

DEADLINE IS TODAY!



Virginia Horse Council Annual Meeting & Educational Seminar

Date: Saturday, March 12th

Location: Virginia Horse Center, Lexington, VA

[Click here for more information and to register.](#)

THIS SATURDAY!

Session 1: Dr. Allison Faber Marshall, Full Circle Veterinary Care, The Benefits of Chiropractic Work and Acupuncture

Session 2: Chris Wiley of CW Wiley Custom Saddles, Western Saddle Fit



Equismartz: Virginia 4-H Horse State Competition Weekend

Date: April 8-10

Location: Lexington, VA

Entry Deadline: March 23rd

[Click here for more information.](#) **Online Entries are OPEN!**

This weekend is for Junior and Senior Competitors. Event categories include Horse Bowl, Hippology, Horse Judging and Communications. Hotel room blocks are available.



2022 VT B&B Hippology Quiz Samples

It's time to test your knowledge! We know you've been hard at work preparing for the upcoming Hippology contest. Text your knowledge with these sample quizzes and dive into the details!

- [Click here for the Junior Hippology Quiz Sample](#)
- [Click here for the Senior Hippology Quiz Sample](#)



2022 VA State 4-H Horse & Pony Show Silent Auction

Date: September 8-11, 2022

Location: Virginia Horse Center, Lexington, VA

The 4-H Horse Show Silent Auction is the largest fundraiser for the show and supports the many initiatives of Virginia 4-H. Organizers are asking leaders, coaches, members, parents, and 4-H Agents to reach out to friends, family, and businesses for donations for the Silent Auction. [Click here for a sample letter.](#)

A donor form must be completed for each item donated. [Please click here for the form.](#) Email completed forms to Rose Baker McDonald at va4hsilentauktion@gmail.com. The forms are used to track donations and give credit to donors. Please attach a photo of the value (receipt or price tag). Monetary donations are also accepted.

2022 Glenwood Park Livestock Exposition



Date: April 9

Location: Loudon County Fairgrounds, Leesburg, VA

Registration Deadline: March 25th.

[Click here for more information and to register.](#)

Registration is open! The regional show is open to those sheep and cattle exhibitors in select Virginia Counties, including Prince William 4-H. Please review all of the RULES prior to entering the online system. There are a number of new rules for 2022.

Opportunities for VA 4-H and FFA Youth



- **The Virginia Hereford Association Heifer Scholarship:** offers full ownership and possession of a Hereford heifer for the winning applicant. The winner takes full ownership and possession of the heifer and becomes responsible for all costs for the heifer, and must show it at a VHA sanctioned show within a year. They are required to donate a purebred heifer calf back to the program within two years, and give a presentation on their experience. This opportunity is open to any youth interested in becoming involved in cattle and showing. [Click here for more information.](#) **Application deadline is April 5th** and the winner will be announced at the VA Beef Expo.

- **The Angus Foundation Scholarship:** academic scholarships to students whose families use registered Angus bulls in their commercial operations. [Click here for more information.](#) **Applications are due May 1st.**

ANGUS
Foundation



- **MC Stockman's Challenge Livestock Judging Contest** is Saturday, March 26th at the Rockingham County Fairgrounds. [Click here for more details.](#) **Entry deadline is March 15th.**

- **Market Animal College:** hosted by Rockingham Cooperative on Saturday, April 23rd, at the Rockingham County Fairgrounds. This is a great opportunity for those new to showing and raising livestock projects, or those with experience that want to broaden their knowledge. [Click here for more information.](#)



2022 Virginia 4-H/FFA State Skill-A-Thon



Date: Tuesday, March 29th,

Time: 9 am

Location: Rockingham County Fairgrounds, Harrisonburg, VA

Entry Fee: \$10/contestant

Entry Deadline: Tuesday, March 22nd at 5 pm

[Click here to enter.](#)

[Click here for more information about the 2022 Virginia 4-H/FFA State Skill-A-Thon.](#)

This is the official State 4-H Skill-A-Thon with the highest placing Senior 4-H Team moving on to the National 4-H Skill-A-Thon in Louisville, Kentucky in mid-November. FFA youth and teams are welcome to compete. This is not a dual-entry contest and there are not separate 4-H and FFA contests - one contest with two divisions (Junior and Senior, based on birthdate).

The State Skill-A-Thon contest is a comprehensive test of livestock knowledge including identification classes of meats, feeds, equipment and breeds; evaluation classes of meats, hay, sheep, swine, and beef; a knowledge-based quiz; and an applied team problem.

Please read the contest components carefully. Note that for Senior Contestants and Teams, the components are different than a traditional Stockman's contest, and there are three team activities, versus one in the traditional Stockman's contest.

Email Katherine Carter at carterke@vt.edu with any questions.

2022 Youth Cattle Working Contests

Registration Deadline for All Regional Contests: March 24th

[Click here for more information and to register.](#)

[Click here for rules, scoring, processing maps, and more.](#)

The youth cattle working contest develops youth skills in animal management and handling. Working as a team, youth efficiently process three stocker calves utilizing Beef Quality Assurance guidelines. The top two teams from each region then compete at the State Youth Cattle Working Contest.



March 30th - Shenandoah Valley
March 31st - Southern Piedmont
April 2nd - Southwest Virginia
April 6th - Central Virginia
April 9th - New River Valley
April 14th - State Contest

State 4-H Dairy Quiz Bowl

Virginia 4-H
Dairy Quiz Bowl Materials



Date: Saturday, March 19

Location: Litton Reaves Hall, Virginia Tech, 175 West Campus Drive, Blacksburg, VA

Registration: 10:00 AM; Instructions/seeding test: 10:15 AM

Register by noon on Thursday, March 17th

[Click here to register.](#)

[Click here for the study packet.](#)

The State 4-H Dairy Quiz Bowl is a contest where teams compete by demonstrating knowledge of the dairy industry. Competition in the State 4-H Dairy Bowl encourages a 4-H member to develop a more complete knowledge of dairy animals and related subjects. Matches begin as soon as testing and seeding are completed. Registration is required. The State 4-H Dairy Quiz Bowl Team will be selected at the conclusion of the senior contest.

2022 Virginia Farm Festival



Dates: May 7 & 8, 2022 from 10 am - 5 pm

Location: The Meadow Event Park, Doswell, VA

[Click here for vendor forms, sponsorship opportunities and more.](#)

The vision for the Virginia Farm Festival grew out of a desire to expand the educational components of the State Fair of Virginia into a new spring event in order to tell the story of spring planting and bring families together as we work to grow our yearlong commitment to serving Virginia's youth, families, and agricultural communities as Virginia's Largest Outdoor Classroom.

This event successfully launched in May of 2021 as one of the region's first live events to take place! Over 6,000 attendees enjoyed being outdoors and learning more about agriculture.

Updated VCE/4-H COVID-19 Guidelines *(as of March 2022)*



**Virginia
Cooperative.
Extension**

Virginia Tech
Virginia State University

[Click here for the updated 4-H/Virginia Cooperative Extension updated COVID-19 Guidance.](#)

There is now one guidance document for the entire Virginia Cooperative Extension system, including 4-H. The following details the expectation for masks/face coverings for all VCE programs. To help determine the expectations of masks/face coverings, please use the following question in your decision-making process.

Is the program being held on Virginia Tech owned property?

- **If no** - no masks required, personal preference. Monitor your COVID-19 Community Level and follow your local or CDC mask guidance. (High = masks are required. Medium/Low = no masks required; personal preference)
- **If yes** - what is the current COVID-19 community level? (i.e. community level high=mask required in VT facilities; community level low/moderate=personal preference)

The COVID-19 Community Level data is updated once per week and faculty/staff organizing events on Virginia Tech owned property will include expectations for mask/face coverings in event details. Creating a sense of belonging and a welcoming environment is a foundational principle of 4-H positive youth development. To that end, we will support and make all individuals that choose to wear a mask/face covering feel welcome.

SCHOLARSHIPS

Honey Bee Essay Scholarship Contest

Application Due: April 1st

2022 Essay Topic: Transportation: Minimizing Stress on Bees While Getting Them Where They Need to Be

[Click here for application and details.](#)



FOUNDATION FOR
THE PRESERVATION
OF HONEY BEES, INC.

This is a great opportunity for Virginia 4-Hers with cash prizes for the top 3 winners in the state and the ability to compete nationally. [Click here to learn about the Foundation for the Preservation of Honey Bees.](#)

Outstanding Young Agriculturalist Contest

Applications Due: March 31st

[Click here for application and details.](#)

The Virginia Farm Bureau Young Farmers is offering a scholarship contest to recognize high school juniors and seniors for outstanding academic, community and agricultural achievement to encourage students to evaluate their progress and career goals and to stimulate students' interests in striving for leadership opportunities and involvement in the agriculture or agribusiness industries.

The state winner will receive a cash scholarship of \$1,500 sponsored by Farm Credit, Southern Farm Bureau and the Virginia Farm Bureau Young Farmers Committee. A runner-up will receive \$500 from VAFB Young Farmers. Each finalist, other than the state winner & runner-up, will receive a \$250 award sponsored by Virginia's Farm Credit Associations and Southern Farm Bureau Life Insurance Company.



Growing Agriculture's Future
Since 1975

Virginia Egg Council #whyeggsrgr8! Poster Contest

Who Should Participate: VA youth ages 9-12 that are 4-H or FFA members

Poster Deadline: March 25th

Help showcase Virginia Farmers and Eggs! Our farmers are dedicated to providing consumers with the best quality food while taking good care of their animals and the environment. And they produce eggs that are nutritious, delicious, convenient, easy, affordable, satisfying & fun! Do your part to promote this eggceptional industry by designing a poster with the headline #whyeggsrgr8!

[Click here for more information about the Virginia Egg Council and to participate in the contest.](#)



Scholarship Opportunity from VA SWCD

Application Due: April 22nd

[Click here to learn more and to download the 2022 application.](#)

The VASWCD Educational Foundation scholarship program promotes the education of Virginia citizens in technical fields with a natural resource conservation and environmental protection emphasis. The program provides financial support to students majoring in or showing a strong desire to major in a course curriculum related to natural resource conservation and/or environmental studies. Annually the Foundation provides four \$1000 statewide scholarships in addition to the many local SWCD scholarship opportunities.





States' 4-H Summer Hosting

HOST an international youth delegate and bring the richness of the world to your home!

Host an International Youth in Summer 2022 through States' 4-H International

"It's like having a sister I always wanted and a best friend"
-States' 4-H Host Sibling

Open your home to an exchange student and open your lives to the world!



Hosting Details

- July 22, 23, 24 2022 through August 16, 17, 18 2022 *
* Exact dates dependent on your state. Please check with your state's Coordinator for details.
- Host a youth aged 12-18 (majority are 12-14) or an adult chaperone
- Youth have a range of English language abilities, so host families should be prepared to communicate imaginatively
- This is a voluntary program; no stipends will be provided

Host Family Requirements

- You must have a child of the same gender who is within 3 years of the hosted youth (children aged 9+ are eligible to host)
- Families without children of the appropriate age may host an adult chaperone
- No special activities need to be planned since these youth want to experience American culture, make new friends, and improve their English by staying with your family

For more information, visit <https://www.states4hexchange.org/state-contacts/> to find contact information for your local State Coordinator

Please note: Host family selection is dependent on completion of an application and screening process, as well as student availability and personality compatibility.

APPLY BEFORE APRIL 1st

<https://seestudentapplication.questionpro.com/>

SUMMER ENRICHMENT EXPERIENCE AT VIRGINIA TECH

SEE VT is a free residential camp designed for gifted rural students on Virginia Tech's campus. Campers will engage in place-based STEM, humanities, and social activities focused on rural sustainability.

Who: Rising 6th and 7th graders

When: June 26 - July 1, 2022

Where: Blacksburg, Virginia

Join SEE VT and learn how you can be innovative and creative while exploring what makes you and your rural community special.

CONTACT INFO

SEEVT@VT.EDU



**NO FEES
FOR ACCEPTED
STUDENTS!**

PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

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I AM



4-H PROUD

PWC 4-H Resources

National 4-H

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Virginia 4-H

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Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



2020-2021 PWC 4-H Association Officers

Youth Officers

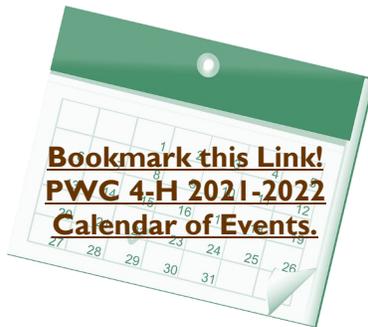
Samantha Whysong, President
Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



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