



Prince William 4-H

Our Clubs, Our Community

March 16, 2022

Upcoming Events

- Mar 22 - [Suburban Ag Community Night](#)
- Apr 1 - [Camp Registration](#) Opens
- Apr 2 - [Clover Club](#)
- Apr 5 - [PW 4-H STEM Community Night](#)
- Apr 9 - [Northern District Contest Day](#)
- Apr 23 - [Northern District Food Challenge](#)
- Apr 25 - [Horse Project Declarations Due](#)
- Apr 27-May 8 - [TSC Paper Clover](#)

Suburban Ag Night - Test Your Skills and Launch Your Ideas!

Date: Tuesday, March 22nd

Time: 7 - 8:30 PM

Location: McCoy Conference Room, 7987 Ashton Ave., Manassas

Who Should Attend: All Prince William County youth ages 9-18 that are interested in 4-H and career exploration.



Agriculture is all around us!

We're not just talking farming...we're talking about an industry with roots into almost every aspect of our lives. The Prince William Suburban Agriculture Community Night brings together youth that are sprouting interest in the agriculture industry - from farming, to engineering, to producing, to business marketing, and more. **YOUR TALENTS** are needed in this growing industry!

We'll begin the evening with a fun group ice breaker, testing your industry knowledge in a lively Skill-A-Thon. We'll move into a working discussion about farmers' markets and the business of suburban agriculture, launching Prince William 4-H Entrepreneurs' Project. We'll finish by hearing first hand experiences from one of our very own 4-H'ers!



A project branching with many talents!

Our new Prince William 4-H Entrepreneurs' Project is a group 4-H project that leads youth through hands-on experiences of creating a business plan, design and production, accounting, marketing, and culminating with a booth at local farmers' markets. Participants will work together at a series of workshops, deciding on roles and making real business decisions.



Discover YOUR TALENTS! Participation in the project is limited. [Click here and complete the Entrepreneurs' Project Interest Survey.](#)

Suburban Ag Night is a Prince William 4-H Teen Club event!



All teen 4-H'ers are encouraged to participate and develop problem solving, team building, and leadership skills. This is a unique networking and socializing event with an opportunity to explore what it means to be an entrepreneur utilizing the local agricultural industry.

Bring your friends! Registration is required, but free. [Click here to register for Prince William 4-H Suburban Ag Community Night.](#) (see [page 6](#) for details)

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Virginia Tech • Virginia State University



Clover(bud) Club

SAVE THE DATE: Saturday, April 2nd

Time: 10 am-12 pm

Location: PWC Fairgrounds

Who Should Attend: PWC youth ages 5-8

[Click here to register \(free\).](#)

The April Clover(bud) Club meeting will focus on the 4-H Pillar of Healthy Living: eating healthy, healthy lifestyles, character, ethics, stress management, and disease prevention. We'll dive deeper into healthy foods and have a fun activity identifying vegetable seeds...and plant a few, too! Check out [Page 4](#) to learn more about Prince William 4-H's Wellness Wednesdays and maybe join us for added weekly fun moving and being healthy!

TSC Paper Clover



Spring TSC Paper Clover is April 27th - May 8th!

[Click here to email Prince William 4-H to reserve outdoor booth space.](#)

It's time to start planning our Spring Campaign! All donations at TSC benefit the many programs, activities, and camps available through Prince William 4-H. Be sure to shop at TSC during this time. Customers that use their TSC credit card will have their donations matched by Citibank.

What can your club do?

- Have a table that display's your club's activities and practice your public speaking by telling your 4-H Story to customers.
- Host a bake sale or craft sale with 100% of those proceeds directly benefitting your club.
- Shop at TSC for your spring gardening needs...including getting ready to adopt a garden at the Fairgrounds!

Save the Dates for 4-H Camps!

Junior Camp: July 24th - 28th
Fair Camp: August 15th - 19th

Online registration opens April 2nd.
More information coming soon!



Follow this page on Facebook for the latest on Prince William 4-H overnight camps!

www.facebook.com/PWST4HCamp

100th Virginia 4-H Congress - Save the Date!



Dates: June 21st - 24th

Location: Virginia Tech

[Click here for more information.](#)

Virginia 4-H State Congress is the premier, statewide annual 4-H event for outstanding 4-H teens and adult volunteer leaders. Its mission is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them, helping them to develop life skills and leadership abilities to become contributing citizens in their communities. Information released March 29th. Registration begins April 26th. Registration closes May 17th.

Youth Voices for Change - Save the Date!



Dates: July 26th-28th

Location: Virginia State University

More information on Youth Voices for Change (formerly iCongress) coming soon. Save the date!

4-H Northern District Contests

All Junior and Senior 4-H'ers are eligible to take your presentation or act to the next level by competing in either one of the two Northern District Contests. Prince William 4-H staff will be supporting the Front Royal contest. Registration is open for both contests and can be completed by the participants. Parents and older teens familiar with the contest are asked to volunteer to help make the event successful.



Piedmont Area Northern District Contest

Register by Monday, March 21st

April 2nd, Location: Carver Center, Culpeper

[Click here to register](#) • [Click here to volunteer](#)



Front Royal Area Northern District Contest *(preferred for Prince William 4-H'ers)*

Register by Wednesday, March 23rd

April 9th. Location: Warren County High School, 155 Westminster Dr., Front Royal

[Click here to register](#) • [Click here to volunteer](#)

Prince William 4-H'ers must participate in either Prince William Contest Day or a Northern District Contest Day to move on to States. Please email [MaryBeth Lerch](mailto:MaryBeth.Lerch) after you register to verify receipt of registration.



4-H Northern District Food Challenge

Postponed due to snow until April 23rd



Trigger Time 4-H Shooting Education Club



Bob Jones AFJROTC defeats Trigger Time 4-H Shooting Education Club

March 613 2022- Shooting their highest score of the season Bob Jones AFJROTC defeated Trigger Time 4-H Shooting Education Club 886.1 to 803.0 in the 2022 National Air Rifle New Shooter League. Their second win in a row. They currently have a 4 - 2 record. Bob Jones AFJROTC was led by, Lucy Halter who shot a 253.3. The remaining contributing members were Molly Halter, Logan Jackson, and Lawrence Schiber. Bob Jones AFJROTC is from Madison, AL, and is coached by CMSgt Ellis Clark.

Trigger Time 4-H Shooting Education Club currently has a 2 - 3 record. Trigger Time 4-H Shooting Education Club was led by, Nora Wallschlaeger who shot a 222.8. The remaining contributing members were Colin White, Kaiden Titcomb, and Ayden Strand. Trigger Time 4-H Shooting Education Club is from Bristow, VA, and is coached by Alan Lerch.

This coming week Bob Jones AFJROTC has a bye week. While Trigger Time 4-H Shooting Education Club will compete against Mattoon AJROTC from Mattoon, IL. Mattoon AJROTC currently has a 2 - 4 record.

These two teams are competing in the National Air Rifle "New Shooter" League. Sponsored by the Orion Scoring System, the league is a national team league exclusive to athletes in their first year of competition. Teams are from high schools and junior rifle clubs throughout the United States. Over 10 weeks each team competes in 8 games. Each week, each team is paired with another team with a near equal skill level.

In each game the teams compete in what is known as a Three-Position Air Rifle match. The match is modeled after Olympic Rifle competitions but adapted to high school age athletes. Each athlete will shoot 10 shots in three different shooting positions, prone, standing, and kneeling. Each shot is worth a maximum of 10.9 points. The sum of points scored in the 30 shots is the athlete's total. The team score is comprised of the best four athletes from each team.



Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, including complete standings, visit <https://www.national-leagues.com/new-shooter>
[Click here for the Box Score](#) • [Click here for Trigger Time 4-H Shooting Education Club Team Page](#)

Prince William 4-H Healthy Living Pillar Explored



Join your fellow 4-H'ers in a 12 week conditioning program to get healthy this spring! Youth are meeting each Wednesday to stretch, move, and cool down with a healthy living discussion. All levels and experience are welcome!

Dates: Every Wednesday beginning March 2nd

Time: 5 - 6 pm

Location: Prince William County Fairgrounds

Who Should Attend: All PWC youth interested in 4-H and being healthy!

What to Bring: Water bottle and dress in layers



NEXT WEDNESDAY! Back by popular demand...MR. T!

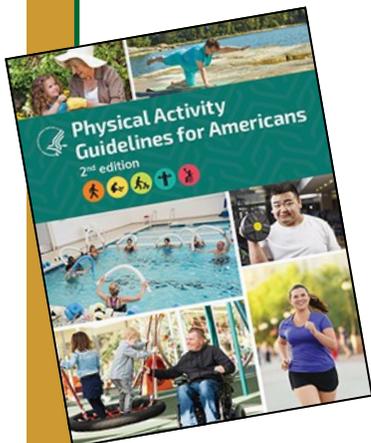
Travis Dieffenderfer of PWC SNAP-Ed is adding to the fun with a new Eat Smart, Move More 4-week challenge with a positive nutrition message that **starts on March 23rd**. Earn prizes provided by USDA as you work towards your personal goals!

Check out the **Physical Activity Guidelines for Americans from the US Department of Health and Human Services**

Key Guidelines for Children and Adolescents: It is important to provide young people opportunities and encouragement to participate in physical activities that are appropriate for their age, that are enjoyable, and that offer variety.

- ♥ Children and adolescents ages 6 through 17 years should do 60 minutes (1 hour) or more of moderate-to-vigorous physical activity daily:
- ♥ **Aerobic:** Most of the 60 minutes or more per day should be either moderate- or vigorous intensity aerobic physical activity and should include vigorous-intensity physical activity on at least 3 days a week.
- ♥ **Muscle-strengthening:** As part of their 60 minutes or more of daily physical activity, children and adolescents should include muscle-strengthening physical activity on at least 3 days a week.
- ♥ **Bone-strengthening:** As part of their 60 minutes or more of daily physical activity, children and adolescents should include bone-strengthening physical activity on at least 3 days a week.

[Click here to download the complete guide.](#)



National 4-H Youth Summit for Healthy Living

Early discount registration deadline is March 21st! Deadline is April 4th.

Date: April 21st - 24th

Location: Bethesda, MD

[Click here for more information and to register.](#) Scholarships may be available - contact PW 4-H.

2022 Build a Better Burger Contest - Team Prince William 4-H

Date: Saturday, April 16th

Time: 12 Noon

Location: Junior Beef Round-Up, Rockingham County Fairgrounds

[Please respond to MaryBeth Lerch by March 18th.](#)

The new Build a Better Burger Contest will replace the Virginia Beef Challenge and will be held in conjunction with the Junior Beef Round-up in Rockingham. Any Prince William County 4-H'er interested in participating in the contest should contact MaryBeth Lerch at 4HPWC@pwcgov.org. Please do not complete the online registration form - we must submit entries as a Unit.

[Click here for more information](#) (please don't use the registration link!)



LAST CALL!

Virginia 4-H Health Living Summit



HEALTHY SNACKS SOCIAL TIME

COMMUNITY OUTREACH TEAM BUILDING

NUTRITION EDUCATION, PHYSICAL FITNESS,
WELLNESS, AND EMOTIONAL WELL-BEING



APRIL 30, 2022
GEORGE WASHINGTON CARVER
AGRICULTURAL RESEARCH CENTER
9432 N. JAMES MADISON HWY, RAPIDAN, VA 22735

\$10 | 4-H ENROLLED YOUTH 14-18

[HTTPS://BIT.LY/4-HHEALTHYLIVINGSUMMIT](https://bit.ly/4-hhealthylivingsummit)



REGISTRATION DEADLINE APRIL 10

Date: April 30th
Location: George Washington Carver Agricultural Research Center
Registration Deadline: April 10th
Who Should Attend: All 4-H enrolled youth ages 14-18
Cost: \$10, includes lunch, snacks and supplies
[Click here to register.](#)

Registration is open for the Virginia 4-H Healthy Living Summit!

The Virginia Healthy Living summit brings together teens from across the state to focus on learning opportunities centered around topics on nutrition education, physical fitness, wellness and emotional well-being. Participate in fun, hands-on workshops and hear from the 2020 Virginia 4-H Healthy Living Youth in Action Award Winner, Samantha Whysong.



www.ext.vt.edu

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

If you are a person with a disability and desire assistance or accommodation, please notify Tonya Price, Ph.D., Northern District Extension Office, three days prior to the start of the event at 540-432-6029/TDD*, Ext. 116 during business hours of 8:00 a.m. and 5:00 p.m. *TDD number is (800) 828-1120.

Virginia State 4-H Cabinet Elections



Who: Prince William 4-H Teens
[Click here for the 2022-2023 State 4-H Cabinet Elections Packet.](#)
Applications are Due May 6th at 5 pm.

The State 4-H Cabinet is a youth/adult partnership in which youth and adults work together to promote and carry-out specific programmatic functions of the Virginia 4-H program. Serving as a State 4-H Cabinet member is designed to be a competitive and engaging leadership development experience within the Virginia 4-H program. The youth members of the Cabinet (Officers, Ambassadors, Mentors, Liaisons and the Past-President), serve as the 'voice' for 4-H youth across the Commonwealth.

During Virginia 4-H Congress, members will elect four Ambassadors from each district. Qualified candidates will represent the needs and interests of Virginia 4-H youth. They will positively represent and promote 4-H at local, district, and state levels, demonstrating the best that 4-H has to offer. **All candidates must attend the 2022 Virginia 4-H Congress held at Virginia Tech June 21-24.**

Virginia 4-H Cabinet Elections Workshop and Q&A

Date: March 22nd, 6:30 PM

[Click here to register.](#)

Interested in Participating in the 4-H Cabinet? Attend the interest workshop and learn what it means to be a Virginia 4-H Cabinet Member, and ask questions about being an officer or the application process.

Prince William 4-H

SUBURBAN AGRICULTURE



Community Night, Tuesday, March 22nd, 7 pm

Ag ReInvented!

Who Should Attend?
All PWC Youth ages 9-18 that are interested in 4-H and career exploration

Aspects of the agriculture industry can be found in almost every moment of our day - from soap, to toothpaste, eggs, bacon, bread, clothing, paper, pencils...ag **IS** the world around us.

Join us for a night of exploring this ever-present and ever-changing 4-H Pillar of Agriculture and the limitless opportunities in the industry!



Skill-A-Thon

Test your understanding of the Agriculture Industry including crop production, animal production, industrial equipment, business, marketing, and more. Discover new career opportunities with this hands-on group contest that will introduce you to a world of urban and suburban agriculture that grows into nearly every aspect of our lives.



4-H Entrepreneurs' Project

Put your skills and talents to work! Consider joining our new initiative that leads youth through a series of workshops aimed at growing entrepreneurs. Work as a team to create a business plan, learn how to budget, design and manufacture a product, and sell your creations at a local farmer's market. From accounting, to marketing, to urban farming - all skills are needed to ensure success!



Urban/Suburban Sustainable Farming

Hear first hand experiences from Prince William 4-H'er Katie Saul as she shares the ins and outs of her personal involvement in sustainable urban/suburban farming.



CLICK HERE TO REGISTER.
REGISTRATION IS FREE, BUT REQUIRED.

Prince William 4-H Suburban Agriculture Community Night
Tuesday, March 22nd, 7 - 8:30 pm
McCoy Conference Room
7987 Ashton Ave., Manassas, VA
www.pwcva.gov/4-H



PRINCE WILLIAM 4-H
PRESENTS

WHO SHOULD ATTEND?

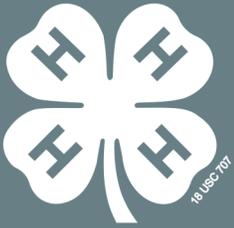
All Prince William County youth ages 9-18 that are interested in STEM and 4-H are welcome!

No computer experience necessary.

ENGINEERING & TECHNOLOGY

ENTREPRENEURSHIP & FINANCIAL LITERACY

PLANT & ANIMAL SCIENCE



NATIONAL 4-H CURRICULUM & ACTIVITIES

ENVIRONMENTAL SCIENCE & ALTERNATIVE ENERGY

FOCUS ON DATA SCIENCE

- A hands-on **data science and machine learning activity** understanding data, discovering patterns, and making decisions.
- Interactive data and statistic interpretation games
- Career exploration in data science, coding, artificial intelligence and much more!

STEM

Community Night

STARTS AT
7PM

APRIL
5

Prince William 4-H | McCoy Conference Room, 7987 Ashton Ave | Manassas, VA

Registration is required, but participation is FREE! [Click here to register.](#)

Prince William 4-H STEM Community Night will inspire youth to be problem solvers, creative and critical thinkers, and explorers! Our youth must navigate the challenges of the real world through first-hand experience and knowing how to create, not just consume, technology. 4-H's interdisciplinary, curriculum-based approach engages and excites young people to learn by doing!

VA 4-H Horse Updates



Congratulations to Samantha Whysong, 2021 Virginia 4-H Horse Program Member of the Year!

Sam is a member of Prince William 4-H and has made remarkable accomplishments this year, including becoming the Healthy Living Youth in Action winner using her miniature horse, Ruben, as a mascot in her program and becoming a National Finalist! Help us congratulate her all of her numerous contributions and successes this year in the Horse Program. [Click here to learn more about Sam.](#)



Equismartz: Virginia 4-H Horse State Competition Weekend

Date: April 8-10

Location: Lexington, VA

Entry Deadline: March 23rd

[Click here for more information.](#)

Entries are due March 23rd.

This weekend is for Junior and Senior Competitors. Event categories include Horse Bowl, Hippology, Horse Judging and Communications. Hotel room blocks are available.



2022 Mary Cole 4-H Horsemaster 50 Mile Ride

Dates: June 26th - 30th

Location: Iron Mountain Horse Camp (IMHC), in Ivanhoe, Virginia

Who Should Participate: this event is open only to 4-H'ers

[Click here for more information and to apply.](#)

Applications are due April 25th.

We will be camping and riding in the Jefferson National Forest and part of the Mount Rogers Recreational area, which will afford us some of the most spectacular scenery. Camping will have water/electric hookup and there are showers and toilet facilities. Horses will be kept in stalls. This is a fabulous trip and experience for 4-H'ers! We will take in some awesome trails, have lots of fun back at camp and around the campfire, great food and fellowship. While you don't have to be a diehard camper to enjoy or survive this trip, you will need appropriate equipment and conditioning for you and your horse. The document attached provides general information about the ride including cost, sample ride day and a required conditioning schedule.



2022 Southern Regionals 4-H Horse Championships

Date: August 3rd - 7th

Location: Georgia National Fairgrounds, Perry, GA

[Click here for online application.](#) [Click here for event details and rules.](#)

Applications are due May 15th.

The Southern Regional 4-H Horse Championships bring over 400 youth from 13 Southeastern states to compete in the Regional Horse Show as well as educational events such as Horse Quiz Bowl, Hippology, Horse Judging, Public Speaking, and Demonstrations.

Important Horse Program Notes:

- * [Click here for the VA 4-H Horse Program Calendar.](#) Note new dates for horsemanship and qualifiers.
- * [Click here for the Jumpers pre-qualifying form.](#) Due July 18th.
- * [Click here for the Trail pre-qualifying form.](#) Due July 18th.
- * [Click here for Information on the Virginia 4-H State Show,](#) September 8-11.
- * [Click here for the Connie Collier 4-H Scholarship Application.](#) Due August 2nd.



Upcoming Deadlines for VA 4-H and FFA Youth

Virginia 4-H
Dairy Quiz Bowl Materials



State 4-H Dairy Quiz Bowl, Virginia Tech

Date: Saturday, March 19th

[Click here to register.](#) [Click here for the study packet.](#) **Register by noon on Thursday, March 17th**

Teams compete by demonstrating knowledge of the dairy industry. Competition in the State 4-H Dairy Bowl encourages a 4-H member to develop a more complete knowledge of dairy animals and related subjects. Registration is required. The State 4-H Team will be selected at the conclusion of the senior contest.



2022 Virginia 4-H/FFA State Skill-A-Thon, Rockingham County Fairgrounds, Harrisonburg, VA

Date: Tuesday, March 29th

[Click here to enter.](#) [Click here for more information.](#) **Entry deadline is March 22nd at 5 pm.**

The contest is a comprehensive test of livestock knowledge including identification classes of meats, feeds, equipment and breeds; evaluation classes of meats, hay, sheep, swine, and beef; a knowledge-based quiz; and a team problem.



2022 Virginia Pork Industry Conference, Meadow Event Park, Doswell, VA

Date: Wednesday, March 23rd

[Click here for more information and to register.](#)

Conversation with pork and agriculture industry leaders from across the Commonwealth: "Pork to Table" challenges discussion including transportation, research, market, environmental, and animal health. Guest speaker, tour of the State Fair livestock pens, annual council meeting, reception, and more.



2022 Youth Cattle Working Contests

The Youth Cattle Working Contest develops youth skills in animal management and handling. Working as a team, youth efficiently process three stocker calves utilizing Beef Quality Assurance guidelines. The top two teams from each region then compete at the State Contest. [Click here for more information and to register.](#) [Click here for rules, scoring, processing maps, and more.](#) **Registration deadline for all regional contests is March 24th.**



2022 Glenwood Park Livestock Exposition, Loudon County Fairgrounds

Date: April 9th

[Click here for more information and to register.](#) **Register by March 25th.**

The regional show on at is open to those sheep and cattle exhibitors in select Virginia Counties, including Prince William 4-H. Please review all of the rules prior to entering the online system.



The Virginia Hereford Association Heifer Scholarship

The scholarship offers full ownership and possession of a Hereford heifer for the winning applicant. The winner takes full ownership and possession of the heifer and becomes responsible for all costs for the heifer, and must show it at a VHA sanctioned show within a year. They are required to donate a purebred heifer calf back to the program within two years, and give a presentation on their experience. This opportunity is open to any youth interested in becoming involved in cattle and showing. [Click here for more information.](#) **Application deadline is April 5th** and the winner will be announced at the VA Beef Expo.



2022 Virginia Junior Beef Roundup/VA Beef Expo, Rockingham County Fairgrounds, Harrisonburg, VA

Dates: April 15th - 16th

[Click here to enter.](#) **Entries due Friday, April 8th.**

The Junior Beef Roundup has become not only an elite junior cattle show, but also one of the largest youth educational contest weekends within the state. The Expo encourages the development of youth involved in the cattle industry through not only beef cattle shows, but educational, cooking and cattle handling contests.



Market Animal College, Rockingham County Fairgrounds, Harrisonburg, VA

Date: Saturday, April 23rd,

[Click here for more information.](#)

This is a great opportunity for those new to showing and raising livestock projects, or those with experience that want to broaden their knowledge.



The Angus Foundation Scholarship

Academic scholarships to students whose families use registered Angus bulls in their commercial operations. [Click here for more information.](#) **Applications are due May 1st.**

2022 Virginia Farm Festival



Dates: May 7 & 8, 2022 from 10 am - 5 pm

Location: The Meadow Event Park, Doswell, VA

[Click here for vendor forms, sponsorship opportunities and more.](#)

The vision for the Virginia Farm Festival grew out of a desire to expand the educational components of the State Fair of Virginia into a new spring event in order to tell the story of spring planting and bring families together as we work to grow our yearlong commitment to serving Virginia's youth, families, and agricultural communities as Virginia's Largest Outdoor Classroom.

This event successfully launched in May of 2021 as one of the region's first live events to take place! Over 6,000 attendees enjoyed being outdoors and learning more about agriculture.

From our Partners at VSU College of Agriculture

Making Wreaths: Highlighting Plant Materials

Date: March 22nd

Time: 10 am - 12 noon

Location: Zoom (link sent after registration)

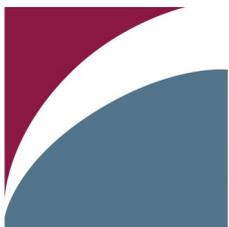


Wreaths can be easily created from materials on the farm or from the garden and are not solely limited to holidays. Wreaths may be used to beautify more than your front door and can be seen spicing up garden sheds, windows, and more. Join Cut Flower Farmers, Anita & Thomas Roberson, who will be discussing ways cut flower farmers can increase their bottom line by creating wreaths primarily from foraged plant and flower materials on their farms or gardens.

[Click here to register.](#) [Click here for more classes offered at VSU College of Agriculture.](#)



Updated VCE/4-H COVID-19 Guidelines (as of March 2022)



Virginia Cooperative Extension

Virginia Tech
Virginia State University

[Click here for the updated 4-H/Virginia Cooperative Extension updated COVID-19 Guidance.](#)

There is now one guidance document for the entire Virginia Cooperative Extension system, including 4-H. The following details the expectation for masks/face coverings for all VCE programs. To help determine the expectations of masks/face coverings, please use the following question in your decision-making process.

Is the program being held on Virginia Tech owned property?

- **If no** - no masks required, personal preference. Monitor your COVID-19 Community Level and follow your local or CDC mask guidance. (High = masks are required. Medium/Low = no masks required; personal preference)
- **If yes** - what is the current COVID-19 community level? (i.e. community level high=mask required in VT facilities; community level low/moderate=personal preference)

The COVID-19 Community Level data is updated once per week and faculty/staff organizing events on Virginia Tech owned property will include expectations for mask/face coverings in event details. Creating a sense of belonging and a welcoming environment is a foundational principle of 4-H positive youth development. To that end, we will support and make all individuals that choose to wear a mask/face covering feel welcome.

SCHOLARSHIPS

Honey Bee Essay Scholarship Contest

APPLICATION DUE: APRIL 1ST

2022 Essay Topic: Transportation: Minimizing Stress on Bees While Getting Them Where They Need to Be

[Click here for application and details.](#)

This is a great opportunity for Virginia 4-Hers with cash prizes for the top 3 winners in the state and the ability to compete nationally. [Click here to learn about the Foundation for the Preservation of Honey Bees.](#)



FOUNDATION FOR
THE PRESERVATION
OF HONEY BEES, INC.

Outstanding Young Agriculturalist Contest

APPLICATIONS DUE: MARCH 31ST

[Click here for application and details.](#)

The Virginia Farm Bureau Young Farmers is offering a scholarship contest to recognize high school juniors and seniors for outstanding academic, community and agricultural achievement to encourage students to evaluate their progress and career goals and to stimulate students' interests in striving for leadership opportunities and involvement in the agriculture or agribusiness industries.

The state winner will receive a cash scholarship of \$1,500 sponsored by Farm Credit, Southern Farm Bureau and the Virginia Farm Bureau Young Farmers Committee. A runner-up will receive \$500 from VAFB Young Farmers. Each finalist, other than the state winner & runner-up, will receive a \$250 award sponsored by Virginia's Farm Credit Associations and Southern Farm Bureau Life Insurance Company.



Growing Agriculture's Future
Since 1975

Virginia Egg Council #whyeggsrgr8! Poster Contest

POSTER DEADLINE: MARCH 25TH

Who Should Participate: VA youth ages 9-12 that are 4-H or FFA members

Help showcase Virginia Farmers and Eggs! Our farmers are dedicated to providing consumers with the best quality food while taking good care of their animals and the environment. And they produce eggs that are nutritious, delicious, convenient, easy, affordable, satisfying & fun! Do your part to promote this *eggeptional* industry by designing a poster with the headline #whyeggsrgr8!

[Click here for more information about the Virginia Egg Council and to participate in the contest.](#)



Scholarship Opportunity from VA SWCD

APPLICATION DUE: APRIL 22ND

[Click here to learn more and to download the 2022 application.](#)

The VASWCD Educational Foundation scholarship program promotes the education of Virginia citizens in technical fields with a natural resource conservation and environmental protection emphasis. The program provides financial support to students majoring in or showing a strong desire to major in a course curriculum related to natural resource conservation and/or environmental studies. Annually the Foundation provides four \$1000 statewide scholarships in addition to the many local SWCD scholarship opportunities.



2022 June Dairy Month 4-H Poster Contest

POSTERS DUE: JUNE 15TH

Who Should Participate: All Prince William 4-H'ers

Poster Theme: Journey to the Center of the Dairy Farm

[Click here for details and how to submit a poster.](#)

Age Groups (as of Sept. 30th): Junior (9-11), Intermediate (12-13), Senior (14-19)

State Prizes in Each Age Group: 1st-\$100, 2nd-\$75, 3rd-\$50





States' 4-H Summer Hosting

HOST an international youth delegate and bring the richness of the world to your home!

Host an International Youth in Summer 2022 through States' 4-H International

"It's like having a sister I always wanted and a best friend"
-States' 4-H Host Sibling

Open your home to an exchange student and open your lives to the world!



Hosting Details

- July 22, 23, 24 2022 through August 16, 17, 18 2022 *
* Exact dates dependent on your state. Please check with your state's Coordinator for details.
- Host a youth aged 12-18 (majority are 12-14) or an adult chaperone
- Youth have a range of English language abilities, so host families should be prepared to communicate imaginatively
- This is a voluntary program; no stipends will be provided

Host Family Requirements

- You must have a child of the same gender who is within 3 years of the hosted youth (children aged 9+ are eligible to host)
- Families without children of the appropriate age may host an adult chaperone
- No special activities need to be planned since these youth want to experience American culture, make new friends, and improve their English by staying with your family

For more information, visit <https://www.states4hexchange.org/state-contacts/> to find contact information for your local State Coordinator

Please note: Host family selection is dependent on completion of an application and screening process, as well as student availability and personality compatibility.

APPLY BEFORE APRIL 1st

<https://seestudentapplication.questionpro.com/>

SUMMER ENRICHMENT EXPERIENCE AT VIRGINIA TECH

SEE VT is a free residential camp designed for gifted rural students on Virginia Tech's campus. Campers will engage in place-based STEM, humanities, and social activities focused on rural sustainability.

Who: Rising 6th and 7th graders

When: June 26 - July 1, 2022

Where: Blacksburg, Virginia

Join SEE VT and learn how you can be innovative and creative while exploring what makes you and your rural community special.

CONTACT INFO

SEEVT@VT.EDU



**NO FEES
FOR ACCEPTED
STUDENTS!**

**PRINCE WILLIAM
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8033 Ashton Ave, #105,
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Your Dedicated PWC 4-H Staff

MaryBeth Lerch
4-H Extension Agent
mblerch@vt.edu
703-792-4536

Ashley Isaacson
4-H Youth Educator
aisaacson@pwcva.gov
703-792-4761

Candi Helmlinger
4-H Program Specialist - Newsletter
chelmlinger@pwcva.gov



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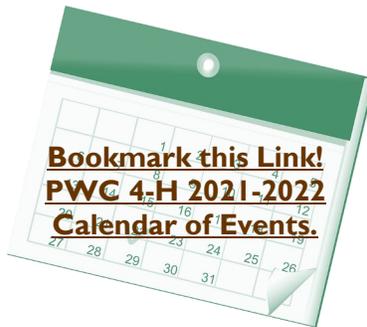
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