



Prince William 4-H

Our Clubs, Our Community



May 11, 2022

Upcoming Events

May 15 - Horse Project
Declarations Due

May 18 - PW 4-H
Market Workshop
#2

Jun 1 - PWC 4-H Market
Workshop #3

Jun 15 - PW 4-H Market
Workshop #4

Jun 21 - VA 4-H
Congress

TBD - 4-H Seniors Ice
Cream Social

Jul 24-28 - Junior Camp

Aug 15-19 - Fair Camp

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Click to Visit



Using Our Hands for Greater Service



Prince William 4-H'ers braved the storms on Saturday to plant hundreds of tree seedlings at Bristow Station Park for our "Growing Kids and Trees" initiative.

A huge thank you to Prince William County Environmental Management Division for their support of this project and to all of the 4-H youth and parents that helped to make our community a lot greener!



TSC Paper Clover Success!



Congratulations to Kettle Run 4-H Club for a successful booth at TSC! Their club members told their 4-H Stories to shoppers and helped to raise significant funds for their club to support their activities.





Wellness Wednesday - **TONIGHT!**

Dates: Every Wednesday, ending May 18th

Time: 5 - 6 pm

Location: Prince William County Fairgrounds

Who Should Attend: All PWC youth interested in 4-H and being healthy!

What to Bring: Water bottle and dress in layers

TONIGHT IS OUR LAST REGULAR WORKOUT!

It's not time to rest just yet! Join your fellow 4-H'ers as they cross the finish line to towards better overall health. We've been meeting each Wednesday to stretch, move, and cool down with a healthy living discussion.

The final spring Wellness Wednesday workout is on Wednesday, May 18th. Prince William 4-H'ers will celebrate their new and improved wellness with a one-mile fun run, obstacle course, and healthy snacks. Congratulations on your success!

Stay fit this summer and we'll see YOU back to continue our fitness journey in the fall!

PWC 5K Walk for Mental Health Awareness - **THIS SUNDAY!**



Date: May 15th, 10 am - 2 pm

Location: Locust Shade Park, Triangle, VA

[Click here for more information and to register.](#)

PWC wants to educate, advocate and dispel myths and stigma around mental illness. Take out your running or walking shoes and join us in this county-wide event in honor of Mental Health Awareness Month. We will be walking along grassy, gravel and paved terrain at Locust Shade Park. You will be directed to walk one of two paths: a rigorous or easy path and there are plenty of exits along the way. You will also find a host of community programs on site sharing resources that are available to inform and assist those in need. Music, food trucks and other fun activities will also be part of this event.

Design Our Camp T-Shirt!

Designs due by May 18th by email to [MaryBeth Lerch](#).

Theme: Branch Out with 4-H

Design the Prince William 4-H Fair Camp T-Shirt! Our staff and volunteers are working on our exhibit ideas and more for the Prince William County Fair this summer. We need your creativity to help create an exciting t-shirt design for our fair go-ers. This year's theme is "**Branch Out with PW 4-H**".

Be creative and explore the many opportunities within 4-H in your design. All Prince William 4-H'ers are encouraged to submit a design.

CALLING ALL PW 4-H TEENS!

Last call for Camp Counselors.

Don't forget to register to be a camp counselor. [Click here to fill out the Google form](#) and also register for camp through 4-H Online.



4-H Junior Camp - Registration is Almost Full

Dates: July 24th - 28th

Location: Northern Virginia 4-H Center, Front Royal, Virginia

Who Should Attend: 4-H Camp is co-ed and campers must turn 9 by 9/30/2022 and must be no older than 14 on 12/31/2021.

[Click here for more information and to register.](#)

4-H Junior Camp is a five-day, four-night camp where youth explore new interests, enjoy swimming and recreation, and participate in evening activities and campfires. Visit the link above to view Class Tracks, course descriptions and more.



Early Registration for Prince William 4-H Fair Camp is OPEN!

August 15th - 19th, 9 am-12 pm, at the Prince William County Fairgrounds

[Click here for more information and to register.](#)

4-H Fair Camp is a day camp for youth ages 5-12 held during the week of the annual County Fair at the Prince William County Fairground. Youth learn and grow in a safe and exciting environment through creating arts projects, exploring fair exhibits, and enjoying team games and activities.



Camp Counselors - be sure to get your registration in today and put your personal touches into Prince William 4-H Fair Camp, including camp theme, crats, activities and more!

4-H Event Scholarships for Air Force Military-Connected Youth Living in VA

The Air Force 4-H Military Partnership Outreach & Support Project for Virginia is providing a limited number of 4-H event scholarships for youth ages 5 to 18 of Air Force Military-Connected families living in Virginia. These scholars will be awarded on a first-come, first served basis. Eligible youth may live on or near an installation or live in communities across the state. Scholarships awarded can be used to assist with cost to participate in Virginia 4-H camping opportunities, State 4-H Congress or Youth Voices for Change (Formally i-Congress).

The military parent of youth must currently be serving in one of the following: Active Duty Air Force, Air Force Reserve , or Air National Guard.

For complete guidelines and scholarship application, please contact Louetta Jones - 4-H Military Club Director, at lojones@vt.edu or call 804-712-8467.



Virginia 4-H Camp Scholarship Opportunity

[Click here for more information and to apply.](#) - **Due May 20th**

The application for the first annual Preston R. Wilson Virginia 4-H Camp Scholarships for youth ages 9 – 14 is available. Four scholarships are available for each of the six 4-H Centers in Virginia.

This scholarship may be used for 4-H Junior Camp!



Virginia 4-H State Congress - REGISTER BY MAY 22nd



100th Virginia 4-H Congress - REGISTER by MAY 22nd

Dates: June 21st - 24th; Competitions held on Tuesday, June 21st, 10am-4pm.

Location: Virginia Tech, Blacksburg, VA

[Click here for more information](#) including Key Points and Forms

Virginia 4-H State Congress is the premier, statewide annual 4-H event for outstanding 4-H teens and adult volunteer leaders. Its mission is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them, helping them to develop life skills and leadership abilities to become contributing citizens in their communities. If you are a senior 4-Her (will turn 14 before Sept. 30th) you are eligible to attend 4-H State Congress!

[Click here for 2022 4-H State Congress Information Packet](#)

[Click here for 2022 4-H State Congress Event Schedule](#)



We need you to help us celebrate 100 Years of Hands to Larger Service.

We are collecting photos from the past 100 years of 4-H Congress.

Please send in your Congress photos at: <https://forms.gle/HJjRmQ3caWwKn3ZA> by May 25th to have your photos featured during this year's Congress.



VA State 4-H Cabinet Elections

Who: Prince William 4-H Teens

[Click here for the 2022-2023 State 4-H Cabinet Elections Packet.](#)

Open Positions: Northeast District 4-H Ambassador, Southeast District 4-H Ambassador, Central District 4-H Ambassador, Northern District 4-H

Ambassador, and Virginia 4-H Reporter

DEADLINE EXTENDED: Applications are Due May 13th at 5 pm

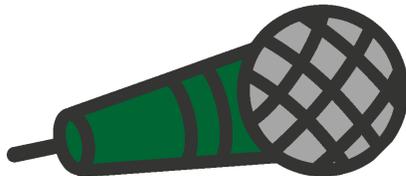


WE'RE LOOKING FOR TALENT!

Calling all 4-H youth and alumni! Share your awesome talents at the 100th anniversary of Virginia 4-H at 2022 Congress!

Please submit a 60-Second video highlighting your performance using this Dropbox address by Friday May 20. <https://leadable.info/VA4-HTalent>

We want to witness Virginia 4-H's most talented and impressive acts for this year's "100 Years of 4-H Celebration" show!



Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Administrator, 1890 Extension Program, Virginia State University, Petersburg.

Virginia 4-H

Calling all 4-Hers

Come buy a sturdy, felt Collector Virginia 4-H Pennant to collect your 4-H project pins, state 4-H pins, and a special Congress pin to celebrate the centennial



Available for purchase with your 100th Congress registration

Pins are only \$ 8.00

Pennants are only \$ 8.00

Package deal with Pennant and Pin for \$15



Virginia 4-H Congress Workshops and Highlights

Delegates will be asked to select their top five (5) Educational Workshop selections during the registration process. Once workshop capacities are established and final workshop times are assigned, delegates will be placed in one of their selections. Best efforts will be made to get all delegates in their top choices, but final workshop assignments will depend on interest and participation in the particular workshop. Workshop assignments will be distributed in the Congress Welcome packets. Once workshops are assigned, there will be no changes in workshop assignments upon arrival at Congress.

Educational Workshops

- Africulture
- Agribusiness from A to Z: What's in it for me?
- Applying to Virginia Tech: Common App, SRAR, and Ut Prosim Profile
- Are you ready for an interview?
- As You Go - The Importance of Structural Conformation in the Movement of the Horse
- Colors in Fruits and Vegetables, their importance, and how to measure strawberry red color
- Create with Artificial Intelligence
- Dairy Judging 101
- DNA: Extraction, Helix and Careers
- Do-It-Yourself Cows
- Early Plant Disease Detection: DNA Sequencing and Sensor Technology
- Personality Assessment Workshop
- Plant Propagation by Seeds, Cuttings, and More
- Precision Agriculture in Cropping Systems
- Professions in Career and Technical Education
- Separating the Wheat from the Chaff: Finding High Quality Information Sources Effectively and Efficiently
- STEM in Sports Turf Management: The Science Behind Virginia Tech's Worsham Field
- TEAM Building: Together Everyone Accomplishes More
- Teens Enhancing Advancing Multi-leadership Skills (TEAM)
- Teens Teaching Youth (TTY)
- Tick Safety in Virginia
- Tour of the School of Veterinary Medicine
- Virginia's Big Tree
- What's in a Major? Exploring Undergraduate Degrees at Virginia Tech

Event Highlights

- 4-H State Competitions
- Pre-Congress Activities
- Tuesday Afternoon Picnic
- Opening Session with Clovers & Company
- Educational Workshops
- Dances
- College Fair
- Color Run/Walk
- Community Service Projects
- Recognition of 4-H All Stars, All Star Tapping and All Star Orientation
- Clover Fest Celebration
- State Awards and Closing Ceremony
- Congress Delegation Photo and Unit Photographs
- Digital Congress Slideshow
- State 4-H Cabinet Pins and Pennants
- Character Counts! Days: Tuesday, June 21st – Respect & Trustworthiness Day Wednesday, June 22nd – Caring & Responsibility Day Thursday, June 23rd – Citizenship Day Friday, June 24th – Fairness Day

[Click here for 2022 4-H State Congress Information Packet and Workshop Descriptions](#)

[Click here for 2022 4-H State Congress Event Schedule](#)

Virginia 4-H Horse Program Updates



Virginia 4-H Horse Program



Horse Declarations **DUE MAY 15th through 4-H Online!**

Register online at v2.4honline.com

All 4-H'ers must declare their project animal by May 15th through 4-H Online to show at the State 4-H Championship Horse & Pony Show. The State 4-H Show is being held Sept. 8-11.

[Paper Copy of Project Horse Declaration Form](#) (inquire with your Extension agent for requirement)

2022 Southern Regional 4-H Horse Championships

Date: Aug. 3-7, 2022

Location: Georgia National Fairgrounds & Agricenter, Perry, GA

[Click here to apply](#)

[Click here for VA 4-H information](#)

[Click here for Southern Regionals website](#)

Applications due by May 15th

The SRHC Organizing Committee is proud to host the 2022 Southern Regional 4-H Horse Championships! With the cooperation of the Horse Specialists from 13 southeastern states, Southern Regionals is the only event of its kind in the nation. Virginia 4-H can send 70 horse/rider combinations.

Virginia 4-H Qualifying Horse Shows and Clinics



* Check Registration Deadlines!

Central District Qualifying Horse Shows

June 4 - [Sprouse's Corner Ranch](#) Location: Buckingham, VA Contact: [LaRue Dowd](#)

June 11 - [Toms Performance Horses, LLC](#) Location: Brookneal, VA Contact: [Danielle Toms](#)

Northern District Qualifying Horse Shows

May 21 - [Frederick Co. Fair Benefit Show & Skills Testing](#) Location: Frederick County Fairgrounds, Clear Brook, VA Contact: [Rose McDonald](#) at (540) 877-4935

May 29 - [Hoof N Wool 4-H Benefit Show & Skill Testing](#) Location: Durbin Arena, Free Union, VA Contact: [Bertha Durbin](#)

June 11 - [Bit-N-Bridle Horse Show & Skill Testing](#) Location: Virginia Horse Center, Lexington, VA Contact: [Amanda Loreti](#)

June 18 & 19 - [Benefit 4-H Horse Show & Skill Testing](#) Location: Meadow Event Park, Doswell, VA Saturday: Western / Gaited / Minis / Ranch / Western & Classical Dressage Sunday: Hunters Contact: [Lisa Powers](#)

Southeast District Qualifying Horse Shows

May 21-22 - [SEDR2 4-H Qualifying Show](#) Location: Dorey Park, Henrico, VA Contact: [Pinky Dowdy](#)

June 4 - [SEDR1 4-H Qualifying Horse Show](#) Location: Airfield 4-H Center, Wakefield, VA Contact: [Brooke McCall](#) 757-773-4270

June 18 (rain date July 16) Location: Bloxom, VA Contact: [Marcus Riley](#)

Southwest District Qualifying Horse Shows

May 14 - [SW District 4-H Qualifying Dressage Show](#) Location: Meadow Ridge Stables, Christiansburg, VA Contact: [Reanna Willey](#)

May 28 - [SW District 4-H Qualifying Show Pre-entry Registration link](#) Location: SW VA 4-H Center, Abingdon, VA Contact: [Malerie Whitehurst](#)

June 11 - [Bit-N-Bridle Horse Show & Skill Testing](#) Location: Virginia Horse Center, Lexington, VA Contact: [Amanda Loreti](#)

Central District Qualifying Clinic

June 18 - Western Dressage/Dressage Location: Gryphon's Keep Farm, Phenix, VA Contact: [Darla Marks](#)

May 29 - [Showmanship/Riding Balance](#) Location: Hat Creek Equestrian, Brookneal, VA Contact: [Danielle Toms](#)

Southwest District Qualifying Clinic

June 4 - [State Show Prep Qualifying Clinic](#) Location: Abingdon, VA Contact: Mattie Ruth Graham: 276-870-3609

June 26 - [Flat Work / Horsemanship Skills](#) Location: Roanoke, VA Contact: [Leslie Prillaman](#)



4-H HORSE PROGRAM BENEFIT TRAIL RIDE

**JUNE
25
2022**

ARRIVE FRIDAY, DEPART SUNDAY
STABLING AND CAMPING AVAILABLE
DAY HAUL-INS WELCOME

RIDE OPTIONS, SATURDAY, JUNE 25

- 9:30 AM - GUIDED 16 MI, 6.5 HR LONG RIDE - RAVENS CLIFF
- 11 AM - GUIDED 7 MI, 3 HR SHORT RIDE - SHILOH'S LOOP
- RIDE ON YOUR OWN - MAPS PROVIDED AT IMHC OFFICE

SOCIAL - SATURDAY 6PM

POTLUCK & FIRESIDE SOCIAL

RSVP & RIDE OPTION SIGN UP - <https://bit.ly/BENEFITRIDE>



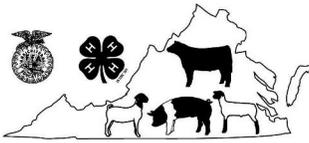
SUGGESTED DONATION - \$50/RIDER

RSVP & RESERVATION DEADLINE - JUNE 17

<https://www.ironmountainhorsecamp.com/reservations>

4449 Arrowhead Drive, Ivanhoe, VA

If you cannot make it to the ride but would like to donate to the VA 4-H Horse Program, please visit <https://ext.vt.edu/4h-youth/horse/giving.html>



State 4-H/FFA Save the Dates

State 4-H and FFA Poultry Evaluation Contests

June 27th, Virginia Tech, Blacksburg, VA

[Click here for more information.](#)

State FFA Livestock Evaluation CDE DAY I

June 28th, Virginia Tech, Blacksburg, VA – Alphin Stuart Large Animal Arena

[Click here for more information](#)

State 4-H Livestock Judging Contest DAY 2/State FFA Livestock Evaluation CDE

June 29th, Virginia Tech, Blacksburg, VA – Alphin Stuart Large Animal Arena

South East District Shoot - Open to All VA 4-H Shooting Education Members



Date: June 25th

Location: Airfield 4-H Center

Register by June 2nd via email to 4-h.registration@cox.net.

Contact Lynn Wheeless, VA 4-H Shooting Education Program at lynnwheeless@gmail.com for more information and for registration form.

Competitors may register for a maximum of 4 events, which can include two archery events. Events include: Air Pistol (Progressive Position & Silhouette), Air Rifle (3-Position & Silhouette), Archery (Compound, Traditional, Instinctive, and Bowhunter), BB Gun (4-Position), Shotgun (Trap & Skeet), Smallbore Pistol Silhouette (only for senior 4-H members) and Smallbore Rifle (3-Position & Silhouette).

4-H All Star Centennial Celebration



Dates: July 22nd - 24th

Location: The Inn at Virginia Tech

Who Should Attend: All 4-H All Stars

[Click here to register.](#)

Registration Fee: Early Registration (June 1st): \$110; Registration (June 1st - July 14): \$150

Full time students (high school or college) may be eligible for a \$105 scholarship.

[Click here for more information and event agenda.](#)

The Virginia 4-H All Stars are celebrating their Centennial July 22-24, 2022 at The Inn at Virginia Tech. Plans are to have workshops, tours, service learning projects, history, recognition and time for connecting and re-connecting with 4-H All Stars from across the state and even out of state. There are plans for campfire and Memorial Service. The committees have been working hard to have a grand celebration for 4-H All Stars.

Host a 4-H'er from Abroad!



Thank you to all that have recruited host families and are supporting the placement for our States' 4-H International Exchange delegates. **We still need host families for 3 girls, 4 boys (including one with a special condition), and a part-time (10 days) chaperone.** Please consider opening your hearts and homes to this fantastic citizenship opportunity!

Click here for [States' 4-H International Exchange Programs](#) • Click here for [Host Families FAQ](#)

[Click here to apply to host.](#)

Farm Bureau Scholarships

Application due May 16th by 4 pm.

Prince William-Fairfax County Farm Bureau is offering two \$1500 scholarships to high school seniors or enrolled college students for further study in the fields of agriculture, veterinary sciences, food and/or fiber production sciences, forestry, natural resources or a directly related field.

[Click here for more information.](#)

[Click here for the application.](#)

[Click here for the Prince William-Fairfax County Farm Bureau Facebook page](#) that contains more information regarding the scholarships and their program.



Now Hiring! Associate Extension Agent, 4-H Youth Development - Fauquier County

The Fauquier 4-H Youth Development Associate Extension Agent is a professional educator who provides leadership to the local 4-H After School and Summer Programs and manages their day-to-day operation. This position will be part of the Fauquier 4-H programming team, led by the existing 4-H Agent. 4-H believes in the power of young people, and utilizes trained professionals and caring adult volunteers to deliver programming that allows youth to learn by doing. The mission of 4-H is to develop youth to realize their full potential—becoming effective, contributing citizens through participation in research-based, non-formal, hands-on educational experiences.

[Click here for more information and to apply.](#)



Youth Conservation Camp at Virginia Tech

Dates: July 10th - July 16th

Location: Virginia Tech

Who Should Apply: High School Students

Camp Cost: \$550

Applications Due May 23rd

[Click here for more information and application.](#)

The Virginia Association of Soil and Water Conservation Districts is hosting the 44th Anniversary of Youth Conservation Camp at Virginia Tech.

For over 40 years, the VASWCD has sponsored a week long summer conservation camp for Virginia high school students (currently enrolled in grades 9th-12th) on the campus of Virginia Tech. The program brings together about 70 interested students for a week of learning about Virginia's natural resources from conservation professionals and faculty from Virginia Tech. Most of the instruction is hands-on and outdoors.

Scholarship funding to cover the registration fee may be available from your local Soil & Water Conservation District.



Youth Conservation Camp Draft Agenda July 10-16th, 2022 Virginia Tech Campus and Blacksburg Area

Sunday, July 10

- Orientation to Virginia Tech Campus
- Check in 1:00-1:45 pm & Unpack
- Opening program
- Tour VT Campus
- Topography Maps Activity-led by counselors

Monday, July 11

- All day at Claytor Lake State Park- eat lunch and dinner at the Park
- Lake Ecology
- Fisheries Management DGIF SHOCK Fishing
- Land Use Planning & Watersheds- Enviroscapes
- Sum of all parts activity- led by Counselors
- Tree Hikes-led by DOP
- Claytor Lake History
- Swimming & Cookout

Tuesday, July 12

- Virginia Tech College of Natural Resources Programs
- Visit different stations to learn more about Forestry, Fisheries, careers in Natural Resources
- Cascades Hike
- Mock Envirothon

Wednesday, July 13

- Kenland Agriculture Research Farm
- Agricultural Best Management Practices
- Water Quality Testing- Macro Invertebrates
- Tour Dairy Science Facility
- Soils Runoff Demonstration
- Beekeeping Demonstration

*Specific dates and activities subject to change.

Thursday, July 14

- VA Tech Campus
- Eat all meals on campus
- Tour Lane Stadium, Turfgrass Management
- Tour Forest Products Center
- Sustainability
- VCAP Urban Conservation Tour



Friday, July 15

- Canoeing & Watershed Day on the New River

- Canoe the New River
- Visit the Virginia/Maryland College of Veterinary Medicine
- Pizza party celebration



Saturday, July 16

- Camp Awards & Final Presentation
- Families Invited to Final Program at 9AM
- Travel home & Share what you've learned!



Volunteers Needed - Relay for Life



Prince William County Relay for Life needs volunteers for their upcoming event on Saturday, May 21st at the Harris Pavilion in Manassas. This event supports the American Cancer Society. This is an excellent opportunity for Wellness Wednesday 4-H'ers to use their new and improved health to walk for another volunteer. It's a great opportunity for all teens to gain service hours. Please contact Carryn Woollard, Member at Large, Event Leadership Team, Prince William County Relay for Life at 210-317-4994 or 703-393-6940 or email afdoll@verizon.net.

Volunteer Jobs

- Prepare and set out bags with candles for the Luminaria Program
- Set up, clean up and trash pick up
- Walk for those who can't (because we are working the event or have health needs)
- Staff our Kids/ Gaming area
- Volunteers willing to share their performing talents
- Larger leadership projects are also available



GAME ON !!!!!

JOIN THE FIGHT !!!!

PRINCE WILLIAM RELAY FOR LIFE

WHAT HAPPENS AT A RELAY FOR LIFE EVENT?
Teams and individuals fundraise and take turns walking or running around a track or path. Music, games, food, fun and fundraising.

HARRIS PAVILION, CITY OF MANASSAS MAY 21, 2022 from 4 PM to 10 pm

Free Family Friendly Event

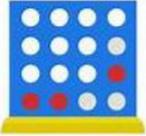
For more information about this event scan here



To make a donation to the American Cancer Society Scan here



Your money helps the American Cancer Society fund groundbreaking cancer research, provide free information & support, and help prevent cancer and find it earlier when it's easier to treat. Your donation will truly help save lives.


Help Control the Spread of the Invasive Spotted Lanternfly in PWC



Sightings of the spotted lanternfly, or SLF, an invasive species that can feed on more than 100 species of trees and plants, was first confirmed in Prince William County in March 2021. Eggs, nymphs and adult spotted lanternflies should be destroyed.

The county also has a reporting survey at <https://bit.ly/reportSLFinPWC> where people can alert the PWC Spotted Lanternfly Management Team of any suspected spotted lanternfly activity.

- [Click here to read the full article from PWC.](#)
- [Click here to learn more about the Spotted Lanternfly.](#)
- [Click here for more information and a video from VCE.](#)

4-H IS A COMMUNITY FOR ALL

For more than 100 years, 4-H has been the nation's leading youth organization to welcome young people of all beliefs and backgrounds, giving youth voice to express who they are and how they make their lives and communities better.



"TALENT IS EVERYWHERE. OPPORTUNITY IS NOT."

As the youth development arm of Virginia Cooperative Extension, Virginia 4-H works throughout the commonwealth to help all youth learn by doing to help them become the best versions of themselves. 4-H youth are empowered to be upstanding citizens who are actively engaged in their communities and around the world.

Virginia 4-H helps youth find their voice to be leaders in their communities and empowers them to make positive change.

Virginia 4-H believes that diverse perspectives, values, and beliefs help generate better ideas to solve the complex problems of a changing—and increasingly diverse—world. Likewise, we believe that we must create opportunity for all regardless of the individual's background or identity.

To achieve this, Virginia 4-H will continue to promote opportunities within multiple delivery modes and in the areas of Agriculture, Civic Engagement, Healthy Living, STEM, and beyond while embracing what makes each 4-H member and volunteer unique. We are committed to being intentional in our approach by embracing the essential elements described here as well as other core tenets of positive youth development.

OUR ESSENTIAL ELEMENTS

01

BELONGING

Positive relationship with a caring adult
Creating an inclusive environment
Creating a safe environment

02

MASTERY

Engagement in culturally relevant learning
Opportunity for mastery

03

INDEPENDENCE

Opportunity to build efficacy and to see oneself as an active participant in the future
Opportunity for self-determination

04

GENEROSITY

Opportunity to value and practice service for others
Opportunity to take a critical stance on justice



(540) 231-6372



@Virginia4HStateOffice



@Virginia4H



<https://ext.vt.edu/4h-youth.html>



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Credit: Alyssa W. Walden, State Program Leader–Youth, 4-H Extension Agent, Stafford County

PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

MaryBeth Lerch
4-H Extension Agent
mblerch@vt.edu
703-792-4536

Lara Profitt
4-H Youth Educator
LProfitt@pwcgov.org

Ashley Isaacson
4-H Youth Educator
aisaacson@pwcva.gov
703-792-4761

Candi Helmlinger
4-H Program Specialist - Newsletter
chelmlinger@pwcva.gov

I AM



4-H PROUD

PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)
[VCE Speakers Bureau](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



2020-2021 PWC 4-H Association Officers

Youth Officers

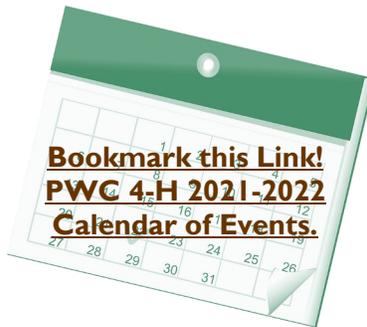
Samantha Whysong, President
Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



amazon

smile
You shop. Amazon gives.

Support the Prince William County 4-H Association while You Shop!

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



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