



Prince William 4-H

Our Clubs, Our Community



May 25, 2022

Upcoming Events

- Jun 1 - PWC 4-H Market Workshop #3
- Jun 15 - PW 4-H Market Workshop #4
- Jun 21 - VA 4-H Congress
- TBD - 4-H Seniors Ice Cream Social
- Jul 2 - PW 4-H Farmers' Market #1
- Jun 21-24 - VA State 4-H Congress
- Jul 24-28 - Junior Camp
- Aug 6 - PW 4-H Farmers' Market #2
- Aug 12-20 - PWC Fair
- Aug 15-19 - Fair Camp
- Sep 3 - PW 4-H Farmers' Market #3
- Oct 1 - PW 4-H Farmers' Market #4

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Click to Visit



Prince William 4-H Young Entrepreneurs



Prince William 4-H'ers are growing their business skills at workshops designed to explore their talents. They're busy in the board room developing their business plan, creating a product concept, and transforming their ideas into reality.

Want to learn more, too? Check out this unique opportunity for 4-H youth:



Foundations of Investing Webinar for Youth

Date: June 29th, 6 pm

Location: Zoom. [Click here to register and receive link.](#)

Who Should Attend: Youth 4-H'ers age 9 and up and their parents

Youth age 9 and up and their parents are invited to attend *Foundations of Investing*. Al Penksa, a financial advisor for Edward Jones, will teach participants about the benefits of investing and review investment options for youth investors including 529 accounts and Custodial Roth IRA's. This is a great opportunity for 4-H'ers involved in livestock auctions, farmers markets, or part time jobs to learn more about investing their income.



CAMP T-SHIRT DESIGN COMPETITION EXTENDED UNTIL JUNE 1ST!

Let your creativity flow! Submit your design the 2022 4-H Fair Camp T-Shirt keeping in mind this year's theme of "Branch Out with PW 4-H".

Email your design to [MaryBeth Lerch](#) today!

ISO Judges for 4-H State Competitions



Event Date: Competitions are in person, June 21st, 10 am - 4 pm

Location: Virginia Tech

Volunteer Signup Due: Friday, May 27th

VIRGINIA

[Click here to sign up.](#)

The Virginia State 4-H Congress Competitions Committee needs volunteer support for the Virginia 4-H state level competitions. Volunteer positions include judge or room chair.

As you know, Virginia 4-H offers youth the opportunity to compete in the areas of presentations, public speech, extemporaneous speech, food challenge, Fashion Revue, Share the Fun, and several other categories each year at Virginia 4-H State Congress. After two years away, we are thrilled to be back on the Virginia Tech campus in Blacksburg for the 100th Anniversary celebration of Virginia 4-H State Congress. Please sign up if you will be on campus and are available and interested in supporting Virginia 4-H state competitions this year. Thank you for your support!

VOLUNTEER





Wellness Wednesday – Confidence Grows Here!

That’s a wrap! Our second year of fitness training with Prince William 4-H brought together local youth to improve overall wellness and develop friendships. We’re so proud of all that you’ve accomplished! **We hope YOU join us in the New 4-H Year!**



Prince William 4-H Health Rocks!® Interest Survey

Health Rocks!® is a 4-H Healthy Living program with the goal of bringing youth, families, and communities together to reduce tobacco, alcohol, e-cigarette/vaping, and drug use. This program applies 4-H’s successful Positive Youth Development model focused on life skill and decision-making development, and it utilizes the “Teens as Teachers” approach to build leadership skills. Health Rocks!® addresses recent trends facing youth today and teaches tools that can be used to help combat the opioid and vaping epidemic that currently exists in our communities.

Prince William 4-H will offer workshop sessions for teens to learn the Health Rocks!® curriculum for the purpose of teaching to others. Sessions will be scheduled throughout June and July.

Please RSVP through this link if you are interested in learning more and/or attending the sessions. https://vce.az1.qualtrics.com/jfe/form/SV_4OPWzOq5b9MU5YG. Click here to learn more about the [4-H Health Rocks!® program from National 4-H](#).

4-H Junior Camp - Registration is Almost Full

Dates: July 24th - 28th

Location: Northern Virginia 4-H Center, Front Royal, Virginia

Who Should Attend: 4-H Camp is co-ed and campers must turn 9 by 9/30/2022 and must be no older than 14 on 12/31/2021.

[Click here for more information and to register.](#)

4-H Junior Camp is a five-day, four-night camp where youth explore new interests, enjoy swimming and recreation, and participate in evening activities and campfires. Visit the link above to view Class Tracks, course descriptions and more.



Registration for Prince William 4-H Fair Camp is OPEN!

August 15th - 19th, 9 am-12 pm, at the Prince William County Fairgrounds

[Click here for more information and to register.](#)

4-H Fair Camp is a day camp for youth ages 5-12 held during the week of the annual County Fair at the Prince William County Fairground. Youth learn and grow in a safe and exciting environment through creating arts projects, exploring fair exhibits, and enjoying team games and activities.

Fair Camp Counselors - be sure to get your registration in today and put your personal touches into Prince William 4-H Fair Camp, including camp theme, crats, activities and more!



Our PW 4-H Camp Counselors are busy planning and training. It's going to be an incredible summer!



4-H Event Scholarships for Air Force Military-Connected Youth Living in VA

The Air Force 4-H Military Partnership Outreach & Support Project for Virginia is providing a limited number of 4-H event scholarships for youth ages 5 to 18 of Air Force Military-Connected families living in Virginia. These scholars will be awarded on a first-come, first served basis. Eligible youth may live on or near an installation or live in communities across the state. Scholarships awarded can be used to assist with cost to participate in Virginia 4-H camping opportunities, State 4-H Congress or Youth Voices for Change (Formally i-Congress).

For complete guidelines and scholarship application, please contact Louetta Jones - 4-H Military Club Director, at lojones@vt.edu or call 804-712-8467.



Virginia 4-H: States' 4-H International Exchange Program

There's still time to apply! We still need:

- 1 host families for girls
- 3 host families for boys, one of whom has a special condition

Key Dates:

- July 24 - Delegates arrive
- July 25 - Delegates go to host families homes
- August 16 - Delegates depart

Click here for [States' 4-H International Exchange Programs](#) • Click here for [Host Families FAQ](#)

[Click here to apply to host.](#)





IRON MOUNTAIN HORSE CAMP

4-H HORSE PROGRAM BENEFIT TRAIL RIDE

ARRIVE FRIDAY, DEPART SUNDAY
STABLING AND CAMPING AVAILABLE
DAY HAUL-INS WELCOME

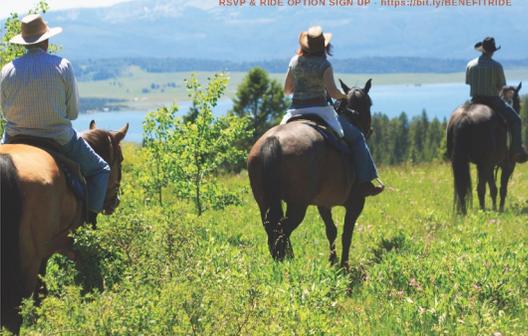
JUNE 25 2022

RIDE OPTIONS, SATURDAY, JUNE 25

- 9:30 AM - GUIDED 16 MI, 6.5 HR LONG RIDE - RAVENS CLIFF
- 11 AM - GUIDED 7 MI, 3 HR SHORT RIDE - SHILOH'S LOOP
- RIDE ON YOUR OWN - MAPS PROVIDED AT IMHC OFFICE

SOCIAL - SATURDAY 6PM
POTLUCK & FIRESIDE SOCIAL

RSVP & RIDE OPTION SIGN UP - <https://bit.ly/BENEFITRIDE>



SUGGESTED DONATION - \$50/RIDER

RSVP & RESERVATION DEADLINE - JUNE 17
<https://www.ironmountainhorsecamp.com/reservations>

4449 Arrowhead Drive, Ivanhoe, VA

VA 4-H Qualifying Horse Shows and Clinics

*** Check Registration Deadlines!**

Central District Qualifying Horse Shows

June 4 - [Sprouse's Corner Ranch](#) Location: Buckingham, VA Contact: [LaRue Dowd](#)

June 11 - [Toms Performance Horses, LLC](#) Location: Brookneal, VA Contact: [Danielle Toms](#)

Northern District Qualifying Horse Shows

May 29 - [Hoof N Woof 4-H Benefit Show & Skill Testing](#) Location: Durbin Arena, Free Union, VA Contact: [Bertha Durbin](#)

June 11 - [Bit-N-Bridle Horse Show & Skill Testing](#) Location: Virginia Horse Center, Lexington, VA Contact: [Amanda Loreti](#)

June 18 & 19 - [Benefit 4-H Horse Show & Skill Testing](#) Location: Meadow Event Park, Doswell, VA Saturday: Western / Gaited / Minis / Ranch / Western & Classical Dressage Sunday: Hunters Contact: [Lisa Powers](#)

Southeast District Qualifying Horse Shows

June 4 - [SEDRI 4-H Qualifying Horse Show](#) Location: Airfield 4-H Center, Wakefield, VA Contact: [Brooke McCall](#) 757-773-4270

June 18 (rain date July 16) Location: Bloxom, VA Contact: [Marcus Riley](#)

Southwest District Qualifying Horse Shows

May 28 - [SW District 4-H Qualifying Show Pre-entry Registration link](#) Location: SW VA 4-H Center, Abingdon, VA Contact: [Malerie Whitehurst](#)

June 11 - [Bit-N-Bridle Horse Show & Skill Testing](#) Location: Virginia Horse Center, Lexington, VA Contact: [Amanda Loreti](#)

Central District Qualifying Clinic

May 29 - [Showmanship/Riding Balance](#) Location: Hat Creek Equestrian, Brookneal, VA Contact: [Danielle Toms](#)

June 18 - Western Dressage/Dressage Location: Gryphon's Keep Farm, Phenix, VA Contact: [Darla Marks](#)

Southwest District Qualifying Clinic

June 4 - [State Show Prep Qualifying Clinic](#) Location: Abingdon, VA Contact: Mattie Ruth Graham: 276-870-3609

June 26 - [Flat Work / Horsemanship Skills](#) Location: Roanoke, VA Contact: [Leslie Prillaman](#)

Virginia 4-H Horse Show Hero Program

UNITS RAISING THE MOST FUNDS BY JULY 18th WILL BE GIVEN A CHOICE WITH THEIR BARN STABLING PREFERENCE! READY - SET - GO!

We hope you will join in the fundraising efforts for the State Show by seeking out your local sponsorships for the State 4-H Championship Horse and Pony Show, this Sept. 8-11! The Horse Show Hero program provides scholarships to those entering animals at the show with a reduction in entry fees, depending on your fundraising efforts.

The Horse Show Hero program is a great way to spread the word about the Virginia 4-H Horse Program and to raise awareness of the excellent work you are doing! So ask your aunts, uncles, cousins, grandparents, friends, riding instructors, local businesses, your school, anyone that is interested in supporting 4-Hers!

Please have all funds collected and submitted to your Extension office at the time of your State Show entry submission/orientation meeting on or before July 18. Entries will be online this year - more info to come soon on that! Please check with your Extension agent about when your State Show orientation meeting will be.



[Click here for information packet.](#)

VSU SPONSORED CAMPS



Future Trojan S.T.E.P. (Starting the Educational Path)

Target Audience: Students going to the K, 1st, or 2nd grade
Dates: July 11-28 (Monday through Thursday) | Time: 8:00 a.m. to 1:30 p.m.
Contact: Dr. Trina Spencer
tspencer@vsu.edu



G.I.R.L.S. (Gaining Interest in Research, Leadership, and Science)

Target Audience: Female students entering the 3rd, 4th, or 5th grade
Dates: July 15-17 | Time: All day (overnight)
Contact: Dr. Trina Spencer
tspencer@vsu.edu



Sci-Tastic (Science is Fantastic!)

Target Audience: Students entering the 3rd, 4th, or 5th grade
Dates: July 11-28 (Monday through Thursday) | Time: 8:00 a.m. to 1:30 p.m.
Contact: Dr. Trina Spencer
tspencer@vsu.edu



Verizon Innovative Learning

Target Audience: Students entering the 6th, 7th, or 8th grade
Dates: July 5-29 (Monday through Friday) | Time: 8:00 a.m. to 4:30 p.m.
Contact: Dr. John Blackwell
jblackwell@vsu.edu



STEAM Summer Camp

Target Audience: Students entering middle and high school
Dates: June 6 -July 1 (Monday through Thursday) | Time: 9:00 a.m. to 1:00 p.m.
Contact: Dr. Zhenhua Wu
ybatiste@vsu.edu



Unite STEAM L.I.T. (Unite Science, Technology, Engineering, Arts, and Mathematics Leaders in Training)

Target Audience: Students entering the 9th, 10th or 11th grade
Dates: June 20 - July 19 (Monday through Thursday) | Time: 8:30 a.m. to 3:00 p.m.
Contact: Dr. Michael Rainey
mrainey@vsu.edu

Ag Discovery (Starting the Educational Path)

Target Audience: Students going to the 10th or 11th grade
Dates: June 19- July 2 | Time: 8:00 a.m. to 1:30 p.m.
Contact: Dr. Johnnie Westbrook
jwestbrook@vsu.edu

John Mercer Langston Institute Freedom School

Target Audience: Students going to the 9th -12th grade
Dates: June 27- July 21 | Time: 8:30 a.m. to 1:30 p.m.
Contact: LaToya Waddy
lwaddy@vsu.edu

G.R.O.W.S. (Gaining Real Opportunities with Students)

Target Audience: Students entering the 12th grade or incoming VSU freshmen
Dates: Two sessions to choose from - June 20-26 or July 11-17
 Time: All day (overnight)
Contact: Dr. Michael Rainey
mrainey@vsu.edu

I-DREAM4D Robotics Summer Camp

Target Audience: Students entering the 12th grade or incoming VSU freshmen
Dates: June 21-July 1
Contact: Dr. Zhenhua Wu
ybatiste@vsu.edu

For more information about VSU Sponsored Camps contact, Dr. Shandra Claiborne (sclaiborne@vsu.edu), Executive Director for VSU C.A.M.P.S

Camp Loud & Clear



Dates: July 22-24

Location: Holiday Lake 4-H Educational Center in Appomattox County, VA

Ages: Participants ages 9 to 13 (as of September 30, 2022) years old are considered campers and those ages 14 to 18 (as of September 30, 2022) are counselors-in-training (CITs).

Cost: \$115

[Click here for more information.](#)



Camp Loud and Clear is a combined effort of Virginia Cooperative Extension, Holiday Lake 4-H Educational Center, Longwood University, and a team of dedicated volunteers and professionals. Camp Loud and Clear is an overnight summer camp for **youth whose primary disability is that he/she is deaf or hard of hearing**. Activities include swimming, archery, nature studies, hiking, and more set in the rolling terrain of Central Virginia. Participants may be verbal or sign to communicate. CITs participate in all activities and are given minor leadership roles. CITs will receive training on their responsibilities the first day of camp.

Virginia 4-H Southeast District Shoot

Date: June 25th

Location: Airfield 4-H Center

Register by June 2nd via email to 4-h.registration@cox.net.

Contact Lynn Wheeless, VA 4-H Shooting Education Program at lynnwheeless@gmail.com for more information and for registration form. Events include: Air Pistol (Progressive Position & Silhouette), Air Rifle (3-Position & Silhouette), Archery (Compound, Traditional, Instinctive, and Bowhunter), BB Gun (4-Position), Shotgun (Trap & Skeet), Smallbore Pistol Silhouette (only for senior 4-H members) and Smallbore Rifle (3-Position & Silhouette).



4-H All Star Centennial Celebration

Dates: July 22nd - 24th

Location: The Inn at Virginia Tech

Who Should Attend: All 4-H All Stars

[Click here to register.](#)

Registration Fee: Early Registration (June 1st): \$110; Registration (June 1st - July 14): \$150
Full time students (high school or college) may be eligible for a \$105 scholarship.

[Click here for more information and event agenda.](#)



The committees have been working hard to have a grand celebration for 4-H All Stars!

Virginia Youth Voices Awards Expo - POSTPONED



YYV has been postponed until mid-summer 2022 (TBA).

New Deadline to Submit Videos: July 8th

[Click here to register.](#) *Youth do not have to attend the event to submit a video and enter the competition.

Create a simple video with a powerful message and you could win a 4-H

Oscar Award! Create a short inspiring video using a phone or a camera. For example, the video could be about something that tackles comparison on social media, or mental health, or wellness or all three. Encourage your youth to be creative and think outside the box. They can create a "Tik Tok" style video or a music video or photo slide show with narration or animation, etc. It's up to them.

Contact Hermon Maclin at hmaclin@vt.edu for assistance with creating your story, filming or editing videos. [Click here for Virginia 4-H Youth Voices Facebook Page.](#)

Virginia 4-H Request for Youth Resumes for National 4-H Congress



Applications are now open for current-year senior 4-H members who would like to attend National 4-H Congress. For some 100 years, National 4-H Congress has served as the premiere educational and recognition event for senior 4-H members. Originally held in Chicago, the event is now annually held after Thanksgiving in Atlanta, Georgia. This year's event will be held November 25-29, 2022.

Outstanding youth will be selected to represent Virginia 4-H who are able to demonstrate achievement as a 4-H member in the areas of leadership, citizenship, and personal development.

The timeline for selection is as follows:

June 10	Personal Resumes Due at the State Office (must be submitted online at https://virginiatech.questionpro.com/22ntlcongress)
June 11-12	Resumes Reviewed
June 13	Finalists Announced
June 21	Interviews Conducted (at State 4-H Congress)
June 24	Announcement of Virginia Delegation
November 25 – 29	National 4-H Congress held in Atlanta, GA

Click here for the [Virginia 2022 National 4-H Congress Instructions](#).

To learn more about National 4-H Congress, please visit the website at <https://national4-hcongress.com/>.

We look forward to seeing applications from your 4-H members who would like to be a part of the Virginia delegation!

Virginia Soil Health Coalition



NEW EPISODES: "4 The Soil: A Conversation" Podcast

Check out two new episodes featuring Dr. Alan Franzluebbers of USDA Agricultural Research Service (ARS) and NC State and Virginia Secretary of Agriculture and Forestry Matt Lohr. Learn from Dr. Franzluebbers about soil ecology and management and hear from Secretary Lohr about his commitment to soil health and the next generation. [Click here.](#)

NEW REPORT: The Role Soil Organic Carbon Can Play in Soil Health

A new scientific publication from the Soil Health Institute provides insights into the role that soil organic carbon can play in preventing drought, reducing flooding, and improving the water retention capacity of soils. [Click here.](#)

NEW VCE RESOURCE: Your Soil Test Report Simplified: A Guide for Homeowners

A new Virginia Cooperative Extension document by Thomas Bolles, Agriculture & Natural Resources Agent in Prince William County, is a resource for homeowners, teachers and others explaining the relevant parts of a routine soil test from Virginia Tech. It also includes best management practices for improving and maintaining health soils in the garden and landscape. [Click here.](#)

NEW WEBSITE: www.soillife.org

★ ★ ★ ★ ★

MEMORIAL DAY TRIBUTE

★ ★ ★ ★ ★

FRIDAY, MAY 27
10:00 AM

FREEDOM PARK WAR MEMORIAL
1 COUNTY COMPLEX, WOODBRIDGE, VA 22192

Hosted by
Prince William Board of County Supervisors

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

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chelmlinger@pwcva.gov



PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)
[VCE Speakers Bureau](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H
Association Officers**

Youth Officers

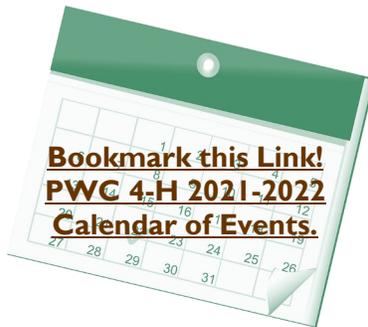
Samantha Whysong, President
Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Support the Prince William County 4-H
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



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