



Prince William 4-H

Our Clubs, Our Community



August 24, 2022

Upcoming Events

- Sep 3 - PW 4-H Farmer's Market #3
- Sep 8-11 - VA State Horse Show
- Sep 9-11 - VA 4-H State Shoot
- Sep 18 - Leader Kickoff
- Sep 23 - Oct 2 - State Fair of Virginia
- Sep 30 - Portfolios Due
- Oct 1 - **NEW 4-H YEAR!**
- Oct 1 - PW 4-H Farmer's Market #4
- Oct 1 - All Star App Due
- Oct 5-16 - TSC Paper Clover Campaign
- Nov 5 - PW 4-H Farmer's Market #5

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Click to Visit



Prince William 4-H Thanks YOU!

Prince William 4-H at the PWC Fair includes the 4-H Children's Barn, Ag Barn and Fair Camp. This is our most exciting, *and demanding*, event of the year! We're able to showcase our phenomenal county youth and our programs thanks to the support and dedication of our volunteers and community partners. We truly could not reach and expose youth to the expansive world of 4-H without your time and talents.

THANK YOU Community Partners!

- ♥ Prince William County Fairgrounds, <https://pwcfair.com>
- ♥ Yankey Farms, www.yankeyfarms.com
- ♥ VCE SNAP Education, Travis "Mr. T" Dieffenderfer, www.pwcva.gov/department/virginia-cooperative-extension/nutrition-education-program
- ♥ Master Naturalists, www.virginiamasternaturalist.org and <https://merrimacfarmvmn.wixsite.com/mysite>
- ♥ Master Gardeners, www.pwcva.gov/department/virginia-cooperative-extension/natural-resources
- ♥ Prince William Beekeepers, <https://pwrbeekeepers.com>
- ♥ Prince William Soil and Water, www.pwsxcd.org
- ♥ Department of Wildlife Resources, <https://dwr.virginia.gov>
- ♥ Livestock Exhibitors, both youth and adult



THANK YOU Adult Volunteers!

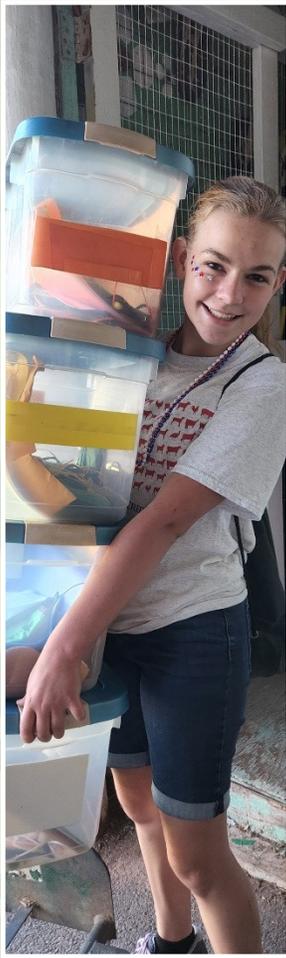
Thank you to the many adult volunteers and chaperones that dedicated numerous hours to ensuring the safety and success of our events, with a special thank you to volunteers: **Liz Stogran, MaryLou Malo, DeeAnn Strand, Anne Konstanty, Serena Sufliita, Rhonda Seaberg, Farah Haq, Betty Ann Blanton, Kristin Saul, Chris Flench** and all of the parents that assisted their youth in coming prepared to **Branch Out with 4-H!**

THANK YOU to Youth Volunteers and Camp Counselors!

Prince William 4-H aims to provide leadership opportunities to local youth to help them gain additional knowledge, life skills, and attitudes that will further their development as self-directing, productive and contributing members of society. Thank you for answering the call to volunteer at the Fair - we admire your enthusiasm, knowledge, and dedication to 4-H and enjoy watching you grow as leaders.

Turn the page to see the fun we had during the Prince William County Fair!





Prince William 4-H at the PWC Fair
August 12 - 20, 2022





The New 4-H Year starts October 1st!

CITIZENSHIP ✿ HEALTHY LIVING ✿ STEM ✿ AGRICULTURE

Don't let the excitement from camp end!

Start a 4-H Club and watch our youth THRIVE!

Contact MaryBeth Lerch for more information.

Prince William 4-H Clubs provide a place where youth can belong and grow!



4-H Clubs are open to youth ages 5-19. They can be established in-school, after school, or as independent clubs, and can be teacher or volunteer led.

4-H Clubs focus on the 4-H Pillars of Citizenship, Healthy Living, Agriculture and STEM. Research-based curriculum and activities are readily available through Prince William 4-H on topics including animal science, careers & economic education, citizenship, communications & expressive arts, family sciences, nutrition & health, leadership, natural resources & environmental education, plants & soil, entomology, STEM, and more.

4-H youth participate in annual competitions at the state and local level, build portfolios, complete projects, engage in community service, conduct elections, attend camps and teen weekends, and have fun exploring their interests and growing into who they are meant to be. 4-H is for everyone!

Help Prince William Youth THRIVE!

STARTING A 4-H CLUB

LONG-TERM OUTCOMES

- Academic or Vocational Success
- Civic Engagement
- Employability & Economic Stability
- Happiness & Wellbeing

DEVELOPMENTAL OUTCOMES (Positive Youth Development)

- Positive Academic Attitude
- Social Competence
- Personal Standards
- Connection with Others
- Personal Responsibility
- Contribution

DEVELOPMENTAL OUTCOMES (Positive Youth Development)

- Growth Mindset
- Openness to Challenge & Discovery
- Hopeful Purpose
- Prosocial Orientation
- Transcendent Awareness
- Positive Emotions
- Goal Setting & Management

YOUTH THRIVING (Social, Emotional & Cognitive Learning)

- Sparks
- Belonging
- Relationships
- Engagement

DEVELOPMENTAL CONTEXT (4-H Programs)

4-Hers are...

- 4X** more likely to give back to their communities
- 2X** more likely to make healthier choices
- 2X** more likely to participate in STEM activities

Virginia Cooperative Extension
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Dedicated volunteers, like YOU, help Prince William County youth develop new interests, make new friends, practice decision-making skills, and gain leadership skills through 4-H.

You can start a 4-H Club in 4 EASY STEPS:

- STEP 1:** Contact the Prince William County 4-H Office and attend the September leadership training session. 4HPWC@pwcgov.org, (703)792-6286, <https://www.pwcva.gov/4-H>
 - STEP 2:** Tell the 4-H Story and invite families to join the new club by promoting the opportunities available through 4-H. Encourage adult volunteers to assist in specific club responsibilities.
 - STEP 3:** Conduct 4-H Club Meetings and encourage youth to create a club name, establish meeting times, develop an annual plan, organize projects, and elect youth club officers.
 - STEP 4:** Keep the 4-H Club Strong by conducting regular meetings, establishing good communications, getting involved in local, state and national 4-H activities, recognizing achievements, participating in community service, and building community relations.
- Start a 4-H Club Today!*

Job Opportunities: 4-H Center Program Director (multiple locations)

And if you really enjoyed volunteering at camp - here are a few fantastic job opportunities! The Program Director's primary responsibility is to oversee 4-H Center programming -to plan, conduct, supervise and evaluate educational programs for youth and adults. All youth programs will be conducted in accordance with the Virginia 4-H Program guidelines, the Virginia Department of Education's Standards of Learning guidelines, and the American Camp Association's standards for camps and conference centers.

The Program Director is responsible for taking the initiative to promote the use of the 4-H Center in cooperation with Cooperative Extension for programs to serve, in this priority: (1) 4-H youth, (2) other youth, and (3) adults (e.g., Road Scholars, individuals, organizations, professional groups, businesses, churches, schools, and other groups which can benefit from programs offered by and through the 4-H Center).



Airfield 4-H Educational Center – Program Director
[Details | 4-H Program Director, Airfield Virginia 4-H Educational Center \(pageuppeople.com\)](https://pageuppeople.com)

Holiday Lake 4-H Educational Center – Program Director
[Details | 4-H Program Director, Holiday Lake 4-H Educational Center \(pageuppeople.com\)](https://pageuppeople.com)

Northern Virginia 4-H Center Director – Program Director
[Details | 4-H Program Director, Northern Virginia 4-H Educational Center \(pageuppeople.com\)](https://pageuppeople.com)

SAVE THE DATE!

Farmer's Market



Prince William 4-H Young Entrepreneurs

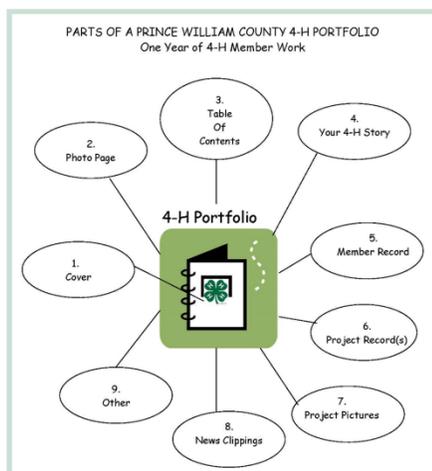
SWEET
TREATS

WOOD
CRAFTS

FLOWER
DESIGNS

And more! Stop by the Manassas Farmer's Market and support Koa, Aisling, xanthie, Katie, Alayjah, Diallo, and John David as our 4-H'ers continue to develop their entrepreneurial skills at our 3rd Market Day!

8 AM - 1 PM | 3 SEPTEMBER | MANASSAS FARMER'S MARKET



Portfolios Due to Prince William 4-H by **September 30th!**

A portfolio is a tool where 4-H'ers learn to set goals, plan, prioritize and record results. Youth evaluate both the journey and the outcomes. They also learn how to market themselves, prepare a resume, and complete a 4-H Project Interview.

Portfolios are organized, but creative!

Take advantage of the upcoming no school days in Prince William County to finalize your portfolios and submit to the Prince William 4-H office. We look forward to seeing how you and your 4-H Story has grown!

Please contact [MaryBeth Lerch](#) with questions.

Virginia State Show Updates



61st Virginia State 4-H Horse and Pony Championship Show

Dates: September 8th - 11th

Location: Virginia Horse Center, Lexington, VA

[Click here for more information.](#)

[Click here for the Silent Auction Facebook Page.](#)



Virginia State 4-H Horse and Pony Show - **HOSPITALITY REQUEST**

[Click here for Hospitality Signup.](#)

The Horse Show utilizes over 120 volunteer show staff. The volunteers perform a number of necessary duties and include the EMT's on duty in the event of an emergency, judges, jump crews, ring maintenance members, gate keepers, announcers and scribes, to mention only a few. Please consider showing your appreciation by donating food or beverages to the Hospitality Room. Please contact [Kendell Kniseley](#) with questions or to make special arrangements for large



2020 State Fair of Virginia 4-H and FFA Hippology Contest

Location: Virginia State Fair

Date: Friday, September 30th. **Register by Sept. 15th.**

UPDATED 4-H LINK: [Click here for more information and to register.](#)

Scholarship prizes!

The purpose of the State Fair of Virginia 4-H/FFA Hippology Contest is to stimulate the study of and interest in equine science selection, management and production through the agricultural education curriculum, and to provide recognition for those who have demonstrated skills and competencies as a result of interest and instruction in equine science.



2022 State Fair of Virginia 50th Anniversary State 4-H Dog Show

Date: September 25th

Location: The Meadow Event Park, Doswell

Entries due September 9th.

This event is open to any Virginia 4-H youth member that has an interest in dogs, wants to learn more about dog exhibition, or has experience showing dogs – enrollment in the 4-H Dog Project or membership in an Official 4-H Dog Club or previous experience is NOT required.

In addition to the actual canine training events, there will also be a Project Record Book Competition, Educational Poster Contest, Art Contest, and 2023 T-Shirt Design Contest – youth may participate in these events without entering the training events and can submit those items in absentia, although we do hope that everyone will make plans to attend the show and broaden their knowledge about the State 4-H Dog Show.

[Click here for the details and rules in the Premium Guide.](#)

[Click here to Enter.](#) Entry Fee is \$15/child



Virginia 4-H Shooting Sports Updates

VA 4-H Shooting Education Ambassador Program

Application Deadline: September 5th by 5pm.

[Click here for more information and to apply.](#)

The Virginia 4-H Shooting Education Ambassador Program offers teens the opportunity to demonstrate and build upon their skills in citizenship, leadership, and public speaking as they travel around Virginia serving as advocates and spokespersons for 4-H Shooting Education. The function of this group is to help build the shooting education program in Virginia and to help its members increase their knowledge of the sport.

RL Harris Jr Memorial 4-H Shotgun Championship

Date: September 24th

Location: Brushy Mountain Gun Club, Hurt, VA

Registration Deadline: September 11th

Trap, Skeet and Sporting Clays. Contact [David Maddox](#) for more information.



What is an All Star? Virginia 4-H All Stars is an honor/service organization for teen and adult leaders who are actively involved in expanding and enhancing the 4-H programs in their communities and statewide. Membership with All Stars is the highest recognition that a 4-H'er in Virginia can achieve.

4-H All Stars contribute to positive youth development through service locally and statewide. 4-H members begin their story by gaining knowledge through trainings, experiences and information, and then utilize their knowledge to provide leadership and life skills to other 4-H participants. Members that have transitioned into applying their 4-H knowledge and skills into leadership roles and promote "Making the Best Better," can apply to become an All Star. Applicants should have at least 3 years experience with 4-H and be between 15 and 19 years-old.

Together We Serve! Members inducted into the Virginia Chapter of All Stars are dedicated to serving their local 4-H community. Working together as Virginia All Stars, youth make an impact in developing self-motivated youth and implementing interactive youth development education programs for all of Virginia. All Stars strive for better understanding, patience, dedication and unselfish service to fellow 4-H members and 4-H programs. Virginia All Stars may attend additional events and apply for additional scholarships specific to Virginia All Stars.

You can be a Virginia All Star!

Join PWC 4-H Extension Agent MaryBeth Lerch for an information session on the application process for Virginia All Stars. You should attend if you are ready to apply, or if you are interested in learning the steps that you can be taking now to develop into leadership roles that lead to membership as a Virginia All Star.

VA 4-H All Star Applications Due October 1st

[Click here to learn more about Virginia 4-H All Stars](#)

| [Click here for the application.](#)

Hokie BugFest - Insect Collection Contest!

Hokie BugFest 2022 Date: October 8th from 10 am - 3 pm

Location: Squires Student Center in Blacksburg, VA.

Insect Collection Contest Entry Forms due September 16th.

[Click here for contest rules and entry form.](#)

[Click here for more information on Hokie BugFest.](#)

START COLLECTING TODAY! Collect as many insects as you can and identify them as accurately as possible. Pin them or store them in your freezer until you are ready to pin them. Each collection should have a total of 50 specimens. Check your identifications with Bugguide.net.

Contest age groups are Junior Collectors (Ages 8-13) and Senior Collectors (Ages 14-18). Any individual, team, or group is eligible. Group or team entries are encouraged. See the entry form for details.

Hokie BugFest celebrates the fun and exciting science of entomology, and the Virginia Tech tradition of learning and discovery, through outreach and engagement.



Every Kid Outdoors Program from the National Park Service



With the school year beginning, and the new 4-H year right around the corner, it's a great time to take advantage of the **Every Kid Outdoors Program from the National Park Service**. The program was created in 2015 in an effort to get more children and families to visit our national parks, and it has been renewed and expanded over the years to now include a wide variety of public lands.

Free Passes! The program is very simple: every 4th grade student (or home school equivalent) in the United States is entitled to get one Every Kid Outdoors pass which is valid from September 1 – August 31 (so it is valid all the way through next summer). The pass will admit that student, any other youth under the age of 16 in the party (other youth do not have to be 4th graders), and up to 3 adults free to any site which charges an entry fee. This does not cover other fees like parking fees, camping permits, etc. but covering the entry fees can represent a significant savings to families. Any eligible student/parent can visit <https://www.everykidoutdoors.gov> to print the free pass or to get more information.

Opportunities for Club or In-School Programming! Educators are also able to print out passes from the website for all of their 4th graders, plus there are activity guides that can be downloaded. **Extension Agents and club leaders ARE considered educators for the purposes of this program!** All you will need to do is visit <https://www.everykidoutdoors.gov/educators.htm>, download any activity guides you would like, and fill out the information to print out the passes. Enter "Virginia 4-H Program" in the box asking for a school or organization name.

The activity guides were developed by the National Park Service, and they are easily adaptable to in-school settings, or for clubs, etc. The four activity guides are: **Exploring Federal Lands & Waters, Environmental Stewardship, Our Nation's Native Peoples, and Citizen Science.**

Where the Pass Can Be Used? The pass can be used at most fee-based sites administered by the following federal agencies: National Park Service • Bureau of Land Management • Bureau of Reclamation • National Oceanic & Atmospheric Administration • United States Fish & Wildlife Service • United States Forest Service • United States Army Corps of Engineers

The beginning of the 4-H year is a great time to be thinking about visiting our national parks and recreation areas. Virginia alone has some 22 National Park Service sites which range from Revolutionary War battlefields and natural landmarks, to Civil Rights monuments and cultural heritage. You can find these online at <https://www.nps.gov/state/va/index.htm>.

Many parks also offer educational programming which support our 4-H pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. Some of these lessons are available online for educators to use at the Teaching With Historic Places website: <https://www.nps.gov/subjects/teachingwithhistoricplaces/index.htm>.

Let's get **Every Kid Outdoors!**

ATTENTION 4TH GRADERS!

PASSION CREATIVITY INTELLECT CONFIDENCE

UNDERSTANDING FUN LOGIC COMMUNITY LEARNING CAREERS

LIFE SKILLS COMPASSION GIVING BACK HEALTHY HABITS

FIND YOUR SPARK WITH A PWC 4-H PROJECT

Project Ideas with Curriculum Available through Virginia 4-H:



Agriculture: All Agriculture project activities including by not limited to: Acres of Adventure, Ag in the Classroom, Agriculture Education Field Days, etc.

Aquatic and Marine Science: All Aquatic and Marine Science project activities to include but not limited to: Fishing, Project WET, etc.

Beef: All Beef project activities, to include but not limited to: Market Beef, Beef Heifer, Non-ownership Beef, Beef Challenge, Cattle Working, Beef Educational Activities, Youth Beef Shows, etc.

Career Exploration and Awareness: All Career Explorations and Awareness project activities.

Citizenship: All Citizenship project activities to include, but not limited to: Citizenship Washington Focus, National 4-H Conference, International Exchange, Civic Engagement, etc.

Companion Animal: All Companion Animal project activities to include, but not limited to: Dogs, Cats, Birds, Mice, Guinea Pigs and Other Exotic Species kept by humans, State Dog Show, Virtual Dog Show, etc.

Cloverbud: All Cloverbud project activities. This project area is limited to Cloverbud members only.

Communications: All Communications project activities to include, but not limited to: Discussion Meet, Extemporaneous Speaking, Presentation, Public Speaking, Radio Spot, Science Fair, etc.



Consumer Science: All Consumer Science Education project activities including but not limited to: Fashion Revue, LifeSmarts, etc.

Creative Arts: All Creative Arts project activities to include, but not limited to: Adobe Youth Voices, Filmmaking, Video, Photography, Visual Arts, etc.

Culture: All Culture project activities.

Dairy: All Dairy project activities, to include, but not limited to: Dairy Heifers, Dairy Cows, Non-ownership Dairy, Judging Contests, Quiz Bowl, June is Dairy Month Posters, Dairy Educational Activity, Dairy Shows, etc.

Earth Science: All Earth Science project activities to include but not limited to: Geology, Meteorology, Astronomy, etc.

Energy: All Energy project activities to include, but not limited to: Electric Energy, Wind Energy, etc.

Engineering: All Engineering project activities to include, but not limited to: Engineering Design Challenge, etc.



Entomology: All Entomology projects activities, including but not limited to: Beekeeping, Hokie BugFest, Butterflies, etc.

Environmental Science: All Environmental Science project activities, including but not limited to: Environmental Education, Natural Resource Weekend, etc.

Expressive Arts: All Expressive Arts project activities to include, but not limited to: Table Setting, Storytelling, Theatre Arts, Global Dance, etc.

Family Science: All Family Science project activities including but not limited to: Child Care, Babysitting, etc.

Financial Education: All Financial Education project activities including but not limited to: Kids Marketplace, Reality Store, Entrepreneurship, etc.

Forestry: All Forestry project activities, including but not limited to: Tree Identification, Forestry Educational Contests and Activities, etc.

Food and Nutrition: All Food and Nutrition project activities, including but not limited to: Choose Health, Food Challenge, Teen Cuisine, Healthy Weights for Healthy Kids, etc.

CAREERS PERSEVERANCE WORK ETHIC



Goat: All Goat project activities, to include, but not limited to: Breeding Goat, Dairy Goat, Fiber Goat, Market Goat, Non-ownership Goat, Market Goat Shows, Dairy Goat Shows, Goat Skillathon, etc.

Healthy Living: All Health Living project activities, including but not limited to: Health Rocks, Yoga for Kids, etc.

Horse and Pony: All Horse & Pony project activities, to include, but not limited to: Horse, Pony, Horseless Horse, Non-ownership, 4-H Horse & Pony Shows, Hippology, Horse Judging, Horse Quiz Bowl, Horse Communications Contest, VA Horse Ambassador, etc.

Leadership: All Leadership project activities to include, but not limited to: 4-H Day at the Capitol, 4-H Congress, iCongress, National 4-H Congress, Teen Excellence in Leadership Institute (TELI), Teen Leader, etc.

Livestock Education: All Livestock Educational project activities, to include but not limited to: B&B Contests, Stockmen's Contests, Skillathons, Meat Judging, Judging Camps & Clinics, Beef Challenge, Pork Challenge, etc.

Outdoor Adventure: All Outdoor Adventure project activities

Other Animal: All Other Animal project activities not specifically listed. This could include, but not limited to: Alpacas, Llamas, Other Animal Non-ownership, etc.

Plant and Soil Science: All Plant and Soil Science project activities including, but not limited to: Jr. Master Gardener, Horticulture, Garden, School & Community Gardens, etc.

Personal Development: All Personal Development project activities to include, but not limited to: Character Counts!, Overnight Camping programs, Service Learning, etc.

Poultry: All Poultry project activities, to include but not limited to: Market Poultry, Breeding Poultry, Poultry Judging, Embryology, Poultry Educational Activities, Non-ownership Poultry, etc.

Rabbit: All Rabbit project activities, to include but not limited to: Breeding Rabbit, Meat Rabbit, Show Rabbit, Non-ownership Rabbit, etc.

Robotics: All Robotics project activities to include, but not limited to: Junk Drawer Robotics, LEGO Robotics, etc.

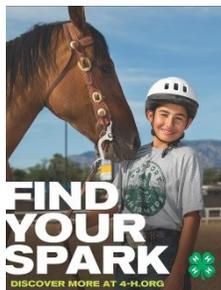
Science Inquiry: All Science Inquiry project activities to include but not limited to: Mission to Mars, etc.

Sheep: All Sheep project activities, to include but not limited to: Breeding sheep, Market lambs, Sheep Educational Activities, Non-ownership Sheep, Sheep & Goat Symposium, Sheep Shows, etc.

Shooting Education: All Shooting Education project activities, including but not limited to: Air Rifle, Shotgun, BB, Archery, Skeet, Spring Air Match, State Shoot, State Archery Match, Shotgun Championships, VA Shooting Sports Ambassador, Shooting Camp, etc.

Swine: All Swine project activities, to include but not limited to: Breeding Hog, Market Hog, Non-ownership Swine, Swine Shows, Pork Challenge, VT Swine Day, Swine educational activities, etc.

Technology: All Technology project activities to include, but not limited to: Aerospace, Computers, Drones, Makey-Makey, etc.



Vet Science: All Vet Science project activities including but not limited to: The Normal Animal, Animal Diseases, Animal Health and Our World, Airedales to Zebras, etc.

Wildlife: All Wildlife project activities to include, but not limited to: Wildlife Habitat Education Program (WHEP) program, etc.



PWC 4-H Resources for Curriculum Materials

[Click here to search curriculum materials available through Virginia 4-H](#)

[Click here to access Virginia 4-H Resources for School Enrichment](#) (short survey to access materials)

[Click here for a list of Special Curriculum Presentations available to PWC 4-H Clubs through the VA 4-H Speakers Bureau](#)

[Click here for Curriculum Available from National 4-H](#)

**PRINCE WILLIAM
COUNTY**

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Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
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[STEM in Virginia 4-H](#)
[VCE Speakers Bureau](#)

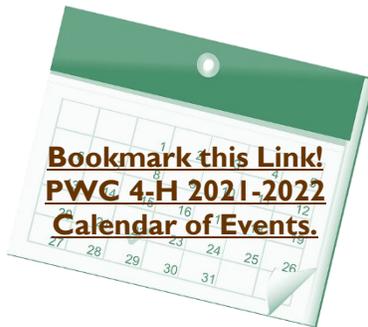
Prince William 4-H

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[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H
Association Officers**

Youth Officers

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Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Support the Prince William County 4-H
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



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