



Prince William 4-H

Our Clubs, Our Community



October 12, 2022

Upcoming Events

- Oct 26** - PW 4-H New Member Meeting
- Nov 5** - PW 4-H Farmer's Market
- Nov 8** - Food Challenge Training
- Nov 9** - PW 4-H Association Meeting
- Nov 12** - Cloverbud Club
- Nov 14** - Officer Training & Teen Club
- Dec 1** - Embryology Registration Opens
- Dec 4** - PW 4-H Recognition Night & Holiday Celebration
- Dec 7** - Portfolio Training
- Dec 10** - Clover(bud) Club
- Dec 13** - PW 4-H Teen Club

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Click to Visit



What an Exciting Start to the 4-H New Year!



PRINCE WILLIAM 4-H TEEN CLUB

Our fabulous teens met last week to reconnect after the summer and put a plan in place for the new 4-H year. We brainstormed and shared individual thoughts on what we hoped to learn through our club experiences, how we can contribute individually, how we can help our community, and what we can do for fun. It's going to be an exciting year - and it's not too late to jump in!

NEXT MEETING DATE: NOVEMBER 14TH, held in conjunction with Officer Training

Time: 6:30 -8:30 pm

Location: McCoart Building

Who Should Attend: All PW 4-H'ers ages 14-19

[Click here to register.](#)



PRINCE WILLIAM 4-H CLOVER(BUD) CLUB

In our 1st meeting, we spent time getting to know each other and then participated in an exciting scavenger hunt collecting colorful fall leaves. We created unique art pieces with the leaves and presented our creations to the group, practicing our public speaking, listening, and caring skills. We're really good at complimenting our friends on their hard work!

NEXT MEETING DATE: NOVEMBER 12

Time: 10 am-12 pm

Location: 4-H Children's Barn, PWC Fairgrounds

Who Should Attend: All PWC youth ages 5-8 with an interest in 4-H

[Click here to register.](#)



PLEASE RE-ENROLL IN 4-H ONLINE TODAY!

****ONLY 4-H'ers RE-ENROLLED AS OF NOV. 1 WILL RECEIVE THE NEWSLETTER!****

We're finding that it's really important to re-enroll as soon as possible. The online membership system helps us keep our records accurate. It's also where we send out all of our information on camps and activities. We use the membership system to send out our weekly newsletters. We don't want to send the same email twice to members, so after November 1st, we will only be able to send the newsletter to members enrolled for the 2022-2023 year.

[Click here for the 4-H Online Re-Enrollment Tip Sheet](#)

[Click here to access 4-H Online](#)



PRINCE WILLIAM 4-H NEW MEMBER MEETING - OCT. 26TH

Date: October 26, 7:30 pm

Location: McCoy Conference Room (upstairs), Sudley North 4-H Office

Who Should Attend: Anyone who joined 4-H since 2020 and is interested in learning about opportunities beyond project work. The meeting is geared towards parents and leaders, but youth are welcome to attend.

[Click here to register.](#)

[Click here for the full 2022-2023 PW 4-H Calendar.](#)



Prince William 4-H Youth Officer Training and Teen Club

Date: November 14, 6:30 - 8:30 pm

Location: McCoart Building, Woodbridge

Who Should Attend: All new 4-H Youth Club Officers and all PW 4-H teens ages 14-19

[Click here to register.](#) (same registration as Teen Club Meeting)

This in-person meeting is an interactive meeting for current youth officers, newly elected youth officers, anyone interested in becoming an officer, or anyone interested in learning about the roles of 4-H youth officers in clubs, county, district and state levels. All PW 4-H Teen Club members should participate.

Clover(bud) Club Fall Fun!

Check out our HANDS at work this past Saturday!



Virginia 4-H: Scarf Campaign is Underway - SALES EXTENDED



UPDATE: SALES CLOSE FRIDAY, OCTOBER 14TH AT 11:59 PM.

Support Virginia 4-H Youth, Show your 4-H Spirit and Get a Limited Edition Virginia 4-H Scarf, too! It's an important time for Virginia's youth. An investment in 4-H will help youth find their passion and create positive change in their lives and their community.

The Virginia 4-H Scarf Campaign is a twelve day giving campaign that rallies 4-H alumni and friends to support 4-H. By giving collectively, donors have an opportunity to make a greater impact. All donations will support the 4-H annual fund. These funds are unrestricted and provide for immediate needs to support 4-H experiences at the state level and local level.

We believe in the power of our youth. Help us create more opportunities for all youth with a donation of \$20, and you'll have a limited edition 4-H scarf to keep you warm, and show your spirit! To donate to the campaign, visit <https://crowdfund.vt.edu/4Hscarf> between September 26th and October 7th.



Trigger Time 4-H Shooting Education Club defeats Grove City NJROTC

October 5, 2022: Trigger Time 4-H Shooting Education Club defeated Grove City NJROTC 1099.0 to 901.8 last week in the National Air Rifle League. With the win, Trigger Time 4-H Shooting Education Club is in sixth place overall and first place within their 'Junior Rifle Club' conference. They currently have a 1- 0 record. Trigger Time 4-H Shooting Education Club was led by Lexi Strand who shot a 286.0. The remaining contributing members were Samantha Erick, Samantha Seagle, and Grace Richter. Trigger Time 4-H Shooting Education Club is from Manassas, VA, and is coached by Alan Lerch.

Grove City NJROTC currently has a 0 -1 record. Grove City NJROTC was led by, Harrison Schaefer who shot a 237.4. The remaining contributing members were Peyton Zelenak, Shelby Shaffer, and Jack Bowyer. Grove City NJROTC is from Grove City, and is coached by Dustin Martin.

Next up Trigger Time 4-H Shooting Education Club will compete against Pueblo West AJROTC from Pueblo West, CO. Pueblo West AJROTC currently has a 0 -1 record. While Grove City NJROTC will compete against Brooke Point NJROTC from Stafford, VA. Brooke Point NJROTC currently has a 1- 0 record.

These two teams are competing in the Champions Division of the Orion National Air Rifle League. Sponsored by the Orion Scoring System, the league is a national team league for high school teams and junior rifle clubs. The Champions Divisions is the most difficult division in the league. The league has two parts. An 8 week regular season going on now, where teams compete for their conference's title. Followed by the post-season, comprising of two single elimination tournaments. Only the top 16 teams across all conferences advance to the post-season, to compete for the league title.

In each game the teams compete in what is known as a Three-Position Air Rifle match. The match is modeled after Olympic Rifle competitions but adapted to high school age athletes. Each athlete will shoot 10 shots in three different shooting positions, prone, standing, and kneeling. Each shot is worth a maximum of 10.9 points. The sum of points scored in the 30 shots is the athlete's total. The team score is comprised of the best four athletes from each team.



Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, including complete standings, visit <https://www.national-leagues.com/>
[Click here for Trigger Time 4-H Shooting Education Club Team Page](#)

Virginia 4-H: Shooting Education Sports FINAL REMINDERS

Virginia 4-H Shooting Education Camp 2023

Dates: July 30 - August 3, 2023

Location: Holiday Lake 4-H Educational Center

Cost: Pistol, Rifle, Archery \$390; Shotgun, Muzzleloader \$410

[Click here for more information and to register.](#)

Register early. The maximum number of campers will be 106.

The Shooting Education Camp for 2023 will be held on July 30 - August 3, 2023. The camp is open to boys and girls ages 12 to 16. Participants will receive 4 days of instruction related to their chosen discipline, consisting of such topics as Shooting Safety Education, Shooting Fundamentals and Theory, and Marksmanship Instruction. Each will have the opportunity to participate in one or more competitive shoots. Disciplines offered include: Archery, Muzzleloading, Pistol, Shotgun, Small Bore Rifle (.22), and Air Rifle. Teen Assistants, aged 17- 20, with 4H Shooting Education experience, are also needed for the camp.

Virginia 4-H Shooting Education Instructors Recertification

Date: November 5th; **Register by October 26th**

Shooting Education Instructors must be Recertified every 7 years in each discipline they are certified to instruct. This is a requirement to comply with the National Standards published by the National 4-H Shooting Sports Committee. There are approximately 160 instructors that need to be recertified in one or more disciplines. Those that have not completed recertification by the 12/31/2023 deadline will be de-certified. There are 3 sessions remaining before the deadline: November 5, 2022; February 2023; and November 2023. Due to space, registration is limited. [Contact Lynn Wheelless](#) for more information and to register.



 **PRINCE WILLIAM 4-H**



FINAL

FARMER'S MARKET

November 5th

ENJOY THE FAMILY-FRIENDLY ACTIVITIES

AT THE MANASSAS FARMERS MARKET

8 AM - 1 PM



FEATURING PWC 4-HERS NISANUR, JAMES, JARED, HANNAH, KOA, AISLING, XANTHIE, KATIE, DIALLO, AND JOHN DAVID!

FOR MORE INFORMATION ABOUT PRINCE WILLIAM 4-H:

Come Grow with Us!

www.PWCVA.gov/4-H



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.





**Civic
Engagement**

Prince William 4-H Cloverbuds are youth ages 5 to 8 that are interested in learning more about 4-H.

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in subject areas such as civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculum-based. We lay the foundation of knowledge to help develop our

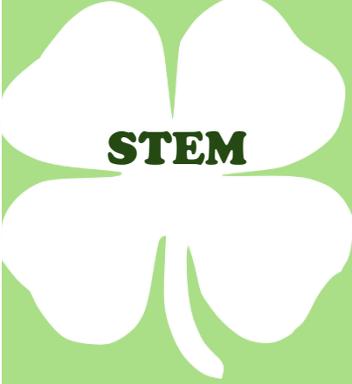
future community leaders!

What is 4-H?

4-H is a community of young people across America who are learning leadership, citizenship, and life skills. Our goal is to help young people grow into capable, responsible, confident members of our community by providing information, opportunities, activities and events that are educational and fun! Through clubs throughout Prince William County, our youth conduct youth-led meetings to complete projects, community service projects, and participate in local and state government events.

Come Grow with Us!

Attend our next **Clover Club!** You can also learn more at www.pwcgov.org/4-H.



STEM



**Healthy
Living**



Agriculture

PWC 4-H
4HPWC@pwcgov.org
(703) 792-4536



A 4-H Club for Youth Ages 5-8

(parent or guardian must be present)

FREE!
**4-H Children's Barn
PWC Fairgrounds**

10624 Dumfries Rd.
Manassas, VA 20112

**2 HOURS OF 4-H
FUN!**

**Saturdays
10 am - 12 pm**

next meeting dates:
**November 12
December 10**

[Click here to register.](#)

Virginia Cooperative Extension
Virginia Tech. • Virginia State University

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VIRGINIA 4-H

Horse Program



2022 End of Year Awards

Deadline: December 15th

[Click here for more information and to nominate.](#)

Let's celebrate this year's most outstanding Club, 4-H member, and 4-H Volunteer for 2022!

Annual End of Year Awards are recognized by those actively involved in the 4-H Horse Program. Please join us in celebrating our top Member of the Year, Volunteer of the Year, and Club of the Year.

New Publications for EquiSmartz have been released:

- **Digital Equine Science: For Horse Crazy Youth and Horse Owners** by Jean T. Griffiths
- **Digital Horse Industry Handbook: A Guide to Equine Care and Management** by the American Youth Horse Council

[Click here for more information and to purchase.](#)



American Youth Horse Council

Virginia 4-H: Wythe County 4-H Pollinator Garden Project Book



Wythe County 4-H has shared their Google Site for club leaders and educators to download project books. In particular, their Pollinator Garden Project Record book is very popular for a short term project. Here's the link for early planning and incorporating into your lesson plans:

Pollinator Garden 4-H Project Record: This is short-term project that begins in April and runs through September. Youth can be 5-18 years of age and will be given plants, seeds, a Virginia Butterfly and Moth Identification Guide, and a mason bee house. They will plant their seeds and flowers, complete their Project Record book and attend the tagging and release of Monarch Butterflies at Beagle Ridge Herb Farm. [Click here to access curriculum.](#)

Virginia 4-H Club Management Links

As our clubs are starting up their new 4-H Year, here are some important links: to review



[Virginia 4-H Club Chartering, Club Forms and Club Resources](#)

[Virginia 4-H Club Financial Management Forms](#)

[Civil Rights Responsibilities of VCE/4-H Volunteers Statement](#)

[Civil Rights Responsibilities of VCE/4-H Volunteers Video](#)

[Creating an Inclusive 4-H Environment for All Video](#)

[4-H Opportunity for All Flyer](#)

[True Leaders Stand Up to Bullying Video](#)

[Youth Protection / Mandated Reporter Information Sheet](#)

[Best Practices for Youth Protection with Virtual 4-H Meetings Information Sheet](#)

We have also added these quick links to the [Prince William 4-H Document Links](#) webpage.

Please Join Us
for the 2022 Annual Small Farm Conference
Farming in Challenging Times



November 3-4, 2022
The Renaissance Hotel, 425 Water St, Portsmouth, VA **\$50**

Farming in Challenging Times is doable with the information and support networks you'll gain at the 2022 Small Farm Outreach Program Annual Conference. You'll be empowered by expert speakers, panelists, and other farmers! Develop relationships during networking opportunities and vendor exhibits. Gain insights during panel sessions and bus tours. Panelists will discuss financial fitness, crop insurance, marketing, farm safety, mental health, soil health, and disaster preparedness. Bus tours include a boxed lunch and visits to these Virginia Farms: Slade Family Farm in Surry, Dayspring Farm in Cologne, and Bees Knees Farm in West Point. Invest in yourself and your enterprise. Join us and see what blossoms in the year ahead!

Register at
ext.vsu.edu/calendar

For more information, contact Nadine Jackson
at 804-895-0198 or njackson@vsu.edu



Visit ext.vsu.edu for information on this and other upcoming events.



VSU COLLEGE OF AGRICULTURE
@VSU_AG

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please call 804-524-2292 / TDD 800-828-1101 during business hours of 8 am and 5 pm to discuss accommodations five days prior to the event. Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the US Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, marital status, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis prohibited by law.

VSU 2022 Annual Small Farm Conference



Be empowered by expert speakers, panelists, and other farmers! Develop relationships during networking opportunities and vendor exhibits. Gain insights during panel sessions and bus tours.

Panelists will discuss financial fitness, crop insurance, marketing, farm safety, mental health, soil health, and disaster preparedness.

Bus tours include a boxed lunch and visits to these Virginia Farms: Slade Family Farm in Surry, Dayspring Farm in Cologne, and Bees Knees Farm in West Point. Invest in yourself and your enterprise. Join us and see what blossoms in the year ahead! See flyer to the left. [Click here for more information.](#)

Events for Farmers and Ranchers in Virginia



The Virginia Beginning Farmer & Rancher Coalition (VBFR) aims to keep farmers and

ranchers in Virginia informed about the events and opportunities happening near them through our bi-monthly newsblast sent out via our listserv and linked to on this page. The events, also listed below, include educational and social opportunities. This list is not all-inclusive, and not all events listed are by the VBFR.

[Click here for more information and to subscribe to the newsblast.](#)
[Click here for the October Newsblast.](#)

Warrenton USDA Open House

The Warrenton USDA Service Center would like to invite you to an open house! Monday October 31st 8am - 4pm. See flyer to the left. Come meet our new staff, chat with our partners and learn about possible program benefits!



[Click here for more information on USDA Service Centers.](#)

Drop in! Swing by!
Get a Bite!
Halloween
USDA
Open House
Monday October 31st
8am-4pm

98 Alexandria Pike
Suite 11 & 12
Warrenton VA 20186

The Warrenton USDA Service Center
Is afraid to invite you to an open house!
Come meet our new staff
See what is new!



PRINCE WILLIAM 4-H
MAKING THE BEST BETTER

Become a 4-H Club Leader

Want to make a positive, lasting change in our community?

We invite you to become a 4-H Club Leader and help us provide safe, enriching programs where young people can explore a universe of interests, make new friends, develop leadership skills and gain life skills. 4-H clubs belong to the families within our community and focus on curriculum-based programs in the areas of citizenship, health living, STEM and agriculture. We "learn-by-doing." Our volunteers bring their unique knowledge, experiences, and skills to the 4-H program. You don't need to be an expert. You do need to be enthusiastic about learning and have a desire to work with youth.



We Provide the Content

- New Leader Training
- On-going Support and Training
- Annual Leader Kick-Off Meetings
- Volunteer Manuals
- Curriculum-Based Project Resources
- Networking with 4-H Club Leaders
- Special Activities and Camps at the county, district, state and national levels



You Provide YOU

- Tap into your unique talents and perspectives
- Share your knowledge and interests
- Engage youth as a mentor, advisor, teacher, role model, and more
- Create a community club or specialized club for project work
- Participate in community service



We Grow Together

- Guide youth in hands-on learning experiences that build skills and confidence
- Accomplish more with 4-H resources
- Meet new people and network
- Work with youth on key, relevant issues
- Build strong families and communities in our area
- Discover something new about yourself and others
- Have fun while you share your talents, skills and knowledge
- Increase your interpersonal, parenting and professional skills
- Be a positive, committed adult role model that is truly making a difference

4-H GROWS HERE

What are you waiting for? Prince William youth need YOU to help THEM find their own special talents, build confidence and gain life skills. Volunteering in 4-H doesn't depend on the amount of knowledge you have about a project. It relies on your willingness to help youth learn.

For more information, contact



MaryBeth Lerch
Prince William 4-H Extension Agent
4HPWC@pwcgov.org

CHECK OUT OUR NEWSLETTER!

www.pwcva.gov/4-H



Virginia Tech • Virginia State University

www.ext.vt.edu



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Be a leader in your COMMUNITY by joining a 4-H CLUB

4-H is a community of young people ages 5-19 across America who are learning leadership, citizenship and life skills, while pledging their heads, hearts, hands, and health to better living for their club, community, country and world. **WE LEARN BY DOING!** Using research-based curriculum resources, we participate in community service projects, contests, skills-based projects, and so much more. Our motto is ***"To Make the Best Better."***

CITIZENSHIP  HEALTHY LIVING  STEM  AGRICULTURE



4-H IS FOR EVERYONE!

Invite your friends to join 4-H:

Step 1: Tell YOUR 4-H Story

Step 2: Encourage your friends to contact your club leader and attend a meeting

Step 3: Lead by example! Encourage new members to actively participate in projects, activities, community service, camps and more. Inspire them to pursue their interests, just like you, and cheer for their success as they write their very own 4-H Story!

Prince William 4-H

MaryBeth Lerch, 4-H Extension Agent
8033 Ashton Ave.
Manassas, VA 20109
(703) 792-6286
4HPWC@pwcva.gov



www.pwcva.gov/4-H



**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)
[VCE Speakers Bureau](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President
Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Support the Prince William County 4-H
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



Virginia Cooperative Extension

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