



Prince William 4-H

Our Clubs, Our Community



October 26, 2022

Upcoming Events

- Nov 5** - PW 4-H Farmer's Market
- Nov 8** - Food Challenge Training
- Nov 9** - PW 4-H Association Meeting
- Nov 12** - Cloverbud Club
- Nov 14** - Officer Training & Teen Club
- Dec 1** - Embryology Registration Opens
- Dec 4** - PW 4-H Recognition Night & Holiday Celebration
- Dec 7** - Portfolio Training
- Dec 10** - Clover(bud) Club
- Dec 13** - PW 4-H Teen Club
- Dec 17** - Wreaths Across America

SAVE THE DATE: PW 4-H Youth Officer Training

Date: November 14th

Time: 6:30 - 8:30 pm

Location: McCoart Building, Woodbridge

Who Should Attend: All new 4-H Youth Club Officers and all PW 4-H teens ages 14-19

[Click here to register.](#) (same registration as Teen Club Meeting)



This interactive in-person meeting is for all Prince William 4-H teens ages 14-19 as well as all club officers, whether returning or newly elected. This meeting will be hands-on and engaging - **bring your creativity and be prepared to move!**

Youth will work together in teams to compete in a 4-H Skill-a-Thon, practice parliamentary procedure with Parli Pro Snack Mix, and creatively outline their roles, responsibilities, and importance of their contributions.

4-H'ers are encouraged to prepare for this meeting and come with questions by researching their role. A good place to start is the [Virginia 4-H Guide for 4-H Club Officers.](#) If your club has creative positions, such as photographer or song leader, take a moment to research

the different ways your role supports your club and how you can use your talents to support your club.

We look forward to seeing all of our amazing teens on November 14th!



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Prince William 4-H New Member Meeting - **RESCHEDULED**



Date: November 17th

Time: 7:30 pm

Location: McCoy Conference Room (upstairs), Sudley North 4-H Office

Who Should Attend: Anyone who joined 4-H since 2020 and is interested in learning about opportunities beyond project work. The meeting is geared towards parents and leaders, but youth are welcome to attend. [Click here to register.](#) **PLEASE REGISTER!**



**4-H CLUB LEADERS
ALL YEAR END AND NEW
YEAR CLUB PAPERWORK IS
DUE BY TUESDAY,
NOVEMBER 1ST.**

Click to Visit



Virginia Tech • Virginia State University

Prince William 4-H Important Dates and Reminders



PRINCE WILLIAM 4-H YOUNG ENTREPRENEURS FINAL FARMER'S MARKET

Date: November 5th

Time: 8 am - 1 pm

Location: Manassas Farmers Market

Who Should Attend: All Prince William 4-H'ers! Stop by our final market day of the season and see how much we've grown!



PRINCE WILLIAM 4-H FOOD CHALLENGE CONTEST TRAINING

Date: November 8th

Location: Zoom. [Link will be emailed upon registration. Click here to register.](#)

It's time to pull together your teams! Join us on Zoom for an orientation to the county, district, and state 4-H Food Challenge Contests. The meeting will have a quick overview of the opportunities available this year, updates on changes to the rules, and helpful hints and tips on what to expect. All Prince William 4-H'ers interested in participating in the challenges should attend.



PRINCE WILLIAM 4-H CLOVER(BUD) CLUB

Date: November 12th

Time: 10 am-12 pm

Location: 4-H Children's Barn, PWC Fairgrounds

Who Should Attend: All PWC youth ages 5-8 with an interest in 4-H

[Click here to register.](#)



PRINCE WILLIAM 4-H TEEN CLUB

Date: November 14th, held in conjunction with Officer Training

Time: 6:30 -8:30 pm

Location: McCoart Building

Who Should Attend: All PW 4-H'ers ages 14-19

[Click here to register.](#)



PRINCE WILLIAM 4-H YOUTH OFFICER TRAINING

Date: November 14th

Time: 6:30 - 8:30 pm

Location: McCoart Building, Woodbridge

Who Should Attend: All new 4-H Youth Club Officers and all PW 4-H teens ages 14-19

[Click here to register.](#) (same registration as Teen Club Meeting)

This in-person meeting is an interactive meeting for current youth officers, newly elected youth officers, anyone interested in becoming an officer, or anyone interested in learning about the roles of 4-H youth officers in clubs, county, district and state levels. All PW 4-H Teen Club members should participate.

PLEASE RE-ENROLL IN 4-H ONLINE TODAY!

****ONLY 4-H'ers RE-ENROLLED AS OF NOV. 1 WILL RECEIVE THE**

NEWSLETTER!**

We're finding that it's really important to re-enroll as soon as possible. The online membership system helps us keep our records accurate. It's also where we send out all of our information on camps and activities. We use the membership system to send out our weekly newsletters. We don't want to send the same email twice to members, so after November 1st, we will only be able to send the newsletter to members enrolled for the 2022-2023 year. [Click here to access 4-H Online](#)





Trigger Time 4-H Shooting Education Club Earns First Place at the 2022 Centreville Cup

October 23, 2022 - Trigger Time 4-H Shooting Education Club had five athletes participate in the 2022 Centreville Cup at the Arlington Fairfax IWLA. In the individual category, Samantha Erick earned the title of "Sporter Cup Champion" finishing 1st place with a score of 541, Alexis Strand finished 3rd place with a 522, Sam Seagle finished 5th place with a 518, Rebecca Ahrens finished 11th place with a 491, and Ayden Strand finished 18th place with a 404. In the team category, Trigger Time finished first place with a score of 2072 with 44 bullseyes. Great job team.



Webb City AJROTC defeats Trigger Time 4-H Shooting Education Club

October 18, 2022 - Both teams shooting their highest score of the season, Webb City AJROTC barely edged out Trigger Time 4-H Shooting Education Club 1120.5 to 1117.5 last week in the National Air Rifle League. Shooting their highest team score of the season Trigger Time 4-H Shooting Education Club was led by Samantha Erick who shot a 283.6. The remaining contributing members were Noah Richter who shot a 282.1, Grace Richter who shot a 279.6, and Samantha Seagle who shot a 272.2. Trigger Time 4-H Shooting Education Club is competing in the Champions Division where they are currently ranked in thirteenth place. They have a 2 - 2 record.



Trigger Time
Youth Officers 2022-2023

Noah Richter, President
Lexi Strand, Vice President
Nora Wallschlaeger, Secretary
Kira Lorentz, Treasurer

Equipment Officers: Ben Stewart, Kira Lorentz, William McPherson, Jubi Richter, and Jacob White

Colin White, Safety Officer
Association Liaisons: Samantha Erick

Press Releases Submitted by Trigger Time 4-H Shooting Education Club

For more information on the league, including complete standings, visit <https://www.national-leagues.com/>
[Click here for Trigger Time 4-H Shooting Education Club Team Page](#)



Deadline for 7-year Recertification for Shooting Education Instructors is Due TODAY!

Shooting Education Instructors must be Recertified every 7 years in each discipline they are certified to instruct. This is a requirement to comply with the National Standards published by the National 4-H Shooting Sports Committee. The Virginia 4-H Shooting Education recertification program adheres to those requirements. Our policy has been approved by the VA 4-H Shooting Education Council, VT Risk Management, and the VCE Admin Team.

- There are approximately 160 instructors that need to be recertified in one or more disciplines. Those that have not completed recertification by the 12/31/2023 deadline will be de-certified. There are 3 sessions remaining before the deadline: November 5, 2022; February 2023; and November 2023.
- We need at least 40-50 instructors to attend each session. Those that wait for the last session may be turned away.
- An instructor can attain recertification in three disciplines in one day.
- A few instructors will need to attend a second session to get their recertification in a fourth or fifth discipline.
- There will be 3 classes per day for each discipline. Class sizes will vary by discipline, and the maximum class size will be strictly enforced for safety reasons.
- Costs are as follows: One discipline \$50; Two disciplines \$70 ; Three disciplines \$90; Costs include lunch, 3-ring binder with current curricula, ammo, etc.
- Lodging is available at Holiday Lake 4-H Center if desired, \$25 per night
- The recertifications are conducted by Level II instructors who are valuable volunteers. These are the same volunteers that conduct multiple training and competition events throughout the year.

Contact: Lynn Wheeless, VA 4-H State Shooting Education Coordinator
(757) 778-1078

lynnwheeless1@vt.edu or lynn.wheeless@gmail.com

Pronouns: He, Him, His

 **PRINCE WILLIAM 4-H**



FINAL

FARMER'S MARKET

November 5th

ENJOY THE FAMILY-FRIENDLY ACTIVITIES

AT THE MANASSAS FARMERS MARKET

8 AM - 1 PM



FEATURING PWC 4-HERS NISANUR, JAMES, JARED, HANNAH, KOA, AISLING, XANTHIE, KATIE, DIALLO, AND JOHN DAVID!

FOR MORE INFORMATION ABOUT PRINCE WILLIAM 4-H:

Come Grow with Us!

www.PWCVA.gov/4-H



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.





**Civic
Engagement**

Prince William 4-H Cloverbuds are youth ages 5 to 8 that are interested in learning more about 4-H.

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in subject areas such as civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculum-based. We lay the foundation of knowledge to help develop our

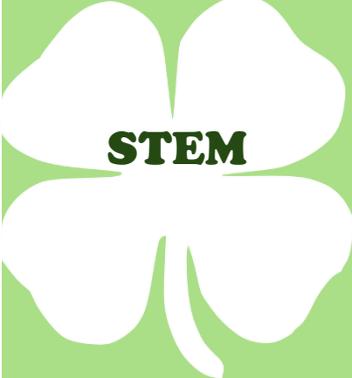
future community leaders!

What is 4-H?

4-H is a community of young people across America who are learning leadership, citizenship, and life skills. Our goal is to help young people grow into capable, responsible, confident members of our community by providing information, opportunities, activities and events that are educational and fun! Through clubs throughout Prince William County, our youth conduct youth-led meetings to complete projects, community service projects, and participate in local and state government events.

Come Grow with Us!

Attend our next **Clover Club!** You can also learn more at www.pwcgov.org/4-H.



STEM



**Healthy
Living**



Agriculture

PWC 4-H
4HPWC@pwcgov.org
(703) 792-4536



A 4-H Club for Youth Ages 5-8

(parent or guardian must be present)

FREE!
**4-H Children's Barn
PWC Fairgrounds**

10624 Dumfries Rd.
Manassas, VA 20112

**2 HOURS OF 4-H
FUN!**

**Saturdays
10 am - 12 pm**

next meeting dates:

**November 12
December 10**

[Click here to register.](#)

Virginia Cooperative Extension
Virginia Tech. • Virginia State University

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Wreaths Across America

Wreaths Across America Ceremonies: December 19th

[Please click here to find your Prince William 4-H Club's page and to sponsor a wreath.](#)
[Click here for a Veteran's Wreath coloring activity.](#)

Wreaths Across America is a Prince William 4-H community service initiative. Their mission is to **REMEMBER** our fallen US veterans, **HONOR** those who serve, and **TEACH** our children the value of freedom. We invite you to honor a veteran in your life by sharing their stories and your memories of them, sponsoring wreaths in their name at Quantico or Arlington Cemetery, and by encouraging others to do the same.

[Click here to learn more about Wreaths Across America.](#)

Virginia 4-H: All Star Centennial Store

Re-Opened for the Holidays! Order by November 6th.

[Click here for the All Star Centennial Store.](#) *7 Fabric Color Options Available

During the 4-H All Star Centennial, many people asked that the 4-H All Star Centennial Storefront for t-shirts, polos, hoodies, etc. be opened again. The storefront is open again until November 6th. Plans are to have all items shipped to arrive before the end of December. This would be a great gift for a 4-H All Star.



amazonsmile
You Shop. Amazon Gives.

SHOPPING EARLY FOR THE HOLIDAYS?

Be sure to support the Prince William County 4-H Association while you shop an Amazon by selecting us as your charity with Amazon Smile. Amazon donates 0.5% of your eligible purchases - at no cost to you. See [Page 10](#) for details.

National 4-H: Learn to Code



Brought to by 4-H At Home:

Learn to code with this fun activity from our partners at Microsoft. Kids will play the "Collect the Clovers" online game, collecting as many 4-leaf clovers as they can while avoiding the bees! Using a Microsoft Arcade tutorial, they'll learn how to code their own version of the game!

Topic: Computer Science

Grades: 3-12

Estimated Time: 45 minutes

[Click here to access the free curriculum.](#)

Explore more free STEM activities and curriculum at 4-H At Home!

The hands-on educational resources 4-H is known for are now available at home! Whether you're a 4-H member, a virtual learner, a homeschooler or just looking for some quick and fun activities to take your interests to the next level, 4-H at Home has something for everyone. [Click here to learn more.](#)

Why 4-H? Check out this National 4-H Alumni Spotlight!



TIFFANY THORNTON, CORTEVA AGRISCIENCE

"What are we doing today to make the world better tomorrow?"

4-H alumna Tiffany Thornton asks herself that questions every time when she goes to work at Corteva Agriscience with the Pollinator Habitat Program, expanding critical habitat creation across the US. All stemming from one transformative 4-H speech, Thornton continues to carry the invaluable lessons 4-H taught her into her personal and professional life today. [Click here to read more.](#)



CARLA HALL ON CELEBRITY WHEEL OF FORTUNE

On Sunday, October 16th, our very own Carla Hall was a contestant on Celebrity Wheel of Fortune, playing for 4-H. Carla competed against celebrity chef Jet Tila and TV writer Phil Rosenthal and finished in second place with a combined total of \$48,600. Rewatch Carla compete on ABC or Hulu.

Click here to read more about how the opportunities in 4-H as a youth resulted in success in her career as an adult. - [Blue Ribbons and Breaking through Obstacles: What Carla Hall Learned in 4-H.](#)

And don't forget to try her tasty 4-H Healthy Living recipes! [Click here to find a recipe that inspires YOU.](#)



GAIN SOME PERSPECTIVE.

The Star Insights Forum is the first multi-commodity focused, in-person event! This engaging, all-day event will focus on four commodities in our footprint that include **Beef, Dairy, Field Crops and Poultry**. Participants will gather to hear from industry experts, mingle with other producers and interact with various commodity and industry groups. In the afternoon, participants will be able to choose which commodity best suits their needs or interests.

Registration is FREE but there will be limited seats, so be sure to register early! Go to bit.ly/3ba65cL or scan the QR code to the right with your camera.

Grow.Educate.Develop.Network.

For more information about the Star Insights or to reserve your seat by phone or email:
800.919.FARM
 KnowledgeCenter@FCVirgias.com

Mark Your Calendar!

▲ **December 6, 2022** ▲
 10 a.m. – 3 p.m.

The Plecker Center
 Located on the campus of
 Blue Ridge Community College
 in Weyers Cave, VA



SCAN
 HERE
 Save your
 spot by
 registering
 now!

FARM CREDIT
KNOWLEDGE CENTER
 FarmCreditoVirgias.com/Knowledge-Center



BECOME MORE SKILLED AT LEADERSHIP.

The Launching Leaders Summit is a 2 day, interactive, leadership development experience. Our speakers will cover a variety of topics including business planning, policy affecting young and beginning producers, leading in their communities, and businesses and the industry. Participants can expect interactive and engaging sessions and countless networking opportunities!

The summit is geared toward Young and Beginning producers but is open to anyone in the Farm Credit of Virginia's service area to attend.

Speakers:



Dr. Eric Kaufman
 Virginia Tech | Blacksburg, VA

Dr. Eric K. Kaufman is a Professor and Extension specialist in Virginia Tech's Department of Agricultural, Leadership, and Community Education. Dr. Kaufman will share his extensive research and experience on the subjects of Leadership and Personal Development.



Dr. Blake Brown
 North Carolina State University | Raleigh, NC

Dr. Blake Brown is the Hugh C. Kiger Professor of Agricultural and Resource Economics at North Carolina State University and serves as an outside director on the AgCarolina Farm Credit Board of Directors. Dr. Brown will share his insights on Business Planning and Development.

Grow.Educate.Develop.Network.

For more information about the Launching Leaders Summit or to reserve your seat by phone or email:
800.919.FARM
 KnowledgeCenter@FCVirgias.com

Mark Your Calendar!

▲ **October 27-28** ▲
 2022

Hilton Garden Inn
 4500 S Peak Blvd.
 Roanoke VA 24018

SCAN HERE



Save your spot
 by registering
 now!

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PRINCE WILLIAM 4-H
MAKING THE BEST BETTER

Become a 4-H Club Leader

Want to make a positive, lasting change in our community?

We invite you to become a 4-H Club Leader and help us provide safe, enriching programs where young people can explore a universe of interests, make new friends, develop leadership skills and gain life skills. 4-H clubs belong to the families within our community and focus on curriculum-based programs in the areas of citizenship, health living, STEM and agriculture. We "learn-by-doing." Our volunteers bring their unique knowledge, experiences, and skills to the 4-H program. You don't need to be an expert. You do need to be enthusiastic about learning and have a desire to work with youth.



We Provide the Content

- New Leader Training
- On-going Support and Training
- Annual Leader Kick-Off Meetings
- Volunteer Manuals
- Curriculum-Based Project Resources
- Networking with 4-H Club Leaders
- Special Activities and Camps at the county, district, state and national levels



You Provide YOU

- Tap into your unique talents and perspectives
- Share your knowledge and interests
- Engage youth as a mentor, advisor, teacher, role model, and more
- Create a community club or specialized club for project work
- Participate in community service



We Grow Together

- Guide youth in hands-on learning experiences that build skills and confidence
- Accomplish more with 4-H resources
- Meet new people and network
- Work with youth on key, relevant issues
- Build strong families and communities in our area
- Discover something new about yourself and others
- Have fun while you share your talents, skills and knowledge
- Increase your interpersonal, parenting and professional skills
- Be a positive, committed adult role model that is truly making a difference

4-H GROWS HERE

What are you waiting for? Prince William youth need YOU to help THEM find their own special talents, build confidence and gain life skills. Volunteering in 4-H doesn't depend on the amount of knowledge you have about a project. It relies on your willingness to help youth learn.

For more information, contact



MaryBeth Lerch
Prince William 4-H Extension Agent
4HPWC@pwcgov.org

CHECK OUT OUR NEWSLETTER!

www.pwcva.gov/4-H



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www.ext.vt.edu



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Be a leader in your COMMUNITY by joining a 4-H CLUB

4-H is a community of young people ages 5-19 across America who are learning leadership, citizenship and life skills, while pledging their heads, hearts, hands, and health to better living for their club, community, country and world. **WE LEARN BY DOING!** Using research-based curriculum resources, we participate in community service projects, contests, skills-based projects, and so much more. Our motto is ***"To Make the Best Better."***

CITIZENSHIP  HEALTHY LIVING  STEM  AGRICULTURE



4-H IS FOR EVERYONE!

Invite your friends to join 4-H:

Step 1: Tell YOUR 4-H Story

Step 2: Encourage your friends to contact your club leader and attend a meeting

Step 3: Lead by example! Encourage new members to actively participate in projects, activities, community service, camps and more. Inspire them to pursue their interests, just like you, and cheer for their success as they write their very own 4-H Story!

Prince William 4-H

MaryBeth Lerch, 4-H Extension Agent
8033 Ashton Ave.
Manassas, VA 20109
(703) 792-6286
4HPWC@pwcva.gov



www.pwcva.gov/4-H



**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President
Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Support the Prince William County 4-H
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



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