



Prince William 4-H

Our Clubs, Our Community



November 2, 2022

Upcoming Events

- Nov 5 - PW 4-H Farmer's Market
- Nov 8 - Food Challenge Training
- Nov 9 - PW 4-H Association Meeting
- Nov 12 - Cloverbud Club
- Nov 14 - Officer Training & Teen Club
- Nov 17 - PW 4-H New Member Meeting
- Dec 1 - Embryology Registration Opens
- Dec 4 - PW 4-H Recognition Day
- Dec 7 - Portfolio Training
- Dec 10 - Clover(bud) Club
- Dec 13 - PW 4-H Teen Club
- Dec 17 - Wreaths Across America

Inside this issue:

- [PW 4-H Updates](#) 2
- [Farmer's Market](#) 3
- [VA 4-H Updates](#) 5
- [Clover\(bud\) Club](#) 7
- [PW 4-H Recognition Day](#) 8
- [Contacts & Recourses](#) 10

Click to Visit



ISO Prince William 4-H Youth with Exceptional Voices



Test your public speaking skills! Prince William 4-H is in need of 2-3 enthusiastic youth members who would be interested in doing the voice over for our PowerPoint presentation about the 4-H program in Prince William County.



Qualities of a good voice over artist include having a clear voice, clean enunciation, animated tone, and good pacing. Youth will not be responsible for the content - we will provide the script.

The Prince William 4-H PowerPoint will be presented to the incoming Associate Dean and Director of Virginia Cooperative Extension, Dr. Michael Gutter, who began his new role on November 1st. Dr. Gutter has moved from his position at the University of Florida, where he has been serving as Professor and Associate Dean for Extension & State Program Leader for 4-H Youth Development, Families and Communities in the Institute of Food & Agricultural Sciences, to Virginia Tech.

[Click here to learn more about Dr. Gutter.](#)

Ready to use your public speaking skills for this important project? Please email [MaryBeth Lerch](#) for more information or to volunteer.

Save the Date: Prince William 4-H Recognition Day



Date: Sunday, December 4th

Time: 2 pm

Location: Windy Knoll Farm, Nokesville, VA

Who Should Attend: All Prince William 4-H'ers and their families

What to Bring: Please bring a treat to share; Beverages will be provided.

What to Wear: Flannel, *of course!*

See Page 7 for details. RSVP link will be available next week..



Prince William 4-H Important Dates Registrations



PRINCE WILLIAM 4-H YOUNG ENTREPRENEURS FINAL FARMER'S MARKET

Date: November 5th

Time: 8 am - 1 pm

Location: Manassas Farmers Market

Who Should Attend: All Prince William 4-H'ers! Stop by our final market day of the season and see how much we've grown!



PRINCE WILLIAM 4-H FOOD CHALLENGE CONTEST TRAINING

Date: November 8th

Location: Zoom. *Link will be emailed upon registration.* [Click here to register.](#)

It's time to pull together your teams! Join us on Zoom for an orientation to the county, district, and state 4-H Food Challenge Contests. The meeting will have a quick overview of the opportunities available this year, updates on changes to the rules, and helpful hints and tips on what to expect. All Prince William 4-H'ers interested in participating in the challenges should attend.



PRINCE WILLIAM 4-H CLOVER(BUD) CLUB

Date: November 12th

Time: 10 am-12 pm

Location: 4-H Children's Barn, PWC Fairgrounds

Who Should Attend: All PWC youth ages 5-8 with an interest in 4-H

[Click here to register.](#)



PRINCE WILLIAM 4-H TEEN CLUB

Date: November 14th, held in conjunction with Officer Training

Time: 6:30 -8:30 pm

Location: McCoart Building

Who Should Attend: All PW 4-H'ers ages 14-19

[Click here to register.](#)



PRINCE WILLIAM 4-H YOUTH OFFICER TRAINING - All ages welcome!

Date: November 14th

Time: 6:30 - 8:30 pm

Location: McCoart Building, Woodbridge

Who Should Attend: All new 4-H Youth Club Officers and all PW 4-H'ers

[Click here to register.](#) (same registration as Teen Club Meeting)

This interactive in-person meeting is for all Prince William 4-H'ers, especially all club officers, whether returning or newly elected and teens in the Teen Club. This meeting will be hands-on and engaging - **bring your creativity and be prepared to move!**

Youth will work together in teams to compete in a 4-H Skill-a-Thon, practice parliamentary procedure with Parli Pro Snack Mix, and creatively outline their roles, responsibilities, and importance of their contributions.

4-H'ers are encouraged to prepare for this meeting and come with questions by researching their role. A good place to start is the [Virginia 4-H Guide for 4-H Club Officers](#). If your club has creative positions, such as photographer or song leader, take a moment to research the different ways your role supports your club and how you can use your talents to support your club.

PRINCE WILLIAM 4-H NEW MEMBER MEETING - Please register!

Time: 7:30 pm

Location: McCoy Conference Room (upstairs), Sudley North 4-H Office

Who Should Attend: Anyone who joined 4-H since 2020 and is interested in learning about opportunities beyond project work. The meeting is geared towards parents and leaders, but youth are welcome to attend.

[Click here to register.](#)



PRINCE WILLIAM 4-H

SATURDAY!



FINAL

FARMER'S MARKET

November 5th

ENJOY THE FAMILY-FRIENDLY ACTIVITIES

AT THE MANASSAS FARMERS MARKET
8 AM - 1 PM



FEATURING PWC 4-HERS NISANUR, JAMES, JARED, HANNAH, KOA, AISLING, XANTHIE, KATIE, DIALLO, AND JOHN DAVID!

FOR MORE INFORMATION ABOUT PRINCE WILLIAM 4-H:

Come Grow with Us!

www.PWCVA.gov/4-H



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.



Trigger Time 4-H Club Updates



Submitted by 4-H'er Lexi.

Saturday, October 29th, was Trigger Time's first practice in the Sills Air Range. We had seven club members show up to practice and hope to see more show up as our practices progress.

We had the opportunity Sunday to present the Rappahannock River Retriever Club with a plaque to show our appreciation for their donation that help our teams get to Daisy BB Nationals in Rogers, Arkansas and to 4-H Nationals in Grand Island, Nebraska.

Wreaths Across America Ceremonies: December 19th



[Please click here to find your Prince William 4-H Club's page and to sponsor a wreath.](#)

[Click here for a Veteran's Wreath coloring activity.](#)

[Click here to learn more about Wreaths Across America.](#)

Wreaths Across America is a Prince William 4-H community service initiative. Their mission is to **REMEMBER** our fallen US veterans, **HONOR** those who serve, and **TEACH** our children the value of freedom. We invite you to honor a veteran in your life by sharing their stories and your memories of them, sponsoring wreaths in their name at Quantico or Arlington Cemetery, and by encouraging others to do the same.

Free Resources and Tools for Your 4-H Project



did you know...

Prince William Public Libraries have Makerspaces available to county residents at no charge to use the tools and materials. A Makerspace is an independent workspace inside the library that provides patrons with a variety of machines, tools and technology to explore, build, collaborate and create. These resources may be useful tools for your 4-H Projects!

MAKERSPACE HIVE 805 I, Bull Run Library, 805 I Ashton Ave., Manassas

Tools include: art, craft and jewelry tools, comb binding machine, button makers, Cricut maker, Cricut Joy, Ellison Die Cutting Machine & die cuts, embroidery machine (Brother PE800), fiber arts (16" Rigid Heddle loom, drop spindles, braiding looms, kumihimo discs, weaving, crochet, knitting and rug making tools), heat press, laminator, light box, photo studio light box (20"x20"), sewing machines (Brother CS7000s), serger (Singer SO100), and ukuleles. Additional equipment by appointment includes Glowforge Plus Laser Printer, Moxie HQ Long Arm Quilting Machine, and a 3D Printer.

MAKERSPACE STUDIO 860 I, Central Library, 860 I Mathis Ave., Manassas

Tools include: sewing machines, embroidery machines, and serger, Cricut machines, heat press, vacuum forming machine, button and grommet makers, jewelry making and beading supplies, arts and craft supplies, Rigid Heddle loom and circle looms, Ellison die cutters, audio/visual recording equipment, Whisper Room sound booth, 3D Printing Service, 3D Pens, sublimation printer, laminator, Adobe Creative Cloud, Arduino, and coding equipment: Sphero, Ozobots, and Makey Makey.

Tours, classes, and appointments are available. [Click here for more information.](#)

Key Dates for 4-H Youth Animal Sciences



**BLOCK AND BRIDLE
HORSE JUDGING
CLINIC**

SUNDAY, NOVEMBER 13th, 2022,
9AM-4PM

Register by November 6th
[Registration Link](#)

\$10 clinic fee, lunch is provided!

Come out to learn how to
judge in a fun, hands-on
environment!

BLOCK & BRIDLE HORSE JUDGING CLINIC

Date: Sunday, November 13th

Location: Alphin-Stuart Arena on the campus of Virginia Tech.

Cost: \$10, includes lunch

[Click here for more information and to register.](#) Registration due Nov 6th

Don't miss this great opportunity for 4-H and FFA Youth to be introduced to or work on improving their Horse Judging skills. 4-H and FFA youth participants will work in groups with similar experience levels as they learn to evaluate balance, quality, breed type, movement, and other aspects of horse judging. Lunch is included in the \$10.00 registration fee and lunch will be followed by practice judging classes and training/practice in preparing and delivering oral reasons.

Questions can be directed to: blockbridlehorseweekend@gmail.com

VIRGINIA YOUTH LIVESTOCK PROGRAMS



WINTER/SPRING CONTEST AND EVENT DATES

Take a minute to add these dates to your calendars!!

Saturday, December 3rd – YOUTH BEEF FIELD DAY offered by the VT Collegiate Cattlemen's Club at VA Tech – Event will run from 10:00 am to 3:00 pm, at VA Tech, for youth ages 9 to 18. Watch for details and registration information.

Saturday, December 10th – NW District INTRO TO EQUISMARTZ (Berryville, VA)

Saturday, January 21st – SW District INTRO TO EQUISMARTZ (Wytheville, VA)

Friday, February 10th and Saturday, February 11th – BLOCK AND BRIDLE HIPPOLOGY (Friday) and **HORSE JUDGING** (Saturday) Contests at VA Tech – Rules, Contest Details and Entry Links Coming Soon!

Friday, February 24th and Saturday, February 25th – BLOCK AND BRIDLE STOCKMAN'S (Friday) and **LIVESTOCK JUDGING** (Saturday) Contests at VA Tech – Rules, Contest Details, and Entry Links Coming Soon!

Saturday, March 4th – VIRGINIA 4-H/FFA STATE MEATS EVALUATION CONTEST at VA Tech – Rules, Contest Details, and Entry Link Coming Soon!

Saturday, March 18th – MC STOCKMAN'S CHALLENGE LIVESTOCK JUDGING CONTEST (Harrisonburg, VA) – Additional Information will be out in the coming weeks

Wednesday, March 29th – STATE 4-H/FFA LIVESTOCK SKILLATHON (Harrisonburg, VA) – Additional Information will be out in the coming weeks

We are finalizing dates for spring Dairy contests, as well as April activities and events, so watch for those announcements soon!

[Click here for a complete Youth Animal Science Calendar.](#)

VA Association of Fairs Youth Leadership Contests



VAF YOUTH LEADERSHIP SCHOLARSHIP CONTEST

Application Deadline: December 2nd

[Click here for more information and to apply.](#)

The VAF Youth Leadership Contest recognizes superior leadership characteristics among junior members of the Association's member fairs and festivals and overall fair industry. This scholarship contest is for teens age 14-19 involved in a VAF-member fair or festival. Application, resume, letter of reference and essay are due prior to contest and then an in-person interview, prepared speech, PowerPoint presentation and extemporaneous speech occur on contest day during the VAF annual conference. The 2023 VAF Conference is January 12-15 at the Williamsburg Lodge. Participants can win a portion of over \$9,000 paid to 8 places for post-secondary education.

VAF AG IT UP YOUTH POSTER CONTEST

Contest Deadline: December 20th

[Click here for more information and to apply.](#)

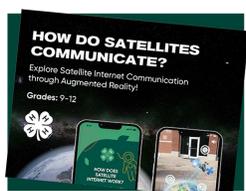
VAF has a NEW poster contest for youth ages 9-13 called the AG IT UP Youth Poster Contest. Youth can submit a 3x4ft poster or tri board display exhibiting how agriculture is a part of their fair or festival for a chance at 1st, 2nd and 3rd cash prizes.

National 4-H

4-H AT HOME: EMOTIONAL WELLNESS (Grades 6-12)



Have you ever noticed that when you feel great, you do great things? That's no coincidence! Having positive ways to manage emotions can benefit a person's physical and mental health, which could help them to accomplish goals. 4-H at Home's collection of activities explores ways that emotions play an important role in each individual's health and success. The activities will help teens gain an understanding of different ways to express feelings, the importance of resilience, and ways to use our positive thoughts to accomplish goals. [Click here to access activities.](#)



HOW DO SATELLITES COMMUNICATE?

You and your family depend on the internet every day for activities like shopping, studying, entertainment, and much more. Your internet access probably comes through a wire or a cable underground that connects right into your house or school. For many people around the world, though, wired connections aren't available to their homes. So how do they get internet access? From satellites in space. Take a peek inside the ways satellites deliver internet access to millions of people around the world in this new interactive 4-H at Home activity, brought to you by our partner Hughes Net. [Click here to access activities.](#)



NATIONAL 4-H CONFERENCE IS NOW RECRUITING LEADERSHIP POSITIONS

The U.S. Department of Agriculture's (USDA) National Institute of Food and Agriculture (NIFA) is now accepting submissions from youth and adults to serve in leadership positions at the 2023 National 4-H Conference. National 4-H Conference offers opportunities for youth to learn, practice, and apply civic engagement skills through roundtable discussions, federal agency briefings, and more. These unique and engaging experiences would not be possible without the Youth Leadership Team, Collegiate Facilitators, and Adult Advisors who provide leadership to conference activities and events. [Click here to learn how to apply, visit USDA-NIFA's National 4-H Conference website.](#)

**Civic
Engagement**

Prince William 4-H Cloverbuds are youth ages 5 to 8 that are interested in learning more about 4-H.

STEM

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in subject areas such as civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculum-based. We lay the foundation of knowledge to help develop our

future community leaders!

What is 4-H?

4-H is a community of young people across America who are learning leadership, citizenship, and life skills. Our goal is to help young people grow into capable, responsible, confident members of our community by providing information, opportunities, activities and events that are educational and fun! Through clubs throughout Prince William County, our youth conduct youth-led meetings to complete projects, community service projects, and participate in local and state government events.

**Healthy
Living**

Come Grow with Us!

Attend our next **Clover Club!** You can also learn more at www.pwcgov.org/4-H.

Agriculture

PWC 4-H
4HPWC@pwcgov.org
(703) 792-4536



A 4-H Club for Youth Ages 5-8

(parent or guardian must be present)

FREE!
**4-H Children's Barn
PWC Fairgrounds**

10624 Dumfries Rd.
Manassas, VA 20112

**2 HOURS OF 4-H
FUN!**

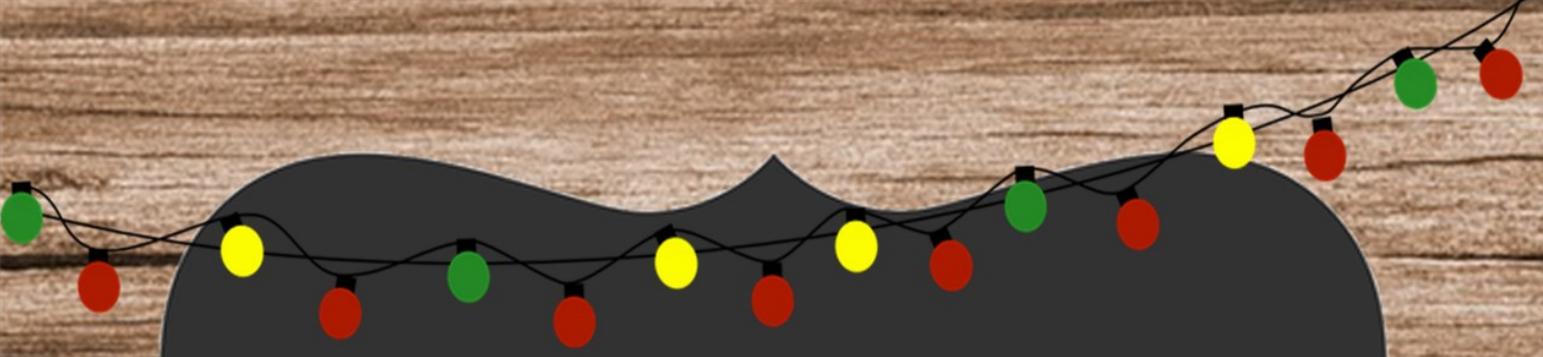
**Saturdays
10 am - 12 pm**

next meeting dates:
**November 12
December 10**

[Click here to register.](#)

Virginia Cooperative Extension
Virginia Tech. • Virginia State University

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FLANNEL, FROST & 4-H

Prince William 4-H Recognition Day

Sunday, December 4th, 2-4 pm

Windy Knoll Farm, 11602 Kettle Run Rd., Nokesville, VA



All Prince William 4-H Members Are Invited!

Join us in celebrating the youth, volunteers, members and leaders that exemplified the 4-H motto during the 2021-2022 4-H Year! All members are welcome to participate in the festivities as we share *Our 4-H Story*.

Beverages will be provided. Please bring a treat to share.

Please RSVP by Monday, November 28th. [Click here to RSVP.](#)

LINK COMING SOON!





Virginia Cooperative Extension
Virginia Tech • Virginia State University



Horse Trailer Safety Program

Saturday, November 5, 2022 from 9:00 am – 12:00 pm

Location: 4492 Catterton Rd, Free Union VA 22940

Learn about:

- Matching the right tow vehicle to your trailer
- Hitches, weight distribution bars, brake systems, safety chains
- What type of trailer is best for your needs
- Emergency preparedness (what you should have with you!)
- Basic maintenance for your trailer

Door prizes, hands-on demos and more!

20 Equine First Aid Kits (\$50 value each) will be given away!



TO REGISTER, contact the Albemarle Extension Office at 434-872-4580 or horse@vt.edu

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Fauquier Education Farm Workshop Series Presents: Farmscaping



Do you have trouble with pest control in your crops? Come to our workshop on farmscaping where you can find out different land management techniques to create an ecosystem of beneficial organisms.



Wednesday, November 9th, 6 to 8 p.m.
at the Fauquier County Extension
Office: 24 Pelham St # 10, Warrenton,
VA 20186

No registration required

For further questions please contact Ashley Goodwin at ashleyg9@vt.edu



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SHOPPING EARLY FOR THE HOLIDAYS?
Be sure to support the Prince William County 4-H Association while you shop an Amazon by selecting us as your charity with Amazon Smile. Amazon donates 0.5% of your eligible purchases - at no cost to you. See [Page 10](#) for details.

Pledge Online for a Chance to Win a \$300 REI Gift Card



AMERICA RECYCLES DAY

NOVEMBER 15

America Recycles Day takes place annually on Nov. 15. Prince William County will join thousands of local organizers and Metropolitan Washington Council of Government (MWCOG) jurisdictions to celebrate America Recycles Day, a national initiative of Keep America Beautiful. Take the "I Recycle" pledge for a chance to win a \$300 REI gift card.

Prince William County residents can acknowledge their commitment to recycling and win prizes by taking the "I Recycle" pledge at mwkog.org/recyclesday. The contest, hosted by MWCOG, will accept pledges online through Nov. 20. One lucky recycling supporter will win a \$300 REI gift certificate and one lucky K-12 student will win a \$300 REI gift certificate and a \$500 grant for a recycling or environmental program at their school or in the Prince William community.

In the past nine years, eight Prince William entrants have won a MWCOG regional prize.

For more information about recycling in Prince William County, visit pwcva.gov/recycling. For more information about Keep America Beautiful and America Recycles Day visit kab.org/programs/ard/.

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2020-2021 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President
Kayla Dixon, Vice President
Alexis Cox, Treasurer
Secretary - Vacant

Adult Officers

Vacant - President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Tom Harrigan, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Support the Prince William County 4-H
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



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