



# Prince William 4-H

*Our Clubs, Our Community*



November 16, 2022

## Upcoming Events

- Nov 17** - PW 4-H New Member Meeting
- Dec 1** - Embryology Registration Opens
- Dec 4** - PW 4-H Recognition Day
- Dec 13** - PW 4-H Teen Club & Homemade Holiday Gift Night
- Dec 17** - Wreaths Across America
- Jan 1** - Horse Enrollment Project Deadline
- Jan 10** - 4-H Association Meeting
- Jan 12** - PW 4-H Teen Club - Citizenship
- Jan 14** - Clover(bud) Club
- Jan 18** - 4-H Day at the State Capitol
- Jan 20** - Camp Counselor Applications Due
- Feb 11** - Clover(bud) Club
- Feb 15** - PW 4-H Teen Club - Healthy Living

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## An Invitation to the Prince William 4-H Association



**Submitted by Susan Wolf, President, Prince William 4-H Association**

Welcome to a new 4-H year! Whether you are brand new to 4-H or joining us again for another exciting year, I would like to invite you to join the 4-H Association. If you attended officer training this week, I will now employ the 5 questions that should be answered when creating a news story:

**WHAT IS THE 4-H ASSOCIATION:** The 4-H Association is a 501(c)3 (non-profit organization) that was created to raise and provide funding for the county's programs. The Association allows Prince William County 4-H to provide scholarships, learning opportunities, and educational programming to its members and community. It is run by volunteer adult and youth leadership. The adult board consists of: President, Susan Wolf, Vice President, Alan Lerch, Treasurer Sydney Nguyen, Secretary, Vacant (*do any of you want to be our secretary?*). The youth board is led by Samantha Whysong, President, and is accepting youth volunteers for vice president, secretary, and treasurer.

**WHO CAN BE PART OF THE ASSOCIATION:** You! We invite you to come to the bi-monthly meetings to hear what types of programming and fund raising is upcoming, and to bring your ideas for other activities and programming you would like to see. We invite each club to send an adult and a club member to the meetings and bring a club report to tell the Association and your fellow 4-Hers what you've been up to as a club. It helps us plan programming and funding that benefits you, the members, the most.

**WHEN IS THE NEXT MEETING:** Tuesday, January 17th at 7pm at the 4-H office in Manassas

**WHY SHOULD I COME:** It's a great opportunity to learn more about 4-H at the county level and to get to know the other clubs, leaders, and resources available to your clubs. It's energizing to get together as a group, and be part of the planning that supports your club activities and opportunities. *Did I mention that we are looking for a secretary to serve on the adult board and vice president, secretary and treasurer for the youth board?* Tom Harrigan has graciously served as the Secretary since the Association's inception and he would like to step down. This is a low-paying, low-stress, low-time commitment job that we would greatly appreciate a new volunteer to step into. If you are interested, please contact [MaryBeth Lerch](#).

We hope to see you at the meeting in January! Bring your club reports, ideas, and enthusiasm, and we are sure to have a great year!



## Prince William 4-H New Member Meeting - **THURSDAY**



**Date:** November 17th, 7:30 pm

**Location:** McCoy Conference Room (upstairs), Sudley North 4-H Office

**Who Should Attend:** Anyone who joined 4-H since 2020 and is interested in learning about opportunities beyond project work. The meeting is geared towards parents and leaders, but youth are welcome to attend. We'll provide a glimpse of program opportunities, how to get involved, and some key tips to starting a club.

[Click here to register.](#)



Be sure to support the **Prince William County 4-H Association** while you shop an Amazon by selecting us as your charity with Amazon Smile. Amazon donates 0.5% of your eligible purchases - at no cost to you. See [Page 8](#) for details.

### Clover(bud) Club Celebrates Citizenship

On Saturday, our youngest 4-H'ers met to learn about citizenship with a fun, hands-on activity and discussed how they can be better citizens and be involved in positive changes in our community.

**OUR NEXT MEETING** is **Tuesday, December 13th from 6-9 pm** at the Prince William 4-H Homemade Holiday Craft Night. See [Page 3](#) for details about the event. We hope to see all Cloverbuds at this fun, family event! (No meeting December 10th) We also hope you'll join us before this on December 4th for our Prince William 4-H Recognition Day - see [Page 4](#) for details.



### It's All Fun and Games at Officer Training & Teen Night

On Monday night, over two dozen youth met for Prince William 4-H Officer Training and learned more about working in teams, leadership, parliamentary procedure, and their roles and contributions as 4-H youth leaders. It was hands-on, exciting learning through creative games such as Motion Potion, 4-H Officer Feud, 4-H Wheeler, 4-H Pledge Jeopardy, and Let's be a Leader. Congrats to Team 2 as our overall winner, and congrats to all youth leaders as they begin the new 4-H year with important roles. MaryBeth Lerch will be emailing soon with digital copies of the handouts from the meeting. Don't forget that the 4-H Office is full of resources to support your leadership role.

**A HUGE 4-H THANK YOU** goes out to the adult volunteers Susan, Mary, Grace, Samantha, Lauren, and Michelle who volunteered to lead the games, as well as new adult leaders Serena and David who jumped right in to ensure the success of the evening.





COME JOIN US FOR A

# HOMEMADE HOLIDAY *Craft Night*



ENJOY A FAMILY-FRIENDLY EVENING  
MAKING HOLIDAY CRAFTS WHILE  
SNACKING ON PIZZA, POPCORN, AND  
SIPPING HOT CHOCOLATE WITH YOUR  
4-H FRIENDS!

Tuesday

**13 DEC.**  
6-9 PM



PRINCE WILLIAM 4-H

McCoy Conference Room  
8033 Ashton Ave.  
Manassas, VA 20109

[CLICK HERE TO REGISTER](#)

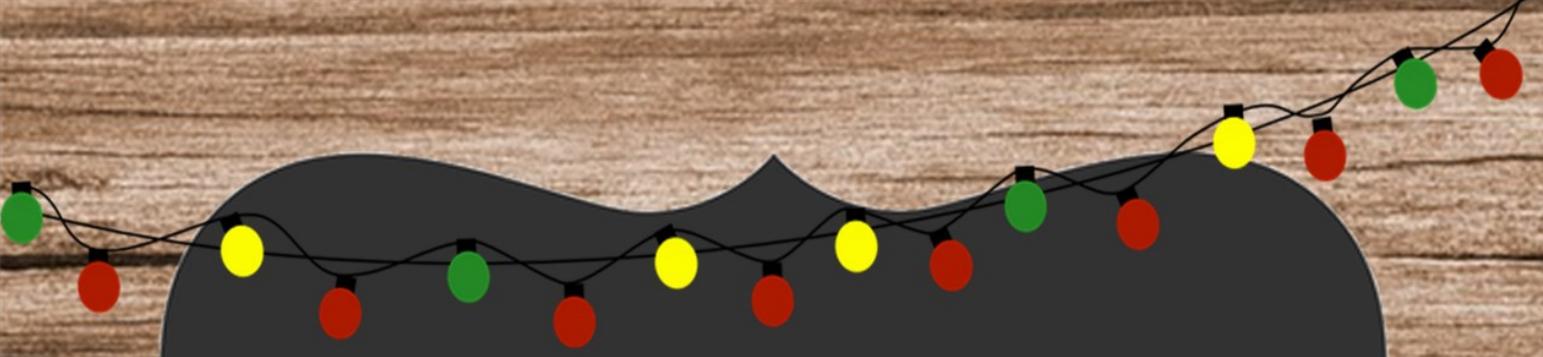
STRING ART ❄️ YARN ORNAMENTS ❄️ REINDEER THUMBPRINT ORNAMENTS  
WRAPPING PAPER & GIFT BAGS



**PLEASE REGISTER BY  
MONDAY, DECEMBER 5TH**

All craft supplies provided by 4-H  
and there is no fee to participate.





# FLANNEL, FROST & 4-H

## Prince William 4-H Recognition Day

Sunday, December 4th, 2-4 pm

Windy Knoll Farm, 11602 Kettle Run Rd., Nokesville, VA



### *All Prince William 4-H Members Are Invited!*

Join us in celebrating the youth, volunteers, members and leaders that exemplified the 4-H motto during the 2021-2022 4-H Year! All members are welcome to participate in the festivities as we share *Our 4-H Story*.

Beverages will be provided. Please bring a treat to share.

Please RSVP by Monday, November 28th. [Click here to RSVP.](#)



## Wreaths Across America Ceremonies: December 19th

[Please click here to find your Prince William 4-H Club's page and to sponsor a wreath.](#)  
[Click here for a Veteran's Wreath coloring activity.](#)  
[Click here to learn more about Wreaths Across America.](#)



Wreaths Across America is a Prince William 4-H community service initiative. Their mission is to **REMEMBER** our fallen US veterans, **HONOR** those who serve, and **TEACH** our children the value of freedom. We invite you to honor a veteran in your life by sharing their stories and your memories of them, sponsoring wreaths in their name at Quantico or Arlington Cemetery, and by encouraging others to do the same.

### SOUTH EFFINGHAM NJROTC DEFEATS TRIGGER TIME 4-H SHOOTING EDUCATION CLUB

**November 8, 2022:** South Effingham NJROTC, from Guyton, GA, edged out Trigger Time 4-H Shooting Education Club 1097.6 to 1087.5 in the National Air Rifle League. South Effingham NJROTC was led by Asa Alderman who shot a 282.4. Trigger Time 4-H Shooting Education Club was led by Samantha Seagle who shot her highest score of the season with a 278.9, Lexi Strand who shot a 274.9, Samantha Erick who shot a 269.8, and Noble Richter who shot a 263.9. Trigger Time 4-H Shooting Education Club is competing in the Champions Division where they are currently ranked in fourteenth place. Trigger Time 4-H Shooting Education Club have a 3 - 3 record. Next up in the final match of the regular season Trigger Time 4-H Shooting Education Club will compete against Norview NJROTC from Norfolk, VA. Norview NJROTC currently has a 2 - 4 record.



**Press Releases Submitted by Trigger Time 4-H Shooting Education Club**  
[Click here for Trigger Time 4-H Shooting Education Club Team Page](#)

## Virginia 4-H Horse Program Updates



### 2022 HORSE PROGRAM END OF YEAR AWARDS NOMINATIONS

*Nominations Due Dec. 15th*

Annual End of Year Awards are recognized by those actively involved in the 4-H Horse Program. Please join us in celebrating our top Member of the Year, Volunteer of the Year, and Club of the Year.

- Member of the Year wins an embroidered jacket
- Volunteer of the Year wins an embroidered jacket.
- Club of the Year wins a Club Plaque and individual 4-H prizes for each member.

[Click here for Nomination Forms](#)

**INTRO TO EQUISmartz**  
 VIRGINIA 4-H KNOWLEDGE COMPETITIONS™

An introductory program, 4-H members and interested youth from the **Northwest 4-H District** and surrounding Counties are invited to come and experience components of the state educational contests collectively known as EquiSmartz. This clinic includes sessions in Horse Bowl, Hippology, and Horse Judging. Youth will learn the basic format of the contests and types of questions presented, plus participate in a mini-practice contest for each component (no awards). Club leaders, parents, and volunteers participate in a concurrent session for instruction on how to organize teams for EquiSmartz and to share ideas. **Youth must have a designated adult chaperone on site.**  
 More info about EquiSmartz <https://ext.vt.edu/4h-youth/horse.html>

**OPEN TO 4-H AND INTERESTED YOUTH**

**NORTHWEST DISTRICT & SURROUNDING COUNTIES**  
 REGISTER ONLINE → <https://bit.ly/NW-Intro>  
 REGISTRATION DEADLINE: Dec. 5, 2022

LEARN HORSE JUDGING

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PRACTICE HIPPOLOGY

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EXPERIENCE HORSE BOWL

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LEADER ORIENTATION

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**PLAN FOR EQUISmartz!**  
 (Mar. 31 – April 2, 2023)

Clarke County Ruritan Fairgrounds,  
 890 W. Main St., Berryville, VA  
**9 AM - 4 PM**  
**Dec. 10, 2022**  
 \$10/person at door  
 (pizza lunch provided)

Proceeds benefit the VA 4-H Horse Program Ambassadors.  
 Questions? Email Sandy Arnold at [horse4h@vt.edu](mailto:horse4h@vt.edu)



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## Virginia 4-H All Stars



### 2023 STATE 4-H ALL STAR FORM REVIEW

**Date:** Wednesday, December 14th, 10 am

**Location:** Goochland Extension Office, Goochland, VA

[Click here to RSVP.](#)

This is a great opportunity to gain insight into the nominations process and how to complete the nomination forms. A virtual review will also be available for those that can dedicate a couple of hours during the day but are unable to travel. All 4-H All Stars are encouraged to assist with the review process.

Virginia 4-H All Stars is an honor and service organization for teen and adult leaders who are actively involved in expanding and enhancing the 4-H programs in their communities and statewide. Being tapped as an All Star is the highest recognition that a 4-H'er in Virginia can achieve. To prepare to apply to be a Virginia 4-H All Star takes about three years of active participation in your club, leadership positions and detailed project records and portfolios, community service and more.

[Click here to learn more about Virginia 4-H All Stars.](#)



## Veteran's Day Film Created at Jamestown 4-H Educational Center

Jamestown 4-H Educational Center is proud to share a video that was filmed on-site at Jamestown 4-H during our Operation Purple Camp this past summer. The video was created in coordination with the National Military Family Association and Under Armour, and the voice-over is by Dwayne "The Rock" Johnson.

[Click here to watch the short clip.](#)

[Click here to learn more about Operation Purple Camp.](#)

[Click here to learn more about the National 4-H Military Partnership Program.](#)

## Call for Student Art for *Off the Wall* Exhibit

**Submission Deadline: November 20th by 5 pm**

ARTfactory's Off the Wall High School Art Exhibit & Competition returns for its 19th year!

**WHAT IS "OFF THE WALL"?** Each year the area high school students are invited to share their talent by participating in a high school art exhibit and competition sponsored by Lockheed Martin. The competition encourages student expression and creativity in a professional setting. The exhibit includes student work in the following categories: Art & Technology, Painting/Drawing, Poetry, Wearable Art, and our newest category: Photography! Each category is adjudicated by a professional in the field.

**WHO IS ELIGIBLE TO ENTER?** All students grades 9-12 who are currently enrolled in public, private or home schools in the City of Manassas, Manassas Park, & Prince William County are eligible to participate.

**EXHIBIT DATES:** December 21-January 30, 2023

**OPEN HOUSE/AWARDS CEREMONY:** Saturday, January 7, 2-4 pm (Snow Date: January 14)

[Click here for the competition guidelines and to submit art.](#)

**Notice of Acceptance:** November 22 by 6 pm (via email)



**Michelle Nguyen**  
"Still, the Lotus Blooms"  
Watercolor & Pen  
Colgan High School

# VIRGINIA 4-H TEEN SUMMIT

Focused on Social Justice and Equity + Inclusion issues such as racial justice, LGBTQ+ rights, the environment, mental health, teen voice, and empowerment.

## **Who should attend?**

Teens (14-18) interested in advocacy, social justice, leadership, or just making a difference in their communities.

**When:** December 9th-11th

**Location:** W.E. Skelton 4-H Center, Wirtz, VA

**Cost:** \$50

## **For Questions**

- Dr. Erika Bonnett  
([ebonnett@vt.edu](mailto:ebonnett@vt.edu))
- Dr. Tonya Price  
([totaylor@vt.edu](mailto:totaylor@vt.edu))

## **Reminders**

- **November 7th:**  
Registration starts on 4-H Online
- **November 30th:**  
Registration ends
- Reach out to your 4-H Agent for help registering



**Follow @va4hteensummit on  
Instagram!**

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**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

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**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[VCE COVID-19 Updates](#)

[4-H Online Information](#)  
[The 4-H Foundation](#)  
[Educational Resources](#)  
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

**Prince William 4-H**

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[PWC 4-H Camps](#)  
[PWC 4-H Events & Calendar](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President  
Vice President - Vacant  
Treasurer - Vacant  
Secretary - Vacant

**Adult Officers**

Susan Wolf, President  
Alan Lerch, Vice President  
Sydney Nguyen, Treasurer  
Secretary - Vacant

**Committee Chairs**

Fundraising Committee - Samantha Whysong  
Recognition Committee - Alan Lerch  
Membership Committee - 4-H Staff



**Excellent  
leadership  
opportunities  
to build your  
resume!**



**Support the Prince William County 4-H  
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



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