



# Prince William 4-H

*Our Clubs, Our Community*



November 23, 2022

## Upcoming Events

- Member Meeting
- Dec 1** - Embryology  
Registration Opens
- Dec 4** - PW 4-H Recognition Day
- Dec 13** - PW 4-H Teen Club & Homemade Holiday Gift Night
- Dec 17** - Wreaths Across America
- Jan 1** - Horse Enrollment Project Deadline
- Jan 10** - 4-H Association Meeting
- Jan 12** - PW 4-H Teen Club - Citizenship
- Jan 14** - Clover(bud) Club
- Jan 18** - 4-H Day at the State Capitol
- Jan 20** - Camp Counselor Applications Due
- Feb 11** - Clover(bud) Club
- Feb 15** - PW 4-H Teen Club - Healthy Living

## Inside this issue:

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Click to Visit



## Prince William 4-H Embryology Program Registration Opens Dec 1



The "Beginning of Life" 4-H Project is designed to help youth obtain a better understanding of life and embryonic development. 4-H educational materials guide students through each step of the hatching process from preparing the eggs for incubation to building a brooder for the newly hatched chicks. These educational materials address Standards of Learning (SOLs) for math, science, English, life science, and computer technology. 4-H will provide fertilized eggs, guide you through training, support you during the hatch, and then collect the chicks to be sent to a local farm.

Program registration opens December 1st (see next week's newsletter for link). The program is open to Prince William County Schools, Manassas City Schools, and Manassas Park Schools, as well as Prince William 4-H Clubs and other youth educational organizations.

Please contact DeeAnn Strand if you have any questions about the program and how to get involved. Also check out our Facebook pages linked below to learn more about Prince William 4-H and to see posts from last year's Embryology Project.

### CONTACT INFORMATION

**DeeAnn Strand**, Prince William 4-H Youth Educator  
[dstrand@pwcva.gov](mailto:dstrand@pwcva.gov)  
 703-792-4762  
[www.pwcva.gov/4-H](http://www.pwcva.gov/4-H)



Prince William 4-H Embryology Project  
 Prince William 4-H

### IMPORTANT DATES

#### Embryology Registration:

Dec 1st - Jan 31st

#### In-Person Leader Training

TBD

#### Incubator Pickup (if rented from 4-H)

PW4-H, 8033 Ashton Ave, #105

Feb 21 or Feb 22, 1-4pm

#### Egg Pickup

PW4-H, 8033 Ashton Ave, #105

Feb 27 10 am-12 pm or 3-6 pm

Feb 28 9 am-12 pm

#### Hatch Days: March 19th- 21st!

#### Chick Drop Off

PWC Fairgrounds

Mar 25 9 am - 12 pm

Mar 30 12 - 3 pm

## Thanksgiving Laughs

**Q: Who is never hungry on Thanksgiving?**

A: The turkey, because it's always stuffed

**Q: Why can't you take a turkey to church?**

A: They use fowl language.

**Q: What did the turkey say to the computer?**

A: Google, google!



[Click here for more jokes by iMom](#)

## Call for Musicians for Flannel, Frost and 4-H



Add to the festivities by sharing your musical talents! Prince William 4-H is looking for a few 4-H'ers to play music at Recognition Day on December 4th as families arrive, and during the reception after, to enhance the holiday spirit. Volunteers must provide their own instruments and music.

Please contact Pam Hardin, 4-H Youth Educator, at [phardin@pwcva.gov](mailto:phardin@pwcva.gov) to volunteer or for more information.

## Nokesville 4-H Club Supports Toys for Tots



**Buckhall VFD**, 7190 Yates Ford Rd, Manassas, VA  
**New, unwrapped toys accepted through December 12th.**

Prince William 4-H's Nokesville Community 4-H Club toured Buckhall VFD after their monthly business meeting in November. In addition to touring the station, they went inside an ambulance and a fire truck, and learned about fire safety. 4-H'ers also learned that all PWC fire departments are participating in the annual USMC Toys for Tots campaign. New, unwrapped toys can be dropped off at any PWC fire stations between now and December 12th.

## Kettle Run 4-H Club November Report



Prince William 4-H's Kettle Run 4-H Club has shared their creative November 2022 Report! Check out club reporter Grayson as he provides their November update including officer training and exciting news about the Prince William 4-H Food Challenge teams forming in Kettle Run 4-H Club.

[Click here for the Kettle Run 4-H Club November Report](#)

[Click here to learn more about Kettle Run 4-H Club on Facebook.](#)

## Trigger Time 4-H Shooting Education Club



### TRIGGER TIME 4-H SHOOTING EDUCATION CLUB DEFEATS NORVIEW NJROTC

**November 15, 2022:** In the final game of the regular season Trigger Time 4-H Shooting Education Club defeated Norview NJROTC 1103.6 to 1052.8 last week in the National Air Rifle League. Trigger Time 4-H Shooting Education Club was led by Samantha Erick who shot a 282.2, Samantha Seagle who shot a 276.4, Noah Richter who shot a 274.9, and Grace Richter who shot a 270.1. Trigger Time is competing in the Champions Division where they finish the regular season in thirteenth place. Within the Junior Rifle Club Conference they finish in second place. They finished the regular season with a 4 - 3 record.

The competitors from the regular season that will represent Trigger Time in the finals tournament will be Samantha Erick with a season average of 274.6, Samantha Seagle with a season average of 274.2, Lexi Strand with a season average of 269.7, Grace Richter with a season average of 268.9, and Noah **Richter with a season average of 266.7.**

The rest of this year's team and their season average: Noble Richter/258.7, Rebecca Ahrens/240.1, Dale Rogers/230.3, Jubilee Richter/216.4, Koa Mintz/214.4, Nora Wallschlaeger/208.1, Ayden Strand, 198.6, Colin White/185.0, Ben Stewart/184.6, Julia Wallschlaeger/182.0, Tonchi Mintz/181.6, and Jacob White/172.5.



**Press Releases Submitted by Trigger Time 4-H Shooting Education Club**  
[Click here for Trigger Time 4-H Shooting Education Club Team Page](#)



COME JOIN US FOR A

# HOMEMADE HOLIDAY *Craft Night*



ENJOY A FAMILY-FRIENDLY EVENING  
MAKING HOLIDAY CRAFTS WHILE  
SNACKING ON PIZZA, POPCORN, AND  
SIPPING HOT CHOCOLATE WITH YOUR  
4-H FRIENDS!

Tuesday

**13 DEC.**  
6-9 PM



PRINCE WILLIAM 4-H

McCoy Conference Room  
8033 Ashton Ave.  
Manassas, VA 20109

[CLICK HERE TO REGISTER](#)

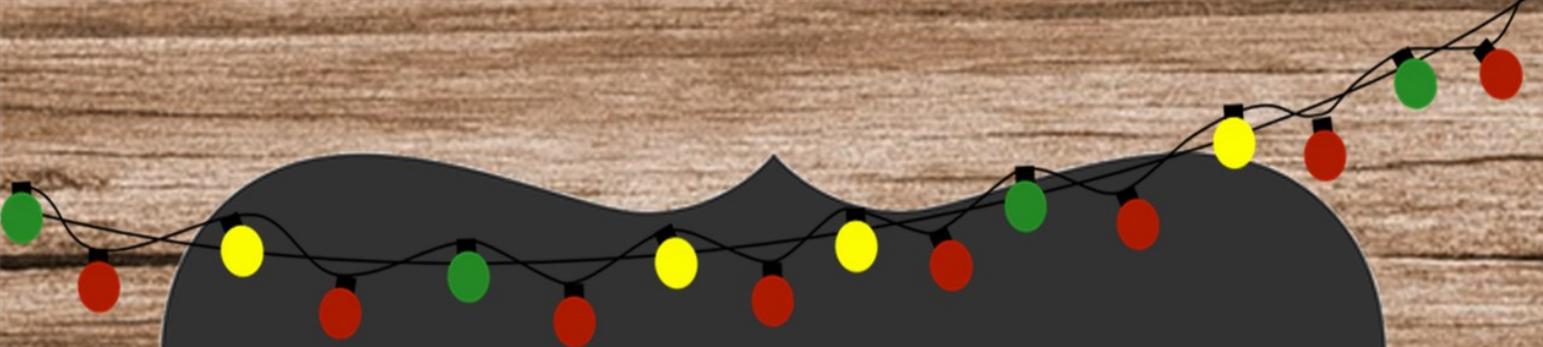
STRING ART ❄️ YARN ORNAMENTS ❄️ REINDEER THUMBPRINT ORNAMENTS  
WRAPPING PAPER & GIFT BAGS



**PLEASE REGISTER BY  
MONDAY, DECEMBER 5TH**

All craft supplies provided by 4-H  
and there is no fee to participate.





# FLANNEL, FROST & 4-H

## Prince William 4-H Recognition Day

Sunday, December 4th, 2-4 pm

Windy Knoll Farm, 11602 Kettle Run Rd., Nokesville, VA



### *All Prince William 4-H Members Are Invited!*

Join us in celebrating the youth, volunteers, members and leaders that exemplified the 4-H motto during the 2021-2022 4-H Year! All members are welcome to participate in the festivities as we share *Our 4-H Story*.

Beverages will be provided. Please bring a treat to share.

Please RSVP by Monday, November 28th. [Click here to RSVP.](#)



## Wreaths Across America Ceremonies: December 19th

[Please click here to find your Prince William 4-H Club's page and to sponsor a wreath.](#)

[Click here for a Veteran's Wreath coloring activity.](#)

[Click here to learn more about Wreaths Across America.](#)

Wreaths Across America is a Prince William 4-H community service initiative. Their mission is to **REMEMBER** our fallen US veterans, **HONOR** those who serve, and **TEACH** our children the value of freedom. We invite you to honor a veteran in your life by sharing their stories and your memories of them, sponsoring wreaths in their name at Quantico or Arlington Cemetery, and by encouraging others to do the same.



## Virginia 4-H All Stars

Virginia 4-H All Stars is an honor and service organization for teen and adult leaders who are actively involved in expanding and enhancing the 4-H programs in their communities and statewide. Being tapped as an All Star is the highest recognition that a 4-H'er in Virginia can achieve. To prepare to apply to be a Virginia 4-H All Star takes about three years of active participation in your club, leadership positions and detailed project records and portfolios, community service and more.

[Click here to learn more about Virginia 4-H All Stars.](#)



### 2023 STATE 4-H ALL STAR FORM REVIEW

**Date:** Wednesday, December 14th, 10 am

**Location:** Goochland Extension Office, Goochland, VA

[Click here to RSVP.](#)

This is a great opportunity to gain insight into the nominations process and how to complete the nomination forms. A virtual review will also be available for those that can dedicate a couple of hours during the day but are unable to travel. All 4-H All Stars are encouraged to assist with the review process.



### 2023 VIRGINIA 4-H ALL STAR AWARDS AND SCHOLARSHIP APPLICATIONS DUE

The Virginia 4-H All Stars recognize selected 4-H All Stars with several awards and a college scholarship annually. Two college scholarships are available this year. All Prince William 4-H All Stars are encouraged to apply for one of the awards. Applications/nominations are due by December 31, 2022 at midnight to Glenda M. Snyder at

[gsnyder@vt.edu](mailto:gsnyder@vt.edu). Phone Number: 540-521-9647.

#### 4-H All Star Awards:

- ★ [Virginia 4-H All Star Awards and Nominations Cover Sheet](#)
- ★ [Virginia 4-H All Star Hall of Fame Award](#)
- ★ [Bradshaw Service Award](#)
- ★ [Wayne M. Keffer Memorial Scholarship Application](#)
- ★ [C. Dean Allen Award for Excellence](#)
- ★ [Dottie Nelson Award for Excellence in International Programs](#)
- ★ [Virginia 4-H All Star Chapter Charter](#)

## Virginia 4-H Alumni and Friends Newsletter

Virginia 4-H is inviting all 4-H Alumni and Friends to Connect and Engage. In this and future newsletters, learn about statewide 4-H programming efforts, volunteering opportunities and connecting with other 4-H Alumni and Friends. [Click here to read the November 2022 newsletter.](#)

Join our 4-H Alumni and Friends Network! We are in the process of forming the Virginia 4-H Alumni and Friends network. Stay connected about upcoming 4-H Alumni and Friends events, statewide 4-H programming efforts, volunteer opportunities and much more. [Click here to sign up to receive information from Virginia 4-H.](#)



# VIRGINIA 4-H TEEN SUMMIT

Focused on Social Justice and Equity + Inclusion issues such as racial justice, LGBTQ+ rights, the environment, mental health, teen voice, and empowerment.

## **Who should attend?**

Teens (14-18) interested in advocacy, social justice, leadership, or just making a difference in their communities.

**When:** December 9th-11th

**Location:** W.E. Skelton 4-H Center, Wirtz, VA

**Cost:** \$50

## **For Questions**

- Dr. Erika Bonnett  
([ebonnett@vt.edu](mailto:ebonnett@vt.edu))
- Dr. Tonya Price  
([totaylor@vt.edu](mailto:totaylor@vt.edu))

## **Reminders**

- **November 7th:**  
Registration starts on 4-H Online
- **November 30th:**  
Registration ends
- Reach out to your 4-H Agent for help registering



**Follow @va4hteensummit on  
Instagram!**

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.



**Black Friday Shopping on Amazon? Be sure to support the Prince William County 4-H Association while you shop by selecting us as your charity with Amazon Smile. Amazon donates 0.5% of your eligible purchases - at no cost to you. See [Page 12](#) for details.**

## REMINDER: 2023 VAF Youth Leadership Scholarship Contest

The 2023 Virginia Association of Fairs' Youth Leadership Scholarship Contest is held during the VAF Annual Convention January 12-15, 2023 at the Williamsburg Lodge. **Packets must be received by December 2nd**; contest day is Saturday, January 14, 2023. Participants compete for a portion of \$9,000 paid to 8 placings to be used for post-secondary education. This contest is open to teens age 14-19 who are actively involved in a VAF-member fair or festival. [Click here for the 2023 application packet.](#)



ADDITIONALLY, VAF has a NEW poster contest for youth ages 9-13 called the AG IT UP Youth Poster Contest. Youth can submit a 3x4ft poster or tri board display exhibiting how agriculture is a part of their fair or festival for a chance at 1st, 2nd and 3rd cash prizes. [Click here for full contest details.](#) **Poster registration forms are due December 20th.**

Please email [Kari Sponaule](mailto:Kari.Sponaule) with any questions.

## For Virginia Educators and 4-H Club Leaders & Volunteers

Have you considered offering woodturning programs in your county?

ANR and 4-H in James City County will be hosting a Pen Making "Teach the Teacher" class on Monday, Dec 19th. This class will cover wood lathe safety and the art of pen making. It is free of charge and open to all extension agents, staff, and volunteers. Limited spaces available. Join us to learn more!

For questions about registration, contact:

[nealcynw@vt.edu](mailto:nealcynw@vt.edu)

For questions about training content, contact:

[fhobbs@vt.edu](mailto:fhobbs@vt.edu)

## National 4-H

### 4-H AT HOME ACTIVITY GUIDES

Sign up to download any (or all) of our 4-H at Home FREE Activity Guides for over 150 fun, hands-on, educational activities for kids of all ages. [Click here to download the activity guides.](#)



### Woodworking Day Class

## PEN MAKING: TEACH THE TEACHER

Open to extension and/or agriculture education professionals, limited spaces available. \*No Cost\*

#### Date & Time:

December 19th, 2022

9am - 4pm

#### Location:

Jamestown 4-H  
Educational Center

#### Instructor:

Forrest Hobbs

Learn the art of pen making. Apply those practices, to teach 4-H youth.



REGISTER NOW:



<https://forms.gle/5GgpVMfgmhoNca9p9>

**Virginia Cooperative Extension**  
Virginia Tech • Virginia State University



[www.ext.vt.edu](http://www.ext.vt.edu)

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If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Nealcyn Watkins at 757-564 2179 during business hours of 8 a.m. and 4:30 p.m. to discuss accommodations 5 days prior to the event. \*TDD number is (800) 828-1120.



# Buzzy BODY & BITES for Teens

Buzzy



Some ways you can show acts of kindness this month:

- Just saying it! A good “thank you” can go a long way to others.
- Write a letter or thank you note to someone who was kind to you!
- Give them a thoughtful gift! They will appreciate the specialness of getting or having something made just for them.
- Offer to help. Everyone may need assistance in different ways, and there is a chance you could support someone by helping them out!
- Pay it forward with an act of kindness in return!

## Gratitude is the Key to a Happy Life

Written By: Gloria Alexander, 2022-2023 Virginia 4-H Healthy Living Ambassador

Thanksgiving is soon upon us! A time to be spent with family, friends, or whoever means the most to you. One important thing to remember about Thanksgiving, is that showing gratitude is a trademark of the holiday. Gratitude means being thankful for others, showing great appreciation, and a way to return kindness. So, what are some of the many ways you can show gratitude to the people around you? Options can range from saying a simple thank you to someone who held the door for you to making a nice meal for someone else. Showing gratitude has been connected directly to higher happiness levels, reduced stress, and improved relationships.

# BITES

## Eat Smart • Move More

### Crustless Pumpkin Pie

Prep Time: 5 minutes Total Time: 30 minutes



#### Ingredients

- Nonstick cooking spray
- 4 eggs, cracked and shelled
- 1/2 cup(s) canned pumpkin
- 8 ounce(s) evaporated milk
- 1/2 cup sugar
- 1/2 teaspoon pumpkin pie spice
- 1 teaspoon vanilla extract
- 1/2 teaspoon salt

#### Nutrition Facts

| Amount per serving     |  | % Daily Value* |
|------------------------|--|----------------|
| <b>Total Fat</b>       |  | <b>130</b>     |
| Sodium 25mg            |  | 5%             |
| Total Carbohydrate 13g |  | 3%             |
| Protein 5g             |  | 10%            |

#### Quick Tips

- Pumpkin is a great source of Vitamins A and C, and are also fat, cholesterol, and sodium free.
- Don't toss out the pumpkins seeds from your jack-o-lantern. You can roast them for a tasty and healthy snack.

#### Follow us | Like us



[www.eat-smart-move-more.org](http://www.eat-smart-move-more.org)

#### Directions

- Heat oven to 400°F. Spray a pie pan with nonstick cooking spray.
- Add the eggs to the mixing bowl and beat together.
- Next, add the pumpkin, evaporated milk, sugar, pumpkin pie spice, vanilla, and salt. Mix until smooth.
- Pour into the pie pan and bake for 15 minutes.
- Turn the oven down to 325°F and bake for another 30 minutes or until the pie is set. Pie is done when a knife inserted in the center comes out clean.

Recipe Source: <http://www.eat-smart-move-more.org>

[www.eat-smart-move-more.org](http://www.eat-smart-move-more.org)

# BODY

## Walking Gratitude

Written By: Eleni Kasianides, 2022-2023 Healthy Living Ambassador

This month, let's take a moment to appreciate our lives. Go on a walk without distractions and simply observe. Take a moment to reflect on this year and the important things in your life. Here are some prompts to get you started:



What are five things you love about fall?



What is something special that your walk features; perhaps that people from other areas may not have?



Who are the most important people in your life? How can you show them appreciation?



What are your Thanksgiving plans? How can you include time to be grateful?



What are five objects that make you smile?



What is one way you can show gratitude to your community this season?

## Exercise Your Mind

### Giving Thanks Word Find

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| W | G | E | W | G | E | W | G | H | T | L | A | E | H | E |
| A | N | Q | G | N | Q | P | O | L | I | T | E | S | N | Q |
| P | V | W | L | R | W | Y | V | W | L | V | W | R | Y | Q |
| P | H | A | O | H | A | O | A | A | O | H | A | E | H | N |
| R | G | I | P | G | I | T | G | D | P | G | I | N | S | I |
| E | J | O | I | C | O | I | E | O | I | J | O | N | S | V |
| C | G | T | H | A | N | K | S | F | K | L | P | A | E | I |
| I | N | H | T | R | L | S | I | L | U | I | O | M | N | Q |
| A | I | A | C | I | Q | D | P | Q | A | L | Y | H | D | S |
| T | V | N | E | N | A | N | O | A | O | L | A | A | N | K |
| E | I | K | P | G | Z | E | I | Z | I | I | T | I | I | N |
| E | G | F | S | U | S | I | U | M | E | I | S | E | K | A |
| R | Y | U | E | Y | X | R | A | X | R | Y | X | R | Y | H |
| F | T | L | R | T | D | F | T | D | F | T | D | F | T | T |
| C | R | J | C | R | E | D | U | T | I | T | A | R | G | J |

- |                 |              |                |              |
|-----------------|--------------|----------------|--------------|
| 1. GIVING       | 5. GRATEFUL  | 9. FAMILY      | 13. RESPECT  |
| 2. THANKS       | 6. GRATITUDE | 10. FRIENDS    | 14. THANKFUL |
| 3. THANKSGIVING | 7. KINDNESS  | 11. HEALTH     | 15. POLITE   |
| 4. HOLIDAY      | 8. CARING    | 12. APPRECIATE | 16. MANNERS  |

## Resources

Virginia 4-H | Facebook  
[www.facebook.com/Virginia4HStateOffice](https://www.facebook.com/Virginia4HStateOffice)

Virginia Family Nutrition Program  
[eat-smart-move-more.org](http://eat-smart-move-more.org)  
[www.facebook.com/VaFNP](https://www.facebook.com/VaFNP)

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### Shop 4-H

**2022 HOLIDAY GIFT GUIDE:** Cross everyone off your list! Explore fun finds for friends and family at the 4-H Holiday Gift Guide—loaded with creative stocking stuffers, super sweet kitchen essentials and awesome accessories. [Shop now.](#)

**BLACK FRIDAY DEALS START TODAY:** Shop for all of your holiday gifts and receive a free denim jacket with each \$250 purchase. The offer expires November 28th, at 11:59 PM ET. Only available while supplies last. [Shop now.](#)

**SHOW OFF YOUR 4-H PRIDE WITH BOGS:** Get social and share photos of how you are exploring the outdoors in your 4-H edition BOGS boots. Be sure to tag @bogsfootwear and #4H in your posts. [Shop now.](#)

**2022 4-H STEM CHALLENGE KIT:** Get 20% OFF each Explorers of the Deep kit, thanks to the support of our 2022 signature partner, Nickelodeon. The discount will be applied automatically at checkout while supplies last. [Shop now.](#)

### Rocking Around the Boardwalk

**2 FREE EVENTS!**  
**NEABSCO CREEK REGIONAL PARK**  
 15125 BLACKBURN RD, WOODBRIDGE  
**BOTH EVENTS RUN THROUGH DECEMBER 31**

**HOLIDAY WALK OF LIGHTS**  
 FRIDAYS - SUNDAYS | 5:30 - 9 PM  
 OPENING NIGHT SATURDAY,  
 NOVEMBER 26 | 5:30 - 9 PM

**UNIQUE HOLIDAY TREE DISPLAY**  
 KICKOFF EVENT:  
 SATURDAY, DECEMBER 10 | VARIOUS TIMES  
 REGISTRATION HIGHLY RECOMMENDED  
 HOLIDAY MUSIC & SELFIE STATION

**PRINCE WILLIAM**  
 —Parks, Recreation & Tourism

**Dates:** November 26-December 31 (Fridays - Sundays)

**Time:** 5:30-9 p.m.

**Location:** Neabsco Regional Park: 15125 Blackburn Rd., Woodbridge

[Click here for more information.](#)

Walk down a magical path of hand-crafted light displays.

### VBFRC November Newsletter Available

**VIRGINIA BEGINNING FARMER AND RANCHER COALITION WINTER GATHERING**

During the Virginia Biological Farming Conference Pre-Conference Day at the Hotel Roanoke

»»»»»»»»

**JAN 6 6-8 PM**

**EVENT HIGHLIGHTS**

- Dinner
- Networking
- Featured Speaker

Registration information coming soon

VIRGINIA Beginning Farmer & Rancher COALITION PROGRAM

The Virginia Beginning Farmer & Rancher Coalition (VBFRC) aims to keep farmers and ranchers in Virginia informed about the events and opportunities happening near them. Monthly information is provided to subscribers regarding announcements, “A Taste of Farming,” “4 the Soil” highlights, and local events with registration links.

[Click here for the November 2022 Newsletter.](#)

[Click here for more information about VBFRC.](#)

## Virginia Association for Biological Farming Conference

[Click here for more information and to register.](#)  
**Early registration ends November 30th.**

The 23rd annual Virginia Biological Farming Conference is Virginia's premier organic and sustainable agricultural conference! The Conference brings together farmers, gardeners, eaters, educators and advocates of biological and organic farming and gardening.



The three day Conference includes: Full and Half Day Pre-Conference intensive workshops, 50+ sessions and workshops, presentations and panel discussions, 40+ tradeshow exhibitors, locally sourced farm meals and book signings. The Conference features a Silent Auction and networking opportunities including regional networking meetings, and the Taste of Virginia Expo & Social!

**VABF is offering a Youth Program for children ages 5 – 12, and a special teen program!**

### Farm Finance & Conservation Planning Seminar

*Hosted by the Virginia Secretary of Agriculture and Forestry*

Please join this **FREE** networking opportunity for beginning farmers to learn about farm financing and cost share conservation opportunities.

|                   |  |
|-------------------|--|
| 9:00 am-10:00 am  | Registration/Visit with Sponsors & Agencies  |
| 10:00 am-11:45 am | Colonial Farm Credit<br>First Bank & Trust<br>Farm Services Agency                       |
| 11:45 am-12:00 pm | Q/A & Summary with Morning Presenters  |
| 12:00 pm-1:00 pm  | Lunch/Visit with Sponsors & Agencies<br><i>*Lunch will be provided by our sponsors</i>   |
| 1:00 pm-2:00 pm   | Virginia Soil and Water Conservation Districts<br>Natural Resources Conservation Service |
| 2:00 pm-2:15 pm   | Q/A & Summary with Afternoon Presenters  |
| 2:15 pm-2:30 pm   | Wrap Up  |



Thank you to our sponsors!

Colonial Farm Credit  
First Bank & Trust

December 8, 2022

Meadow Event Park/ State Fairgrounds  
13191 Dawn Boulevard, Doswell, VA  
"Meadow Hall Building"

#### Presentations by:



- Colonial Farm Credit
- First Bank & Trust
- Farm Services Agency (FSA)
- Soil and Water Conservation Districts (VASWCD)
- Natural Resources Conservation Service (NRCS)

Please RSVP by December 5th, 2022  
[rebecca.paramore@governor.virginia.gov](mailto:rebecca.paramore@governor.virginia.gov)  
 (Directions will be provided upon RSVP)

This event is also being held at the Blue Ridge Community College, Weyers Cave, VA on December 16th.

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

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4-H Program Specialist, Newsletter  
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**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[VCE COVID-19 Updates](#)

[4-H Online Information](#)  
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[4-H All Stars](#)

[STEM in Virginia 4-H](#)

**Prince William 4-H**

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[PWC 4-H Events & Calendar](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President  
Vice President - Vacant  
Treasurer - Vacant  
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