



# Prince William 4-H

*Our Clubs, Our Community*



January 4, 2023

## Upcoming Events

- Jan 12 - PW 4-H Teen Club  
- Citizenship
- Jan 14 - Clover(bud) Club
- Jan 17 - 4-H Association Meeting
- Jan 18 - 4-H Day at the State Capitol
- Jan 20 - Camp Counselor Applications Due
- Jan 31 - Embryology Registration Ends
- Feb 11 - Clover(bud) Club
- Feb 15 - PW 4-H Teen Club  
- Healthy Living
- Feb 18 - PW 4-H Contest Day
- Feb 25-26 - TALT Weekend
- Feb 27-28 - Embryology Project Egg Pickup

## Inside this issue:

- [PW 4-H Updates](#) 2
- [VA 4-H Day at the Capitol](#) 3
- [Embryology](#) 5
- [PW 4-H Association](#) 6
- [VA 4-H Horse Program](#) 7
- [From our Friends](#) 8
- [Contacts & Recourses](#) 10

Click to Visit



## Save the Date: Teen Club Meeting Next Thursday, Jan 12



**Date:** January 12th

**Time:** 7 pm

**Location:** McCoy Conference Room, 8033 Ashton Ave., Manassas

**Who Should Attend:** All Prince William 4-H teens ages 14-19 plus all youth attending 4-H Day at the Capitol

[Click here to register.](#)

Citizenship is much more than politics! At our January meeting, we'll explore what it means to be a good citizen through exciting team activities and fun, animated communication. We'll discuss the importance of leadership and personal development, community action, communication, and expressive arts. Youth preparing for Contest Day/Share the Fun will learn important communication strategies that will elevate their performance. Youth attending 4-H Day at the Capitol will also update their 4-H Story and practice confidence and clear communication while sharing their story. All 4-H'ers will discover their voice and how to make it heard!

Today's youth are our future leaders. How can you be a good citizen and help your community to learn, grow, and support the changing needs of the world around you?

## Prince William Camp Counselor Applications - Due Jan 20th



Prince William 4-H Teens ages 14 and up are encouraged to apply for a camp counselor position for Prince William/Stafford 4-H Junior Camp summer of 2023!

Before applying, please consider carefully why you want to be considered for this role. If you are selected, you will be expected to work hard and demonstrate mature and responsible behavior throughout the entire week of camp. You must be willing to set a good example with your actions and attitude. You will not have a lot of free time to only socialize with your friends, but you will have plenty of time to get to know your campers and mentor and lead them. You can expect to learn a great deal about yourself and others and acquire skills that will serve you for a lifetime. You will also be expected to have some fun!

If you are interested in this exciting opportunity, [please click here to apply](#). **Applications are due by January 20th.** Teens selected as counselors are expected to attend monthly leadership sessions in addition to camp training in July. All dates will be announced upon final staff selections.

- **Teen Counselor:** must turn 14 by Jan 1, 2023, and have previously attended camp as a CIT
- **Counselor-in-Training:** must as least turn 14 by July 31, 2023

Prince William 4-H Junior Camp is July 23-27 at the Northern Virginia 4-H Education Center, Front Royal, VA.

## Thank You for Supporting Prince William 4-H!



What a fun opportunity to win a bonus gift during the holidays! Dan Tisinger of Nokesville, VA, secured the winning bids for both 4-H quilts. Congratulations! Together, we raised \$130 to help send more outstanding youth to 4-H camps and events.

The funds raised will directly benefit the youth in Prince William County through the Prince William 4-H Association. The association fundraises throughout the year to support youth camps, events, activities, and scholarships for Prince William 4-H'ers. Learn more about the Prince William 4-H Association, how you can get involved, and their next meeting date on [Page 6](#).

A huge 4-H THANK YOU to Betty Ann Blanton, a superfan and generous Prince William 4-H supporter, who crafted and donated the beautiful handmade quilts. And a THANK YOU to all that participated in the bidding. Thank you for supporting Prince William 4-H!

## Prince William 4-H Important Dates for Your Calendars



### JAN 14: PRINCE WILLIAM 4-H CLOVERBUD CLUB

**Time:** 10 am - 12 pm

**Location:** 4-H Children's Barn, PWC Fairgrounds

**Who Should Attend:** All greater PWC youth ages 5-8 with an interest in 4-H. What could be better than STEAM and Snow? Our fun, hands-on club meeting will focus on winter science. [Click here to register.](#)



### JAN 17: PRINCE WILLIAM 4-H ASSOCIATION MEETING

**7 pm at Prince William 4-H, McCoy Conference Room, 8033 Ashton Ave., Manassas**

The Prince William 4-H Association meeting is for all youth and adult members. The meeting reviews upcoming programs and opportunities and is an excellent to network with other 4-H'ers. See [PAGE 6](#) for more information and consider volunteering for an important leadership role!

### SAVE THE DATE



### JAN. 18: VIRGINIA 4-H DAY AT THE CAPITOL

This popular annual event for Prince William 4-H'ers ages 9-19 is an exciting full day of civic engagement at the Virginia State Capitol. Thanks to VA 4-H'er Harper Miller who lobbied the VA General Assembly last year, 4-H youth have an excused absence from school to participate...and it's the law! See [Page 3](#) for details.

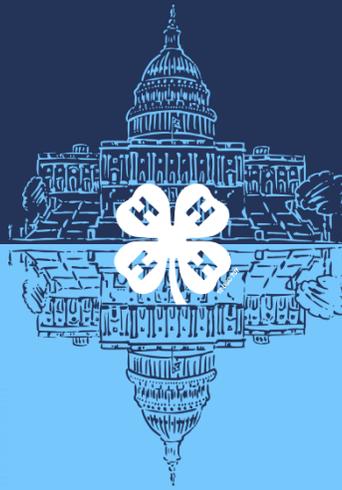


## TRIGGER TIME 4-H SHOOTING EDUCATION CLUB PLACES HIGH IN THE 2022 CENTREVILLE WINTER CLASSIC

**December 22, 2022:** Trigger Time sent nine club members to the 2022 Winter Classic at the Arlington-Fairfax Izzak Walton League in Centreville. We shot a 3x20 match against competitors from around Virginia with Samantha Seagle coming in 2nd place, Noble Richter in 3rd, Alexis Strand in 4th, Noah Richter in 5th, and Samantha Erick in 7th. At this match, all of our participants performed well and we look forward to more growth and progress in future matches.

**Press Releases Submitted by 4-H youth contributor Noah Richter, Trigger Time 4-H Shooting Education Club.** [Click here for Trigger Time 4-H Shooting Education Club Team Page](#)

# Virginia 4-H



## Day at the Capitol

### SAVE THE DATE



**4-H Day at the Capitol**  
**January 18, 2022**  
**Dominion Energy Center**  
**Richmond, VA**

Virginia 4-H Day at the Capitol provides an opportunity for youth to learn about governmental procedures and emphasizes the importance of citizen involvement in the governmental process. Participants visit with legislators sharing their 4-H experiences and learning about the role of legislators in government. They observe the legislative process in action, have opportunities to learn about the congressional aides and pages programs, and have an opportunity to tour the Capitol, museums, or other historical sites in the Richmond area.

#### GENERAL SCHEDULE

9 am	Meet legislators and other 4-Hers (refreshments)
10 am	4-H Rally and State Capitol Photo
<b>11:15 am</b>	<b>Prince William 4-H to visit Virginia Senators Jeremy McPike and Richard Stuart in their offices!</b>
12:30 pm	Lunch Break
<b>1 pm</b>	<b>Prince William 4-H Tour of the State Capitol</b>
<b>2 pm</b>	<b>Prince William 4-H Tour of the Governor's Mansion</b>

#### WHO SHOULD ATTEND

All Prince William 4-H'ers ages 9 - 19 and adult volunteers

#### WHY YOU SHOULD ATTEND

- ★ See our Virginia government in action and meet with legislators! Visit and tour sites that are important to our state government.
- ★ Virginia 4-H Day at the Capitol is a statewide event for all 4-H'ers across the Commonwealth. Participation in this event is important for building your 4-H Portfolio, applying for 4-H leadership positions, applying for scholarships, and building your work and college resumes. *Have you considered volunteering for a Prince William 4-H Association leadership position (see [Page 6](#))?*
- ★ Attending this higher level event is important for your Virginia 4-H All Star or Virginia 4-H Pillar Award Application.
- ★ It's an EXCUSED absence from school, thanks to Virginia 4-H'er Harper Miller who lobbied the VA General Assembly last year. [Click here to read the law.](#)

#### Prince William 4-H Hosts a Table at the Meet and Greet!

Shake hands with legislators, tell your 4-H story, share about your 4-H work, give a 4-H presentation, share about your 4-H projects, discuss what you have learned in 4-H, and more! All Prince William County delegates have been invited and we have many "YES" RSVP's. This is an excellent civic engagement opportunity!

### BONUS MEET AND GREET FOR PRINCE WILLIAM 4-H'ERS\*

**Senators Jeremy McPike and Richard Stuart**  
**Delegates Candi Mundon King, Elizabeth Guzman**  
**Michelle Lopes Maldonado, and Brianna Sewell**

FIND YOUR VIRGINIA STATE LEGISLATOR! [House of Delegates](#) • [Senate](#) • [Virginia General Assembly](#)



# Preparing to Meet Our Legislators

Click their name to learn more.



## VIRGINIA SENATE



### **Senator Jeremy S. McPike, Democrat, District 29**

Manassas City (All), Manassas Park City (All), Prince William County (Part)

**Member Since:** 2016

**Committees:** General Laws & Technology, Local Government, Rehabilitation & Social Services, and Transportation



### **Senator Richard H. Stuart, Republican, District 28**

King George County (Part), Prince William County (Part), Spotsylvania County (Part), Stafford County (Part), Westmoreland County (Part)

**Member Since:** 2008

**Committees:** Agriculture, Conservation & Natural Resources, General Laws & Technology, and Judiciary



## VIRGINIA HOUSE OF DELEGATES



### **Delegate Elizabeth R. Guzman, Democrat, 31st District**

Counties of Fauquier (part) and Prince William (part)

**Member Since:** 2018

**Committees:** Education, Commerce and Energy, Health, Welfare and Institutions

**Subcommittees:** Higher Education, Health, Welfare & Institutions, and Commerce & Energy



### **Delegate Candi Mundon King, Democrat, 2nd District**

Counties of Prince William (part) and Stafford (part)

**Member Since:** January 11, 2021

**Committees:** Finance, Public Safety, and Privileges & Elections

**Subcommittees:** Finance, Public Safety, and Privileges & Elections



### **Delegate Michelle Lopes Maldonado, Democrat, 50th District**

County of Prince William (part); City of Manassas

**Member Since:** 2022

**Committees:** Privileges & Elections, and Education

**Subcommittees:** Education - K-12, and Privileges & Elections



### **Delegate Briana D. Sewell, Democrat, 51st District**

County of Prince William (part)

**Member Since:** 2022

**Committees:** Communications, Technology & Innovation, Counties Cities & Towns, Education

**Subcommittees:** Counties Cities & Towns, Higher Education, Communications, and Technology & Innovation



PRINCE WILLIAM 4-H

# Embryology Project



The "**Beginning of Life**" 4-H Project is designed to help youth obtain a better understanding of life and embryonic development. 4-H educational materials guide students through each step of the hatching process from preparing the eggs for incubation to building a brooder for the newly hatched chicks. These educational materials address Standards of Learning (SOLs) for math, science, English, life science, and computer technology. 4-H will provide fertilized eggs, guide you through training, support you during the hatch, and then collect the chicks to be sent to a local farm.

**Click here to register your 4-H Club or PWCS, Manassas City, or Manassas Park school class.**



## IMPORTANT DATES

**Embryology Registration**  
Dec 1st - **Jan 31st**

**In-Person Leader Training**  
TBD

**Incubator Pickup** (*if rented from 4-H*)  
PW4-H, 8033 Ashton Ave, #105  
Feb 21 or Feb 22, 1-4pm

**Egg Pickup**  
PW4-H, 8033 Ashton Ave, #105  
Feb 27 3-6 pm  
Feb 28 9 am-12 pm

**Hatch Days: March 19th- 21st!**

**Chick Drop Off**  
PWC Fairgrounds  
Mar 24 2 pm - 6 pm  
Mar 30 12 - 3 pm

## CONTACT INFORMATION

**DeeAnn Strand**  
4-H Youth Educator  
[dstrand@pwcva.gov](mailto:dstrand@pwcva.gov)  
703-792-4762  
[www.pwcva.gov/4-H](http://www.pwcva.gov/4-H)



Prince William 4-H Embryology Project  
Prince William 4-H



Prince William

# 4-H ASSOCIATION



**HEAD**  
**HEART**  
**HANDS**  
**HEALTH**

## SUPPORT OUR 4-H YOUTH

The Prince William 4-H Association is a non-profit organization that supports our county's 4-H youth programs. Through fundraising efforts, the Association provides scholarships, learning opportunities, and educational programming to our members and the greater Prince William community. The Association is comprised of a dedicated volunteer group of both youth and adult community members.

*4-H Grows Here!*

### VOLUNTEER LEADERSHIP OPPORTUNITIES

Support your community, gain leadership experience, and build your resume by volunteering for a Board position within the Prince William 4-H Association. The following positions are vacant and need your support:

#### YOUTH LEADERSHIP VACANCIES

-  Vice President
- Treasurer
- Secretary

#### ADULT LEADERSHIP VACANCY

-  Secretary

CONTACT **MARYBETH LERCH** FOR MORE INFORMATION.

### WHO SHOULD PARTICIPATE

<b>4X</b>	more likely to give back to their communities
<b>2X</b>	more likely to make healthier choices
<b>2X</b>	more likely to participate in STEM activities

All adult and youth Prince William 4-H members are encouraged to attend the bi-monthly meetings to learn more about upcoming programming, opportunities, and network across county clubs.

LEADERSHIP NETWORKING INFORMATION **FUN!**

### Prince William 4-H Association Meeting

TUESDAY, JANUARY 17TH  
7 PM

Prince William 4-H  
McCoy Conference Room (upstairs)  
8033 Ashton Ave.  
Manassas, VA 20109  
RSVP link coming soon



## Virginia 4-H Horse Program Updates

### INTRO TO EQUISMARTZ

- Jan. 14 – Central District – [click here to register by Jan. 9](#)
- Jan. 21 – SW District – [click here to register by Jan. 16](#)
- Jan. 28 – NE District – [click here to register by Jan. 23](#)

### EQUISMARTZ 2023

**Dates:** March 31st – April 2nd

**Location:** Lexington, VA

**Entry deadline:** March 15th

[Click here for more information.](#)

### TENTATIVE SCHEDULE:

Friday – 4-H and FFA Hippology

Saturday - 4-H and FFA Horse Judging

Sunday – 4-H Horse Bowl and

Communications Contests

### RESOURCES

- [The Horse, 3<sup>rd</sup> edition, by Evans, et al.](#), has been adopted as a new Senior reference. This book has several purchase options including an e-book rental option and a read aloud source.
- [Equine Science by Griffiths](#) will no longer be a Senior reference but will continue to be used as a Junior reference. It also has a digital rental option.

### 2023 VT BLOCK AND BRIDLE SPRING HORSE AND LIVESTOCK CONTESTS

#### Horse Contests

[Click here for the Horse Contests Entry System](#)

- B&B Hippology Contests, Friday, Feb 10th, **Entry Deadline: Jan 31st**
- B&B Horse Judging Contests, Saturday, Feb 11th, **Entry Deadline: Jan 31st**

#### Livestock Contests:

[Click here for the Livestock Contests Entry System](#)

- B&B Stockman's Contests, Friday, Feb 24th, **Entry Deadline: Feb 10th**
- B&B Livestock Judging Contests, Saturday, Feb 25th, **Entry Deadline: Feb 10th**
- State 4-H/FFA Meats Evaluation Contests, Saturday, Mar 4th, **Entry Deadline: Feb 10th**

Click here for the [2022-2023 4-H Horse Program Calendar of Events](#)



An introductory program, 4-H members and interested youth from the **Northeast 4-H District** and surrounding Counties are invited to come and experience components of the state educational contests collectively known as EquiSmartz. This clinic includes sessions in Horse Bowl, Hippology, and Horse Judging. Youth will learn the basic format of the contests and types of questions presented, plus participate in a mini-practice contest for each component (no awards). Club leaders, parents, and volunteers participate in a concurrent session for instruction on how to organize teams for EquiSmartz and to share ideas. *Youth must have a designated adult chaperone on site. Live horse judging will be at Greenfield Farm, 11218 Cross Corner Rd, Ashland, VA for afternoon session. All attendees must provide their own transportation.* More info about EquiSmartz <https://ext.vt.edu/4h-youth/horse.html>



REGISTER ONLINE → <https://bit.ly/NEDIntro>  
REGISTRATION DEADLINE: Jan. 23, 2023

LEARN HORSE  
JUDGING

PRACTICE  
HIPPOLOGY

EXPERIENCE  
HORSE BOWL

LEADER  
ORIENTATION

PLAN FOR EQUISMARTZ!  
(Mar. 31 – April 2, 2023)

Hanover Extension Office  
13015 Taylor Complex Ln,  
Ashland, VA

9:30AM - 4 PM

Jan. 28, 2023

\$10/person at door  
(pizza lunch provided)

Proceeds benefit the VA 4-H Horse Program Ambassadors.

Questions? Email Sandy Arnold at [horse4h@vt.edu](mailto:horse4h@vt.edu)



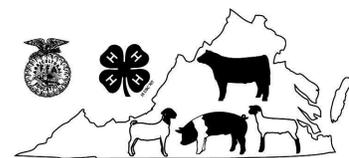
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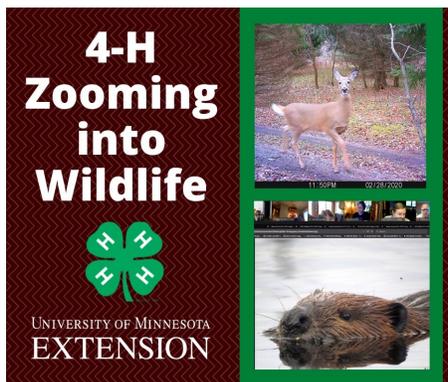
## National 4-H Shooting Sports Quiz Bowl

**Virtual Event Dates:** January 16th - 20th

[Click here for study guides and registration.](https://4-hshootingssports.org/quiz-bowl-study-materials/)

Registration for the 2023 4-H Shooting Sports Quiz Bowl is open for both teams and individuals. Teams consist of 3 or 4 members, with the highest three scores counting as the Team Score. Team members will automatically be re registered in the Individual Competition as well as the Team Competition. Quiz Can be taken anytime between January 16th and January 20th. Scores will be based on the number of correct answers and the amount of time it takes to complete the quiz. Study resources are available for archer, hunting skills, muzzle loading, pistol, rifle, shotgun, western heritage, and general information.

## 2023 4-H Zooming Into Wildlife Sessions



Trail cameras are a great way to explore wildlife habits and learn about the environment outdoors. This unique series will give youth the opportunity to use a trail camera while meeting weekly over Zoom to share their captured footage and hear from guest speakers.

Youth who sign up will have the opportunity to purchase an affordable trail camera when they register if they do not currently have one, but it's not a requirement to participate. Youth can register just to participate in the Zoom sessions and hear from the speakers.

This is open to all 4-H members in Minnesota 4-H with an "active" enrollment status, as well as 4-H members from other states. The "Zooming In on Wildlife" 2023 Series is geared towards youth 4th grade and

up, but younger 4-H members can participate with parental guidance.

If you already have a trail camera or just want to participate in the Zoom sessions without a trail camera, there is no cost. If you wish to purchase a trail camera, the cost is \$45.00. Checks should be made out to Waseca County 4-H and mailed in/dropped off to the county Extension Office (300 N State St, Waseca MN 56093). Trail cameras will be shipped directly to participants' homes once payment is received.

Register at [z.umn.edu/4-HZoomingIntoWildlife2023Reg](https://z.umn.edu/4-HZoomingIntoWildlife2023Reg). Sessions will be recorded and recordings will be sent to all registered participants, so even if you know you can't attend 1 or more, you should still register so you can receive recordings of some engaging, informative speakers!

### Dates

Monday, February 13, 2023 - 6 to 7 pm  
 Tuesday, February 21, 2023 - 6 to 7 pm  
 Monday, February 27, 2023 - 6 to 7 pm  
 Monday, March 6, 2023 - 6 to 7 pm  
 Tuesday, March 14, 2023 - 6 to 7 pm  
 Tuesday, March 21, 2023 - 6 to 7 pm

*Participation in Zooming into Wildlife DOES count for wildlife hours to State Shoot eligibility.*

[Click here for more information from the University of Minnesota Extension.](https://4-hshootingssports.org/quiz-bowl-study-materials/)

### CHECK OUT MORE 4-H RESOURCES TO STUDY WILDLIFE

- [Virginia 4-H Wildlife Habitat Education Program](#)
- [National 4-H Wildlife Science Curriculum Collection](#)
  - [California 4-H Wildlife Project](#)
- [Kansas 4-H Wildlife Project Ideas & Resources](#)
  - [Purdue 4-H Wildlife Project](#)
- [Minnesota 4-H Wildlife Biology & Management Project](#)

## VCE Virginia Snake Identification Overview & Discussion

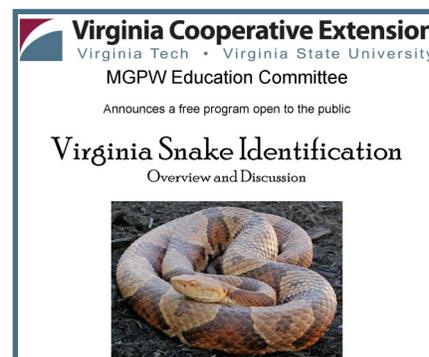
**Date:** Saturday, January 21st

**Time:** 10 am - noon

**Location:** Old Manassas Courthouse, 9248 Lee Ave., Manassas

[Click here to register.](#)

Prince William County Master Gardener Association Education Committee is sponsoring Bill Crisp, Wildlife Control Operator (Virginia), Snake Intervention & Education, a free in-person program, open to all. Bill will show us how to accurately identify local snake species, review best practices on how you can limit snakes from coming onto your property and/or into your house, and talk about the venomous snakes of Virginia.



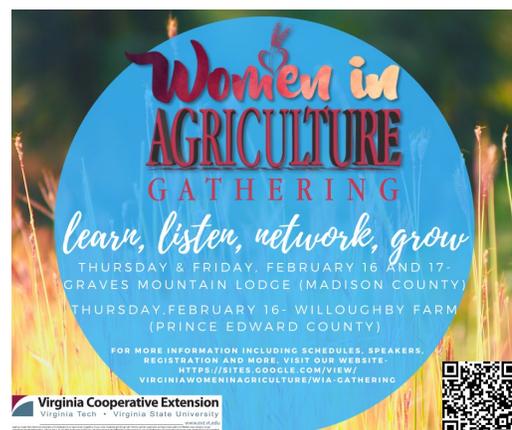
## Virginia Women in Agriculture Gathering

The Women in Agriculture Gatherings are hosting the 5th Annual Gatherings in February. There will be two opportunities to attend.

- **February 16 and 17** at Graves Mountain Farm and Lodges in Madison County. This will be a two day event with the first day as a business intensive session and the second day as the general Women in Agriculture Gathering with a variety of topics and speakers.
- **February 16** at Willoughby Farm in Prince Edward County. This event will be the general gathering format with a variety of activities and speakers.

[Click here for more information including a tentative agenda, registration, and location information.](#)

You may also find our Facebook event here: <https://fb.me/e/2TZQc0dGu>



## VCE Transitioning Land & Farm Businesses

The opportunity for producers, business and landowners to learn and focus on farm transition planning is here! With most farms in Virginia being family owned and operated, it is very important to take the time to discuss the future. Please mark your calendars to join us at one of four locations (Culpeper, Wytheville, Weyers Cave, Dinwiddie) across the state for an interactive workshop the week of February 20-23, 2023 to join Dick Wittman of Wittman Consulting. Dick has worked for Farm Credit Administration, successfully managed and transitioned his family's multi-generation farm/ranch, helped family farm businesses as a consultant for three decades, and authored a guidebook titled Building Effective Farm Management Systems.

This workshop will be of interest for folks who are facing many different scenarios when it comes to transition. Some farms hope to transition ownership and management to next generation successors. But what if the successors have limited or no capital and want to work on the farm, hoping to assume ownership later. How do you as owners get "out of the way" but "not go away?". What if your successors don't want to work on the farm, but they don't want you to sell their heritage? Come prepared to look at transition strategies that can be adapted to a multitude of scenarios. A case study workshop will immerse participants in real-world transition scenarios that will provide take home experience and build confidence in how to move forward.

Registration will open in early January. Contact Crysti Hopkins at [hcrysti2@vt.edu](mailto:hcrysti2@vt.edu).



**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

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**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[VCE COVID-19 Updates](#)

[4-H Online Information](#)  
[The 4-H Foundation](#)  
[Educational Resources](#)  
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

**Prince William 4-H**

[PWC 4-H Homepage](#)  
[PWC 4-H Programs](#)  
[PWC 4-H Camps](#)  
[PWC 4-H Events & Calendar](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President  
Vice President - Vacant  
Treasurer - Vacant  
Secretary - Vacant

**Adult Officers**

Susan Wolf, President  
Alan Lerch, Vice President  
Sydney Nguyen, Treasurer  
Secretary - Vacant

**Committee Chairs**

Fundraising Committee - Samantha Whysong  
Recognition Committee - Alan Lerch  
Membership Committee - 4-H Staff



**Excellent  
leadership  
opportunities  
to build your  
resume!**



**Support the Prince William County 4-H  
Association while You Shop!**

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
3. Select "Prince William County 4-H Association" as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



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