



# Prince William 4-H

*Our Clubs, Our Community*



June 14, 2023

## Upcoming Events

- Jun 27-30** - Virginia 4-H State Congress
- Jul 15** - Market Day #2
- Jul 23-27** - Prince William/Stafford 4-H Junior Camp
- Aug 5** - Market Day #3
- Aug 14-18** - Prince William 4-H Fair Camp
- Sep 2** - Market Day #4
- Oct 1** - Happy New 4-H Year!
- Oct 13** - PW 4-H BINGO Night
- Oct 14** - Market Day #5
- Nov 24-28** - National 4-H Congress

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## Prince William 4-H BINGO Event Update



### SAVE THE DATE!

**Date:** Friday, October 13th

**Location:** Buckhall Fire Station, 7190 Yates Ford Rd., Manassas

Get ready for our biggest event of the year! The Prince William 4-H Association Fundraising Committee met last night to begin hashing out the details for a NEW community event! BINGO, costumes, prizes, and so much more - they're ready to put the FUN in FUNdrising.

Be sure to save the date on your calendar and invite your friends and family. All proceeds from this event directly benefit our greater Prince William area youth through 4-H programming, sponsored events and activities, camps, and scholarships.

Stay tuned for more updates on planning meetings and be prepared to participate. We will need all clubs participating to make this an incredible event for 4-H. Have questions or suggestions? [Contact Susan Wolf.](#)

## SOLD OUT Success at the Farmer's Market



Cora, Ayden, Lexi, and Diallo had an exciting first market day! Diallo sold out of his delicious freshly squeezed lemonade. Cora's homemade healthy dog treats sold out, too! Ayden's handmade wood coasters and Lexi's

key fobs and hair scrunchies were a huge hit, too. All 4 of these young entrepreneurs will be back at the Manassas Farmer's Market on July 15th - wonder what lessons they learned and how they will GROW their business?

### SAVE THE DATE

#### Manassas Farmer's Market

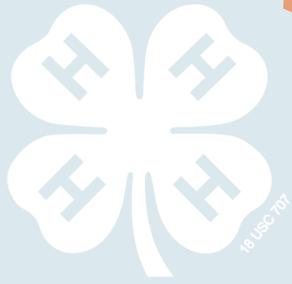
Saturday, July 15th

8 am - 1 pm

Featured 4-H'ers: Diallo, Koa, Xanthie, Aisling, Amari, Zaynab & Ruqayyah, Ayden & Lexi



PRINCE WILLIAM 4-H



# FARMER'S MARKET

June 10, 2023

**Prince William Prince William 4-H Young Entrepreneurs had a fantastic first market day! We hope you'll stop by again on July 15th. Thank you for supporting our 4-H'ers!**

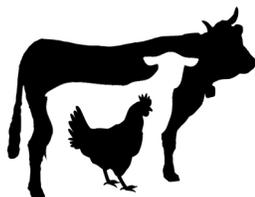


## Prince William County Fair Contests

### Prince William County Fair

August 11 - 19

[Click here for the Prince William County Fair website.](#)



### 2023 OPEN AGRICULTURE DIVISION

*Dairy Cattle, Beef Cattle, Swine, Dairy Goats, Sheep, Poultry, and Rabbits*

4-H members may exhibit in any class. All livestock entries and fees must be postmarked no later than Monday, July 24th. **Special awards specifically for 4-H and FFA youth.** [Click here for contest rules and entry forms.](#)



### 2023 HOME ARTS

*Farm & Garden Produce, Flowers & Gardens, Food Preservation, Baked Goods, Handicrafts, Ceramics, Art, and Photography*

No entry fees are charged. Each exhibitor may enter only one item per class. All exhibits must have been canned, baked, made, or grown by the exhibitor, except flower arrangements where some materials may be purchased. All entries must have been canned, baked, made or grown by the exhibitor since the end of 2021. **Junior Special Awards for 4-H and FFA youth.** [Click here for contest rules and entry forms.](#)



### 4-H PROJECT BOOKS

4-H youth may submit last year's or this year's (if complete) project book in the Youth Home Arts Educational category (see page 72 in the Fair Contest Catalog). [Click here for contest rules and entry forms.](#)



### 2023 FAIR PAGEANT

Miss and Mister competition categories from 1 month to 22 years. [Click here for more information and entry form.](#)

### RULES AND ENTRY FORM COMING SOON FOR:

- 2023 Fair Mullet Contest
- 2023 Frozen T-Shirt Contest
- 2023 Power Wheels Derby



## REMINDER - Club Posters Needed for the 4-H Exhibit

Our clubs are excited to create their own posters! We're excited to see your craftiness and to celebrate your club at the PWC Fair. Please submit your club poster to DeeAnn Strand at the 4-H office for display in the Prince William 4-H Children's Barn.

**POSTERS NEED BY JULY 12TH.**



# PRINCE WILLIAM 4-H

At the PWC Fair, August 11-19, 2023



## 4-H CHILDREN'S BARN

Daily Activities, 2-8 pm

**THRIVE WITH 4-H** through a series of thought provoking activities focusing on STEM, Healthy Living, Ag, and Civic Engagement. Participate in daily special presentations from community partners. They're all free, hands-on and captivating!

## 4-H AGRICULTURE BARN

Daily Exhibits, 2-8 pm

Explore Prince William 4-H through fascinating exhibits, take part in a community service project to support our deployed military, pet chicks from our embryology project, and discover how you can **THRIVE WITH 4-H!**

## 4-H FAMILY FUN NIGHT AT THE SHOW BARN

Monday, August 14th, 5 pm

Join in the excitement of family-friendly games and activities hosted by Prince William 4-H.

## PRINCE WILLIAM 4-H FAIR CAMP

August 14th-18th, 9 am-12:30 pm, \$50 fee includes activities, snacks, and a camp t-shirt. Prince William 4-H Fair Camp is a day camp for youth ages 5-12 held during the week of the annual PWC Fair at the PWC Airgrounds South Barn and grow in a safe and exciting environment with fun activities, games, and art projects and more, in the 4-H Pillars of STEM, Health Living, Agriculture and Civic Engagement. Visit [www.pwc4h.org](http://www.pwc4h.org) for more information and registration links.

Discover a world of opportunities in Prince William and **THRIVE WITH 4-H!**



**CAMP IS FULL**



# VOLUNTEER

and THRIVE  
with 4-H!

## Prince William 4-H at the County Fair

### 4-H YOUTH VOLUNTEER OPPORTUNITIES

#### Workday Wednesdays

**Dates:** Every Wednesday from June 21st - August 2nd

**Time:** 10 am - 2 pm; bring a bag lunch

**Location:** PWC 4-H Office

**Who Should Volunteer:** All middle school and high school 4-H'ers (bring a friend!)

**[Click here to signup.](#)**

Youth volunteers will be planning the activities, cutting, pasting, organizing, bagging, and more, for the enrichment activities at the 4-H Children's Barn at the PWC Fair and Prince William 4-H Fair Camp. Whether you're crafty, strong at lifting, good at organizing, innovative, or a worker bee, we need you to help us prepare!

7 weeks x 4 hours each Wednesday =  
28 volunteer hours earned!

#### PWC Fair 4-H Children's Barn & Ag Barn - Youth Volunteer

**Dates:** August 11th - 19th

**Times:** 2-5 pm or 5-8 pm shifts available

**Location:** PWC Fairgrounds

**[Click here to signup.](#)**

Youth volunteers are needed to assist youth and families with their activities as well as help direct the community service activities, assist with activities, share their 4-H stories and more.

### ADULT VOLUNTEER OPPORTUNITIES

#### 4-H Summer Fair Camp Chaperone

**Dates:** August 14th - 18th

**Time:** 8:30 am - 1 pm

**Location:** PWC Fairgrounds

***Signup coming soon.***

Camp Adult Volunteers are necessary to ensure our youth have a fun, safe camp experience. Adults are primarily chaperones, group facilitators, or help to distribute snacks. Any time that you can offer is welcome!

#### PWC Fair 4-H Children's Barn & Ag Barn - Adult Volunteer

**Dates:** August 11th - 19th

**Times:** 2-5 pm or 5-8 pm shifts

**Location:** PWC Fairgrounds

**[Click here to signup.](#)**

Visitors to the 4-H Children's Barn will be greeted by the Barn Manager and directed to activities. Adult volunteers will be on hand to answer any questions, assist with activities, and assist youth volunteers with community service and Ag Barn activities.





**TRACK 1**  
High Elements  
Leadership Development



**TRACK 2**  
Environmental Education  
Swimming  
Tie Dye



**TRACK 3**  
Campfire Cooking  
Field Sports  
Canoeing



**TRACK 4**  
Dance/Performing Arts  
Photography  
Arts and Crafts



**TRACK 5**  
Air Rifle  
Fishing  
Outdoor Living Skills



**TRACK 6**  
Archery  
Low Ropes/Teambuilding  
Newspaper



**TRACK 7**  
Taste of Camp  
Paper Mache  
Yoga



# ADVENTURE WITH 4-H

## PRINCE WILLIAM - STAFFORD 4-H JUNIOR CAMP

Prince William-Stafford 4-H Junior Camp is our premier camp for youth in 4-H as well as youth interested in 4-H. Campers participate in morning classes, daily swim and recreation time, as well as evening programs and campfire. Youth select a program Track for morning activities when registering. Classes include archery, arts and crafts, canoeing, performing arts, photography, fishing, cooking, ropes course, and so much more.

**NEW THIS YEAR** is a Taste of Camp program for those who are first time campers. This track provides the opportunity to sample some of the most popular classes available, such as STEM, campfire cooking, low ropes, swim, and outdoor living skills.

Register today for your summer **ADVENTURE WITH 4-H!**



**DATES:** July 23rd - 27th

**LOCATION:** Northern Virginia 4-H Educational Center, Front Royal, VA

**WHO SHOULD ATTEND:** Youth ages 9-14

**CAMP FEE:** \$360\* and includes meals and lodging for five days and four nights, a camp t-shirt, and class supplies.

For more information and to register, visit <https://www.pwcva.gov/4-H>.

**\*Registration Fees increase by \$50 after June 1st. We cannot guarantee camp t-shirts after June 1st.**

### ABOUT PRINCE WILLIAM 4-H

Prince William 4-H is a community of young people across the greater Prince William area who are learning leadership, citizenship, and life skills. Our goal is to help youth grow into capable, responsible, confident members of our community by providing information, opportunities, activities, and events that are educational and fun! In 4-H, we learn by doing! Our programs focus on the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture. In clubs throughout Prince William, our youth conduct youth-led meetings to complete projects, community service, and participate in local and state government events.

**Begin your ADVENTURE WITH 4-H!** Contact Prince William 4-H at [4HPWC@pwcva.gov](mailto:4HPWC@pwcva.gov) for more information and to join a club.



## All Star Tapping Ceremony at 4-H Congress

**Date:** Thursday, June 29th

**Time:** 2 pm

**Location:** Commonwealth Ballroom, Squires Student Center, Virginia Tech  
 Congratulations to Virginia 4-H All Star initiates! Be sure to purchase a parking permit in advance for you and your families. See the information that was emailed.



## 4-H Day at NASCAR Speedway

4-H is partnering with NASCAR for the Sunday, July 30th 3 PM NASCAR Cup Series Race at the Richmond International Raceway. Purchase tickets at a discounted price of \$50. Great seats! 4-H Members will lead the American Pledge on the event stage and participate in pre-race activities (meet the drivers, walk on the track, see the cars up close, etc.). [Click here to purchase tickets.](#)



## Virginia 4-H Central District Shoot

**Date:** Saturday, July 15th

**Location:** Holiday Lake 4-H Center, 1267 4-H Camp Road, Appomattox, VA

**Entry Fees:** \$35 per competitor; \$40 if competing in shotgun

**Register by Monday, July 3rd.**

This match is open to all VA 4-H Shooting Education Members. If range space is limited, clubs in the Central District (*that register by the deadline*) will have priority over clubs outside the district.

**Events:** Air Pistol (Progressive Position), Air Rifle (3-Position), Archery (Compound, Traditional, Instinctive and Bowhunter), BB Gun (4-Position), Shotgun (Trap & Skeet), Smallbore Pistol Silhouette (Senior 4-H members only) and Smallbore Rifle (3-Position & Silhouette)

Competitors will only be allowed to register for up four events including two of the above archery events. Competitors who have not completed portfolios in the events that they are registered to shoot must be accompanied by a Coach.



## Virginia 4-H Pork Challenge

**Date:** Saturday, August 26th

**Location:** George Washington Carver Center, 9432 James Madison Hwy., Rapidan, VA

**Who Should Participate:** All Prince William 4-H'ers and Food Challenge Teams

**Registration Opens:** July 6th

**Registration Deadline:** August 4th

[Click here for contest rules and website for registration.](#)

The Virginia 4-H Pork Challenge challenges youth to create a dish using only a predetermined set of ingredients. From these ingredients, youth must identify and prepare the dish, then make a presentation about it to the judges. This contest is being offered through grant funding received by the Virginia Pork Council. Similar to the 4-H Food Challenge and the Virginia 4-H Beef Challenge, this contest will allow participants to use their creativity to create a dish using pork as the main ingredient.

Please note that the rules were adapted from the other food challenge contest areas and thus, very similar in nature. This contest will be limited to 10 teams and when registration opens on July 6 it will be handled on a first-come, first-serve basis.

\*Open to teams who registered by August 4, 2023  
 \*For youth 9-18 years of age (as of 9/30/23)  
 \*For more information contact:  
 Dr. Tonya Price  
 tonyaprice@vt.edu  
 540-232-6012  
 or  
 Mrs. Kelly Mallory  
 kmallory@vt.edu  
 540-948-6881

If you are a person with a disability and desire any positive devices, services or other accommodations to participate in this activity, please contact the State 4-H Office at 540-231-6372 during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 5 days prior to the event. TDD number is (800) 928-9100.

VIRGINIA 4-H  
 PORK CHALLENGE  
 GEORGE WASHINGTON  
 CARVER CENTER  
 RAPIDAN, VA  
 Saturday, August 26, 2023

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Virginia Cooperative Extension  
 Virginia Tech  
 Virginia State University

## Virginia 4-H Youth Animal Science Updates



### **NEW! Rabbit Bowl and Rabbit Show - THIS SATURDAY!** **LOUDOUN COUNTY 4-H RABBIT BOWL AND RABBIT SHOW**

**Date:** Saturday, June 17th, Time: 9 am - 2 pm

**Location:** Loudoun County Fairgrounds

**Click here to register. Entries due Friday June 16th.**

Rabbit/cavy enthusiasts, ages 5-18 welcome! Come test your knowledge, the rabbit bowl competition is a rabbit version of hippology. We will also have rabbit judging. NO COST to participate! If you have questions, please contact [Alisa Hart](#).

### **VIRGINIA YOUTH LIVESTOCK PROGRAMS**



### **2023 VIRGINIA LAMB AND GOAT SYMPOSIUM**

**Date:** Saturday, June 17th

**Location:** New River Valley Fairgrounds, Dublin

**Entry Fee:** \$20/head by June 14th. Late entries are \$30/head June 15th – check-in on Saturday

**Click here for more information and to enter.**



### **NEW! 4-H Horsemanship Skills Evaluator Training - THIS SUNDAY!** **A 4-H SKILLS EVALUATOR TRAINING**

**Date:** Sunday, June 18th

**Time:** Event begins at 10am. Please pack a lunch or concessions are available for purchase on site.

**Location:** Meadow Event Park Gate 6B, 13191 Dawn Blvd, Doswell, VA

**Who Should Attend:** Open to any enrolled 4-H volunteer with horse experience that is interested in becoming a 4-H Skills Tester

**Click here to register.**

Our Virginia 4-H Horse Program is in need of additional certified, trained Horsemanship Skills Evaluators. In an effort to meet that need, the NE District Horse Council has organized an Evaluator Training for Horsemanship Skills Evaluators this Sunday, June 18th at The Meadow Event Park in Doswell. If you are an enrolled 4-H volunteer and interested in being trained as an evaluator, please read the information below and sign up at the link provided. This training is free of charge. For questions regarding the schedule, please contact Lisa Powers at [triplecrownquineclub@gmail.com](mailto:triplecrownquineclub@gmail.com).



### **VIRGINIA STATE 4-H HORSE SHOW**

**Date:** September 7th - 10th

**Location:** Lexington, VA

**Click here for more information and registration information.**

**Click here for the Show website.**

**Declaration Deadline:** July 1st

**State Show Entry Deadline:** July 17th

- [Click here for Qualifying Clinics](#)
- [Click here for Qualifying Shows](#)
- [Click here for Horsemanship Skills Opportunities](#)



### **2023 STATE 4-H HORSE SHOW SILENT AUCTION**

Last year's silent auction brought in over \$13,000 for the Virginia 4-H Horse Program! If you are able to donate an item for the auction, raffle, or cash donation to offset costs, please contact Rose McDonald, 4-H State Horse Show Silent Auction Chair, 540-877-4935.



### **VIRGINIA 4-H RABBIT SHOW AND CLOVERBUD CLINIC**

**Date:** September 16th

**Location:** at [Field Days of the Past](#) event in Amelia, VA

**Click here to register.**

**Click here for the 4-H Study Guide.**

First Annual 4-H Rabbit Show and Showmanship Clinic will be held at the 2023 Field Days of the Past in Amelia County. All Virginia 4-H youth that might be interested in participating or attending to learn more about Rabbit Shows and Rabbit Showmanship are invited. There will be a Showmanship Clinic for Cloverbud youth (ages 5-8), so this is an excellent opportunity to get those "littles" involved at an early age and grow them into the program. If you have questions, please contact Mackenzie Gunn ([mgunn@vt.edu](mailto:mgunn@vt.edu)) or Terry Abston ([tabston@vt.edu](mailto:tabston@vt.edu)).

## National 4-H Curriculum

### Lets Get Cheesy!

Did you know that goat and cow milk offer nutritional benefits, but goat milk may be easier on the digestive system? This is because goat's milk's fat molecules are smaller than cow's milk molecules. In this activity, you will learn how to make cheese from milk and compare milk from a cow and a goat. [Click here for the free activity in Clover by 4-H!](#)



## Job Opportunity: VCE SNAP Ed Agent Positions Available

Two SNAP-Ed Agent positions in the Northeast District – Alexandria and Stafford - have been posted! The Extension Agent will provide overall coordination in planning, developing, and implementing the SNAP Ed volunteer and community-based program within the assigned area. They will also be responsible for development and implementation of programs that will further VCE initiatives; and for building community capacity and forging partnerships in opportunistic areas of improvement for SNAP eligible individuals and families.

[Click here to see the job posting for Alexandria.](#)

[Click here to see the job posting for Stafford.](#)



## Virginia Beginning Farmer and Rancher Coalition

The June VBFRC Newsletter is now available! The newsletter contains trainings, events, and announcements from across Virginia and more.

[Click here to read the newsletter.](#)

VIRGINIA  
Beginning Farmer & Rancher  
COALITION PROGRAM

[www.vabeginningfarmer.org](http://www.vabeginningfarmer.org)

## Virginia Master Naturalists Free Publications

### The Socrates Project



Poisonous Plants in Virginia

### THE SOCRATES PROJECT: POISONOUS PLANTS IN VIRGINIA

The Socrates Project: Poisonous Plants in Virginia is a reference guide to poisonous plants native to Virginia. This second edition is a joint effort between the Virginia Master Naturalist Program, the Blue Ridge Poison Center at University of Virginia Health, and the University of Virginia School of Medicine's Division of Medical Toxicology – Department of Emergency Medicine.

“This publication deals with poisonous plants and the dangers involved with them. However, the fact that a plant is poisonous does not mean that it should be destroyed. Many of these plants have a strong ecological value. These plants are often used by wildlife such as birds, mammals, and insects.”

[Click here to access the free resource.](#)

[Click here for the Socrates Continuing Education Webinar by Virginia Master Naturalists.](#)

### The Cleopatra Project



Poisonous and Venomous Animals in Virginia

### THE CLEOPATRA PROJECT: POISONOUS & VENOMOUS ANIMALS IN VIRGINIA

The Cleopatra Project: Poisonous and Venomous Animals in Virginia is a joint effort between the Virginia Master Naturalist Program, the Blue Ridge Poison Center at University of Virginia Health, and the University of Virginia School of Medicine's Division of Medical Toxicology – Department of Emergency Medicine.

“This publication deals with the poisonous and venomous animals that live in the wild in Virginia and are the most dangerous to humans. “

[Click here to access the free resource.](#)

[Click here for the Cleopatra Continue Education Webinar for Virginia Master Naturalists.](#)

[Click here to learn more about Virginia Master Naturalists.](#)

**PRINCE WILLIAM  
COUNTY**

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Manassas, VA 20109

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[National 4-H](#)



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**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[VCE COVID-19 Updates](#)

[4-H Online Information](#)  
[The 4-H Foundation](#)  
[Educational Resources](#)  
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

**Prince William 4-H**

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**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H  
Association Officers**

**Youth Officers**

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Sam Seagle, Vice President  
Samantha Erick, Treasurer  
Lexi Strand, Secretary

**Adult Officers**

Susan Wolf, President  
Alan Lerch, Vice President  
Sydney Nguyen, Treasurer  
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Membership Committee - 4-H Staff



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