



# Prince William 4-H

*Our Clubs, Our Community*



June 21, 2023

## Upcoming Events

- Jun 27-30** - Virginia 4-H State Congress
- Jul 15** - Market Day #2
- Jul 23-27** - Prince William/Stafford 4-H Junior Camp
- Aug 5** - Market Day #3
- Aug 14-18** - Prince William 4-H Fair Camp
- Sep 2** - Market Day #4
- Oct 1** - Happy New 4-H Year!
- Oct 14** - Market Day #5
- Nov 24-28** - National 4-H Congress

## Getting Ready for Virginia 4-H Congress - June 27th - 30th



We are quickly approaching the start of an exciting **101st Celebration of State 4-H Congress!**

All delegates will participate in a **Service Learning Activity** on June 29th. We hope our Prince William 4-H'ers considered joining PW 4-H Staffer Pam Hardin in assembling *Hygiene Kits for Women Experiencing Homelessness or Poverty in the New River Valley*.

**Prince William 4-H'ers...** We will be traveling to Blacksburg together in a 15-person van. The 4 days of State Congress will be filled with fun social activities and opportunities to do some good with 4-H. The first day we will be joining 4-Hers across the state in a picnic on the Ag quad. We'll have a chance to meet actress and 4-H'er Heather Massie who wrote and starred in *Hedy! Life and Inventions of Hedy Lamarr*. [Click here to learn more about the impressive Hedy Lamarr](#) on the National Women's History Museum website. [Click here to learn more about Heather](#) Massie and be prepared to meet her. We'll also be participating in a fun run, line dancing, semiformal dance, and dessert social!

Be sure to wish **Aiden McDonald** luck and cast your vote for our very own Prince William 4-H'er running for Northeast District Ambassador on the Virginia 4-H State Cabinet.

And cheer for the **Prince William 4-H Food Ninjas** as they compete in the Virginia 4-H State Food Challenge!

Visit the [Virginia 4-H Congress](#) website for the most up-to-date schedule and information. Photos and more coming soon!



## Inside this issue:

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## Workday Wednesdays Have Begun!

What are you waiting for? Join in the fun, be creative, socialize with friends, and put your hands to good work helping Prince William 4-H get ready for the Prince William County Fair.



### WORKDAY WEDNESDAYS

**Dates:** Every Wednesday from June 21st - August 2nd, 10 am - 2 pm; bring a bag lunch

**Location:** PWC 4-H Office

**Who Should Volunteer:** All middle school and high school 4-H'ers (bring a friend!)

[Click here to signup.](#)

Click to Visit



# Prince William 4-H



# VOTE

## AIDEN McDONALD

Virginia 4-H Cabinet

Northeast District Ambassador

### Get to know Aiden

Hey everyone! My name is Aiden McDonald, I am 16 years old, and I am running for Northeast District Ambassador. I feel that I would be the right person for this position because I'm passionate about 4-H, I'm hard-working, I care about my community and my fellow 4-Hers, and I'm a kind person. I am more than willing to put in the work and effort it takes to get the job done each and every time. My main goal as District Ambassador would be to outreach to youth who have never heard about 4-H and to plan service activities that help us give back to our communities. It is important to have outreach activities because there are many kids out there, some of which I know personally, that could really use something like 4-H in their life, but sometimes they aren't drawn in just by hearing someone talk about it. I found 4-H later in life, during the pandemic, and I would like for people to know about it sooner than I did. I believe that we need fun, interactive, in-person events to get people involved and to encourage them to keep coming back and eventually join clubs. It is also important to me that we have service activities. They don't always have to be huge events; it could be something as simple as walking around to local parks or public areas to clean up trash! My community and the people I have been around have been so great in my life, and I would use my position to do anything I can to thank them and give back to them. Finally, I just want to tell you why I'm so grateful to have found 4-H: it has helped me bump up my standards in leadership,





**Come out and support our Prince William 4-H Young Entrepreneurs  
and see how much we've grown!**

**Manassas  
Farmer's Market**  
9024 Prince William St.  
Manassas, VA



**Prince William 4-H  
Young Entrepreneurs**  
Market Day 2 will feature 4-H'ers Diallo, Koa,  
Xanthie, Aisling, Amari, Zaynab & Ruqayyah,  
Ayden & Lexi

**Prince William 4-H | [www.pwcva.gov/4-H](http://www.pwcva.gov/4-H) | [4HPWC@pwcva.gov](mailto:4HPWC@pwcva.gov)**



**TRACK 1**  
High Elements  
Leadership Development



**TRACK 2**  
Environmental Education  
Swimming  
Tie Dye



**TRACK 3**  
Campfire Cooking  
Field Sports  
Canoeing



**TRACK 4**  
Dance/Performing Arts  
Photography  
Arts and Crafts



**TRACK 5**  
Air Rifle  
Fishing  
Outdoor Living Skills



**TRACK 6**  
Archery  
Low Ropes/Team Building  
Newspaper



**TRACK 7**  
Taste of Camp  
Paper Mache  
Yoga



# ADVENTURE WITH 4-H

## PRINCE WILLIAM - STAFFORD 4-H JUNIOR CAMP

Prince William-Stafford 4-H Junior Camp is our premier camp for youth in 4-H as well as youth interested in 4-H. Campers participate in morning classes, daily swim and recreation time, as well as evening programs and campfire. Youth select a program Track for morning activities when registering. Classes include archery, arts and crafts, canoeing, performing arts, photography, fishing, cooking, ropes course, and so much more.

**NEW THIS YEAR** is a Taste of Camp program for those who are first time campers. This track provides the opportunity to sample some of the most popular classes available, such as STEM, campfire cooking, low ropes, swim, and outdoor living skills.

Register today for your summer **ADVENTURE WITH 4-H!**

**DATES:** July 23rd - 27th

**LOCATION:** Northern Virginia 4-H Educational Center, Front Royal, VA

**WHO SHOULD ATTEND:** Youth ages 9-14

**CAMP FEE:** \$360\* and includes meals and lodging for five days and four nights, a camp t-shirt, and class supplies.

For more information and to register, visit <https://www.pwcva.gov/4-H>.

**\*Registration Fees increase by \$50 after June 1st. We cannot guarantee camp t-shirts after June 1st. REGISTRATION CLOSING JUNE 30th!**

### ABOUT PRINCE WILLIAM 4-H

Prince William 4-H is a community of young people across the greater Prince William area who are learning leadership, citizenship, and life skills. Our goal is to help youth grow into capable, responsible, confident members of our community by providing information, opportunities, activities, and events that are educational and fun! In 4-H, we learn by doing! Our programs focus on the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture. In clubs throughout Prince William, our youth conduct youth-led meetings to complete projects, community service, and participate in local and state government events.

**Begin your ADVENTURE WITH 4-H!** Contact Prince William 4-H at [4HPWC@pwcva.gov](mailto:4HPWC@pwcva.gov) for more information and to join a club.

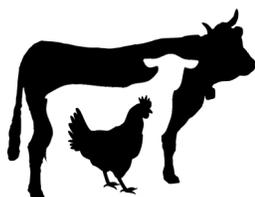


## Prince William County Fair Contests

### Prince William County Fair

August 11 - 19

[Click here for the Prince William County Fair website.](#)



### 2023 OPEN AGRICULTURE DIVISION

*Dairy Cattle, Beef Cattle, Swine, Dairy Goats, Sheep, Poultry, and Rabbits*

4-H members may exhibit in any class. All livestock entries and fees must be postmarked no later than Monday, July 24th. **Special awards specifically for 4-H and FFA youth.** [Click here for contest rules and entry forms.](#)



### 2023 HOME ARTS

*Farm & Garden Produce, Flowers & Gardens, Food Preservation, Baked Goods, Handicrafts, Ceramics, Art, and Photography*

No entry fees are charged. Each exhibitor may enter only one item per class. All exhibits must have been canned, baked, made, or grown by the exhibitor, except flower arrangements where some materials may be purchased. All entries must have been canned, baked, made or grown by the exhibitor since the end of 2021. **Junior Special Awards for 4-H and FFA youth.** [Click here for contest rules and entry forms.](#)



### 4-H PROJECT BOOKS

4-H youth may submit last year's or this year's (if complete) project book in the Youth Home Arts Educational category (see page 72 in the Fair Contest Catalog). [Click here for contest rules and entry forms.](#)



### 2023 FAIR PAGEANT

Miss and Mister competition categories from 1 month to 22 years. [Click here for more information and entry form.](#)

### RULES AND ENTRY FORM COMING SOON FOR:

- 2023 Fair Mullet Contest
- 2023 Frozen T-Shirt Contest
- 2023 Power Wheels Derby



## REMINDER - Club Posters Needed for the 4-H Exhibit

Our clubs are excited to create their own posters! We're excited to see your craftiness and to celebrate your club at the PWC Fair. Please submit your club poster to DeeAnn Strand at the 4-H office for display in the Prince William 4-H Children's Barn.

**POSTERS NEED BY JULY 12TH.**



# PRINCE WILLIAM 4-H

At the PWC Fair, August 11-19, 2023



## 4-H CHILDREN'S BARN

Daily Activities, 2-8 pm

**THRIVE WITH 4-H** through a series of thought provoking activities focusing on STEM, Healthy Living, Ag, and Civic Engagement. Participate in daily special presentations from community partners. They're all free, hands-on and captivating!

## 4-H AGRICULTURE BARN

Daily Exhibits, 2-8 pm

Explore Prince William 4-H through fascinating exhibits, take part in a community service project to support our deployed military, pet chicks from our embryology project, and discover how you can **THRIVE WITH 4-H!**

## 4-H FAMILY FUN NIGHT AT THE SHOW BARN

Monday, August 14th, 5 pm

Join in the excitement of family-friendly games and activities hosted by Prince William 4-H.

## PRINCE WILLIAM 4-H FAIR CAMP

August 14th-18th, 9 am-12:30 pm, \$50 fee includes activities, snacks, and a camp t-shirt. Prince William 4-H Fair Camp is a day camp for youth ages 5-12 held during the week of the annual PWC Fair at the PWC Airgrounds South Barn and grow in a safe and exciting environment with fun activities, games, and art projects and more, in the 4-H Pillars of STEM, Health Living, Agriculture and Civic Engagement. Visit [www.pwc4h.org](http://www.pwc4h.org) for more information and registration links.

Discover a world of opportunities in Prince William and **THRIVE WITH 4-H!**



**CAMP IS FULL**



# VOLUNTEER

and THRIVE  
with 4-H!

## Prince William 4-H at the County Fair

### 4-H YOUTH VOLUNTEER OPPORTUNITIES

#### Workday Wednesdays

**Dates:** Every Wednesday from June 21st - August 2nd

**Time:** 10 am - 2 pm; bring a bag lunch

**Location:** PWC 4-H Office

**Who Should Volunteer:** All middle school and high school 4-H'ers (bring a friend!)

**[Click here to signup.](#)**

Youth volunteers will be planning the activities, cutting, pasting, organizing, bagging, and more, for the enrichment activities at the 4-H Children's Barn at the PWC Fair and Prince William 4-H Fair Camp.

Whether you're crafty, strong at lifting, good at organizing, innovative, or a worker bee, we need you to help us prepare!

Join the fun!

#### PWC Fair 4-H Children's Barn & Ag Barn - Youth Volunteer

**Dates:** August 11th - 19th

**Times:** 2-5 pm or 5-8 pm shifts available

**Location:** PWC Fairgrounds

**[Click here to signup.](#)**

Youth volunteers are needed to assist youth and families with their activities as well as help direct the community service activities, assist with activities, share their 4-H stories and more.

### ADULT VOLUNTEER OPPORTUNITIES

#### 4-H Summer Fair Camp Chaperone

**Dates:** August 14th - 18th

**Time:** 8:30 am - 1 pm

**Location:** PWC Fairgrounds

***Signup coming soon.***

Camp Adult Volunteers are necessary to ensure our youth have a fun, safe camp experience.

Adults are primarily chaperones, group facilitators, or help to distribute snacks. Any time that you can offer is welcome!

#### PWC Fair 4-H Children's Barn & Ag Barn - Adult Volunteer

**Dates:** August 11th - 19th

**Times:** 2-5 pm or 5-8 pm shifts

**Location:** PWC Fairgrounds

**[Click here to signup.](#)**

Visitors to the 4-H Children's Barn will be greeted by the Barn Manager and directed to activities. Adult volunteers will be on hand to answer any questions, assist with activities, and assist youth volunteers with community service and Ag Barn activities.



## Virginia 4-H Youth Animal Science Updates



**2023 Goochland Ag Fair**  
4-H/FFA Livestock Show  
**August 12, 2023**  
Open to ALL 4-H members in Virginia!  
AND Goochland FFA Chapter Members  
Entries Close July 14

Hosted by Goochland County 4-H and the Goochland Ag Fair Committee

Register HERE!  
SCAN ME

Virginia Cooperative Extension

If you are a person with a disability and desire any accessible services or other accommodations to participate in this activity, please contact: Cynthia Walker, Goochland 4-H Extension Agent, at (804) 696-9473 (TDD) during business hours of 9:00 a.m. - 5:00 p.m. To discuss accommodations please email prior to the event: 1020 number 9 (804) 696-9473. For braille required, TextPhone: (804) 696-9473, correct email address: cwalker@gochland4h.com, message me on text: (703) 633-0862.

### 2023 GOOCHLAND AG FAIR

**Date:** August 12th

**Location:** Central High Complex, 2748 Dogtown Road, Goochland, VA

**Who Should Attend:** All Virginia 4-H youth, new and experienced showmen, with an interest in demonstrating their showmanship while showing off their work on their project animals.

[Click here to register.](#) **Registrations due July 14th.**

[Click here for all show information,](#) including classes offered, rules, and regulations.



### VIRGINIA STATE 4-H HORSE SHOW

**Date:** September 7th - 10th

**Location:** Lexington, VA

[Click here for more information and registration information.](#)

[Click here for the Show website.](#)

**Declaration Deadline:** July 1st

**State Show Entry Deadline:** July 17th

- [Click here for Qualifying Clinics](#)
- [Click here for Qualifying Shows](#)
- [Click here for Horsemanship Skills Opportunities](#)



### 2023 STATE 4-H HORSE SHOW SILENT AUCTION

Last year's silent auction brought in over \$13,000 for the Virginia 4-H Horse Program! If you are able to donate an item for the auction, raffle, or cash donation to offset costs, please contact Rose McDonald, 4-H State Horse Show Silent Auction Chair, 540-877-4935.



### HORSE SHOW HEROES

The Horse Show Hero Program is an extremely important and beneficial sponsorship opportunity for our State 4-H Horse and Pony Show and allows families and participants to gather support and sponsorships from friends, family, and local businesses. These supporters are recognized in the Show Program as Horse Show Heroes and the funds are utilized to help provide prizes, awards, and cover the costs of operating the Show.

The Horse Show Hero sponsorships that each participants gathers are cumulative and allows exhibitors to earn scholarships towards their entry fees, special awards, and priority stalling for the Units (County/Independent City) or Clubs that gather the most sponsorship dollars, so this is a great opportunity for you to help the show, while also working towards some cool incentives for you and your fellow club members.

Please contact [MaryBeth Lerch](#) if you or your business is interested in sponsoring a 4-H rider.



FIELD DAYS OF THE PAST  
**4-H RABBIT SHOW**  
AND CLOVERBUD CLINIC  
SEPTEMBER 16TH, 2023

Join us for the first annual 4-H Rabbit Show and Cloverbud Showmanship Clinic!

The show and rally competition is open to any current 4-H members and non-members ages 5-8.

Show both ages 5-8 and exhibit 4-H rabbits in a showmanship clinic. An entry fee of \$10.00 is required for all exhibitors. Registration for the Show and Clinic can be found at: <https://www.vt.edu/4h/fielddays>.

REGISTER HERE: <https://www.vt.edu/4h/fielddays>

Use link above to view form, payment information and 4-H Online Instructions.

For assistance contact: MaryBeth Lerch at (804) 561-2481.

Virginia Cooperative Extension

### VIRGINIA 4-H RABBIT SHOW AND CLOVERBUD CLINIC

**Date:** September 16th

**Location:** at [Field Days of the Past](#) event in Amelia, VA

[Click here to register.](#)

[Click here for the 4-H Study Guide.](#)

First Annual 4-H Rabbit Show and Showmanship Clinic will be held at the 2023 Field Days of the Past in Amelia County. All Virginia 4-H youth that might be interested in participating or attending to learn more about Rabbit Shows and Rabbit Showmanship are invited. There will be a Showmanship Clinic for Cloverbud youth (ages 5-8), so this is an excellent opportunity to get those "littles" involved at an early age and grow them into the program. If you have questions, please contact Mackenzie Gunn ([mgunn@vt.edu](mailto:mgunn@vt.edu)) or Terry Abston ([tabston@vt.edu](mailto:tabston@vt.edu)).

### IMPORTANT LINKS

- ➔ [Click here for the Virginia Youth Animal Sciences Calendar](#)
- ➔ [Click here for the Virginia Youth Animal Sciences Facebook Page](#)

## Virginia 4-H Central District Shoot - Register by July 3rd!

**Date:** Saturday, July 15th

**Location:** Holiday Lake 4-H Center, 1267 4-H Camp Road, Appomattox, VA

**Entry Fees:** \$35 per competitor; \$40 if competing in shotgun

**Register by Monday, July 3rd.**

This match is open to all VA 4-H Shooting Education Members. If range space is limited, clubs in the Central District (*that register by the deadline*) will have priority over clubs outside the district.

**Events:** Air Pistol (Progressive Position), Air Rifle (3-Position), Archery (Compound, Traditional, Instinctive and Bowhunter), BB Gun (4-Position), Shotgun (Trap & Skeet), Smallbore Pistol Silhouette (Senior 4-H members only) and Smallbore Rifle (3-Position & Silhouette)

Competitors will only be allowed to register for up four events including two of the above archery events. Competitors who have not completed portfolios in the events that they are registered to shoot must be accompanied by a Coach.



## Virginia 4-H Shooting Instructor Recertification

**Date:** November 4th

**Location:** Holiday Lake 4-H Educational Center

**Who Should Attend:** Existing instructors who need their 7-year recertification

Contact [Lynn Wheeless](#), Virginia 4-H State Shooting Education Coordinator, to register.

The last 7-year recertification session for this year will be held on November 4, 2023. There are numerous instructors that need to attend that recertification. In December, we will decertify all Shooting Education Instructors that have not complied with the 7-year recertification policy established by Virginia 4-H and the 4-H National Committee for Shooting Sports.

To learn more about the Virginia 4-H Shooting Sports Education Program visit:

[Prince William 4-H Document Center](#) - training fact sheets, rules, and more

[Virginia 4-H Shooting Education Website](#)



## Virginia 4-H Pork Challenge

**Date:** Saturday, August 26th

**Location:** George Washington Carver Center, 9432 James Madison Hwy., Rapidan, VA

**Who Should Participate:** All Prince William 4-H'ers and Food Challenge Teams

**Registration Opens:** July 6th

**Registration Deadline:** August 4th

[Click here for contest rules and website for registration.](#)

The Virginia 4-H Pork Challenge challenges youth to create a dish using only a predetermined set of ingredients. From these ingredients, youth must identify and prepare the dish, then make a presentation about it to the judges. This contest is being offered through grant funding received by the Virginia Pork Council. Similar to the 4-H Food Challenge and the Virginia 4-H Beef Challenge, this contest will allow participants to use their creativity to create a dish using pork as the main ingredient.

Please note that the rules were adapted from the other food challenge contest areas and thus, very similar in nature. This contest will be limited to 10 teams and when registration opens on July 6 it will be handled on a first-come, first-serve basis.

**VIRGINIA 4-H PORK CHALLENGE**

**GEORGE WASHINGTON CARVER CENTER RAPIDAN, VA**

**Saturday, August 26, 2023**

\*Open to teams who registered by August 4, 2023

\*For youth 9-18 years of age (as of 9/30/23)

\*For more information contact:  
Dr. Tonya Price  
tonyaprice@vt.edu  
540-232-6012  
or  
Mrs. Kelly Mallory  
malloryk@vt.edu  
540-948-6881

If you are a person with a disability and desire any positive devices, services or other accommodations to participate in this activity, please contact the State 4-H Office at 540-231-6372 during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 5 days prior to the event. TDD number is (800) 928-9100.

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# Virginia Cooperative Extension

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## Financial Education & Housing Counseling Program

Invites you to attend our virtual seminars:

### Youth Financial Empowerment

Empower yourself and your finances!

Register for any or all three **virtual** seminars:

[bit.ly/YouthFinancialEmpowerment](https://bit.ly/YouthFinancialEmpowerment)

Budgeting Basics

Thursday, July 13, 2023 @ 2:00PM

Paying for College

Thursday, July 20, 2023 @ 2:00PM

Credit and Debt Management

Thursday, July 27, 2023 @ 2:00PM



For questions email: [smartmoney@pwcgov.org](mailto:smartmoney@pwcgov.org)

**Register Early!**

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact Virginia Cooperative Extension at 703-795-6287 /TDD\* during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event.  
\*TDD number is (800) 828-1120.

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FinEd/Marketing/Flyers/Word Files/Financial Empowerment Series

## Job Opportunity: 4-H Educational Center Director Positions

**Review Date: July 3rd for both positions.**

### AIRFIELD 4-H EDUCATIONAL CENTER DIRECTOR

[Click here for more information and to apply.](#)

Located on the banks of beautiful Airfield Lake in Sussex County, near Wakefield, Virginia, the secluded 218 acre natural setting is only a short drive from Richmond, Williamsburg and Tidewater, Virginia. The property consists of a dining/administration building, four conference buildings, three executive sleeping lodges, four conference sleeping lodges, a health lodge, an amphitheater, a swimming pool, an athletic field, four horse barns with 101 stalls, two horseshow rings, a storage/maintenance building, a 4-H resource-storage building, three tennis courts, a campfire circle, a nature trail.



### SOUTHWEST 4-H EDUCATIONAL CENTER DIRECTOR

[Click here for more information and to apply.](#)

The Southwest Virginia 4-H Educational Center, a 501c3 organization, is tucked away in the rural countryside of southwest Virginia, only a few miles from Abingdon and interstate I-81. For over 50 years we have been providing once-in-a-lifetime experiences for youth, adults, and the communities of southwest Virginia. The 4-H Center provides camps and programs (both youth and adult) that are proven to be an effective method of teaching and involving youth in the development of life skills, through hands-on experiential learning. The 4-H Center is proud to be an American Camp Association accredited organization. Businesses, state agencies, church groups, schools, families, and many others use the spacious meeting rooms, dining halls, and lodging facilities available at the 4-H Center for their events. For more information about the Southwest Virginia 4-H Educational Center please visit <http://www.swva4hcenter.org>.



## Educational Resources



### SMITHSONIAN AND 4-H

[Click here to visit the website.](#)

The Smithsonian engages youth in rural and tribal communities through exhibitions, educational programming, and digital content. Through a collaboration with the National 4-H Council, a positive youth development organization, we're teaming up to reach youth by providing digital resources around the 4-H themes of: Democracy & Civics,

Smithsonian Diversity, Equity, Access, & Inclusion, STEM, Healthy Living, Environment, Agriscience, and Careers.

- **Experience at the Smithsonian (Summer 2023) - 4-H Guide to the Smithsonian:** Experience the Smithsonian like never before through this extended activity guide to accompany your time in Washington, D.C.
- **Stories 4History - Project-Based Learning in Your Community from Smithsonian's Museum on Main Street.** *What can we do together to create a more hopeful future?:* Find Smithsonian resources to create local change, community history, and civics projects.
- **Museum on Main Street - Exhibition Education/Teacher Resources:** Today, rural communities are at a new crossroads - a meeting point of ideas where they can chart their own future. With their innovations and creative spirit, rural Americans are helping to define and shape the future of America.
- **Smithsonian Democracy Highlights:** Learning Labs from across the Smithsonian focused on Democracy through art, history, science, and culture



### VIRGINIA HERPETOLOGICAL SOCIETY

[Click here to visit the website.](#)

Organized in 1958, the Virginia Herpetological Society brings together people interested in advancing their knowledge of Virginia's reptiles and amphibians. The VHS encourages scientific study of Virginia herpetofauna and its conservation. Education continues to be an important society function.

#### Need help with identifying a reptile or amphibian?

Send an email to: [id@virginiaherpetologicalsociety.com](mailto:id@virginiaherpetologicalsociety.com). To improve the identification process, provide the following when possible: photos, locality (county or city), and approximate total length of the animal.

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)  
[Virginia State 4-H](#)  
[National 4-H](#)



**Your Dedicated PWC 4-H Staff**

**MaryBeth Lerch**  
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**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)  
[VCE COVID-19 Updates](#)

[4-H Online Information](#)  
[The 4-H Foundation](#)  
[Educational Resources](#)  
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

**Prince William 4-H**

[PWC 4-H Homepage](#)  
[PWC 4-H Programs](#)  
[PWC 4-H Camps](#)  
[PWC 4-H Events & Calendar](#)

**Portfolio Records**

[Member Record](#)  
[Cloverbud Sheet](#)  
[Project Record Ages 9-10](#)  
[Project Record Ages 11-12](#)  
[Project Record Ages 13-15](#)  
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H  
Association Officers**

**Youth Officers**

Samantha Whysong, President  
Sam Seagle, Vice President  
Samantha Erick, Treasurer  
Lexi Strand, Secretary

**Adult Officers**

Susan Wolf, President  
Alan Lerch, Vice President  
Sydney Nguyen, Treasurer  
Mary McDonald, Secretary

**Committee Chairs**

Fundraising Committee - Samantha Whysong  
Recognition Committee - Alan Lerch  
Membership Committee - 4-H Staff



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[www.ext.vt.edu](http://www.ext.vt.edu)



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