



Prince William 4-H

Our Clubs, Our Community



September 13, 2023

Upcoming Events

- Sep 22 - Oct 1 - 2023 State Fair of Virginia
- Sep 23 - VA 4-H Shotgun Championship
- Sep 26 - PWC Board of Supervisors Proclamation
- Sep 30 - PW 4-H Open House
- Oct 1 - Happy New 4-H Year!
- Oct 4-15 TSC Paper Clover
- Oct 7 - Market Day #5
- Oct 14 - Cloverbud Club
- Oct 17 - New Project Leaders' Training
- Oct 19 - PW 4-H Teen Club - Leadership
- Oct 25 - Returning Project Leader Professional Development
- Nov 13 - Youth Officer Training
- Nov 24-28 - National 4-H Congress

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4-H Outreach at the Stonebridge Fall Festival



Virginia 4-H Northeast District Ambassador and Prince William 4-H'er Aiden McDonald demonstrated excellent leadership and civic engagement skills at the Stonebridge Fall Festival in Woodbridge on Saturday, September 9th. As a Virginia 4-H Ambassador, 4-H outreach at community events is a key role.

Aiden posted, "I had so much fun today promoting 4-H at the Stonebridge Chili Cookoff!! I feel great about the turnout we got even if the weather did cut it short a bit. Thank you to everyone who made this possible, and special thanks to KOJAM Productions for giving me this opportunity!"



While at the festival, Mary Williams Elementary School invited Aiden to exhibit at their Health and Family Night on September 20th. Aiden is demonstrating how youth THRIVE in 4-H and develop key life skills, such as effective communication, responsibility, and leadership.

We're so proud of our 4-H teens!



Youth & Adult Volunteers Needed for PW4-H Open House



The Prince William 4-H youth and adult volunteer sign up is now open for the Clubs & Activities Open House on September 30th.

WE NEED YOUR SUPPORT!

Prince William 4-H has invited local schools through their counseling offices to spread the word about 4-H and our event. We're expecting an exciting turnout and need your help sharing your 4-H Story! Clubs are invited to setup a table to promote their club.

Individual members are invited to demonstrate their passion for 4-H in a variety of ways: Food Challenge, Camp, Share the Fun, State Congress, competitions, travel, leadership, raising animals, and much, much more.

[Click here for the Signup!](#)

Setup begins at 9:30 at the 4-H parking lot and McCoy Conference Room.



SAVE THE DATE

Let's flood the room with green! The Prince William Board of Supervisors will be proclaiming National 4-H Week at their meeting on **SEPTEMBER 26TH AT 7:30 PM** (6:30 arrival for reception). **Wear 4-H green and come out to show your support of Prince William 4-H. McCoart Administration Bldg., I County Complex Ct. Prince William**



Prince William 4-H Scholarships - Applications Due Nov 24th

Prince William 4-H has four scholarships available to members. All scholarship applications and nominations are due by **November 24th, 2023**. Scholarships will be presented at the Prince William 4-H Recognition Day in December.



2023 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PW 4-Her. Applicants must be enrolled in the Prince William 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

[Please click here to apply for the 2023 Joanne Guhl Scholarship.](#)



2023 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

[Please click here to apply for the 2023 Bernard Malo Scholarship.](#)



2023 Outstanding 4-H Member Award (Youth)

The Outstanding 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Member Award.](#)



2023 Outstanding 4-H Volunteer Award (Adult)

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[**Click here to apply for the 2023 Outstanding 4-H Volunteer Award. \(COMING SOON\)**](#)

Celebrating YOU!

Prince William 4-H Clubs provide a place where youth can belong and grow!

4-H Clubs are open to youth ages 5-19. They can be established in-school, after school, or as independent clubs, and can be teacher or volunteer led.

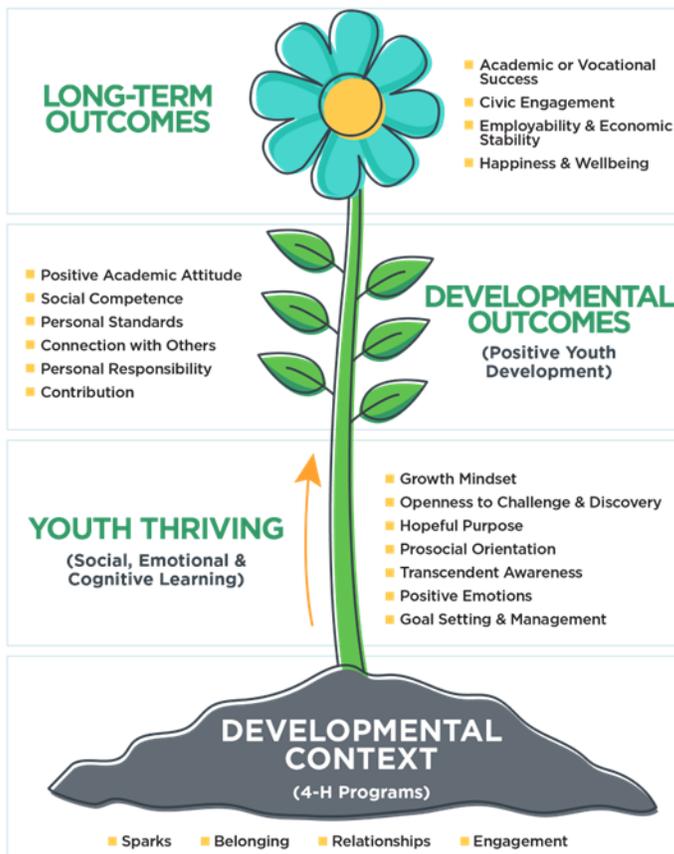
4-H Clubs focus on the 4-H Pillars of Citizenship, Healthy Living, Agriculture and STEM. Research-based curriculum and activities are readily available through Prince William 4-H on topics including animal science, careers & economic education, citizenship, communications & expressive arts, family sciences, nutrition & health, leadership, natural resources & environmental education, plants & soil, entomology, STEM, and more.

4-H youth participate in annual competitions at the state and local level, build portfolios, complete projects, engage in community service, conduct elections, attend camps and teen weekends, and have fun exploring their interests and growing into who they are meant to be. 4-H is for everyone!



Help Prince William Youth THRIVE!

STARTING A 4-H CLUB



Dedicated volunteers, like YOU, help Prince William County youth develop new interests, make new friends, practice decision-making skills, and gain leadership skills through 4-H.

You can start a 4-H Club in 4 EASY STEPS:

-  **STEP 1: Contact the Prince William County 4-H Office** and attend the September leadership training session. 4HPWC@pwcgov.org, (703)792-6286, <https://www.pwcva.gov/4-H>.
-  **STEP 2: Tell the 4-H Story** and invite families to join the new club by promoting the opportunities available through 4-H. Encourage adult volunteers to assist in specific club responsibilities.
-  **STEP 3: Conduct 4-H Club Meetings** and encourage youth to create a club name, establish meeting times, develop an annual plan, organize projects, and elect youth club officers.
-  **STEP 4: Keep the 4-H Club Strong** by conducting regular meetings, establishing good communications, getting involved in local, state and national 4-H activities, recognizing achievements, participating in community service, and building community relations.

Start a 4-H Club Today!



4-H'ers are...



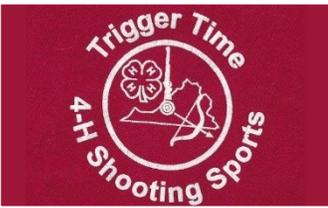
more likely to give back to their communities



more likely to make healthier choices



more likely to participate in STEM activities



TRIGGER TIME 4-H CLUB SCORES BIG AT THE VIRGINIA 4-H STATE SHOOT

By Ayden Strand, Youth Club Reporter

During the weekend of September 9-10, Trigger Time participated in the VA State Shoot. The State Shoot is held at Holiday Lake 4-H Center, Appomattox, VA. The team had two days of competing in their disciplines and Trigger Time had two members apply to be Shooting Education Ambassadors.

It was a busy weekend with rain and storms but Trigger Time did great in all their disciplines. We started the first day with a safety brief that all had to attend.

- For 22 Pistol Silhouettes, Noble Richter placed 2nd.
- For 3P Air Rifle, Lexi Strand placed 2nd and Samantha Erick placed 3rd. Trigger Time's Senior team placed 1st and consisted of Lexi Strand, Samantha Erick, and Noah Richter. Trigger Time's Junior team placed 4th and consisted of Rebecca Ahrens, Jubilee Richter, and Ayden Strand.
- For Air Rifle silhouettes, Noah Richter placed 1st, Lexi Strand placed 2nd, and Samantha Erick placed 4th.
- For BB, Rebecca Ahrens placed 4th.
- For Smallbore, Sam Seagle placed 1st and was also awarded the Paul Beneche award for the second year in a row, and Lexi Strand placed 3rd. Trigger Time's Senior Team placed 1st and consisted of Sam Seagle, Lexi Strand, and Samantha Erick. Trigger Time's Junior Team placed 8th and consisted of Rebecca Ahrens, Jubilee Richter, and Ayden Strand.
- In Muzzleloader, Sam Seagle placed 3rd with a score of 90. The Senior Muzzleloader team placed 2nd and consisted of Sam Seagle, Lexi Strand and William McPherson.
- For Basic Supported Air Pistol, Kira Lorentz placed 2nd and for International Standing Air Pistol, Noble Richter placed 2nd, and Samantha Erick placed 3rd. Trigger Time's Senior Team placed 1st and consisted of Noble Richter, Samantha Erick, and Noah Richter. Trigger Time's Junior Team placed 4th and consisted of Rebecca Ahrens, Verity Teasley, and Ayden Strand.
- For Skeet, Jonathan Farr placed 2nd and Ben Stewart placed 4th. The Senior Team placed 6th and consisted of Ben Stewart, Koa Mintz, Chris Nevarr, and Mason Norris and the Junior Team placed 9th and consisted of Jonathan Farr and Valor Richter.
- For Trap, Kira Lorentz placed 1st and shot her first 25 out of 25. The Senior Team placed 3rd and consisted of Ben Stewart, Koa Mintz, Chris Nevarr, and Mason Norris.
- Some of the Trigger Time members participated in the Target Sprint. This is where Junior participants run a lap and then shoot five shots - three times. Senior members run two laps and then shoot five shots - three times. Noble Richter placed 1st and Noah Richter placed 2nd for the Senior Boys. Samantha Erick placed 1st and Sam Seagle placed 2nd for the Senior Girls. Rebecca Ahrens placed 1st for Junior Girls.
- Samantha Erick and Lexi Strand both applied for the VA 4-H Shooting Education Ambassador Program. They had to fill out an application, get recommendation letters, and write a resume before the State Shoot. During the weekend they were interviewed by a panel of 4-H Shooting Education Leaders and current 4-H Ambassadors. They were both accepted into the program and were put to work as soon as they completed their disciplines for the day.

We had a fun weekend and everyone did a great job in their disciplines and representing Trigger Time. Thank you to the coaches, volunteers and parents that made the weekend possible.

GO TRIGGER TIME!!

A special 4-H THANK YOU to 4-H Alumni Elaine Radford who attended the Trigger Time Club meeting on Monday. She shared her experiences in 4-H, how 4-H helped her achieve her goals, and the research she is conducting with ticks. Elaine asked club members to participate in her research by sending any ticks that they find!





your ticket to

THRIVE

in 4-H

Prince William 4-H Clubs & Activities Open House



Saturday, September 30th



10 am - 2 pm



**Prince William 4-H
McCoy Conference Room
8033 Ashton Ave., Manassas, VA**



Explore our clubs, activities, events, and camps!



Learn how to grow from Cloverbud to Virginia 4-H All Star!



Discover your talents and interests in the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture.



Develop life-long friendships.

Grab your 4-H ticket and have it stamped as you travel around the **Prince William 4-H Open House** to learn about how you can not just grow in 4-H, but **THRIVE!**

Participate in hands-on activities and displays for youth ages 5-19. Explore our clubs, programs, events, and activities and discover the opportunities for **YOU** in 4-H. Turn in your stamped ticket for a free gift!

- **Cloverbuds (ages 5-8):** Focus on Social Learning
- **Juniors (ages 9-14):** Focus on experiences at the county level
- **Seniors (ages 15-19):** Focus on experiences and leading at both the county and state levels
- **Parents:** Focus on volunteer opportunities at the club and county levels

This event is for EVERYONE: new members, returning members, parents, and club leaders alike! Space is limited. There is no cost to attend, but registration is required. [Click here to register.](#)

THRIVE!

* These materials are neither sponsored nor endorsed by PWCS.



WILLIAM PRINCE

WILLIAM

YOUNG ENTREPRENEURS



Saturday
October 7th

Manassas Farmer's Market
9024 Prince William St.
Manassas, VA

8 am - 1 pm

Stop by and see our Young Entrepreneurs at their final market day! Prince William 4-H'ers Ayden, Lexi, Koa, Xanthie and Aisling, Amari, Zaynab, Diallo, Lyra and Cora will be there selling their creations and demonstrating how local youth

THRIVE with 4-H!

PRINCE WILLIAM 4-H



WWW.PWCVA.GOV/4-H



4HPWC@PWCVA.GOV





Virginia 4-H Shooting Education - Save the Date

SAVE THE DATE: INSTRUCTOR CERTIFICATION

Dates: October 14-15

Locations: Holiday Lake 4-H Center

Registration: Opens September 1st. Closes September 25th. *Registration will be through 4-H Online. The Virginia 4-H Shooting Education Council is hosting an Instructor Certification weekend. Meals and lodging will be available. First-time Instructor Candidates must complete an online training course by October 9th. *More information coming soon.*

State Fair of Virginia 2023



Dates: September 22nd - October 1st

Location: The Meadow Event Park, Doswell, VA

[Click here for the State Fair of Virginia website.](#)

[Click here for 4-H/FFA fair information.](#) **All registrations are due September 15th by 5 PM.**

HORTICULTURE EXHIBITS

[Click here for more information and to register.](#) ***Entry fees have been waived!**

2023 STATE FAIR OF VIRGINIA JUNIOR DAIRYMEN'S CONTEST

Date: Friday, September 22nd

[Click here for the Group Entry Form](#), due Sept. 15th

[Click here for the Competition Guide and Supplemental Resources](#)

We are in need of your help to showcase
Virginia Cooperative Extension at the State
Fair!!

2023 STATE FAIR

Enjoy the
fair after
or before
your shift!

Sept. 22, 2023 - Oct. 1, 2023



URGENT!!! PLEASE SIGN UP TO HELP COVER
SHIFTS FOR THE NEW VCE EXHIBIT AT THE FAIR!
VOLUNTEERS ARE WELCOME ALSO!

THE EXHIBIT IS GOING TO BE IN THE MEADOW
PAVILION AT THE FAIRGROUNDS!

PLEASE USE THE POLL BELOW TO SEE WHAT IS AVAILABLE AND
TO SIGN UP FOR 1 OR MORE SHIFTS IF YOU CAN!

<https://strawpoll.com/ajnEOD0WjZW>




Virginia Cooperative Extension
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www.ex.vt.edu

Prince William Master Gardeners



SATURDAY IN GARDENS

Date: Saturday, September 16th

Time: 9 am

Location: 9535 Linton Hall Rd., Bristow

[Click here to register.](#)

VCE Extension Agent Thomas Bolles, will discuss how using cover crops can invigorate and improve the health of your soil. Then we'll take a walk to "The Meadow" where Master Gardeners, Linda Gulden and Greg Evans will explain the process of installing a meadow. Before you leave, stop by the MGPW Fall Native Plant Sale.

MGPW FALL PLANT SALE

Date: Saturday, September 16th

Time: 9 am - Noon

Location: 9535 Linton Hall Rd., Bristow

[Click here for more information.](#)

Cash and checks only. We usually have at least half or more native plants which do so well in our area and support our Native Wildlife.

Opportunities for High School Students at VA Soil & Water Conservation District



ENVIROTHON is a team-based natural resources competition for high school students. Students who participate learn stewardship and management concepts and work to solve real-world environmental problems. The program is field-oriented, community-based, and gives students an opportunity to work with natural resource professionals. [Click Here for a video overview of the Dominion Energy Envirothon competition!](#)

Students work in teams of five. Throughout the school year students prepare to compete at the local level, qualify to then compete at the area level and the top three teams from the six Soil & Water Conservation District areas in the state compete to be the State Winner. These teams of high school students are tested on their knowledge of natural resources-soils, forestry, wildlife, aquatics and a current environmental issue. Students visit five "in-the-field" test stations where written and hands-on problem solving is required along with an oral presentation formulating a strategy to address a specific environmental issue they've been presented with. The event is competitive but education is the bottom line.

Teams can be created through school clubs, classes, 4-H groups, home school groups, and nature centers. The only requirement is that the team has a minimum of five students (who are in 9th-12th grade) and one adult advisor/chaperone.



YOUTH CONSERVATION LEADERSHIP INSTITUTE (YCLI) is a recognition program for students in 9th-12th grade that focuses on volunteer service and environmental stewardship. YCLI offers self-motivated and enthusiastic high school students interested in environmental conservation and stewardship an opportunity to build leadership skills and connect with local mentors involved with environmental issues.

Students in 9th-12th grade [may apply](#) to be a part of this program. Program participants are required to complete a minimum of 20 hours of community service with a conservation focus as well as participate in a book discussion and submit required progress reports throughout the year. The hours may be done as part of a single project or a series of projects but all projects must be approved by the YCLI Program Coordinator. YCLI participants work with the YCLI Program Coordinator to come up with a project that the YCLI Participant wants to focus on. Participants must be self-driven individuals able to set their own goals, evaluate their set milestones, and be motivated to move their projects forward. The YCLI Participants are paired with a mentor to help them with their project. Mentors can be Soil & Water Conservation Staff.

Contact Kim Lowther, Education Specialist at Prince William Soil and Water Conservation District for more information. (571) 379-7514 or education@pwsxcd.org.

National 4-H Updates



2024 NATIONAL 4-H CONFERENCE INFORMATION SESSION

Mark your calendar for the 2024 National 4-H Conference. Join USDA NIFA for an Information Session

about the 2024 National 4-H Conference on November 16th at 4:00 PM ET. [Click here to register.](#)

Questions? Contact National4-HConference@usda.gov.



Financial Empowerment Center
at Prince William County

DEVELOPED BY THE NATIONAL CREDIT UNION FOUNDATION FOUNDED BY TRUST



The Financial Empowerment Center (FEC) at Prince William County
Helping you take charge of your financial future.



Join us on
Thursday, September 21, 2023,
at 10:30 AM for coffee and conversation!
Guest speaker, Kristi Kelly, Esq.
explains the foreclosure process with a Q&A session at the end.
To register, use this [link](#).

Sponsored By
Virginia Cooperative Extension - Prince William County
Financial Empowerment Center at Prince William County
Questions: call 703-792-6287 or email smartmoney@pwsxcd.org

Location
Virginia Career Works - Prince William Center
13370 Manassasville Road
Woodbridge, Virginia 22192

Office Hours
Monday - Friday
9:00am to 4:30pm

[Financial Empowerment Center - Virginia Career Works Northern Region \(vcwnorthern.com\)](#)

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this activity, please contact us at 703-792-6287 9 am to 5 pm to discuss accommodations 5 days prior to the event. *TDD number is (800) 828-1120.






FinancialEducation/Marketing/WordFiles/TypesA/FinancialEmpowermentCenter/TheFinancialEmpowermentCenter_CurriculumMonth2023 8/31/2023

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President
Sam Seagle, Vice President
Samantha Erick, Treasurer
Lexi Strand, Secretary

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



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