



Prince William 4-H

Our Clubs, Our Community



October 11, 2023

Upcoming Events

- Oct 14 - Cloverbud Club
- Oct 14-15 - Shooting Education Instructor Certification
- Oct 15-22 - National Character Counts Week
- Oct 17 - New Project Leaders' Training
- Oct 19 - PW 4-H Teen Club
- Oct 25 - Returning Project Leader Volunteer Development
- Nov 1 - Learn about 4-H Contests
- Nov 11 - Cloverbud Club
- Nov 13 - Youth Officer Training
- Nov 14 - PW 4-H Association Meeting
- Nov 25-29- National 4-H Congress
- Nov 30 - Engage Locally!

Thanks for Supporting Prince William 4-H!

A HUGE 4-H THANK YOU to Manassas Tractor Supply for their continued support of 4-H and our Prince William 4-H Clubs. Nokesville 4-H Club set up a table to tell their 4-H Story and promote 4-H last Thursday. They received donations from customers and their bake sale which will offset activity costs for the youth and provide opportunities for all! The 4-H Club also invited many new county youth to THRIVE with 4-H!



Young Entrepreneurs Wrap Up Their Projects



The Prince William 4-H Young Entrepreneurs completed their last Market Day on Saturday, with a tremendous showing of community support despite the weather. **A HUGE 4-H THANK YOU** to the Manassas Farmer's Market for their continued support of our young entrepreneurs. These talented youth took an inspiration, produced a product, developed a marketing plan and budget, and grew skills each month at the market. We're so proud of how much they've GROWN with 4-H!

Interested in participating in the 2024 Prince William 4-H Young Entrepreneurs SPIN Project? Contact [DeeAnn Strand](#) for more information.

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Kettle Run 4-H Club is all



Kettle Run visited Capitol Ridge Retirement community last weekend. What a fun afternoon of crafting and visiting with our neighbors at Capitol Ridge!

Click to Visit



Prince William 4-H October Events - Please Register!



OCTOBER CLOVERBUD CLUB

Date: Saturday, October 14th

Time: 10 am - Noon

Location: 4-H Barn at the PWC Fairgrounds

Who Should Attend: Prince William youth ages 5-8 with an interest in 4-H

See [PAGE 4](#) for more information. [Click here to register.](#)

October is all about the taste, sound, and smell of fall! Join us for a fun-filled morning of hands-on activities, crafts and games!

ADULT 4-H PROJECT LEADER TRAINING

[Click here to register.](#)

It's time to kick off the 4-H New Year with our adult volunteer training opportunities. Training will be interactive and fun with a focus on positive youth development in 4-H. The research-based PYD training presents leadership skills that translate to your club, family, jobs, and more. **All Prince William 4-H volunteer leaders must attend one of the two training sessions.**

- **October 17, 7-8:30 pm** at the PW 4-H Office in Manassas
- **October 25, 7-8:30 pm** at the PW 4-H Office in Manassas.



OCTOBER TEEN CLUB

Date: Thursday, October 19th

Time: 7-8:30 pm

Location: McCoy Conference Room at the Prince William 4-H Office, Manassas

Who Should Attend: All Prince William 4-H'ers ages 14 - 19

See [PAGE 6](#) for more information. [Click here to register.](#)

Kicking off the year with leadership, citizenship, and team building activities!



CUSTOM PRINCE WILLIAM 4-H CALENDARS

Our new Prince William 4-H Intern Sam Seagle created a handy calendar for the 4-H New Year. The calendar includes pictures from our events and activities throughout last year. It was so popular at the Open House, that we want all 4-H'ers to have one! All members are invited to stop by the office in Manassas and pick up your free 2023-2024 Prince William 4-H Calendar! **Please stop by one of the following dates for snacks and socializing:**

- October 16th- from 4-7pm
- October 26th-from 4-7pm

We're super excited to launch the new year and can't wait to see you!



PRINCE WILLIAM 4-H CONTEST TRAINING



PRINCE WILLIAM 4-H CONTEST TRAINING

Date: Wednesday, November 1st

Time: 7 - 8:30 PM

Location: McCoy Conference Room, 4-H Office, Manassas

[Click here to register.](#)

Learn about 4-H Contests - presentations, public speaking, extemporaneous, fashion/costumes, and table setting contests - and how you can improve your skills and scores using Virginia 4-H rubrics and progress to state level competitions!

Please Enroll in 4-H Online!

4-H ONLINE ENROLLMENT IS OPEN

October 1st was the start of the New 4-H Year! There is no "down time" in 4-H Online this year, so please enroll today! [Click here for the Document Links page on our website](#) for enrollment tip sheets.

Please note that members not enrolled by **November 1st** will no longer receive the Prince William 4-H Newsletter.



Prince William 4-H Alumnus THRIVES from 4-H Experiences

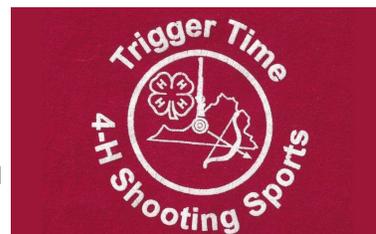


On September 30th, Rep. Rob Wittman hosted Service Academy Day in Richmond, VA, with representatives from the United States' military service academies. The session provided prospective academy students with important information and resources for their applications.

Prince William 4-H Trigger Time Shooting Education Club alumnus James Fees was invited as a representative of the U.S. Air Force Academy. James is also a Virginia 4-H All Star. He received a Congressional Nomination from Rep. Wittman when applying to the academy and graduated from the U.S. Air Force Academy in May 2023. James is currently serving as a 2nd Lieutenant in the Air Force and left for flight school yesterday morning.

Lieutenant in the Air Force and left for flight school

See [PAGE 7](#) to learn more about how 4-H can help YOU reach your goals and build your resumé.



7-Year Shooting Education Instructor Recertification

Register by October 18th through 4-H Online.

The 4-H Shooting Education Committee will be conducting the last 7-Year Recertification for 2023 on November 4, at the Holiday Lake 4-H Center. This event is for Shooting Education Instructors that are approaching (or have exceeded) the 7-year limit. Instructors that fail to get recertified in a particular discipline will have their certification deleted, by discipline.

Registration will be through the 4-H Online system; therefore, everyone registering will need to be enrolled for the year 2023-2024.

Each Instructor may enroll in up to three disciplines. All participants are required to attend a one-hour General Session. Lunch will be provided.



Winter Cloverbuds Camp 2023

Dates: December 8th-10th

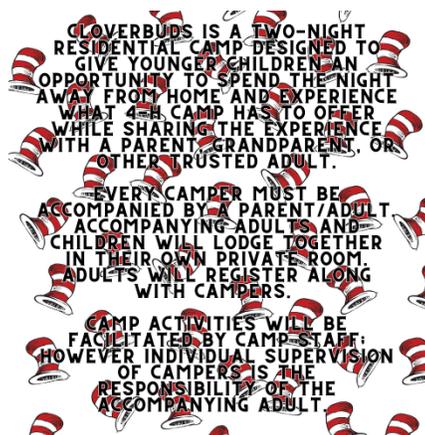
Location: Northern Virginia 4-H Center, Front Royal, Virginia

Who Should Attend: Youth ages 5-8 with an adult chaperone

Cost: \$160

[Click here to register.](#) **Register by Nov. 22nd.**

Registration is now open! Campers and parents will participate in classic camp classes and activities with Dr. Seuss inspired fun! Spots are limited - register early.





HEAD



HEART



HANDS



HEALTH



HEAD



HEART



HANDS



HEALTH

PRINCE WILLIAM 4-H



CLOVERBUD CLUB

Meets the 2nd Saturday of the Month from October to May from 10am-Noon



OCTOBER 14TH

AT THE PRINCE WILLIAM FAIRGROUNDS 4-H CHILDREN'S BARN

[Click here to register.](#)



Who Should Attend: Greater Prince William youth ages 5-8 that are interested in learning more about 4-H.*

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in the 4-H Pillars of civic engagement, STEM, healthy living and agriculture.

All 4-H projects are research and curriculum based. We lay the foundation of knowledge to help develop our future community leaders.



Learn more about 4-H at www.pwcva.gov/4-H.

To join this FREE club, contact MaryBeth Lerch at 4HPWC@pwcva.gov. Come grow with us!

* A parent or guardian must be present.



HEAD



HEART



HANDS



HEALTH



HEAD



HEART



HANDS



HEALTH



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

Prince William 4-H Scholarships - Due November 24th

Prince William 4-H has four scholarships available to members. All scholarship applications and nominations are due by **November 24th, 2023**. Scholarships will be presented at the Prince William 4-H Recognition Day in December.



Celebrating YOU!

2023 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PW 4-Her. Applicants must be enrolled in the Prince William 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

[Please click here to apply for the 2023 Joanne Guhl Scholarship.](#)

2023 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

[Please click here to apply for the 2023 Bernard Malo Scholarship.](#)

2023 Outstanding 4-H Member Award (Youth)

The Outstanding 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Member Award.](#)

2023 Outstanding 4-H Volunteer Award (Adult)

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Volunteer Award. \(COMING SOON\)](#)

Teen Club

Discover your strengths and talents by joining the Prince William 4-H Teen Club!

There's no better way to culminate your 4-H experience and exemplify fancy terms like *positive youth development* than to provide opportunities and train **YOU** to take the lead!

Skills Development

The PW 4-H Teen Club provides opportunities through training sessions, seminars, camps, and activities to grow into who **YOU** are meant to be! We'll focus on communicating effectively, positive interactions with others, growing your desire to continue to learn, how to approach decision making and strategies to solve problems, managing resources, and bringing people together to reach a common goal.

Team Building

Demonstrate and improve your leadership skills by participating in team activities throughout the year. The PW 4-H Teen Club provides opportunities to try many different team roles to help **YOU** discover your strengths. We'll also have meetings to practice our skills and learn how to work as a team.

Leadership

Test yourself by volunteering for one of the many leadership opportunities available just for **YOU!** Challenge your skills of identifying problems and developing action plans. Take ownership of the plan and follow through to reach the goals.

Networking

Build your understanding of opportunities available by networking with your peers. Learn about 4-H programs such as Ambassadors and All Stars. Discover scholarship opportunities, leadership opportunities, community service programs, and many more resume-building activities that will ultimately build **YOU!**

Socializing

The PW 4-H Teen Club fosters life-long friendships through meaningful, positive and productive activities. We'll have a lot of laughs, challenge ourselves in team building games, and encourage you to **discover who YOU are meant to be!**



Who Should Participate

Prince William 4-H'ers ages 14 to 19 that have a desire to learn, lead and strengthen their talents with the support and network of Prince William 4-H.



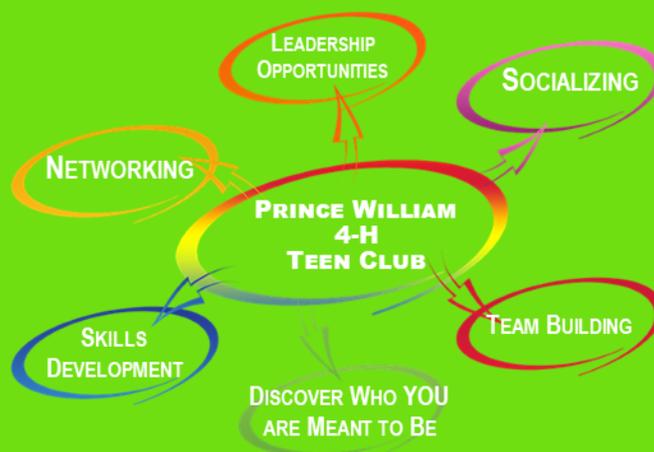
How to Participate

- Be a member of Prince William 4-H
- Actively participate in your 4-H Club
- Attend 1 designated PW 4-H Teen Club activity each month. Some meetings are specific to the club, while others are in conjunction with county, district and state programs and activities.



For more information or to join the **Prince William 4-H Teen Club**, please contact:
MaryBeth Lerch mbleerch@vt.edu

Learn more about Prince William 4-H at www.pwcva.gov/4-H.





Grow Your Resume with Prince William 4-H

SENIORS - Check out these key words for your job applications and Common App essays!

Gain Work Related Experience

YOUR NAME HERE
4-H YOUTH

ABOUT 4-H

When you participate in 4-H, you have opportunities to grow personally and professionally. Here are some examples of life skills and leadership opportunities that you may develop through hands-on experiences in Prince William 4-H.

EDUCATION

High School Graduate

CONTACT

Prince William 4-H
8033 Ashton Ave., #105
Manassas, VA 20109
4HPWC@pwcva.gov
www.pwcva.gov/4-H

- **Prince William 4-H Camp Counselor/Counselor in Training:** as a camp counselor, you are a caring leader. You have **concern for others**, develop **empathy** and the ability to **nurture relationships**. You understand the importance of **sharing** to give everyone an opportunity to thrive.
- **Prince William 4-H Association Leadership:** In a leadership role within the Prince William 4-H Association, you learn to **work in a team** of youth and adults, are **self motivated**, and learn **marketable business skills** such as communicating, negotiating, computer office programs, accounting, and marketing.
- **Prince William 4-H Club Leadership:** In a club leadership role, you become an experienced manager. You **set goals, plan and organize, budget resources**, and **keep records**. You learn **resiliency** and how to rework or overcome obstacles.
- **Service Learning Projects & Community Service:** As a community service volunteer, you learn the value of giving by **contributing to a group effort**, the importance of **responsible citizenship**, and develop **leadership** skills.
- **4-H Projects:** 4-H Projects develop key thinking skills such as **service learning, critical thinking, problem solving** and **decision making**. You **learn how to learn** by exploring interests through project work.

Earn Awards & Honors

- **National 4-H & Virginia 4-H Ambassador for Citizenship, Healthy Living, STEM and Agriculture, Virginia 4-H Ambassadors, Horse Ambassadors, and Shooting Sports Ambassadors:** As an elected representative of 4-H, your job is to relate to youth and encourage them to thrive in 4-H. You are an **effective communicator**, work in **cooperation** within the youth and adult network of 4-H, develop strong **social skills**, become savvy at **conflict resolution**, and learn to **accept differences**.
- **Virginia 4-H All Stars:** When nominated into Virginia 4-H All Stars, you represent the best in 4-H. You grow in **self esteem, responsibility**, and **character**. Through **self discipline**, you have thrived in 4-H and are ready to be an engaged community leader.
- **Prince William 4-H Scholarships and Virginia 4-H Horse Scholarships:** Earning a scholarship in 4-H recognizes your contributions and successes in 4-H and is an investment in you as a future leader.





Virginia 4-H Scholarship Opportunity

VIRGINIA 4-H FARM CREDIT AND ASSOCIATIONS REGIONS BANK SCHOLARSHIP

[Click here for more information and to apply.](#) **Applications due October 15th.**

Farm Credit Associations and Regions Bank have been very supportive of youth and their interest and education in the field of agriculture. Five \$1,000 scholarships are available through the Virginia 4-H Foundation for youth to pursue their dreams of higher education. Preference is given to 4-

**ENTER A POSTER
IN THE
Ag it Up
Poster
Contest**

**AT THE 2024 VAF CONFERENCE
WILLIAMSBURG LODGE**

**Who: Youth ages 9-13
When: January 5-7, 2024**

**Prizes: 1st - \$50
2nd - \$30
3rd - \$20**

Contest rules can be found at:
www.vafairs.us

AG IT UP Youth Poster Contest

Who Should Participate: Youth age 9-13 as of January 1st

[Click here for more information and to apply.](#)

Poster registration is due December 20th.

Youth can submit a standard size poster or tri board displaying how agriculture is a part of their fair or festival. Three prizes ranging from \$20 - \$50 will be presented.



WHO	WHEN	DEADLINE
YOUTH AGE 14-19 WHO VOLUNTEER AT FAIRS & FESTIVALS	JAN 6, 2024	DEC 1, 2023

SCHOLARSHIP PACKET
UPLOADED TO VAF
WEBSITE IN SEPTEMBER

www.vafairs.us

2024 VAF Youth Leadership Scholarship Contest

Who Should Participate: Youth ages 14-19 as of January 1, 2024

who are active participants in a VAF-member fair or festival.

[Click here for more information and to apply.](#)

Applications are due December 1st.

It's that time of year to encourage teens who have devoted time and skills to their local fairs and festivals to participate in the 2024 Virginia Association of Fairs (VAF) Youth Leadership Scholarship Contest. Eight scholarships ranging from \$250 - \$2,500 will be awarded. The goals of the VAF Youth Leadership Scholarship Contest are to :

- recognize superior leadership characteristics among junior members of VAF member fairs and festivals and the overall fair industry.
- encourage and develop leadership and workplace readiness skills among youth members so they will be able to better serve their communities and fair/festival organizations.
- share, as well as receive, ideas and concepts that have proved successful, or unsuccessful, at local fairs and festivals in Virginia.

Opportunity to Participate in VA 4-H Delegation to *Ignite by 4-H*

APPLY TO JOIN THE VIRGINIA 4-H DELEGATION!

Who should apply: Prince William 4-H teens ages 14-19 interested in serving as STEM and Computer Science Ambassadors

[Click here to apply.](#) **Applications due October 31st.**

As part of our 4-H Computer Science Initiative, Virginia 4-H has the opportunity to send 20 Virginia 4-H Teens (representing all 5 Districts) who want to expand STEM and Computer Science knowledge in Virginia to the *Ignite by 4-H* Conference in Washington D.C. on March 13-17, 2024. We are looking for Virginia 4-H members with a passion for STEM who will:

- Attend the Ignite by 4-H Conference
- Create a plan to deliver programming around STEM or Computer Science in their school, unit 4-H program or area
- Serve as a STEM and Computer Science Ambassador for Virginia

Applications will be open until October 31st. Applicants will be notified if they have been selected by November 8th.

About Ignite by 4-H

Ignite by 4-H, an inclusive teen event, returns March 13-17, 2024, to Washington, D.C. Join us for four days of inspiring and engaging panels, respected speakers, hands-on workshops, experiences, networking and connections. The summit will provide high-school-aged youth from across the country the opportunity to explore the best 4-H has to offer in STEM, Agriscience, Healthy Living, Career Readiness and Emotional Well-Being. [Click here for more information.](#)



National 4-H Updates

2024 NATIONAL 4-H CONFERENCE INFORMATION SESSION

Mark your calendar for the 2024 National 4-H Conference. Join USDA NIFA for an Information Session about the 2024 National 4-H Conference on November 16, 2023, at 4:00 PM ET. Questions? Contact National4-HConference@usda.gov.

SAVE THE DATE! 2024 National 4-H Conference
Friday, April 19 - Wednesday, April 24 in Arlington, Virginia



CLOVER BY 4-H

Be A Wind Warrior

Get blown away with the awesome power of wind! Build a windmill structure to learn about mechanical engineering, simple machines and the superpowers of reusable energy. Work as a Power Protector engineer and use creativity, problem solving and to convert wind into energy and help Energy Island stay powered up!



MEET THE 4-H YOUTH IN ACTION WINNERS!

[Click here to get inspired on how YOU can be a 4-H Youth in Action Winner!](#)

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

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4-H Intern
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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



2022-2023 PWC 4-H Association Officers

Youth Officers

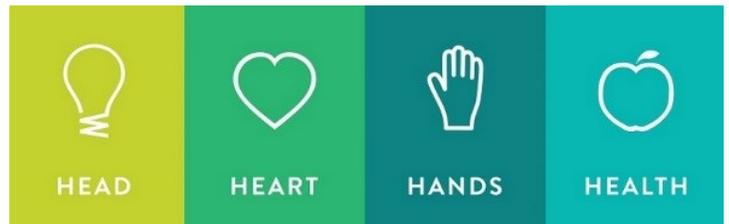
Samantha Whysong, President
Sam Seagle, Vice President
Samantha Erick, Treasurer
Lexi Strand, Secretary

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



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