



Prince William 4-H

Our Clubs, Our Community



October 25, 2023

Upcoming Events

- Oct 25 - Project Leader Training
- Nov 1 - 4-H Contest Training Day
- Nov 11 - Cloverbud Club
- Nov 14 - PW 4-H Association Meeting
- Nov 25-29- National 4-H Congress
- Nov 27 - Youth Officer & Leadership Training
- Nov 30 - Engage Locally!
- Dec 5 - Homemade Holiday Craft Night, Teen Club, and Cloverbud Club
- Dec 9 - Prince William 4-H Recognition Day
- Dec 16 - Wreaths Across America Ceremonies
- Jan 9 - Teen Club Meeting
- Jan 13 - Cloverbud Club
- Jan 16 - PW 4-H Association Meeting

PW 4-H Youth Officer & Leadership Training - **SAVE THE NEW DATE!**



Date: Monday, November 27th

Time: 6:30 - 8:30 PM

Location: McCoart Building, 1 County Complex Court (Prince William Parkway), Woodbridge

Who Should Attend: All Prince William 4-H club officers and any 4-H'er interested in a leadership position in 4-H! *More information coming soon!*

Volunteer Training is Key To 4-H



We can't provide opportunities for 4-H'ers without our rockstar adult volunteers! Not only did we have 3 youth certified as Junior Air Rifle Instructors, but also Bruce Erick earned Level I Archery Instructor and Stephanie Ahrens earned Level I Rifle Instructor. A **HUGE 4-H THANK YOU** for your dedication to 4-H!

Current Shooting Sports Instructors - don't forget to register by **TODAY** through 4-H Online for the final 7-Year Recertification taking place on Nov. 4th at the Holiday Lake 4-H Center.

See [Page 4](#) for how you can nominate a stand-out volunteer as 2023 Outstanding Member!

Prince William 4-H Teens Explore Citizenship



Prince William 4-H Teen Club launched the new year focusing on the 4-H Pillar of Citizenship. What is a citizen? What is a democracy? Why are these important? All engaging discussion questions that lead to fun activities of identifying common symbols and images specific to citizenship, democracy, and 4-H. Teens played a challenging game of Jenga with citizenship questions from the U.S. Citizenship and Naturalization Test as well as the 4-H Pillar of Citizenship.



Our 4-H Teens are ready to challenge their skills by participating in the Virginia 4-H Youth in Action awards, 4-H Day at the Capitol and Prince William 4-H's Engage Locally upcoming events.



UP NEXT - PW 4-H OFFICER & LEADERSHIP TRAINING!

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Virginia Tech • Virginia State University



Youth Community Service Opportunity - Facepainting!

Date: October 28th

Time: 4 pm - 7:30 pm

Location: Trunk or Treat at the 2023 Demolition Derby at the PWC Fairgrounds

Who Should Participate: All Prince William 4-H'ers. *Earn community service hours!*

Contact: Please contact Diana Calhoun at dianacalhoun@lpnmg.com or (703) 335-6060 ASAP

Ms. Calhoun reached out to Prince William 4-H with an opportunity to participate in a community service project. Cars from local churches will be lined up at the Demo Derby handing out treats to attendees. The event will have food trucks and more. She is inviting 4-H'ers to attend and provide free face painting. All supplies will be provided. Be sure to wear your 4-H gear if you are able to volunteer.

4-H PUMPKIN CARVING CONTEST

DEADLINE: SUNDAY, OCTOBER 29 AT 8 P.M.

1ST, 2ND, 3RD, AND 4TH PLACE

OPEN TO ALL AGES



**MUST RELATE TO VIRGINIA 4-H
ONE SUBMISSION PER PERSON**

**ENTER BY SENDING US A MESSAGE ON FACEBOOK OR
INSTAGRAM WITH YOUR PUMPKIN PHOTO!**

WINNERS ANNOUNCED ON TUESDAY, OCTOBER 31 AT 4PM

[Click here for the Virginia 4-H Facebook Page](#)



Going FAST! PW 4-H Calendars

**Custom Prince William 4-H Calendars
Pickup Party October 26th from 4-7 PM**

Our new Prince William 4-H Intern Sam Seagle created a handy calendar for the 4-H New Year. The calendar includes pictures from our events and activities throughout last year. It was so popular at the Open House, that we want all 4-H'ers to have one! All members are invited to stop by the office in Manassas and pick up your free 2023-2024 Prince William 4-H Calendar!

**Please stop by for
snacks and
socializing!**



IMPORTANT! Please Enroll/Re-Enroll TODAY!

ENROLL IN 4-H ONLINE TODAY!

October 1st was the start of the New 4-H Year! There is no "down time" in 4-H Online this year, so please enroll today.

Need help enrolling?

[Click here for 2023-24 4-H Online New Youth Enrollment Tip Sheet](#)

[Click here for 2023-24 4-H Online Youth Re-Enrollment Tip Sheet](#)

Every year we have members miss events and important information for their 4-H'er because they don't enroll early. Don't let your membership lapse!

Please note that members not enrolled by November 1st will no longer receive the Prince William 4-H Newsletter.



NOVEMBER 1ST!

Make Your Dreams a Reality!

Prince William 4-H Contest Training



Be an Expert

Share what you know with confidence! Express your opinions and knowledge through Presentation, Extemporaneous Speech, Public Speech, and Dramatic Reading 4-H learning competitions.

These challenges are meant to keep you on your toes, focused, and engaged with your audience. Public speaking is a life skill that will help you with school presentations, serving in volunteer leadership positions, communicating with teammates (*and parents*), and so much more. Every Prince William 4-H'er should participate in this contest to become better citizens and engage with social change that only our youth know how to do!

All 4-H learning competitions are about making the best better...that's **YOU!**

Be an Influencer

Learning about textiles, fashion eras, cultures, and costumes offers opportunities to develop life skills, learn about career opportunities, and creatively impart your influence.

The Fashion Review Category is more than just styling! This category includes costume making - Halloween, Renaissance Fair, Civil War reenactments, Marvel cosplay, theater and movie costumes - as well as exploring materials, learning fabric construction techniques, understanding themes, and even thrifting. Sewing is not required to participate (*but we can teach you if you're interested*).

Get a head start on making your design for Share the Fun, next year's Halloween contest, an entry for the Prince William County Fair, or your school's play. *Your social media account will thank you!* Come to the training to learn how!

Be a Party Planner

Who doesn't like a fun, themed party? Think outside the box when you participate in the 4-H Table Setting Contest.

Rethink etiquette by exploring holidays, cultural meals, special occasions, serving equipment, menus and more! From farm-to-table dining in Virginia, to food styling and photography, lighting, Friendsgiving, themed birthday parties, barbecues, picnics, quinceañeras...the table is always the centerpiece of excitement and essential for bringing family and friends together. Creativity and originality are welcomed!

Impress your family and friends, grow your event planning skills, enhance your cultural and culinary awareness, and discover a world of careers surrounding the social food industry. Come to the training to learn how to improve your party plan!

PRINCE WILLIAM 4-H CONTEST TRAINING



Attend Prince William 4-H Contest Training and learn the many opportunities that you can let your creativity flow!

DATE: Wednesday, November 1st

TIME: 7 - 8:30 PM

LOCATION: McCoy Conference Room, PW 4-H Office

WHO SHOULD ATTEND: All Prince William 4-H'ers interested in perfecting their presenting skills and exploring their creativity. No past skills/experience necessary.

[CLICK HERE TO REGISTER. IT'S FREE!](#)





Prince William 4-H Scholarships - Due November 24th

Prince William 4-H has four scholarships available to members. All scholarship applications and nominations are due by **November 24th, 2023**. Scholarships will be presented at the Prince William 4-H Recognition Day in December.



2023 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PW 4-Her. Applicants must be enrolled in the Prince William 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

[Please click here to apply for the 2023 Joanne Guhl Scholarship.](#)



2023 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

[Please click here to apply for the 2023 Bernard Malo Scholarship.](#)



2023 Outstanding 4-H Member Award (Youth)

The Outstanding 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Member Award.](#)



2023 Outstanding 4-H Volunteer Award (Adult)

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

Contact [MaryBeth Lerch](#) to nominate an adult volunteer for the 2023 Outstanding 4-H Volunteer Award.

Celebrating YOU!

PRINCE WILLIAM 4-H'ERS ARE INVITED!



4-H ANIMAL SCIENCE CAREER NIGHT

Free Event

Event offers a wide variety of animal science career exploration. These careers include Marine Biology, Zookeeping, K9 Unit Training, Veterinarian Science, and Dog Daycare Handler.



Thursday
November 16th, 2023



6:00pm
to
8:00pm



Open to all 4-H members grades 7th-13th
Hybrid Format



In Person: Ted Blum,
Somerset County 4-H
Center

310 Milltown Road
Bridgewater NJ

Hybrid Format:
Register for Zoom Link

RUTGERS
New Jersey Agricultural
Experiment Station
COOPERATIVE EXTENSION



Applications Due Oct 31! VA 4-H Delegation to *Ignite by 4-H*

APPLY TO JOIN THE VIRGINIA 4-H DELEGATION!

Who should apply: Prince William 4-H teens ages 14-19 interested in serving as STEM and Computer Science Ambassadors

[Click here to apply.](#) **Applications due October 31st.**

As part of our 4-H Computer Science Initiative, Virginia 4-H has the opportunity to send 20 Virginia 4-H Teens (representing all 5 Districts) who want to expand STEM and Computer Science knowledge in Virginia to the *Ignite by 4-H* Conference in Washington D.C. on March 13-17, 2024. We are looking for Virginia 4-H members with a passion for STEM who will:

- Attend the Ignite by 4-H Conference
- Create a plan to deliver programming around STEM or Computer Science in their school, unit 4-H program or area
- Serve as a STEM and Computer Science Ambassador for Virginia

Applications will be open until October 31st. Applicants will be notified if they have been selected by November 8th.

About Ignite by 4-H

Ignite by 4-H, an inclusive teen event, returns March 13-17, 2024, to Washington, D.C. Join us for four days of inspiring and engaging panels, respected speakers, hands-on workshops, experiences, networking and connections. The summit will provide high-school-aged youth from across the country the opportunity to explore the best 4-H has to offer in STEM, Agriscience, Healthy Living, Career Readiness and Emotional Well-Being. [Click here for more information.](#)

PW 4-H Teens - Apply for Virginia 4-H Youth in Action Awards

[Click here for more information and to apply.](#) **Applications due November 17th.**



VIRGINIA

The State 4-H Office is once again pleased to announce this exciting award opportunity for 4-H'ers across Virginia. To provide a similar system to the National 4-H Youth in Action Awards, and to encourage high quality applications for the national awards, the State 4-H Office established the Virginia 4-H Youth in Action Awards Program in 2019. The nomination process is now open for our Class of 2024 Youth in Action winners.

This year's process is similar to last year in that the youth themselves may apply directly for the award. However, they are still required to obtain a letter of reference from their Extension Agent (or the VCE professional responsible for 4-H in their Unit).

Youth may recommend themselves for consideration in one of the pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. One pillar winner will be chosen from each area, as well as an overall state winner from the four pillar winners. Any 4-H member in Virginia ages 15-18 is eligible to be nominated.

Each of the four winners will receive:

- A \$500 mini-grant to their Unit to develop a significant community project.
- Recognition at *An Evening with Virginia 4-H* in early 2024
- A full scholarship to attend Virginia 4-H State Congress in June 2024, in Blacksburg, VA.
- An opportunity to be featured as the Virginia 4-H Youth Spokesperson for their pillar area.
- An opportunity to represent Virginia 4-H at the national summit for their pillar area.
- Support and mentorship to apply for the 2025 National 4-H Youth in Action Awards.
- An official reference letter from the Virginia State 4-H Program Leader, Jeremy C. Johnson.

Recruiting Host Families for the 2024 Japanese Summer Exchange

Virginia 4-H partners with States' 4-H to host young people from Japan for a month-long summertime exchange or homestay. We are recruiting host families across Virginia to host 18 young Japanese people and 2 chaperones for the summer of 2024.

Hosting Details and Requirements

- Program runs July 21-23 through August 16-18, 2024
- No previous 4-H experience is required
- Japanese delegates are ages 12-18 (most are 12-14)
- To host a delegate, a family must have a child who is 9+ years old.
- Families without youth can host adult chaperones.
- Families will be matched with a delegate of the same gender who is within 3 years of the host youth's age.
- All Host families will be screened and interviews as part of our risk management protocol.
- Host families receive no stipend to host a delegate.
- Japanese delegates have a range of English language abilities.
- Delegates are here to experience every day American life. No special activities need to be planned.
- Host Families will receive support from the state coordinator and other host families before, during & after the exchange (not financial)

Host families should apply directly here and select Virginia as their state: <https://www.states4hexchange.org/apply/host/>

Summer Program FAQs: <https://www.states4hexchange.org/host/summer/faq/>
Please contact Wendy Herdman at wherdman@vt.edu or 804-493-8924 if you have questions or need assistance.

WE ASKED 2023 HOST FAMILIES...

“WHAT MADE YOU WANT TO HOST?”

“I was an exchange student in high school and always knew we would host as a family.”

“We hoped to introduce our children to different cultures in the world and allow them to see that they have much in common with others around the world. They could share their differences and it helps them understand why we may be different as well.”

“It is a good experience for the whole family to learn about someone else's culture and lifestyle. We have relatives who have done it as well.”

“This is our fifth time hosting an exchange student, and the fourth time doing so through 4H. We have loved each experience. It has made my children more aware that while we may be different from others, we are also very much the same.”



STATES' 4-H
INTERNATIONAL
EXCHANGE
PROGRAMS



WE HOPE TO HAVE
YOU JOIN US THIS
COMING SUMMER!

Reach out to us or your
State Coordinator for
information on
becoming a host family!

STEM Opportunity with the VA Space Grant Consortium

Dates: Summer 2024

Who Should Apply: Rising 9th and 10th Grade Virginia High School Students

Applications open 12/1/2023 and close 2/1/2024.

[Click here for more information.](#)

Building Leaders for Advancing Science and Technology (BLAST) offers an exciting way for rising 9th and 10th grade students to spend three days of summer! Participating students get to stay in a college dorm and see what campus life is like on-site at one of our five partner universities: Old Dominion University, Radford University, the University of Virginia, Virginia Tech, or William & Mary. No previous experience in science, technology, engineering, and math (STEM) is needed, and this program is FREE for participants. BLAST is designed to help students find their place in STEM.



Winter Cloverbuds Camp 2023



CLOVERBUDS IS A TWO-NIGHT RESIDENTIAL CAMP DESIGNED TO GIVE YOUNGER CHILDREN AN OPPORTUNITY TO SPEND THE NIGHT AWAY FROM HOME AND EXPERIENCE WHAT 4-H CAMP HAS TO OFFER WHILE SHARING THE EXPERIENCE WITH A PARENT, GRANDPARENT, OR OTHER TRUSTED ADULT.

EVERY CAMPER MUST BE ACCOMPANIED BY A PARENT/ADULT ACCOMPANYING ADULTS AND CHILDREN WILL LODGE TOGETHER IN THEIR OWN PRIVATE ROOM. ADULTS WILL REGISTER ALONG WITH CAMPERS.

CAMP ACTIVITIES WILL BE FACILITATED BY CAMP STAFF; HOWEVER INDIVIDUAL SUPERVISION OF CAMPERS IS THE RESPONSIBILITY OF THE ACCOMPANYING ADULT.

Dates: December 8th-10th
Location: Northern Virginia 4-H Center, Front Royal, Virginia
Who Should Attend: Youth ages 5-8 with an adult chaperone
Cost: \$160
[Click here to register.](#) **Register by Nov. 22nd.**

Registration is now open! Campers and parents will participate in classic camp classes and activities with Dr. Seuss inspired fun! Spots are limited - register early.

Virginia 4-H Horse Program *Save the Dates*



Welcome to the New 4-H Year! Be sure to re-enroll early in 4-H Online to avoid complications later. Here are a few important dates:

- **Block and Bridle Horse Judging Clinic** – Saturday, January 20th at Alphin-Stuart Arena on the campus of Virginia Tech
- **Block and Bridle Horse Weekend** – Friday, February 9th and Saturday, February 10th at Alphin-Stuart Arena on the campus of Virginia Tech (Hippology on Friday, Judging and ALL Awards on Saturday)
- **Equismartz State Educational Contests Weekend** – Friday, April 5th – Sunday, April 7th at the Virginia Horse Center and Rockbridge County High School – Schedule will be similar to last year (Hippology on Friday afternoon/evening; Horse Judging and judging portion of 4-H Hippology on Saturday; Communications and Horse Bowl on Sunday).

AG IT UP Youth Poster Contest



Who Should Participate: Youth age 9-13 as of January 1st

[Click here for more information and to apply.](#)

Poster registration is due December 20th.

Youth can submit a standard size poster or tri board displaying how agriculture is a part of their fair or festival. Three prizes ranging from \$20 - \$50 will be presented.

2024 VAF Youth Leadership Scholarship Contest

Who Should Participate: Youth ages 14-19 as of January 1, 2024 who are active participants in a VAF-member fair or festival.

[Click here for more information and to apply.](#)

Applications are due December 1st.

It's that time of year to encourage teens who have devoted time and skills to their local fairs and festivals to participate in the 2024 Virginia Association of Fairs (VAF) Youth Leadership Scholarship Contest. Eight scholarships ranging from \$250 - \$2,500 will be awarded.





PRINCE WILLIAM 4-H EVENT CALENDAR

2023 - 2024

OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
1-7 National 4-H Week	1 4-H Contest Orientation - Presentations, Public Speaking, Table Setting, Extemporaneous	1 Embryology Registration Opens	9 Teen Club	8 Embryology Incubator Pickup #1	1 Junior Camp Registration Opens
1 All Star Applications and Portfolios Due	11 Cloverbud Club	1 Jr. Camp Counselor Applications Due	13 Cloverbud Club	10 Prince William 4-H Contest Day: Presentations, Table Setting, Fashion Review	9 Prince William 4-H Food Challenge
4-15 4-H Paper Clover Campaign	13 Prince William 4-H Association Meeting	5 Prince William 4-H Homemade Holiday Craft Night, Teen Club, Cloverbud Club	16 Prince William 4-H Association Meeting	12 Embryology Incubator Pickup #2	12 Prince William 4-H Leaders' Mid-Year Meeting
7 Young Entrepreneurs Market Day #5	24 PW 4-H Scholarship Applications Due	9 Prince William 4-H Recognition Day	19 Share the Fun Dress Rehearsal	19 Embryology Egg Pickup #1	13-17 National 4-H IGNIGHT
14 Cloverbud Club	25-29 National 4-H Congress	16 Wreaths Across America Day	24 Virginia 4-H Day at the Capitol	20 Teen Club	16-17 4-H Spring Air Championships
14-15 Shooting Sports Instructor Certification	27 4-H Youth Officer & Leadership Training & Teen Club		24 An Evening with Virginia 4-H at VT	TBD Embryology Training	18 Chick Drop Off 1
17 New Project Leader Training	30 Prince William 4-H Engage Locally!		26 Share the Fun Show	TBD TALT Weekend	21 Chick Drop Off 2
19 Teen Club	TBD Food Challenge Training		30 Portfolio Training	22-23 TALT Weekend - Junior Camp Counselor Training	
25 Returning Project Leader Volunteer Development			31 Day Camp Counselor Applications Due	TBD Livestock, Cattle & Dairy Contests	
APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER
5-7 Equismartz 2024	1 Young Entrepreneurs Interest Meeting	15-27 National 4-H Citizenship Washington Focus	14-18 Prince William/Stafford 4-H Junior Camp	9-17 Prince William County Fair, Prince William 4-H Children's Barn & Exhibits	6-8 Virginia 4-H State Horse and Pony Championship
13 Cloverbud Club	11 Cloverbud Club	18-21 Virginia 4-H State Congress	31-August 4 Southern Regionals 4-H Horse Championships	10 4-H Northern District Shoot	7-8 Virginia 4-H State Shoot
13-14 Shooting Sports Instructor Certification	22 Teen Club	19 Workday Wednesdays Begin	TBD Virginia 4-H Shooting Education Camp	12-16 Prince William 4-H Fair Camp	27-October 26 State Fair of Virginia
19-24 National 4-H Conference	TBD Virginia 4-H State Cabinet Applications Due	22-28 National 4-H Shooting Sports Championships		TBD Virginia 4-H Pork Challenge	28 Prince William 4-H Day
20 4-H Northeast District Contest Day	TBD National 4-H Congress Applications Due	27 First-time Junior Camper Parents' Meeting		TBD Shooting Education Ambassador Applications Due	TBD Virginia 4-H Shotgun Championship
20 Prince William 4-H Tree Seedling Planting Day		TBD Virginia 4-H/FFA Livestock Judging Contests		TBD Healthy Living Ambassador Applications Due	TBD PWC Board of Supervisors Proclamation of National 4-H Week
27 4-H Northeast District Food Challenge Contest					
TBD TSC Paper Clover Campaign					



For more detailed information as events approach, see the newsletter at www.pwcva.gov/4-H.

Click here for the full [Prince William 4-H 2023-2024 Calendar](#).

Updated 10/25/2023

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

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Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
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Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



2022-2023 PWC 4-H Association Officers

Youth Officers

Samantha Whysong, President
Sam Seagle, Vice President
Samantha Erick, Treasurer
Lexi Strand, Secretary

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



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