



Prince William 4-H

Our Clubs, Our Community



March 12, 2025

Upcoming Events

- Mar 12-16** - National 4-H IGNITE
- Mar 15** - PW 4-H Cloverbud Club
- Mar 15-16** - VA 4-H 2025 Spring Air Champs
- Mar 28-30** - VA 4-H Teen Summit
- Mar 29** - PW 4-H Association BINGO
- Apr 4-6** - VA 4-H Equismartz
- Apr 5-6** - VA 4-H Shooting Ed New Instructor Cert
- Apr 11-16** - National 4-H Conference
- Apr 12** - PW 4-H Tree Planting
- Apr 26** - VA 4-H NE District Contest Day
- May 10** - PW 4-H Cloverbud Club

Prince William 4-H Embryology Program



Anxiously awaiting cuteness overload! As we patiently wait for our eggs to incubate, and care for the eggs, and study how our chicks are growing, and anticipate hatch day, there are other birds nesting in Virginia! Check out this live feed of another avian species:

VIRGINIA DEPARTMENT OF WILDLIFE 2025 FALCON CAM

[Click here for more info and to watch live.](#)

According to their website, this exciting live stream offers viewers around the world a chance to observe peregrine falcons nesting in downtown Richmond. Their timing coincides with the falcons' breeding season, and they suspect the first egg could be laid as early as this weekend. Peregrine falcons are listed as state-threatened in Virginia with more than 30 pairs, including the Richmond birds, nesting across the Commonwealth each spring. Both the female and male from recent years has been observed on camera almost daily over the past few weeks. This pair has been nesting here since 2021 and has raised four chicks together every year since then.

PW 4-H BINGO Updates

INVITE YOUR FRIENDS & FAMILY!

Date: Saturday, March 29th

Time: 6:30-8:30 PM (setup at 6 PM)

Location: Lake Jackson VFD, 11310 Coles Dr, Manassas

Please share the flyer on Page 3. [Click here to pre-order tickets.](#)

Please pre-sell tickets. We have physical tickets at 4-H Headquarters that you can pick up when you drop off your donations. You can collect cash or people can use the QR code ([Page 3](#)) or link above to collect via PayPal. Bingo packages are \$20 and include 9 games, a dauber and 5 raffle tickets. Additional raffle tickets and concessions will be sold separately.



DUE MARCH 14TH! PW 4-H CLUB PRIZE DONATIONS

Each PW 4-H Club is asked to each contribute 3 prizes for BINGO night:

1. Sponsor a BINGO game with an experience related to your club (ex: archery/horse riding lesson)
2. Sponsor a BINGO game with a prize that represents your club
3. Donate a raffle basket (\$50-\$75 value)

All clubs should bring donations to the 4-H office **on or before March 14th.**

SIGN UP TO VOLUNTEER AT BINGO

[Click here to Sign Up to Volunteer.](#)

If we all take a small role, everyone can have fun! Please consider signing up for a volunteer slot: BINGO caller/assistant, winning card checker, prize table, cashier, concessions, 4-H table rep, greeter, kid area volunteer, setup and decorating, or cleanup. **A HUGE 4-H THANK YOU TO THOSE ALREADY SIGNED UP!**

BINGO WEEKLY PLANNING MEETING (MARCH 18TH & 25TH)

Every Tuesday | 7 PM | Via Zoom: <https://virginiatech.zoom.us/j/83176214098>

It's not too late to join the planning committee to help make sure that this event is a success! Please send a representative from your club.

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Click to Visit





Beyond Ready



TALT WEEKEND

Last weekend, over 250 teens gathered in Front Royal at the Northern Virginia 4-H Educational Center to reconnect with teen counselors from the Virginia 4-H Northeast District and for leadership training for this year's 4-H Junior Camps. Playing Gaga Ball, line dancing, crafting, and eating s'mores around the fire, were highlights of Friday night's social time. Prince William and Stafford teams also met to plan for our Junior Camp, but no 4-H meeting would be complete without a fun icebreaker before conducting business. Important youth counselor training filled the day on Saturday, including sessions on leading group games, behavior management, ages and stages, neurodivergent campers, risk management, and more. The weekend went by too quickly and our Prince William 4-H Teen Counselors are looking forward to a great 4-H Junior Camp 2025!





Prince William 4-H



BINGO NIGHT

SATURDAY,
MARCH 29

6:30 - 8:30 PM

LAKE JACKSON
VFD



COST: \$20 each. Includes 9 games, a dauber, and 5 raffle tickets. Kids under 6 play for free. Scan QR Code to purchase tickets in advance and secure your seat. Additional raffle tickets and concessions will be sold separately. All proceeds will benefit youth development, educational opportunities, and leadership scholarships offered by Prince William 4-H for local youth.

Prizes! Raffles! Food! Fun!



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HEAD



HEART



HANDS



HEALTH



HEAD



HEART



HANDS



HEALTH

PRINCE WILLIAM 4-H



CLOVERBUD

CLUB

Meets the 2nd Saturday of the Month from October to May from 10am-Noon



MARCH 15TH

4-H HEADQUARTERS, MCCOY ROOM, 8033 ASHTON AVE., MANASSAS



10 AM - NOON

All Greater Prince William Area youth ages 5-8 that are interested in 4-H and would like to explore the 4-H Pillar of Citizenship are invited! We will play the handshake game, telephone, table setting, and of course, enjoy a yummy snack!



Who Should Attend: Greater Prince William youth ages 5-8 that are interested in learning more about 4-H.*

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in the 4-H Pillars of civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculum based. We lay the foundation of knowledge to help develop our future community leaders.



Learn more about 4-H at www.pwcva.gov/4-H.

CLICK HERE TO REGISTER. Registration is free, but required.

Come grow with us!

* A parent or guardian must be present.

4-H
GROWS HERE



HEAD



HEART



HANDS



HEALTH



HEAD



HEART



HANDS



HEALTH





REGISTRATION IS OPEN!



PRINCE WILLIAM-STAFFORD

4-H JUNIOR CAMP

Get ready for a summer of 4-H fun, laughter, and endless possibilities!

** For youth ages 9-14*

13 - 17 July 2025

Northern Virginia 4-H Educational Center
Front Royal, Virginia

For more information :

<https://sites.google.com/vt.edu/2025pwst4hcamp/>

Prince William 4-H is a community of young people across the greater Prince William area who are learning leadership, citizenship, and life skills. Our goal is to help youth grow into capable, responsible, confident members of our community by providing information, opportunities, activities, and events that are educational and fun! In 4-H, we learn by doing! Our programs focus on the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture. In clubs throughout Prince William, our youth conduct youth-led meetings to complete projects, community service, and participate in local and state government events.



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Let's Plant 100 TREES!

Growing Trees and Kids for Virginia's Forest

Join Prince William 4-H and Prince William County Environmental Management for a fun filled service project to celebrate Earth Day and Arbor Day by planting 100 new trees!

PWC Arborist Will Shoup and his team will lead us to a nearby storm water management pond where we'll plant native buttonbush to help control erosion and create an attractive habitat for birds and animals.

JOIN US AT:

12 APRIL 2025

9 AM

5 County Complex Court, Suite 170
Woodbridge, VA 22192

Who Should Attend:
All Prince William 4-H'ers
and their family and friends!

<https://www.signupgenius.com/go/4090C4DAAAF29A4FF2-54412965-4htree>



PW 4-H Fair Camp Teen Counselors - Pizza & Planning!

Date: Thursday, March 20th

Time: 6-8 PM

Location: 4-H Headquarters, McCoy Room

[Click here to sign up.](#) **Participants must sign up by Wednesday, March 19th.**

It's time to start brainstorming our ideas for an incredible summer Prince William 4-H Fair Camp! Bring your ideas and talents to our planning meeting and let's create another unforgettable summer of 4-H memories!



TEEN COUNSELORS
FAIR CAMP
PIZZA AND PLANNING
Please join us to share pizza and your ideas
Thursday, March 20, 2025
6pm to 8pm
4-H Headquarters McCoy Room
[SIGNUP HERE](#)

Virginia 4-H Northeast District Contest Day

Date: April 26th

Time: TBD. The youth presentation schedule will be sent out a week prior to the event to all participants.

Location: Goochland Extension Office, 2748 Dogtown Rd, Goochland

Who Should Participate: Prince William 4-H'ers who participated in PW 4-H Share the Fun on January 24, 2025, and PW 4-H Contest Day on February 21st, 2025. If you were unable to attend either, please contact [MaryBeth Lerch](#) to schedule an audition time.

Registration opens March 17th.

Registration closes April 11th.

The Virginia 4-H Northeast District Contest Day is open to all 4-H'ers that competed in their local 4-H Contest Day and Share the Fun.

Available 4-H Contests include: Public Speaking, Presentations, Share the Fun, Science Fair, Extemporaneous Speaking, Visual Arts, Table Setting, and Fashion Review.

Participants in Northeast District Contest Day have the opportunity to apply to participate in the Virginia 4-H State Contests during Virginia 4-H Congress 2025 being held at Virginia Tech from June 24th-27th.

NORTHEAST DISTRICT
Contest Day
APRIL 26, 2025
CENTRAL HIGH COMPLEX
2748 DOGTOWN ROAD
GOOCHLAND, VA 23063
REGISTRATION OPEN MARCH 17 - APRIL 11
YOUTH AGES 9 - 18*
*AS OF SEPT 30TH, 2025
AVAILABLE CATEGORIES

- Public Speaking
- Presentations
- Share the Fun
- Science Fair
- Extemporaneous Speaking
- Visual Arts
- Table Setting
- Fashion Revue

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Virginia 4-H Shooting Education Updates

STATE OF VIRGINIA'S NRA YOUTH EDUCATION SUMMIT

Dates: July 10th - 13th

Location: Richmond, VA

Who Should Apply: current Freshmen, Sophomores, and Juniors in high school

[Click here for more information.](#) **Register by April 15th.**

Founded alongside the National Y.E.S. program, the State Y.E.S. program is designed to educate high school students about their state governments and the critical role their generation will play as voters. The program also highlights the benefits of firearms ownership and responsible citizenship.

2025 4-H Beekeeping Essay Contest

[Click here for more information.](#) **Entries due by April 18th.**



FOUNDATION FOR
THE PRESERVATION
OF HONEY BEES, INC.

The 2025 4-H Beekeeping Essay Contest sponsored by the Foundation for the Preservation of Honey Bees, Inc. and Virginia 4-H is open to active Virginia 4-H members. The top 3 winners in the state receive cash prizes and the state winner will go on to compete nationally for additional cash prizes.

2025 4-H ESSAY CONTEST - THE IMPORTANCE OF YOUTH IN BEEKEEPING: HOW 4-H MEMBERS CAN MAKE A DIFFERENCE! For this essay, a 4-H student should answer these questions: Why youth is important in beekeeping? How can 4-H members make a difference? How can more young people involved in beekeeping? What are your future plans as a beekeeper? What is a major contribution a young beekeeper has brought to the industry?

The Virginia 4-H Foundation FCARB 4-H Scholarship

[Click here for application.](#) **Applications due April 1st.**



Farm Credit Associations and Regions Bank have been very supportive of youth and their interest and education in the field of agriculture. Through the Virginia 4-H Foundation, they are happy to provide scholarships for youth to pursue their dreams of higher education. Five \$1000 scholarships will be awarded for 2025.

For consideration for the Farm Credit Association Regions Bank 4-H Scholarship you must:

- Be a participant of Virginia 4-H.
- Be pursuing a secondary education at VT or another accredited educational institution, enrolled or to be enrolled.
- Preference given to 4-H members who are also enrolled in FFA and/or have competed at the VA State Fair.
- Attach a type written essay up to 500 words: How has your involvement in 4-H contributed to your personal growth and influenced your choice to attend VT/chosen field of study?
- Include a letter from the 4-H agent or volunteer leader describing member's contribution to the local community and the 4-H program.
- Complete the scholarship application and required documents.

Additional scholarship opportunities are available through the Virginia 4-H Foundation. [Click here to learn more.](#)

Virginia 4-H Congress



Dates: June 24-27, 2025

Location: Virginia Tech

Who Should Attend: Virginia 4-H'ers ages 14-18

Cost: \$295 for full-time registration; \$65 for one-day competitors. [Click here to apply for needs-based scholarships.](#) [Click here for more information](#), including links to the information packets and registration information, draft schedule, competitions, and educational session descriptions. Register through 4-H Online.



REGISTER BY MAY 10TH.

Registration for the 2025 Virginia 4-H Congress is now open! This year's theme, **"Turning Gears, Shaping Futures,"** will guide an inspiring week of learning, leadership, and connection.

2025 PROGRAM INFORMATION AND HIGHLIGHTS

- ★ **4-H STATE COMPETITIONS:** 4-H members have a chance to compete with their peers from across the state. Participants with high scores in each blue-ribbon category will be recognized during the Closing ceremony on Friday, June 21st. Please see the competition information for more details.
- ★ **PRE-CONGRESS ACTIVITY:** Upon arrival, units and their chaperones can participate in a self-guided campus scavenger hunt after settling into the dorms. The State 4-H Office will provide all materials for the scavenger hunt. This will be a great activity to familiarize yourself and your delegation with the areas of campus we will be visiting throughout Congress.
- ★ **WELCOME TO CONGRESS MIXER!** On Tuesday evening, you can enjoy a welcome mixer, which will be held on Dietrick Lawn. This fun time will be hosted by your current State 4-H Cabinet members, along with Meet and Greets by the Congress Cabinet Candidates and 4-H All-Stars. There will be plenty of get-to-know-you activities, ice cream, and fun to go around!
- ★ **OPENING SESSION:** Featuring Mario Ferruzzi, Dean of the College of Agriculture and Life Sciences at Virginia Tech!
- ★ **EDUCATIONAL WORKSHOPS:** During State 4-H Congress, delegates will have the opportunity to choose from a variety of workshops with hands-on and engaging learning experiences. Congress workshops will consist of two interactive 60-minute sessions on Wednesday morning, followed by a longer 90-minute session on Thursday morning. Participants will be asked to select their top five (5) 3 workshop choices, and final assignments will be made prior to check-in. There is a listing of 2025 workshops in this packet and on the Congress website.
- ★ **DANCES:** At least one dance will be held. This is another great opportunity for delegates to mingle and meet other Congress participants. Alternate recreation will be available for those delegates who choose not to participate in the dance.
- ★ **OPPORTUNITY FAIR:** At the opportunity fair, participants can discover diverse pathways to participate in 4-H activities, interact with representatives from numerous ambassador groups, and access valuable resources to shape their future endeavors.
- ★ **COLOR RUN/WALK:** Join us for our Color Run/Walk on Wednesday evening. This unique paint race celebrates healthiness, happiness, and individuality. Participants will receive a t-shirt and to participate in this event. There will be an additional cost of \$10 to participate in this event, and proceeds will help to support the State 4-H Congress.
- ★ **SERVICE LEARNING:** Each delegate will participate in a service learning project that will be held on Wednesday afternoon.
- ★ **CONGRESSIONAL GAMES:** Congressional Games are coming back this year allowing Districts to compete in both individual and team activities. Points will be awarded in each category to districts based on participation and standing. Tournament style brackets will be utilized and games may include corn hole, volleyball, 3 on 3 basketball, 4 square, chess and other board games, swimming, and more!
- ★ **RECOGNITION OF 4-H ALL STARS:** During 4-H Congress, current and those who will be tapped into the All Stars will be recognized during an opening assembly program, and the tapping ceremony will be held on Thursday afternoon.
- ★ **ALL STAR TAPPING:** The All Star tapping will be held in an indoor location on Thursday afternoon. All Congress delegates (youth and adult participants) are expected to attend the All-Star tapping.
- ★ **ALL STAR ORIENTATION:** The All Star orientation will be held on Thursday from 2:45 - 3:45 PM.
- ★ **STATE AWARDS AND CLOSING CEREMONY:** On Friday morning, State 4-H Congress will close out with a special closing ceremony. This closing ceremony will honor all State 4-H Congress award recipients, including competition winners, 2025 National 4-H Congress delegates, Innovative Programming Awards, Fun Run winners, etc., and installing the 2025-26 State 4-H Cabinet. We will also hear remarks from Virginia Secretary of Agriculture and Forestry Matt Lohr!

Virginia 4-H Equismartz



Dates: April 4-6

Location: Virginia Horse Center, Lexington, VA

[Click here for the Virginia 4-H Equismartz Contests Website.](#)

SCHEDULE

[Click here for the full schedule.](#)

- 4-H/FFA Hippology - Friday, April 4, Rockbridge High School and Saturday April 5, Virginia Horse Center (for 4-H horse judging phase)
- 4-H/FFA Horse Judging - Saturday, April 5, Virginia Horse Center (reasons at Rockbridge High School Sat. afternoon)
- 4-H Horse Bowl - Sunday morning, April 6, Rockbridge High School
- 4-H Horse Communications Contest - Sunday, April 6 Rockbridge High School

DOCUMENTS & FORMS

Please review the contest letters for information regarding tentative schedules, payment, entry links, and contest set up: [2025 Horse Bowl Rules](#) | [2025 Equismartz Hippology and Horse Judging Rules](#) | [2025 Hippology Contest Resource List](#) | [2025 Communications Rules](#)

ENTRIES

Entries due Tuesday, March 25th at 5 PM.

[4-H/FFA Horse Judging/Hippology](#) | [Horse Bowl](#) | [Communications](#)

HORSE BOWL COACHES

Similarly to last year, all teams registered for horse bowl will be required to submit 10 questions for the question bank by **March 20th**. These questions MUST utilize the appropriate age division resources.

2025 Virginia 4-H State Horse Show



Dates: September 4th - 7th

Location: Lexington, Virginia

[Click here for the Virginia 4-H Horse Show website.](#)

Parents, youth, agents, and volunteers should familiarize themselves with information regarding the Requirements, Rules, and Qualifying Options for the State Horse Show. Also included on the website are the rules and entry information for the Art Contest, Photography Contest, and the Record Book/Portfolio Contest.

IMPORTANT DATES

May 1st: Declarations open in 4-H Online

July 1st: Deadline for Online Eligibility/Declaration in 4H Online.

July 3 1st: Entry Deadline. Orientation Meeting/Checklist Completed by Club Leader or VCE Agent.

STATE HORSE SHOW REQUIREMENTS, RULEBOOK, AND SCHEDULE

[2025 Rulebook](#) | [2025 Show Schedule](#) | [2025 Rule Updates](#) | [Overview of Requirements to Show](#)

2025 QUALIFYING SHOWS AND HORSEMANSHIP SKILLS

[List of District Approved Qualifying Shows](#) | [Horsemanship Skills Opportunities](#)

Horsemanship Skills Testing is only required once per child, regardless of project animal.

QUESTIONS ON QUALIFYING

- Youth may attend ANY "District Approved" Qualifying show, regardless of their Unit of Enrollment. There is no additional paperwork that is due to attend a show outside of your District.
- All Districts have Opportunities for "Outside Qualifying Shows" in place. Please reach out to your District Horse Council if you are unable to attend a District Approved Show and are in need of an Outside Qualifying Opportunity for their guidelines and paperwork.

Northeast District Qualifying Events

for the Virginia State 4-H Horse Show



APRIL 26 Tidewater Equine Club Henrico County	MAY 3 Mathews Horse and Pony Club Mathews County	MAY 3 Keystone Acres Chesterfield County
MAY 10 Varina Rising Stars Henrico County	MAY 17 Northern Neck Horse and Pony Club Richmond County	JUNE 7 4-H Skills Testing Training Caroline County
JUNE 7-8 Silver Star Farm Caroline County	JUNE 21-22 Region 1 Youth Team Challenge (Dressage) Spotsylvania County	JULY 16 Northumberland River Ranchers Show Northumberland County

- If you are requesting an alternate show, please be sure to do so two weeks prior to the event
- For more information, visit www.ne4horse.org

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If you are a person with a disability and need any assistive devices, services or other accommodations to participate in this activity please contact the Extension Office at (800) 444-3000/TDD. During business hours of 9 a.m. and 5 p.m. Eastern Standard Time. For more accommodations please call the event. TDD NUMBER IS (800) 444-3000.

STOCKMAN/SKILLATHON/HIPPOLOGY FEED SAMPLE KITS



Help Students Identify Feed Successfully!
Purchase your kit TODAY!

\$50 per kit

Kit Includes:
20 Sample Feeds
Feed ID Key
Feed Usage Library



PICKUP MARCH 15TH OR 16TH
DURING LIVESTOCK WEEKEND

Contact Kinley Kellum at kkellum@vt.edu with any questions!



COWS & SOWS

Join us at Virginia Tech for Cows & Sows Day to learn all things cattle and swine!



Hosted at the Alphin-Stuart Livestock Arena on March 29th!

YQCA Training will be included as well as lunch provided for the youth!



- Junior Topics**
- Reproduction
 - Nutrition
 - Meat Science
 - Food
 - Prep/Handling
 - NJHA/NJSA

- Senior Topics**
- Reproduction
 - Nutrition
 - Meat Science
 - Food
 - Prep/Handling
 - NJHA/NJSA

*\$15 per person
Only 50 juniors & 50 seniors
Ages 9-18 welcome!
Registration closes March 15th!
<https://forms.gle/GxXuxGXmfpV1H56gZ>



For any questions please contact either Salem Sifford: salems@vt.edu or Ruth Haile: ruthmhaile@vt.edu!



COLLEGE OF AGRICULTURE AND LIFE SCIENCES
SCHOOL OF ANIMAL SCIENCES
VIRGINIA TECH

2025 Youth Cattle Working Contests

The youth cattle working contest develops youth skills in animal management and handling. Working as a team, youth efficiently process three stocker calves utilizing Beef Quality Assurance guidelines. The top two teams from each region then compete at the State Youth Cattle Working Contest.

The State Contest will be held at 10AM on **Thursday, April 17th** at the Virginia Beef Expo in Harrisonburg.

Regional Youth Cattle Working Contests

- Friday, March 28th, Southern Piedmont**, The Adams Farm, 855 Jones Store Road, Red Oak, 10:00 AM
 - o Contest Coordinator: Joanne Jones joerki1@vt.edu
 - Thursday, April 3rd, Shenandoah Valley**, 1718 Keezletown Road, Weyers Cave, 9:00 AM and 12:00 start times
 - o Contest Coordinators: Andy Seibel, aseibel@vt.edu and John Benner, benner89@vt.edu
 - Saturday, April 5th, New River Valley**, G & G Livestock, 169 Fort Chiswell Rd, Fort Chiswell, 9:00 AM
 - o Contest Coordinator: Cynthia Hurst, cyhurst@vt.edu
 - Wednesday, April 9th, Central Virginia**, Senterfit/Virginia Livestock, 5866 Orange Rd, Radiant, 9:00 AM
 - o Contest Coordinators: Kelly Mallory, kemallo1@vt.edu
 - Saturday, April 12th, Southwest Virginia**, Copenhaver Farms, 31118 Blue Springs Road, Meadowview, 9:00 AM
 - o Contest Coordinator: Matthew Miller, mamille6@vt.edu
- ***PLEASE NOTE: Each Regional Contest will have a 15 Team Maximum Limit***
Three Team/Unit or Chapter Maximum AND Two Team/Contest Site Maximum**

The Regional Contests registration form can be found at: <https://tinyurl.com/2025-YCWC-Entry>
Entry Deadline is Wednesday, March 19th at 5:00 pm
Contest rules, scoring information, processing maps, and permission forms will be posted at: <https://ext.vt.edu/4h-youth/youth-livestock/competitions/ycwc-index.html>

Registration Deadline for all Regional Contests is March 19th, 2025
Registration is \$50/Team
Make Checks Payable to: Treasurer of Virginia Tech



Return Registration Forms and Entry Fees to:
Katherine Carter
Youth Cattle Working Contest
175 West Campus Dr.
380 Litton Reeves Hall
Blacksburg, VA 24061
For more information contact:
Katherine Carter at carterk@vt.edu



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An equal opportunity, affirmative action institution



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Virginia 4-H Animal Sciences Updates

[Click here for the March 2025 Virginia Youth Animal Science Newsletter.](#)
[Click here for the VT Youth Animal Programs Website.](#)



STATE 4-H DAIRY BOWL

Date: March 15th

Location: Litton Reaves Hall, Blacksburg, VA

[Click here to register.](#) **Registration due by noon on Thursday, March 13th.**

[Click here for contest resources and study materials.](#)

This event offers youth the opportunity to compete and showcase their dairy knowledge in a fast paced, engaging quiz bowl environment. The Senior Contest will be held in the morning, with the Junior Contest following in the afternoon. The Senior Contest facilitates selection of the State 4-H Dairy Quiz Bowl team, that will represent Virginia at the Invitational 4-H Dairy Quiz Bowl Contest in Louisville, Kentucky. Coaches, parents, and volunteers should reach out to Dave Winston for additional information here: dwin-ston@vt.edu.



2025 VIRGINIA 4-H/FFA STATE SKILL-A-THON

Date: Wednesday, March 26th

Location: Rockingham County Fairgrounds

Entry Fee: \$15/contestant ENTERED

[Click here to enter.](#) **Entries due by March 21st.**

This is the official State 4-H Skill-a-thon Contest and FFA Teams are welcome and encouraged to participate. Contest Schedule is included in the Contest Letter and Rules. Lunch for all contestants is on your own – lunch is NOT provided at this contest. Junior Contestants will finish at approximately 1:15 pm and Senior Contestants at 1:30 pm. Awards will not begin before 4:00 pm

2025 VIRGINIA YOUTH CATTLE WORKING REGIONAL CONTESTS

[Click here for entry link.](#) | [Click here for the Virginia Youth Cattle Working Website.](#)

Each team will consist of three members. Team members must be registered Virginia 4-H or FFA members who are at least 14 years of age by September 30, 2025 and must not have had their 19th birthday before January 1, 2025. [See Page 11](#) for Regional Contests dates and locations.

VIRGINIA YOUTH LIVESTOCK PROGRAMS



PLEASE NOTE:

- Each regional contest will have a 15 team maximum limit.
- Each Chapter/Unit is allowed a maximum of 3 teams with a 2 team/contest location limit.
- Regional Contest site locations are NOT to be used by any teams for pre-contest practices.
- The top 2 teams from each of the regional contests will advance to the State Youth Cattle Working Contest

VIRGINIA STATE YOUTH CATTLE WORKING CONTEST

Date: Thursday, April 17th

Location: VA Beef Expo, Rockingham County Fairgrounds, Harrisonburg, VA

Entry Fee: \$50/team. All participants must be 14 years of age by September 30, 2025, and have not had their 19th birthday by January 1, 2025.

[Click here for entry link.](#) **Entries due by Wednesday, March 19th at 5 PM.**

Team members who comprise a team at the Regional Event, must be the same ones who compete at the State Contest. There is no substitution of team members prior to the State Contest. Youth who have been members or previous State Champion Youth Cattle Working Teams are no longer eligible to compete.



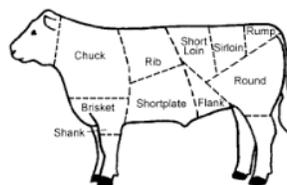
2025 VIRGINIA 4-H/FFA BEEF CHALLENGE

Date: Wednesday, April 16th

Location: Virginia Beef Expo, Rockingham

[Click here for information packet.](#) [Click here to register.](#) **Register by April 9th.**

Similar to the 4-H Food Challenge, Beef Challenge allows youth to showcase beef as part of a healthy diet. This combination cooking and communications contest is sponsored by the Virginia Beef Council and, therefore, is no cost to teams.



LoCo Rabbit Show Presented by The Loudoun County 4-H Rabbit and Cavy Club

Date: March 22nd

Location: 17558 Dry Mill Road, Leesburg, VA

Entry Fee: \$4 per Class

No day of show entries accepted. For more information and to register, please contact loco4hyouthsecretary@gmail.com.

SCHEDULE

- 8:30-9:30 AM Check-in
- 9 AM Hopping Competitions
- 9:30 AM Educational Contests
- 10 AM Rabbit Show
- 10 AM Educational Contests
- 1 PM Awards



KNOWLEDGE COMPETITIONS: Breed ID, Showmanship, and Knowledge Test Competitions in both Senior Class (13 and up) and Junior Class (12 and under)

HOPPING: Beginner Straight A, Beginner Straight B, Intermediate Straight, Beginner Agility, High Jump, and Long Jump Course Competitions

BREED SANCTIONS: Polish, Holland Lops, Mini Rex, and Netherland Dwarfs

Virginia 4-H: State's Inbound Exchange

PW 4-H FAMILIES, CAN YOU HOST A YOUTH DELEGATE FROM JAPAN THIS SUMMER?

Virginia 4-H has committed to hosting 20 youth delegates and 2 adult chaperones from Japan this summer.

Hosting Details and Requirements:

- Program runs July 23 through August 16, 2025
- No previous 4-H experience is required
- Host families receive no stipend to host a delegate.
- All Host families will be screened and interviewed as part of our risk management protocol
- Japanese delegates are ages ~13-16
- To host a delegate, a family must have a child who is 10+ years old
- Families without young people at home can host adult chaperones
- Families hosting youth delegates must provide adult supervision during the daytime
- Families will identify a host sibling and will be matched with a delegate of the same gender who is within 4 years of the host youth's age.
- Japanese delegates have a range of English language abilities.
- Delegates are here to experience every day American life. No special activities need to be planned.
- Host Families will receive support from the state coordinator and other host families before, during & after the exchange (not financial)

[Click here to apply](#) and select Virginia as your state.

[Click here for Summer Program FAQs.](#)

[Click here for an inspirational video](#) of our inbound exchange from 2023.



4-H Summer Camp Scholarships - **APPLY TODAY!**



4TH ANNUAL PRESTON R. WILLSON VIRGINIA 4-H CAMP SCHOLARSHIPS

[Click here for the application.](#) **Applications due by April 1st.**

Applications for youth ages 9–13 can be submitted to attend one of 6 Virginia 4-H Center's 4-H Summer Camps, which include: Airfield, Holiday Lake, Jamestown, Northern VA, Southwest VA, and W.E. Skelton. A total of 48 (forty-eight) youth will be randomly selected for these full scholarships (including the 4-H Center and locality fees). Each of the six 4-H Centers will host eight (8) scholarship recipients.

***** SCHOLARSHIP CAN BE USED TOWARDS THE PRINCE WILLIAM-STAFFORD 4-H JUNIOR CAMP! *****

VA Dept. of Forestry Camp Woods & Wildlife



Dates: June 16-20 at Holiday Lake 4-H Center, Appomattox, VA

Who Should Attend: Virginia students ages 13-16 (typically Grades 7-10)

Cost: \$95*

**A memorial scholarship fund has been established for PW 4-H'ers who attend Camp Woods & Wildlife. Please submit your nomination form above directly to MaryBeth Lerch. Campers will attend camp at no charge!*

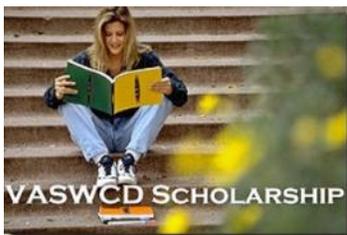
[Click here for more information and to apply.](#) **Applications due April 11th.**

Camp Woods and Wildlife is an academic, structured, residential camp that focuses on field experiences in forestry and other natural resources. This unique camping experience introduces 13-16-year-olds to the challenges, special skills, and knowledge needed for managing the forest resources we use and enjoy every day. Camp Woods and Wildlife is ideal for students who: wish to explore forestry and wildlife related careers; participate in forestry and wildlife judging teams, Envirothon competitions, or ecology clubs want to experience hands-on learning and gain real-world skills in natural resources conservation.

VASWCD Scholarships for High School Seniors

[Click here for more information and the application.](#) **Applications due April 11th.**

The Virginia Association of Soil and Water Conservation Districts annually offers four scholarships to graduating high school seniors or college freshmen for college study. This year, four \$2,000 scholarships are available! Applications must arrive at the PWSWCD office by April 11, 2025. Applications for students who reside in Prince William County must be submitted to the Prince William Soil and Water Conservation District, which will select one student for consideration by the state committee.



NORTHERN VIRGINIA 4-H
EDUCATIONAL AND CONFERENCE CENTER

Virginia Cooperative Extension
Virginia Tech • Virginia State University

MILITARY TEEN ADVENTURE CAMP I

JULY 20-24TH, 2025
600 4-H Center Drive,
Front Royal, VA 22630

Are you 13-18? Do you enjoy the outdoors and trying new things? Is your guardian Active Duty, Guard, Deployed or Retired? THEN... NOVA 4-H Military Teen Adventure Camp is the place to be this summer! Join us for a week-long adventure in the gorgeous Shenandoah Valley while learning new skills and exploring how awesome it feels to step outside of your comfort zone!

For more info on all MTACs in VA go to
<https://www.holidaylake4h.com/va4hmtac>

National 4-H



CLOVER BY 4-H: UNDERSTANDING YOUR FINANCIAL MINDSET

[Click here for FREE curriculum.](#) Grades 7-12

Money is just a tool to help you reach your goals. How you use money is as unique as you are. What's important to you, how and where you grew up, your values, and how your family members communicate about money and financial decisions all influence your "money personality."



MARCH ACTIVITY: PAINT YOUR OWN 4-H POTTERY

[Click here to find a studio.](#) Looking for a fun activity for you or your 4-H club? Check out the 4-H collection of pottery and create while supporting 4-H. Contact your local studio for availability - 5% of your purchase benefits 4-H.



APPLY TODAY: 2025 GEORGIA BOOT TRAILBLAZER CONTEST

[Click here for more information and to apply.](#) **Applications due March 16th.**

The 2025 Georgia Boot Trailblazers Contest is now open! This contest is open to 4-H'ers aged 12 – 18 and is an opportunity for them to share about their project journey for a chance to win a prize pack valued at \$800 and receive national recognition on Georgia Boot and 4-H digital channels as a 2025 Trailblazer.



2026 YOUTH IN ACTION

Applications for the 2026 4-H Youth in Action Program open on January 27th! This program celebrates outstanding 4-H youth aged 14-19 who make a difference in their communities. Selected winners will receive a \$5,000 scholarship, professional development, media training, national recognition, and spokesperson opportunities to inspire others. [Click here for more information and to apply.](#) **Applications due March 31st.**

Educators & 4-H Club Leaders: “I’m a Maker: 3D Printing for Beginners”

Date: March 29th

Location: Virginia State University Campus

[Click here to register.](#)

Limited spots available – pre-registration required!

Are you ready to bring 3D printing into your 4-H programming or community outreach? Join us for “I’m a Maker: 3D Printing for Beginners Pt. 1”, a full-day workshop designed to help you understand and incorporate 3D printing into your programs. This hands-on event will cover the fundamentals of 3D design, printer operation, troubleshooting, and creative applications for youth programs.

What to Expect:

- Intro to 3D Printing & How It Works
- Hands-on Practice with 3D Printers
- Tips for Incorporating 3D Printing into 4-H & Youth Programming
- Take-home Resources and Project Ideas

Whether you’re brand new to 3D printing or looking to build confidence in using this exciting technology, this workshop will provide the tools and knowledge you need to succeed. Don’t miss this opportunity to expand your STEM programming and help youth explore cutting-edge technology.

Questions? Contact: [Dennis G. Donaldson Jr., Ph.D.](#)

SAVE THE DATE
March 29th
I'M A MAKER
3D Printing
for Beginners Pt. 1

Want to add 3D printing to your programming? [Save the Date: March 29th](#) for “I’m a Maker: 3D Printing for Beginners Pt. 1,” a full-day workshop on 3D printing fundamentals. [Scan the QR code](#) to pre-register! **VSU Campus**
 Limited Availability!!!

Virginia Cooperative Extension
 Virginia Tech • Virginia State University

Virginia Cooperative Extension offers a comprehensive collection of resources, programs, and services that are research-proven, accessible, and contain actionable information that supports the success and resilience of individuals and communities throughout the Commonwealth of Virginia and beyond.

For Educators and 4-H Club Leaders: Civic Learning Week

March 10th - 14th is Civic Learning Week and there are many FREE opportunities for exciting educational opportunities to help you grow in that 4-H Pillar of Citizenship and share your love of civics with students and 4-H'ers. Check out these two shared by PW 4-H Youth Educator Pam Hardin:

**THE AMERICAN
REVOLUTION**
A FILM BY
KEN BURNS, SARAH BOTSTEIN & DAVID SCHMIDT

TONIGHT! WEDNESDAY, MARCH 12TH AT 7 PM EST

The American Revolution and Civic Learning: A Conversation with Filmmaker Ken Burns by PBS Learning Media and iCivics

[Click here for more information and to register.](#)

Burns and Botstein will discuss with teachers how film and video can bring fresh insight to our founding story and how civic learning can come alive for students in the classroom.

CIVIC
LEARNING WEEK

THURSDAY, MARCH 13TH AT 9 AM PT

National Forum: Civic Learning: Many Voices, One Nation by the Hoover Institution, Stanford, CA and livestreamed

[Click here for more information and to register.](#)

Together, we will explore the importance of a pluralistic civic education, what that looks like in practice, and the leadership needed to make high-quality civic education a nationwide priority. Featured speakers include Condoleezza Rice, Director, Hoover Institution and 66th U.S. Secretary of State; The Honorable Spencer Cox, Governor of Utah; Sharon McMahon, "America's Government Teacher," author, and podcast host; and many more.



FRIDAY, MARCH 14TH AT 1 PM EST

Featured Conversation with Sonia Sotomayor, Associate Justice, Supreme Court of the United States by PBS Learning Media and iCivics

[Click here for more information and to register.](#)

Students will join Justice Sotomayor in a discussion about civic education.

iCIVICS

[Click here to learn more about iCivics.](#)

Download the [Educator Toolkit](#) and/or [Organization/Influencer Toolkit](#).

Browse the [Directory of Resources](#) for classroom curricular resources and more!

PWC Parks & Recs Summer Camps - Registration is Open!



[Click here for more information and to register.](#)

Make this summer unforgettable with action-packed camps for every interest. Whether your child loves swimming, golf, history, game design, dance, or adventure, there's a perfect camp waiting. PWC Parks & Recs offers specialty camps from arts to sports plus everything in between and full day traditional style summer camps with popular themes each week all for ages 3-17 at 16 locations throughout Prince William County. Spots will go fast. Sign up soon and let the fun begin!

SAVE THE DATE!

PRINCE WILLIAM
Human Resources

PRINCE WILLIAM COUNTY GOVERNMENT
CAREER EXPO

Saturday, April 12, 2025 • 9:30 a.m. – 1:30 p.m.
Hylton Performing Arts Center

pwcva.gov/careers

This is a unique networking and hiring event intended to showcase the County's services and career opportunities! Open to anyone interested in working for Prince William County Government, this is a great opportunity for you and your family and friends to speak with County staff about apprenticeships, internships, seasonal, full-time and part-time positions and volunteer opportunities.

Throughout the day, there will be opportunities to complete an online application and attend information sessions. Departments may also have staff available to conduct interviews and extend contingent job offers!

This is NOT your typical job fair!

Over 50 job offers have been extended to previous Expo attendees, so bring your "A" Game!
PRINCE WILLIAM COUNTY GOVERNMENT...SEE YOURSELF HERE!

VSU Small Farm Events

BIRDS, BEES, AND URBAN TREES

Thursday, Mar 20

Emporia, VA

[Click here for more information and to register.](#)

Do you like birdwatching? Which tree is best for collecting honey? Dive deep into the connections, benefits, and functions of birds, bees, and urban trees within urban forestry ecosystems. We will explore the effects urban sprawl or "heat islands" have on birds and urban forests.



HOW TO PURCHASE A GREENHOUSE OR HIGH TUNNEL

Thursday, Mar 20 • 1:00PM

VSU Randolph Farm

[Click here for more information and to register.](#)

Harry Edwards of RIMOL Greenhouse Systems will explain the various types of greenhouses and high tunnels that are available. You will learn about methods for calculating size and what customization options are available. A USDA representative will be on hand to present various funding methods through USDA program loans and grants.



SMALL AND NICHE MEAT PROCESSING Q&A

Thursday, Mar 20 • 6:30PM

Zoom

[Click here for more information and to register.](#)

This Q&A Webinar, hosted by the VSU Small Ruminant Team, will cover topics such as building relationships with processing facilities, maximizing profitability from cut sheets, accessing seasonal markets and more. Guests on the panel include processors and extension experts.



GROWING HERBS FOR THE BEGINNER, PART 2

Saturday, Mar 22 • 10:00AM

Rapidan, VA

[Click here for more information and to register.](#)

Workshop participants will learn the health benefits of growing herbs and their uses in value-added products and by-products. Sheila Jackson, Minority Veteran Farmers of Piedmont garden coordinator and the Carver Center herb developer, will take us through her herb-growing journey. Business owner Kae Walker will discuss how she found success using by-products of herbs.



2025 VCE Summer Internships

[Click here for more information and to apply.](#)

Virginia Cooperative Extension internships gives students the opportunity to explore careers in nutrition, agriculture, environmental science, natural resources, family and consumer sciences or community and youth development. All while making a paycheck. VCE summer-long internships are credit-hour-eligible. Besides learning about your career options, building your resume and helping better your community, you can also earn college credit! VCE Internships are awarded to college students who are community minded and have a desire to create positive change.

TIMELINE:

- March 14, 2025 – Student intern applications due to state VCE office (*Applications will continue to be accepted after this date until all positions are filled.*)
- March 21, 2025 – Applications screened, and acceptable applications forwarded to units
- Mid-September 2025 - Internship must be concluded



**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[Prince William 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[4-H Online Information](#)
[The 4-H Foundation](#)
[4-H All Stars](#)
[STEM in Virginia 4-H](#)

Prince William 4-H

[PW 4-H Homepage](#)
[PW 4-H Programs](#)
[PW 4-H Camps](#)
[PW 4-H Events & Calendar](#)
[PW 4-H Document Center](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)
[Prince William 4-H Member Record - Vice President](#)
[Prince William 4-H Member Record - Officer](#)



**2024-2025 PWC 4-H
Association Officers**

Youth Officers

Lexi Strand, President
Tim Hirshey, Vice President
Cara Grahn, Secretary
Ryan Nguyen, Treasurer

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Shelby Kohn, Secretary
Sydney Nguyen, Treasurer

Committee Chairs

Fundraising Committee - Shawn Clinger & Sarah Fox
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Beyond
Ready**



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



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