



Prince William 4-H

Our Clubs, Our Community



March 19, 2025

Upcoming Events

- Mar 28-30** - VA 4-H Teen Summit
- Mar 29** - PW 4-H Association BINGO
- Apr 4-6** - VA 4-H Equismartz
- Apr 5-6** - VA 4-H Shooting Ed New Instructor Cert
- Apr 11-16** - National 4-H Conference
- Apr 12** - PW 4-H Tree Planting
- Apr 26** - VA 4-H NE District Contest Day
- May 10** - PW 4-H Cloverbud Club
- Jun 22-28** - National 4-H Shooting Sports Championship
- Jun 23** - VA 4-H Livestock Judging Contests

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Prince William 4-H Embryology Program



IT'S HATCH TIME! The moment we've been waiting for is finally here! Just a few reminders:

- Never help the chicks from their shell.
- Remove chicks from incubator and place in warm brooder 2-6 hrs. after hatch (if it is an evening or weekend, 6-12hrs. is okay).
- Remove and discard all remaining unhatched eggs 60 hrs. after the first chick hatches.
- Separate unhealthy chicks from the healthy ones – this would require a second brooder.



CHICK DROP OFF OPTIONS

March 27th, 2 PM – 6 PM @ PWC Fairgrounds Children's Barn

April 1st, 12 PM - 3 PM @ PWC Fairgrounds Children's Barn

Reminder: If you are keeping your chicks, please [email dstrand@pwccgov.org](mailto:dstrand@pwccgov.org) with your hatch count!



PW 4-H BINGO Updates



A HUGE 4-H THANK TO THE CLUBS FOR THE DONATIONS FOR BINGO - IT'S GOING TO BE AN EXCITING EVENT!

SIGN UP TO VOLUNTEER AT BINGO

[Click here to Sign Up to Volunteer.](#) There are a few slots left - please help fill in the gaps.

BINGO FINAL PLANNING MEETING - MARCH 25TH

7 PM via Zoom: <https://virginiatech.zoom.us/j/83176214098>

It's not too late to join the planning committee to help make sure that this event is a success! Please send a representative from your club.



Prince William 4-H



BINGO NIGHT

SATURDAY,
MARCH 29

6:30 - 8:30 PM

LAKE JACKSON
VFD



COST: \$20 each. Includes 9 games, a dauber, and 5 raffle tickets. Kids under 6 play for free. Scan QR Code to purchase tickets in advance and secure your seat. Additional raffle tickets and concessions will be sold separately. All proceeds will benefit youth development, educational opportunities, and leadership scholarships offered by Prince William 4-H for local youth.

Prizes! Raffles! Food! Fun!



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

Please Support Nokesville 4-H Club's Food Drive!

Prince William's Nokesville 4-H Club is organizing a food drive to support local kids in need. Spring Break is a time of rest and fun for many kids, but for some, it means losing access to school meals. Together, we can make a difference by filling this gap for families in need in the Georgetown South Community.

We invite you to rally together and support the Prince William 4-H Food Drive by donating essential food items, volunteering your time, and spreading the word! Every small effort adds up to a big impact for children who rely on school meals. How You Can Help:

DONATE NON-PERISHABLE FOOD ITEMS and ask your friends and neighbors to contribute. Bring 5 or more items from the list to one of our collections:

- **March 5 - April 11:** Prince William County 4-H Office (8033 Ashton Ave, Suite 105, Manassas)
- **March 29 (2 - 6 PM):** Giant Food (10100 Dumfries Rd, Manassas)
- **March 29 (6:30 - 8:30 PM):**
PW 4-H BINGO!
Lake Jackson Fire Dept
(11310 Coles Dr, Manassas)

Too busy? Request a pickup!
We'll pick up your donation on
March 30 (9 AM - 12 PM).

PLEDGE YOUR DONATION

Sign up
here www.bit.ly/4i49TZw

VOLUNTEER OPPORTUNITIES

Sort & Pack Donations

April 13 at 2 PM

[Click here to sign up.](#)

Volunteer at Giant Food

Encourage shoppers to donate food at the grocery store entrance.

March 29, 2-6 PM

[Click her to sign up.](#)

GIFT CARDS ALSO WELCOME!

Together, we can bridge the gap and ensure no child goes hungry this Spring Break. Let's show the power of 4-H and our community by making this food drive a huge success!

Questions? Contact
4HNColead@gmail.com

PRINCE WILLIAM 4-H in support of GEORGETOWN SOUTH COMMUNITY



FOOD DRIVE

Drop Off Locations

March 5 - April 11

PWC 4-H Office
8033 Ashton Ave Ste 105
Manassas, VA 20109

March 29 6:30-8:30 pm

Lake Jackson Fire Dept.
11310 Coles Drive
Manassas, VA 20112

March 29 2 pm - 6 PM

Giant Food
10100 Dumfries Rd
Manassas, VA 20110

TOO BUSY?
Request Pick Up on
March 30 9 am - 12 pm

BRING 5 ITEMS OR MORE

- Maseca
- Oatmeal
- Rice
- Jell-o Mix
- Beans (Dried and Canned)
- Applesauce
- Flour
- Crackers
- Sugar
- Cookies
- Vegetable Oil
- Kid's Snacks
- Tuna
- Ramen
- Lentils
- Coffee
- Cereal
- Bread
- Mac & Cheese
- Pasta and Pasta Sauce

**Gifts Cards
WELCOME**

During Spring Break many children lose access to school meals.

Help bridge the gap donate essential food items!

SIGN UP TO DONATE

www.bit.ly/4i49TZw

SIGN UP TO SORT & PACK

www.bit.ly/4i0CxdY



Questions? 4HNColead@gmail.com

Nokesville Equestrian 4-H Club Saddling Up for State Competitions



On Saturday, Prince William’s Nokesville Equestrian 4-H Club participated in the Hippology and Horse Judging Fix-A-Contest event in Culpeper that was sponsored by the North East and North West 4-H District Horse Councils. 4-H’ers participated in actual hippology and horse judging contests. After the contests, youth attended clinics that discussed the elements of the contests and provided participants with tips and tricks and the correct answers. The expert judges provided critical feedback to help 4 -He’rs improve their hippology scores, horse judging eye, and reasons delivery.



Prince William 4-H’ers were excited to prepare for Virginia 4-H Equismartz that is being held April 4-6 in Lexington (see [Page 15](#)). They were also excited to each walk away from the contest with a ribbon! **All of us at Prince William 4-H are cheering for Nokesville Equestrian 4-H Club as they head into the state competition season!**

EGG MY YARD 2025

Working with animals and travel to competitions can get expensive. Help support the dedicated and exceptional youth in Nokesville Equestrian 4-H Club by hiring them for your Easter Egg hiding! See the flyer on the next page and [click here to have them Egg My Yard!](#)





COLLEGE OF AGRICULTURE AND LIFE SCIENCES
SCHOOL OF ANIMAL SCIENCES
VIRGINIA TECH

TOUR OUR BARNs

We are celebrating National AG Week in March by offering tours of our on-campus barns. Register for a tour given by our student ambassadors. Open to all VT students and community members. This is your chance to meet VT’s horses and cattle!

SUNDAY, MARCH 23
2:00-4:00PM
ALPHIN-STUART LIVESTOCK ARENA
500 PLANTATION ROAD

<https://forms.office.com/r/PvgmZ1mKtn>



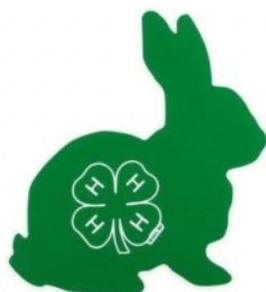
REGISTER NOW!



Nokesville 4-H Equestrian
Club Presents

Egg My Yard

2025



Order your prefilled eggs to be hidden in your yard the night before Easter along with a note from the Easter bunny himself!

IMPORTANT INFO

- This is a fundraiser and all proceeds benefit the Nokesville 4-H Equestrian Club and their yearly activities.
- If it rains your filled eggs, hunting bag and note from Easter bunny will be left on your porch...
- Eggs will be hidden Saturday evening after dark
- If you do not want eggs but wish to contribute toward the club your egg donations can be added to other hunts

EGG DETAILS

- \$15 for 1 dozen
- \$10 for each additional dozen
- Eggs to be filled with allergy free candy and/or trinkets
- Available for Prince William and Fauquier County
- NEW THIS YEAR: Easter themed tshirts can be added to any egg order for \$10 for the first and \$7 for each additional

PLEASE COMPLETE THIS LINK FOR ALL ORDERS

https://docs.google.com/forms/d/e/1FAIpQLSeTIRJQzC3ZAwD3g_PzaSAhAHjoGvAKV38kGAP1Z3d7VmrQA/viewform?usp=dialog

Virginia 4-H

2025 SPRING AIR CHAMPIONSHIP

Submitted by Rebecca Ahrens, Trigger Time 4-H Club Reporter

Last weekend, 25 members of the Trigger Time 4-H Shooting Education Club participated in the annual Virginia 4-H 2025 Spring Air Championship at the W.E. Skelton 4-H Educational and Conference Center in Wirtz, Virginia. Over 160 competitors from 21 different 4-H clubs attended the event. The competition included air rifle, air pistol, BB gun, archery, public speaking, presentations, and rifle and pistol silhouettes. Trigger Time finished strong in team categories as well as individual rankings.

Sweeping the air rifle discipline, seven Trigger Time members placed in the top eight overall. In the air rifle finals, Lexi Strand outshot Rebecca Ahrens and claimed the title of Spring Air air rifle champion. Trigger Time's Team A (Rebecca Ahrens, Lexi Strand, Tanner Ridings, and Ayden Strand) took 1st place with a score of 2119, and Team B (Noah Richter, Samantha Holmes, Caleb Hoogasian, and Jubilee Richter) was 2nd with 1891. Trigger Time Team C (Tonchi Mintz, Koa Mintz, Charley Murphy, and Sophie Carter) placed 5th.

A special shoutout to Tonchi Mintz (508-7) and Samantha Holmes (505-10) for breaking 500 for the first time ever for new personal bests!

Continuing their success, Trigger Time's BB gun team ranked 2nd. The contributing members were Rebecca Ahrens, Ayden Strand, Jubilee Richter, Alexander Wolpert, and Adam Grant. Under air pistol, Trigger Time's International Standing team (Noble Richter, Noah Richter, and Ayden Strand) took 1st with all three members ranking in the top eight. Following the finals, Noble Richter took 2nd place. Representing Trigger Time in the mixed position air pistol team category, Valor Richter, Steven Ahrens and Verity Teasley placed 3rd.

During the weekend, Trigger Time members enjoyed socializing with other Virginia 4-H teams and encouraging teammates. Many thanks to our Trigger Time coaches and leaders for helping plan and run the event.

AIR PISTOL

2nd overall – Noble Richter

AIR PISTOL SILHOUETTES

2nd place – Noble Richter

3rd place – Ayden Strand

AIR RIFLE

1st overall – Lexi Strand

2nd overall – Rebecca Ahrens

4th overall – Tanner Ridings

5th overall – Ayden Strand

6th overall – Noah Richter

7th overall – Tonchi Mintz

8th overall – Samantha Holmes

1st prone position – Tanner Ridings

3rd prone position – Samantha Holmes

1st standing position – Lexi Strand

2nd standing position – Rebecca Ahrens

3rd standing position – Ayden Strand

1st kneeling position – Rebecca Ahrens

2nd kneeling position – Tonchi Mintz

3rd kneeling position – Lexi Strand

AIR RIFLE SILHOUETTES

1st place – Lexi Strand

3rd place – Tanner Ridings

ARCHERY

1st Junior Traditional – Valor Richter

3rd Junior Traditional – Lee Carter

1st Senior Traditional – Noah Richter

2nd Senior Traditional – Verity Teasley

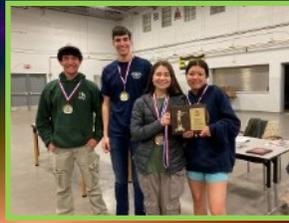
2nd Senior Genesis – Samantha Holmes

BB GUN

4th overall – Rebecca Ahrens

2nd sitting position – Rebecca Ahrens





Prince William 4-H Cloverbud Club Practiced Manners



Prince William 4-H Cloverbud Club met on Saturday to practice our citizenship skills by learning about good manners. Teen counselor Sam Thacker opened the meeting with a welcome and led our youngest 4-H'ers through the pledges. We practice some fun handshakes: two handed fish handshake, rodeo handshake and lumberjack handshake. Which one are you? Cloverbuds pretended calling their favorite people on old-fashioned phones and were already pretty impressive at introducing themselves! Technology sure has come a long way!. We finished our meeting with a combo of citizenship and healthy living. The 4-H'ers set a fancy table and enjoyed a beautiful spring snack.



We hope you'll join us for our April Cloverbud Meeting where we'll plant 100 trees with all of Prince William 4-H! [See Page 9](#) for details and sign up today!



Prince William 4-H'ers Attend Local Government Day



Prince William 4-H'ers Israel and Isaiah were excited about the special invitation to Chair Deshundra Jefferson's Inaugural Local Government Day last Saturday in Woodbridge. The event provided local middle-school-aged youth with opportunities to gain an understanding of the different levels of local government, talk to civic leaders and gain insight into their roles, and explore career paths unique to local government.

Israel and Isaiah are gaining a deeper understanding of the 4-H Pillar of Citizenship and we can't wait to see where these young leaders will go!





**PRINCE WILLIAM
4-H**

Let's Plant 100 TREES!

Growing Trees and Kids for Virginia's Forest

Join Prince William 4-H and Prince William County Environmental Management for a fun filled service project to celebrate Earth Day and Arbor Day by planting 100 new trees!

PWC Arborist Will Shoup and his team will lead us to a nearby storm water management pond where we'll plant native buttonbush to help control erosion and create an attractive habitat for birds and animals.

JOIN US AT:

12 APRIL 2025

9 AM

5 County Complex Court, Suite 170
Woodbridge, VA 22192

Who Should Attend:

All Prince William 4-H'ers
and their family and friends!

<https://www.signupgenius.com/go/4090C4DAAAF29A4FF2-54412965-4htree>



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REGISTRATION IS OPEN!



PRINCE WILLIAM-STAFFORD 4-H JUNIOR CAMP

Get ready for a summer of 4-H
fun, laughter, and endless
possibilities!

** For youth ages 9-14*

13 - 17 July 2025

Northern Virginia 4-H Educational Center
Front Royal, Virginia

For more information :

<https://sites.google.com/vt.edu/2025pwst4hcamp/>

Prince William 4-H is a community of young people across the greater Prince William area who are learning leadership, citizenship, and life skills. Our goal is to help youth grow into capable, responsible, confident members of our community by providing information, opportunities, activities, and events that are educational and fun! In 4-H, we learn by doing! Our programs focus on the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture. In clubs throughout Prince William, our youth conduct youth-led meetings to complete projects, community service, and participate in local and state government events.



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PW 4-H Fair Camp Teen Counselors - Pizza & Planning - SIGN UP BY TODAY!

Date: Thursday, March 20th

Time: 6-8 PM

Location: 4-H Headquarters, McCoy Room

[Click here to sign up.](#) **Participants must sign up by Wednesday, March 19th.**

It's time to start brainstorming our ideas for an incredible summer Prince William 4-H Fair Camp! Bring your ideas and talents to our planning meeting and let's create another unforgettable summer of 4-H memories!



TEEN COUNSELORS
FAIR CAMP
PIZZA AND PLANNING
Please join us to share pizza and your ideas
Thursday, March 20, 2025
6pm to 8pm
4-H Headquarters McCoy Room
[SIGNUP HERE](#)

Virginia 4-H Northeast District Contest Day - REGISTRATION IS OPEN!

Date: April 26th

Time: 9:15 AM Registration; 10 AM Contest

Location: Goochland Extension Office, 2748 Dogtown Rd, Goochland

Who Should Participate: Prince William 4-H'ers who participated in PW 4-H Share the Fun on January 24, 2025, and PW 4-H Contest Day on February 21st, 2025. If you were unable to attend either, please contact [MaryBeth Lerch](#) to schedule an audition time.

[Click here to register.](#) **Register by April 11th.**

The Northeast District 4-H Contests are designed to be a valuable learning experience for 4-H members. These competitions aim to enhance participants' communication, organization, research skills, poise, self-confidence, and subject knowledge in their chosen contest area. The skills gained through these contests will benefit them both now and in the future.

ELIGIBILITY

- Be registered in 4-H Online 2.0
- Be a Junior, Intermediate, or Senior 4-H member (*Cloverbuds are not eligible*)
- Compete in no more than 2 contests

AGE DIVISIONS (AS OF 9/30/25)

Juniors: ages 9–11 | Intermediates: 12–13 | Seniors: 14–18

Participants in Northeast District Contest Day have the opportunity to apply to participate in the Virginia 4-H State Contests during Virginia 4-H Congress 2025 being held at Virginia Tech from June 24th-27th.

[Click here for links to scoresheets and contest guidelines.](#)

NORTHEAST DISTRICT
Contest Day
APRIL 26, 2025
CENTRAL HIGH COMPLEX
2748 DOGTOWN ROAD
GOOCHLAND, VA 23063
REGISTRATION OPEN MARCH 17 - APRIL 11
YOUTH AGES 9 - 18*
***AS OF SEPT 30TH, 2025**
AVAILABLE CATEGORIES

- Public Speaking
- Presentations
- Share the Fun
- Extemporeous Speaking
- Visual Arts
- Table Setting
- Fashion Revue

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Virginia 4-H Healthy Living Summit

Dates: April 25th - 27th

Location: Double Tree by Hilton Harrisonburg Hotel, 1400 East Market Street, Harrisonburg

Who Should Attend: Virginia 4-H teens ages 14-19

Cost: \$60

Registration opens next week!

SAVE THE DATES! Virginia 4-H is excited to share the dates for their 4th Annual Virginia 4-H Healthy Living Summit. Although planning is still underway, this Summit will feature hands-on and engaging workshops, amazing speakers, and opportunities to engage in conversations that will empower teens to be healthy – body and mind, and gain skills that will better equip them to make healthy decisions.

PW 4-H Teens - Consider Running for Election!



Virginia 4-H Cabinet Elections

[Click here for the 2024 Virginia 4-H State Cabinet Bylaws.](#)

[Click here for the 2025-2026 Virginia 4-H State Cabinet Elections Packet.](#)

Completed applications are due by Friday, May 2nd at 5 PM

Prince William 4-H teens that are interested in running for a Virginia 4-H Cabinet position are encouraged to start working on your packet TODAY! The packet includes highlights, general guidelines, and requirements for becoming an elected member of the State Cabinet team. In addition to the main officers, youth will also elect up to four Ambassadors from each of the five VCE Districts. Be sure to read the current bylaws to better understand the role of the Virginia 4-H State Cabinet.



NEW THIS YEAR:

- ★ The application is submitted through a Google Form linked in the packet on Page 14.
- ★ Campaigning will be virtual! Virtual Town Halls will be held for each of the five districts and one for officer candidates. They are scheduled as follows:
 - June 8th @ 7 PM – Officer Candidates
 - June 10th @ 7 PM – Northwest District
 - June 12th @ 7 PM – Individual Town Halls for Central, Northeast, Southeast, and Southwest Districts
- ★ Voting is electronic! 4-H members from across Virginia who were enrolled with an individual email address in 4-H Online will be allowed to vote.



Interested in learning more about the roles and responsibilities of a Virginia 4-H State Cabinet member? Talk to Prince William 4-H'er Aiden McDonald! Aiden was first elected June 2023 and then re-elected last June as a Northeast District Ambassador. He had extensive leadership experience in 4-H and you'll often see him at local school and community events promoting 4-H and sharing his 4-H Story.

Challenge your leadership skills and today!

Virginia 4-H Congress



Dates: June 24-27, 2025

Location: Virginia Tech

Who Should Attend: Virginia 4-H'ers ages 14-18

Cost: \$295 for full-time registration; \$65 for one-day competitors. [Click here to apply for needs-based scholarships.](#) [Click here for more information,](#) including links to the information packets and registration information, draft schedule, competitions, and educational session descriptions. Register through 4-H Online.



REGISTER BY MAY 10TH.

Registration for the 2025 Virginia 4-H Congress is now open! This year's theme, **"Turning Gears, Shaping Futures,"** will guide an inspiring week of learning, leadership, and connection.

2025 PROGRAM INFORMATION AND HIGHLIGHTS

- ★ **4-H STATE COMPETITIONS:** 4-H members have a chance to compete with their peers from across the state. Participants with high scores in each blue-ribbon category will be recognized during the Closing ceremony on Friday, June 21st. Please see the competition information for more details.
- ★ **PRE-CONGRESS ACTIVITY:** Upon arrival, units and their chaperones can participate in a self-guided campus scavenger hunt after settling into the dorms. The State 4-H Office will provide all materials for the scavenger hunt. This will be a great activity to familiarize yourself and your delegation with the areas of campus we will be visiting throughout Congress.
- ★ **WELCOME TO CONGRESS MIXER!** On Tuesday evening, you can enjoy a welcome mixer, which will be held on Dietrick Lawn. This fun time will be hosted by your current State 4-H Cabinet members, along with Meet and Greets by the Congress Cabinet Candidates and 4-H All-Stars. There will be plenty of get-to-know-you activities, ice cream, and fun to go around!
- ★ **OPENING SESSION:** Featuring Mario Ferruzzi, Dean of the College of Agriculture and Life Sciences at Virginia Tech!
- ★ **EDUCATIONAL WORKSHOPS:** During State 4-H Congress, delegates will have the opportunity to choose from a variety of workshops with hands-on and engaging learning experiences. Congress workshops will consist of two interactive 60-minute sessions on Wednesday morning, followed by a longer 90-minute session on Thursday morning. Participants will be asked to select their top five (5) 3 workshop choices, and final assignments will be made prior to check-in. There is a listing of 2025 workshops in this packet and on the Congress website.
- ★ **DANCES:** At least one dance will be held. This is another great opportunity for delegates to mingle and meet other Congress participants. Alternate recreation will be available for those delegates who choose not to participate in the dance.
- ★ **OPPORTUNITY FAIR:** At the opportunity fair, participants can discover diverse pathways to participate in 4-H activities, interact with representatives from numerous ambassador groups, and access valuable resources to shape their future endeavors.
- ★ **COLOR RUN/WALK:** Join us for our Color Run/Walk on Wednesday evening. This unique paint race celebrates healthiness, happiness, and individuality. Participants will receive a t-shirt and to participate in this event. There will be an additional cost of \$10 to participate in this event, and proceeds will help to support the State 4-H Congress.
- ★ **SERVICE LEARNING:** Each delegate will participate in a service learning project that will be held on Wednesday afternoon.
- ★ **CONGRESSIONAL GAMES:** Congressional Games are coming back this year allowing Districts to compete in both individual and team activities. Points will be awarded in each category to districts based on participation and standing. Tournament style brackets will be utilized and games may include corn hole, volleyball, 3 on 3 basketball, 4 square, chess and other board games, swimming, and more!
- ★ **RECOGNITION OF 4-H ALL STARS:** During 4-H Congress, current and those who will be tapped into the All Stars will be recognized during an opening assembly program, and the tapping ceremony will be held on Thursday afternoon.
- ★ **ALL STAR TAPPING:** The All Star tapping will be held in an indoor location on Thursday afternoon. All Congress delegates (youth and adult participants) are expected to attend the All-Star tapping.
- ★ **ALL STAR ORIENTATION:** The All Star orientation will be held on Thursday from 2:45 - 3:45 PM.
- ★ **STATE AWARDS AND CLOSING CEREMONY:** On Friday morning, State 4-H Congress will close out with a special closing ceremony. This closing ceremony will honor all State 4-H Congress award recipients, including competition winners, 2025 National 4-H Congress delegates, Innovative Programming Awards, Fun Run winners, etc., and installing the 2025-26 State 4-H Cabinet. We will also hear remarks from Virginia Secretary of Agriculture and Forestry Matt Lohr!



Virginia 4-H Shooting Education Updates

STATE OF VIRGINIA'S NRA YOUTH EDUCATION SUMMIT

Dates: July 10th - 13th

Location: Richmond, VA

Who Should Apply: current Freshmen, Sophomores, and Juniors in high school

[Click here for more information.](#) **Register by April 15th.**

Founded alongside the National Y.E.S. program, the State Y.E.S. program is designed to educate high school students about their state governments and the critical role their generation will play as voters. The program also highlights the benefits of firearms ownership and responsible citizenship.

2025 4-H Beekeeping Essay Contest



FOUNDATION FOR
THE PRESERVATION
OF HONEY BEES, INC.

[Click here for more information.](#) **Entries due by April 18th.**

The 2025 4-H Beekeeping Essay Contest sponsored by the Foundation for the Preservation of Honey Bees, Inc. and Virginia 4-H is open to active Virginia 4-H members. The top 3 winners in the state receive cash prizes and the state winner will go on to compete nationally for additional cash prizes.

2025 4-H ESSAY CONTEST - THE IMPORTANCE OF YOUTH IN BEEKEEPING: HOW 4-H MEMBERS CAN MAKE A DIFFERENCE! For this essay, a 4-H student should answer these questions: Why youth is important in beekeeping? How can 4-H members make a difference? How can more young people involved in beekeeping? What are your future plans as a beekeeper? What is a major contribution a young beekeeper has brought to the industry?

The Virginia 4-H Foundation FCARB 4-H Scholarship

[Click here for application.](#) **Applications due April 1st.**



Farm Credit Associations and Regions Bank have been very supportive of youth and their interest and education in the field of agriculture. Through the Virginia 4-H Foundation, they are happy to provide scholarships for youth to pursue their dreams of higher education. Five \$1000 scholarships will be awarded for 2025.

For consideration for the Farm Credit Association Regions Bank 4-H Scholarship you must:

- Be a participant of Virginia 4-H.
- Be pursuing a secondary education at VT or another accredited educational institution, enrolled or to be enrolled.
- Preference given to 4-H members who are also enrolled in FFA and/or have competed at the VA State Fair.
- Attach a type written essay up to 500 words: How has your involvement in 4-H contributed to your personal growth and influenced your choice to attend VT/chosen field of study?
- Include a letter from the 4-H agent or volunteer leader describing member's contribution to the local community and the 4-H program.
- Complete the scholarship application and required documents.

Additional scholarship opportunities are available through the Virginia 4-H Foundation. [Click here to learn more.](#)

Virginia 4-H Equismartz

Dates: April 4-6

Location: Virginia Horse Center, Lexington, VA

[Click here for the Virginia 4-H Equismartz Contests Website.](#)



SCHEDULE

[Click here for the full schedule.](#)

- 4-H/FFA Hippology - Friday, April 4, Rockbridge High School and Saturday April 5, Virginia Horse Center (for 4-H horse judging phase)
- 4-H/FFA Horse Judging - Saturday, April 5, Virginia Horse Center (reasons at Rockbridge High School Sat. afternoon)
- 4-H Horse Bowl - Sunday morning, April 6, Rockbridge High School
- 4-H Horse Communications Contest - Sunday, April 6 Rockbridge High School

DOCUMENTS & FORMS

Please review the contest letters for information regarding tentative schedules, payment, entry links, and contest set up:

[2025 Horse Bowl Rules](#) | [2025 Equismartz Hippology and Horse Judging Rules](#) | [2025 Hippology Contest Resource List](#) | [2025 Communications Rules](#)

ENTRIES

Entries due Tuesday, March 25th at 5 PM.

[4-H/FFA Horse Judging/Hippology](#) | [Horse Bowl](#) | [Communications](#)

HORSE BOWL COACHES

Similarly to last year, all teams registered for horse bowl will be required to submit 10 questions for the question bank by **March 20th**. These questions MUST utilize the appropriate age division resources.

2025 Virginia 4-H State Horse Show

Dates: September 4th - 7th

Location: Lexington, Virginia

[Click here for the Virginia 4-H Horse Show website.](#)

Parents, youth, agents, and volunteers should familiarize themselves with information regarding the Requirements, Rules, and Qualifying Options for the State Horse Show. Also included on the website are the rules and entry information for the Art Contest, Photography Contest, and the Record Book/Portfolio Contest.



IMPORTANT DATES

May 1st: Declarations open in 4-H Online

July 1st: Deadline for Online Eligibility/Declaration in 4H Online.

July 31st: Entry Deadline. Orientation Meeting/Checklist Completed by Club Leader or VCE Agent.

STATE HORSE SHOW REQUIREMENTS, RULEBOOK, AND SCHEDULE

[2025 Rulebook](#) | [2025 Show Schedule](#) | [2025 Rule Updates](#) | [Overview of Requirements to Show](#)

2025 QUALIFYING SHOWS AND HORSEMANSHIP SKILLS

[List of District Approved Qualifying Shows](#) | [Horsemanship Skills Opportunities](#)

Horsemanship Skills Testing is only required once per child, regardless of project animal.

QUESTIONS ON QUALIFYING

- Youth may attend ANY "District Approved" Qualifying show, regardless of their Unit of Enrollment. There is no additional paperwork that is due to attend a show outside of your District.
- All Districts have Opportunities for "Outside Qualifying Shows" in place. Please reach out to your District Horse Council if you are unable to attend a District Approved Show and are in need of an Outside Qualifying Opportunity for their guidelines and paperwork.

Virginia 4-H Animal Sciences Updates



2025 VIRGINIA 4-H/FFA STATE SKILL-A-THON

Date: Wednesday, March 26th

Location: Rockingham County Fairgrounds

Entry Fee: \$15/contestant ENTERED. [Click here to enter.](#) **Entries due by March 21st.**

This is the official State 4-H Skill-a-thon Contest and FFA Teams are welcome and encouraged to participate. Contest Schedule is included in the Contest Letter and Rules. Lunch for all contestants is on your own – lunch is NOT provided at this contest. Junior Contestants will finish at approximately 1:15 pm and Senior Contestants at 1:30 pm. Awards will not begin before 4 pm.

VIRGINIA YOUTH LIVESTOCK PROGRAMS



2025 VIRGINIA YOUTH CATTLE WORKING REGIONAL CONTESTS

[Click here for entry link.](#) | [Click here for the Virginia Youth Cattle Working Website.](#)

Each team will consist of 3 members. Team members must be registered Virginia 4-H or FFA members who are at least age 14 by Sep 30, 2025 and must not have had their 19th birthday before Jan 1, 2025. Regional Contest dates and locations are below. **PLEASE NOTE:**

- Each regional contest will have a 15 team maximum limit.
- Each Chapter/Unit is allowed a maximum of 3 teams with a 2 team/contest location limit.
- Regional Contest site locations are NOT to be used by any teams for pre-contest practices.
- The top 2 teams from each of the regional contests will advance to the State Youth Cattle Working Contest

2025 VIRGINIA 4-H/FFA BEEF CHALLENGE

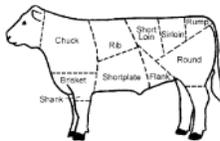


Date: Wednesday, April 16th

Location: Virginia Beef Expo, Rockingham

[Click here for information packet.](#) [Click here to register.](#) **Register by April 9th.**

Similar to the 4-H Food Challenge, Beef Challenge allows youth to showcase beef as part of a healthy diet. This combination cooking and communications contest is sponsored by the Virginia Beef Council and, therefore, is no cost to teams.



2025 VIRGINIA JUNIOR BEEF ROUNDUP

Dates: Youth cattle shows will take place on Friday, April 18th and Saturday, April 19th.

Location: Rockingham County

Fairgrounds, Harrisonburg, VA

Who Should Attend: VJBR Shows and events are open to enrolled and eligible Virginia 4-H and FFA members. Virginia youth ages 19-21 who are members of their respective National Breed Association are eligible to enter and exhibit registered breeding cattle only.

Entry Fees: \$35/head

Deadlines:

April 10th	Ownership Deadline cattle
April 11th	Entry Deadline (5 PM)
April 14th	All fees must be received

Showmanship: All exhibitors will automatically be entered in the appropriate showmanship class based on their birth date. There are no entry fees associated with showmanship. It will be the responsibility of the exhibitor to scratch from showmanship by 10:30 am on Friday, April 18th.

Team Fitting Event: There will be a Team Fitting Event on Friday, April 18th at 11 am.

[Click here for contest website.](#)

[Click here for a tentative schedule.](#)

[Click here for contest rules.](#)

[Click here for Fair Entry System.](#)



2025 Youth Cattle Working Contests

The youth cattle working contest develops youth skills in animal management and handling. Working as a team, youth efficiently process three stocker calves utilizing Beef Quality Assurance guidelines. The top two teams from each region then compete at the State Youth Cattle Working Contest.

*The State Contest will be held at 10AM on **Thursday, April 17th** at the Virginia Beef Expo in Harrisonburg.*

Regional Youth Cattle Working Contests

- Friday, March 28th, Southern Piedmont,** The Adams Farm, 855 Jones Store Road, Red Oak, 10:00 AM
 - o Contest Coordinator: Joanne Jones joenk1@vt.edu
- Thursday, April 3rd, Shenandoah Valley,** 1718 Keezletown Road, Weyers Cave, 9:00 AM and 12:00 start times
 - o Contest Coordinators: Andy Seibel, aseibel@vt.edu and John Benner, benner89@vt.edu
- Saturday, April 5th, New River Valley,** G & G Livestock, 169 Fort Chiswell Rd, Fort Chiswell, 9:00 AM
 - o Contest Coordinator: Cynthia Hurst, cyhurst@vt.edu
- Wednesday, April 9th, Central Virginia,** Senterfit/Virginia Livestock, 5866 Orange Rd, Radiant, 9:00 AM
 - o Contest Coordinators: Kelly Mallory, kemallo1@vt.edu
- Saturday, April 12th, Southwest Virginia,** Copenhaver Farms, 31118 Blue Springs Road, Meadowview, 9:00 AM
 - o Contest Coordinator: Matthew Miller, mamille6@vt.edu

*****PLEASE NOTE: Each Regional Contest will have a 15 Team Maximum Limit***
Three Team/Unit or Chapter Maximum AND Two Team/Contest Site Maximum**

The Regional Contests registration form can be found at: <https://tinyurl.com/2025-YCWC-Entry>
Entry Deadline is Wednesday, March 19th at 5:00 pm

Contest rules, scoring information, processing maps, and permission forms will be posted at: <https://ext.vt.edu/4h-youth/youth-livestock/competitions/ycwc-index.html>

Registration Deadline for all Regional Contests is March 19th, 2025

Registration is \$50/Team

Make Checks Payable to: Treasurer of Virginia Tech

Return Registration Forms and Entry Fees to:



Katherine Carter
Youth Cattle Working Contest
175 West Campus Dr.
380 Litton Reeves Hall
Blacksburg, VA 24061



For more information contact:
Katherine Carter at carterk@vt.edu

4-H Summer Camp Scholarships - APPLY TODAY!

4TH ANNUAL PRESTON R. WILLSON VIRGINIA 4-H CAMP SCHOLARSHIPS

[Click here for the application.](#) **Applications due by April 1st.**

Applications for youth ages 9–13 can be submitted to attend one of 6 Virginia 4-H Center's 4-H Summer Camps, which include: Airfield, Holiday Lake, Jamestown, Northern VA, Southwest VA, and W.E. Skelton. A total of 48 (forty-eight) youth will be randomly selected for these full scholarships (including the 4-H Center and locality fees). Each of the six 4-H Centers will host eight (8) scholarship recipients.

***** SCHOLARSHIP CAN BE USED TOWARDS THE PRINCE WILLIAM-STAFFORD 4-H JUNIOR CAMP! *****



VA Dept. of Forestry Camp Woods & Wildlife

Dates: June 16-20 at Holiday Lake 4-H Center, Appomattox, VA

Who Should Attend: Virginia students ages 13-16 (typically Grades 7-10)

Cost: \$95*

**A memorial scholarship fund has been established for PW 4-H'ers who attend Camp Woods & Wildlife. Please submit your nomination form above directly to MaryBeth Lerch. Campers will attend camp at no charge!*

[Click here for more information and to apply.](#) **Applications due April 11th.**

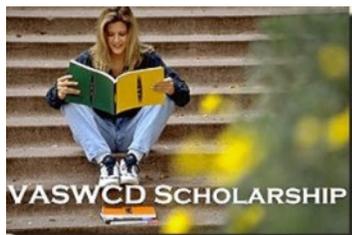
Camp Woods and Wildlife is an academic, structured, residential camp that focuses on field experiences in forestry and other natural resources. This unique camping experience introduces 13-16-year-olds to the challenges, special skills, and knowledge needed for managing the forest resources we use and enjoy every day. Camp Woods and Wildlife is ideal for students who: wish to explore forestry and wildlife related careers; participate in forestry and wildlife judging teams, Envirothon competitions, or ecology clubs want to experience hands-on learning and gain real-world skills in natural resources conservation.



VASWCD Scholarships for High School Seniors

[Click here for more information and the application.](#) **Applications due April 11th.**

The Virginia Association of Soil and Water Conservation Districts annually offers four scholarships to graduating high school seniors or college freshmen for college study. This year, four \$2,000 scholarships are available! Applications must arrive at the PWSWCD office by April 11, 2025. Applications for students who reside in Prince William County must be submitted to the Prince William Soil and Water Conservation District, which will select one student for consideration by the state committee.





MILITARY TEEN ADVENTURE CAMP

JULY 20-24TH, 2025

600 4-H Center Drive,
Front Royal, VA 22630

Are you 13-18? Do you enjoy the outdoors and trying new things?
Is your guardian Active Duty, Guard, Deployed or Retired? THEN...
NOVA 4-H Military Teen Adventure Camp is the place to be this
summer! Join us for a week-long adventure in the gorgeous
Shenandoah Valley while learning new skills and exploring how
awesome it feels to step outside of your comfort zone!

For more info on all MTACs in VA
go to
<https://www.holidaylake4h.com/va4hmtac>

Jamestown 4-H Center Seeking Support after Storm Damage



As many of you may have already heard, the Jamestown 4-H Educational Center in Williamsburg, needs our help rebuilding after significant storm damage. Here's a message from the Center:

A recent storm caused significant damage to one of our key cabins, and we're asking for your support to help us recover.

Thankfully, no one was on-site at the time, and we are grateful that no one was hurt. However, the damage is substantial. Crucial repairs are necessary to ensure we can continue operating at full capacity and providing the best experience for the children who rely on our programs.

Jamestown has launched a fundraising campaign to bridge the gap left by insurance and expedite these vital repairs. Please consider making a donation: <https://www.jamestown4hcenter.org/giving>. No matter the size, your gift will play an important role in helping us restore this essential space. We would also be incredibly grateful if you could spread the word by sharing this campaign with friends, family, and fellow supporters.

For nearly a century, Jamestown 4-H Educational Center has been a place where children grow, learn, and connect. A strong sense of community has always been at the heart of what we do, and your support means everything as we work to rebuild. Thank you for standing with us and helping us continue to provide life-changing experiences for children in our community.



Northern Virginia 4-H Educational Center's Gala



Date: October 25th
Time: 6-10 PM
Location: Northern Virginia 4-H Education Center, Front Royal

We are extremely excited to bring back an annual fundraising gala to the NOVA 4-H Center!

Mark your calendars for October 25, 2025. We'll have dinner, drinks, dancing, smore's, socializing, and silent auction items. All set in an enchanting and magical environment. There are opportunities for sponsorships and donations!

Businesses or individuals interested in sponsorship opportunities to support this event, please email Katie: tennantk@vt.edu.

Northern Virginia 4-H Educational & Conference Center

Enchanted Forest Gala

October 25, 2025 | 6:00 - 10:00 p.m.
600 4H Center Dr, Front Royal, VA 22630

Sponsorship Features	Head \$2,000	Heart \$1,000	Hand \$500	Health \$250
Tickets	6 (\$600 value)	4 (\$400 value)	2 (\$200 value)	
Special Mention at Event	🍀			
2 VIP Parking Spaces	🍀			
Link to Company Website	🍀	🍀		
Website Recognition	🍀	🍀		
Drinks, Dinner, & Dessert	🍀	🍀	🍀	
Social Media Recognition	Prominent Logo	Logo	Name	
Recognition on Event Signage	Prominent Logo	Logo	Name	Name
Mention in Event Press Release	🍀	🍀	🍀	🍀

If you are unable to commit to a sponsorship, consider donating a Silent Auction item or volunteering at the event.

LoCo Rabbit Show Presented by The Loudoun County 4-H Rabbit and Cavy Club

Date: March 22nd

Location: 17558 Dry Mill Road, Leesburg, VA

Entry Fee: \$4 per Class

No day of show entries accepted. For more information and to register, please contact loco4hyouthsecretary@gmail.com.

SCHEDULE

- 8:30-9:30 AM Check-in
- 9 AM Hopping Competitions
- 9:30 AM Educational Contests
- 10 AM Rabbit Show
- 10 AM Educational Contests
- 1 PM Awards



KNOWLEDGE COMPETITIONS: Breed ID, Showmanship, and Knowledge Test Competitions in both Senior Class (13 and up) and Junior Class (12 and under)

HOPPING: Beginner Straight A, Beginner Straight B, Intermediate Straight, Beginner Agility, High Jump, and Long Jump Course Competitions

BREED SANCTIONS: Polish, Holland Lops, Mini Rex, and Netherland Dwarfs

Virginia 4-H: State's Inbound Exchange

PW 4-H FAMILIES, CAN YOU HOST A YOUTH DELEGATE FROM JAPAN THIS SUMMER?

Virginia 4-H has committed to hosting 20 youth delegates and 2 adult chaperones from Japan this summer.

Hosting Details and Requirements:

- Program runs July 23 through August 16, 2025
- No previous 4-H experience is required
- Host families receive no stipend to host a delegate.
- All Host families will be screened and interviewed as part of our risk management protocol
- Japanese delegates are ages ~13-16
- To host a delegate, a family must have a child who is 10+ years old
- Families without young people at home can host adult chaperones
- Families hosting youth delegates must provide adult supervision during the daytime
- Families will identify a host sibling and will be matched with a delegate of the same gender who is within 4 years of the host youth's age.
- Japanese delegates have a range of English language abilities.
- Delegates are here to experience every day American life. No special activities need to be planned.
- Host Families will receive support from the state coordinator and other host families before, during & after the exchange (not financial)

[Click here to apply](#) and select Virginia as your state.

[Click here for Summer Program FAQs.](#)

[Click here for an inspirational video](#) of our inbound exchange from 2023.





HAPPY ST. PATRICK'S DAY

SUMMER

STAFF

EDUCATE • INSPIRE • CONNECT

APPLICATIONS OPEN UNTIL POSITIONS FILLED!
 FULL TIME SUMMER POSITION WITH ALL NECESSARY TRAINING **AND** ROOM AND BOARD PROVIDED!

[HTTPS://LINKTR.EE/NOVA4H](https://linktr.ee/nova4h)

Northern Virginia 4-H Educational Center 2025 Summer Staff - NOW HIRING!

[Click here for more information and to apply.](#)

Try your luck! Join Our Team this Summer! We're looking for enthusiastic and dedicated instructors for Line Dancing and Air Rifle at the Northern Virginia 4-H Center! No experience? No problem! Training provided to help you succeed and have an amazing summer. Ready to make a difference and have fun while doing it? Apply now!

Direct Links:

- [2025 Summer Program Staff Positions](#)
- [2025 NOVA 4-H Summer Staff Application](#)
- [Staff Reference Form](#)

Typically, 4-H Center summer staff have completed at least one year of college.

Strong candidates also have work and/or volunteer experience in 4-H, teaching, and/or youth development programming.

Educators & 4-H Club Leaders: "I'm a Maker: 3D Printing for Beginners"



SAVE THE DATE

March 29th

I'M A MAKER

3D Printing for Beginners Pt. 1

Want to add 3D printing to your programming? **Save the Date: March 29th** for "I'm a Maker: 3D Printing for Beginners Pt. 1," a full-day workshop on 3D printing fundamentals. **Scan the QR code to pre-register!** Limited Availability!!!

VSU Campus



Virginia Cooperative Extension
 Virginia Tech • Virginia State University

Virginia Cooperative Extension offers a comprehensive collection of resources, programs, and services that are research-proven, accessible, and contain actionable information that supports the success and resilience of individuals and communities throughout the Commonwealth of Virginia and beyond.

Date: March 29th

Location: Virginia State University Campus

[Click here to register.](#) Limited spots available – pre-registration required!

Are you ready to bring 3D printing into your 4-H programming or community outreach? Join us for "I'm a Maker: 3D Printing for Beginners Pt. 1", a full-day workshop designed to help you understand and incorporate 3D printing into your programs. This hands-on event will cover the fundamentals of 3D design, printer operation, troubleshooting, and creative applications for youth programs.

What to Expect:

- Intro to 3D Printing & How It Works
- Hands-on Practice with 3D Printers
- Tips for Incorporating 3D Printing into 4-H & Youth Programming
- Take-home Resources and Project Ideas

Whether you're brand new to 3D printing or looking to build confidence in using this exciting technology, this workshop will provide the tools and knowledge you need to succeed. Don't miss this opportunity to expand your STEM programming and help youth explore cutting-edge technology. Questions? Contact: [Dennis G. Donaldson Jr., Ph.D.](#)

PWC Parks & Recs Summer Camps - Registration is Open!

[Click here for more information and to register.](#)

Make this summer unforgettable with action-packed camps for every interest. Whether your child loves swimming, golf, history, game design, dance, or adventure, there's a perfect camp waiting. PWC Parks & Recs offers specialty camps from arts to sports plus everything in between and full day traditional style summer camps with popular themes each week all for ages 3-17 at 16 locations throughout Prince William County. Spots will go fast. Sign up soon and let the fun begin!



SAVE THE DATE!

PRINCE WILLIAM
Human Resources

PRINCE WILLIAM COUNTY GOVERNMENT
CAREER EXPO

Saturday, April 12, 2025 • 9:30 a.m. – 1:30 p.m.
Hylton Performing Arts Center

pwcva.gov/careers

This is a unique networking and hiring event intended to showcase the County's services and career opportunities! Open to anyone interested in working for Prince William County Government, this is a great opportunity for you and your family and friends to speak with County staff about apprenticeships, internships, seasonal, full-time and part-time positions and volunteer opportunities. Throughout the day, there will be opportunities to complete an online application and attend information sessions.

Departments may also have staff available to conduct interviews and extend contingent job offers!

This is NOT your typical job fair!

Over 50 job offers have been extended to previous Expo attendees, so bring your "A" Game!
PRINCE WILLIAM COUNTY GOVERNMENT...SEE YOURSELF HERE!

Prince William Master Gardeners: 2025 Saturday in the Garden Classes



Dates: the first Saturday of the month, April through October, except July

Time: 9-11 AM

Location: St. Benedict Monastery, 9535 Linton Hall Rd., Bristow

[Click here to register.](#)

APRIL 5 - MUSHROOMS. Discover the best techniques for growing mushrooms at home with Virginia Spores. Learn to create the perfect environment for your fungi to thrive.

MAY 3-ART IN THE GARDEN/PLANT SALE. Explore the creativity of spring with the Prince William County Art Society. Try different art styles with guidance from local artists. Some supplies provided; feel free to bring your own.

JUNE 7- ENSLAVED GARDEN IN VIRGINIA. Join David M. Born, Historic Programs Specialist for an engaging exploration in the daily lives of slaves in Virginia and the vital role their gardens played. Discover untold stories and history that shaped the land.

JULY 12-REPTILE RELATIONS. Curious about handling turtles and snakes in your garden? Join Bill Crisp from K2C Wildlife Encounters for expert tips on sharing your garden with critters.

AUGUST 2-KIDS DAY AT THE GARDEN. End summer with a fun day at the garden with the Virginia Cooperative Extension and 4H! Learn about gardening, nature, and get ready for back-to-school!

SEPTEMBER 6-TURF AND COVER CROPS/PLANT SALE. Join VCE for a two-part session! Ag Agent Thomas Bolles will share tips on using cover crops, followed by Environmental Educator Elesha Young on turf care dos and don'ts.

OCTOBER 4-INVASIVE PLANT MANAGEMENT THROUGHOUT FALL AND WINTER. Looking to tackle invasive plants in Virginia? Join Natali Walker from Blue Ridge PRISM for a fun and informative session on which pesky species you can manage.

PLANT SALES

Master Gardeners of Prince William will be selling Bluebells on April 5th and have a Plant Sale, May 3, 9am to noon.

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[Prince William 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

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Prince William 4-H

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Portfolio Records

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[Project Record Ages 9-10](#)
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[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)
[Prince William 4-H Member Record - Vice President](#)
[Prince William 4-H Member Record - Officer](#)



**2024-2025 PWC 4-H
Association Officers**

Youth Officers

Lexi Strand, President
Tim Hirshey, Vice President
Cara Grahn, Secretary
Ryan Nguyen, Treasurer

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Shelby Kohn, Secretary
Sydney Nguyen, Treasurer

Committee Chairs

Fundraising Committee - Shawn Clinger & Sarah Fox
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



**Beyond
Ready**



Virginia Cooperative Extension
Virginia Tech. • Virginia State University



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